

MENTORSHIP PROGRAMME

Day 1 Programme

09.00 – 09.15	Registration, tea and coffee
Session 1	
09.15 – 09.45	Welcome, Introduction & Overview
9.45 – 10.45	What is Mentoring?
10.45 – 11.05	Tea/Coffee Break
11.05 – 11.35	Overview of Egan's 'Skilled Helper' Model & Demonstration
11.35 – 11.50	Non-verbal Skills
11.50 – 12.30	Active listening – Input, Demo, skills practice
12.30 – 13.15	Lunch
Session 2	
13.15 - 15.00	Story and new perspectives; Input, Demo and group work and Learning Review
15.00 – 15.15	Plenary review
15.15 – 15.35	Tea/Coffee Break
15.35 – 16.10	Safe and Effective Practice & Working Agreements
16.10 – 16.20	RCPSG scheme
16.20- 16.30	What I've learned & questions I still have
16.40	Feedback & Close

MENTORSHIP PROGRAMME

Day 2 Programme

09.00 – 09.15	Registration, tea and coffee
Session 1	
09.15 – 09.20	Welcome, Introduction & Overview
09.20 – 10.00	Stage 2 – Introduction; Brainstorming Skills Practice – group work
10.00 – 10.30	Tea/Coffee Break
10.30 – 10/50	Reminder of stage 1; Stage 2: possibilities and goal setting; input and demo
10.50 – 12.50	Skills practice: stage 1 to goal setting
12.50 – 13.30	Lunch
Session 2	
13.30 – 14.20	Skills practice: stage 1 to goal setting
14.20 – 14.40	Learning review
14.40 – 15.20	Stage 2; testing commitment – input, demo and skills practice
15.20 – 15.40	Tea/Coffee Break
15.40 – 16.00	Learning review, including review of ‘reflective practice’ from day 1
16.00 – 16.40	Next steps: RCPSG Mentorship Programme
16.40	<i>Feedback & Close</i>

MENTORSHIP PROGRAMME

Day 3 Programme

09.00 – 09.10	Registration, tea and coffee
Session 1	
09.10 – 09.30	Welcome, review of learning and overview of the day
09.30 – 09.45	Stage 1 & 2 revision
09.45 – 10.30	Group work – review experiences of using Egan’s model
10.30 – 11.00	Stage 3 group work in trios – first 2
11.00	Tea/Coffee available
11.00 – 12.40	Group work continued
12.40 – 13.20	Lunch
Session 2	
13.20 – 14.15	Stage 3 group work in trios – third
14.15 – 14.30	Learning review
14.30 – 15.10	Taking local schemes & the RCPSG scheme forward
15.10 – 15.25	Tea/Coffee Break
15.25 – 15.50	Whole model skills practice
15.50 – 16.15	Safe and effective mentoring – managing endings
16.15 – 16.30	Programme evaluation & discussion with College
16.30	Feedback & Close
16.35	End of programme drinks reception