



Vertigo Made Simpler:

A practical course to stop you spinning in circles

6 November 2025

Programme

08.45 – 09.00	Registration and refreshments
Session 1: Vestibular Overview	
09.00 – 09.15	Welcome and introduction
09.15 – 11.00	Knowledge and learning <ul style="list-style-type: none">- Anatomy, physiology, pathophysiology, and general overview of a variety of vestibular presentations including prevalence and implications for the population of older adults
11.00 – 11.30	Break
Session 2: Focus on BPPV and Differential Diagnosis	
11.30 – 13.00	Intensive learning on BPPV and differential diagnosis <ul style="list-style-type: none">- Learning the signs and symptoms of peripheral versus central vestibular insult incorporating the HiNTs exam.- Testing and treatment techniques for Benign Paroxysmal Positional Vertigo (BPPV)- Video and live demonstration of these techniques
13.00 – 13.30	Lunch
Session 3: Practice and Feedback of Skills	
13.30 – 15.00	Demonstration, practice, and feedback on bedside vestibular assessment, HiNTs exam
15.00 – 15.30	Break
15.30 – 17.00	Demonstration, practice, and feedback on Dix-Hallpike testing Epley and Semont manoeuvres, challenging populations and cases
17.00 – 17.15	Group feedback and close