



Basic Orthopaedic Procedural Skills

Programme

0830	Registration
0845	Introduction
0900	Plastering below elbow
1000	Plastering below knee and plaster saw practice
1110	Break
1130	Thomas splints
1230	Lunch
1315	Joint aspiration
1345	Suturing
1415	Hand examination for trauma talk
1445	Break
1500	Anaesthetic talk and digital nerve block practice
1530	Spinal injuries and major trauma
1615	Closing remarks, questions and feedback
1645	Close