



International Sports Surgery and Medicine Conference – Glasgow 2026

Programme, 20-22 July 2026

Day 1 Monday 20 July	
08.00-08.30	Registration, tea and coffee
08.30-08.45	Welcome and introduction Professor Gordon Mackay , Conference Director, Orthopaedic Surgeon and Sports Medicine Specialist, President – InternalBrace International Study Group, Glasgow Peter Harcourt , Commonwealth Games Federation (CGF) Medical Advisor, Chair to the Anti-Doping and Medical Commission and the Executive Board
Session 1 Achilles tendon pathology in running Chair: Professor Bill Ribbans	
08.45-09.00	Surgical innovations in achilles tendon repair Dr Jim McWilliam , Orthopaedic Surgeon, White Plains Hospital Physician Associates, New York
09.00-09.15	Multi ligament repair and augmentation of the ankle Dr Cesar De Cesar Netto , Associate Professor of Orthopaedic Surgery, Duke University, Duke Health, Durham, North Carolina
09.15-09.30	Rehabilitation and return-to-play: Changing protocols Dr Robert Anderson , Orthopaedic Surgeon, OrthoCarolina - Foot & Ankle Institute, Charlotte, North Carolina
09.30-09.45	Emerging understanding of achilles tendon pathology Professor Neal Millar, Professor of Orthopaedic Surgery & Musculoskeletal Science; Academic Shoulder Surgeon, University of Glasgow; Queen Elizabeth University Hospital, Glasgow
09.45-10.00	Athlete case study: John Jackson , Olympic Bobsleigh Champion
10.00-10.15	Panel session and Q&A
10.15-10.45	Break, tea and coffee
Session 2 Ankle instability in sport Chair: Dr Chris Coetzee	
10.45-11.00	Surgical management of lateral ankle ligament injuries



	Dr Bonnie Chien , Assistant Professor of Orthopaedic Surgery, Columbia University Irving Medical Center/New York-Presbyterian, New York
11.00-11.15	Syndesmotic injuries – diagnosis and management with InternalBrace and Tightrope Dr Norman Waldrop III , Orthopaedic Surgeon, Andrews Sports Medicine & Orthopaedic Center, Birmingham, Alabama
11.15-11.30	InternalBracing in high-demand environments, latest research Artelon v InternalBrace update Dr Kevin Martin , Associate Professor of Orthopaedic Surgery, The Ohio State University Wexner Medical Center, Columbus, Ohio
11.30-11.45	Athlete case study: Claire Maxwell - Rehabilitation and return to sport after ankle instability Adam Stokes , Physiotherapist
11.45-12.00	Panel session and Q&A
12.00-13.00	Lunch
Session 3 Customized surgery and overuse injuries in golf Chair: Dr Alan Hirahara	
13.00-13.15	Customised midfoot surgery Dr Eric Giza , Professor of Orthopaedic Surgery, Chief, Foot & Ankle Service, UC Davis Health, Sacramento, California
13.15-13.30	Customised ligament reconstruction and internal bracing and other applications for spine and pelvis Dr Marcus Regauer , Orthopaedic Surgeon, Lead Physician, Schön Klinik Vogtareuth and SportOrtho Rosenheim, Bavaria
13.30-13.45	Rehabilitation for high-performance golfers Mr Stuart Barton , Former British Physio
13.45-14.00	Athlete perspective: Mr Paul Lawrie
14.00-14.15	Panel session and Q&A
14.15-14.45	Break, tea and coffee
Session 4 Swimming – Shoulder pathology and joint laxity Dr Dan Guttman	
14.45-15.00	Surgical stabilisation of shoulder instability in swimmers Mr Andrew Brooksbank , Trauma & Orthopaedic Surgeon, Glasgow Royal Infirmary
15.00-15.15	Management of AC joint instability



	Dr Wiemi Douoguih , Director of Sports Medicine, MedStar Washington Hospital Center; Assistant Clinical Professor, Georgetown, MedStar Health
15.15-15.30	Preventing shoulder injuries – training and screening Jon Twynam , Lead Physiotherapist for Team Scotland, UK
15.30-15.45	Case study and Q&A panel discussion: Olympic swimmer Ross Murdoch and Kathleen Dawson
15.45-16.00	Break, tea and coffee
Session 5 Joint resurfacing in elite athletes Chair: Professor Dominic Meek	
16.00-16.15	Minimising surgical trauma in hip replacement Dr Kristian Kley, Consultant Orthopaedic Surgeon, Orthoprofis, Hannover; also consulting at Fitzrovia Hospital, London
16.15-16.30	Hip resurfacing: Indications and outcomes in athletes Professor Dominic Meek, Consultant Orthopaedic Surgeon; Honorary Professor, Queen Elizabeth University Hospital, Glasgow; University of Glasgow
16.30-16.45	Athlete perspective and Q&A panel discussion
16.45-17.00	Close Professor Gordon Mackay , Conference Director, Orthopaedic Surgeon and Sports Medicine Specialist, President – InternalBrace International Study Group and Martyn Robinson , Film Director
Optional evening programme	
18.00-19.00	Networking reception at the Royal College
19.30	Screening at the Glasgow Film Theatre : 'Make it to Munich'
Day 2 Tuesday 21 July	
08.00-08.30	Registration, tea and coffee
08.30-08.35	Welcome and introduction
Keynote Lecture Legacy and innovation in surgery Chair: TBC	
08.35-08.55	The role of the Royal College of Physicians and Surgeons of Glasgow in global surgical advancement Professor Hany Eteiba , President of The Royal College of Physicians and Surgeons of Glasgow, Associate Medical Director; Interventional



	Cardiologist; Honorary Professor, NHS Golden Jubilee; University of Glasgow
08.55-09.15	A tribute to Sir William MacEwen – pioneer of the osteotome, Erskine knee brace, and surgical antisepsis Professor Adrian Wilson , Consultant Trauma & Orthopaedic Surgeon; Knee Osteotomy specialist, Orthopaedic Innovation/Phoenix Hospital Group/Harley Street clinics
Session 1 Judo – Alignment, stability and injury management Chair: Dr Wiemi Douogh	
09.15-09.30	Thumb dislocations: Innovative surgical and rehabilitation approaches Mr Kim Chan , Consultant Orthopaedic Surgeon, UK
09.30-09.45	Injury prevention strategies in judo – A Physiotherapist’s perspective Professor Kate Webster , Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia
09.45-10.00	Case study and Q&A panel session: Sam Ingram – Blind Judo Athlete and ACL Recovery
10.00 -10.30	Break, tea and coffee
Session 2 Elbow UCL injury in basketball – Surgical frontiers and functional return Chair: Mr Kim Chan	
10.30-10.45	Surgical innovation in UCL reconstruction and internal bracing Dr Alan Hirahara , Orthopaedic Surgeon, Sports Medicine, Sacramento Orthopedic Center/Sutter Medical Center, California
10.45-11.00	Rehabilitation and reducing risk of re-rupture (virtual) Dr Jeff Dugas , Orthopaedic Surgeon, Sports Medicine, Andrews Sports Medicine & Orthopaedic Center, Birmingham, Alabama
11.00-11.15	Panel session and Q&A
Session 3 Management of ACL injuries for the female athlete Chair: Professor Gordon Mackay	
11.15-11.30	Introduction and scope of the problem Professor Kate Webster , Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia
11.30-11.45	The role of the Internal Brace in ACL repair and reconstruction Dr Patrick Smith , Orthopaedic Surgeon, Sports Medicine; Adjunct Professor, Columbia Orthopaedic Group; University of Missouri



11.45-12.00	Lower limb alignment and ACL rupture risk Dr Kristian Kley , Consultant Orthopaedic Surgeon, Orthoprofis, Hannover and Fitzrovia Hospital, London
12.00-13.00	Lunch
13.00-13.15	Gracie Holmes
13.15-13.30	Anterolateral ligament augmentation – options to reduce ACL re-rupture Mr William Wilson , Consultant Orthopaedic Knee Surgeon, Glasgow
13.30-13.45	ACL reconstruction with the InternalBrace Dr Patrick Smith , Orthopaedic Surgeon, Sports Medicine; Adjunct Professor, Columbia Orthopaedic Group; University of Missouri
13.45-14.00	Indications and outcomes for the quadriceps tendon as a graft: Current evidence Justin Martin ,
14.00-14.15	ACL injury prevention strategies in female sport Dr Edoardo Monaco , Associate Professor of Orthopaedics; Knee/ACL Surgeon, Sapienza University of Rome/Sant’Andrea Hospital, Dr Alessandro Carrozzo , Orthopaedic Surgeon; Assistant Professor, Link Campus University; clinical work in Rome
14.15-14.45	Break, tea and coffee
Session 3 continued Management of ACL injuries for the female athlete	
14.45-15.00	Key principles after ACL surgery and return to sport Professor Kate Webster , Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia
15.00-15.15	Re-injury risk and long-term OA risk in female athletes Dr Walter Lowe , Chair and Professor of Orthopaedic Surgery, UTHealth Houston; affiliated with Houston Methodist/Memorial Hermann
15.15-15.30	The canine ACL experience – Lessons from veterinary science Professor Dr Antonio Pozzi , Professor of Small Animal Surgery, University of Zurich, and Sean Murphy
15.30-15.45	Case study and panel session Q&A – Gracie Holmes Kevin Farmer, Mark Blythe and Gracie Holmes
15.45-16.15	Break, tea and coffee
Session 4: Track & Field Integrating podiatric and biological methods to accelerate recovery Chair: Professor Neal Millar	
16.15-16.30	Podiatric considerations in running – Stability and insoles



	Mandy Abbott, Specialist Podiatrist, Associate Clinical Teacher, Queen Elizabeth University Hospital
16.30-16.45	Stem cells and beyond Dr Konrad Slynarski, Orthopaedic Surgeon, Warsaw Poland
16.45-17.00	Nutritional support in healing Dr Rob Harrison,
17.00-17.15	Panel session Q&A
17.15-17.30	Closing statement: InternalBrace International Study Group Dr Tom DeBerardino, Professor of Orthopaedic Surgery, UT Health San Antonio and Dr Asheesh Bedi, Professor of Orthopaedic Surgery, UT Health San Antonio
17.30	Post-conference reception
Day 3 Wednesday 22 July	
08.00-08.30	Registration, tea and coffee
08.30-08.35	Welcome and introduction
Session 1 Emergency response and long-term brain health Chairs: Dr John MacLean and Dr Emma Lunan	
08.35-08.50	Case Study: Ethan Walker Professor Gordon Mackay, Conference Director, Orthopaedic Surgeon and Sports Medicine Specialist, President – Internal Brace International Study Group, Glasgow
08.50-09.05	Pitch-side resuscitation: What every sports medic needs to know Dr Jonny Gordon, Consultant in Emergency Medicine/Sports Medicine Doctor; Chief Medical Officer, Scottish FA; Sportscotland institute of sport
09.05-09.20	Structured guidance for immediate athlete stabilisation Dr Kevin Thomson, Emergency Medicine Consultant, Queen Elizabeth University Hospital, Glasgow
09.20-09.35	Understanding repetitive head trauma in sport Dr Willie Stewart, Consultant Neuropathologist, Queen Elizabeth University Hospital and University of Glasgow
09.35-09.50	Concussion protocols: What's changing and why? Johny Gordon, Consultant in Emergency Medicine/Sports Medicine Doctor; Chief Medical Officer, Scottish FA; Sportscotland institute of sport
09.50-10.05	The view of the Sportswriter Tom English, Chief Sports Writer and Broadcaster BBC Scotland
10.05-10.20	Discussion: Cultural change and the duty of care



	Professor Bill Ribbans , Consultant in Trauma and Orthopaedic Surgery and Professor of Sports Medicine, Northampton
10.20-10.35	Panel discussion
10.30-11.00	Break, tea and coffee
Session 2 Multi-ligament knee injury – from chaos to coordination Chair: TBC	
11.00-11.15	Staged surgery with graft vs primary repair in multi-ligament knee dislocation Karl-Heinz Frosch , Professor and Chair of Orthopaedics and Trauma, Asklepios Klinik St. Georg/University Medical Center Hamburg-Eppendorf
11.15-11.30	The role of internal bracing in complex knee injury Dr Tom DeBerardino , Professor of Orthopaedic Surgery, UT Health San Antonio
11.30-11.45	Rehabilitation shift: From immobilisation to functional load Professor Kate Webster , Professor La Trobe University, Scientist and Sports Medicine Researcher
11.45-12.00	Panel discussion: Surgical strategy, outcome & recovery pathways
12.00 – 13.00	Lunch
Session 3 Complementary interventions and the future of recovery Chair: Dr Emma Lunan	
13.00-13.15	A cautionary tale – Van Perse Professor Bill Ribbans , Consultant in Trauma and Orthopaedic Surgery and Professor of Sports Medicine, Northampton
13.15-13.30	Ortho-biologics in muscle and ligament healing Dr Konrad Slynarski , Orthopaedic Surgeon, Warsaw Poland
13.30 – 13.45	Advances in chondral cartilage repair Graeme Hopper ,
13.45-14.00	Platelet-rich plasma and cell-based therapies Dr Jim McWilliam , Orthopaedic Foot and Ankle Surgeon, White Plains Hospital Physician Associates Montefiore Einstein, White Plains, New York
14.00-14.15	Nutritional supplementation and wound healing Dr Rob Harrison ,
14.15-14.30	Monitoring and supporting the injured athlete’s mental health Dr Carrie McCrea , CMO Team Scotland, Consultant in Sport and Exercise Medicine



14.30-14.45	Panel session Q&A Andrew Murray, and Dr Markus Regauer , Orthopaedic Surgeon, Lead Physician, Schön Klinik Vogtareuth & SportOrtho Rosenheim, Bavaria
14.45.-15.15	Break, tea and coffee
Session 5 Looking forward – technology, heritage and health for all Chair: Dr John MacLean	
15.15-15.30	The role of AI Innovation in injury surveillance, orthotics and improving outcomes Professor David Lowe , Honorary Professor, School of Health & Wellbeing, University of Glasgow
15.30-15.45	Real time data through smart clothing to improve training and performance Jodie Sinclair , Theo Health Founder
15.45-16.00	The value of exercise for all – From Golf to Bowling Andrew Murray , Professional Golfer and Commentator
16.00-16.15	Closing tribute Prof Stewart Hillis Lecture: Sport, Medicine and Surgery Andrew Massey , Medical Director at FIFA
16.05-16.20	Closing statement
16.20-16.30	Close and thank you