

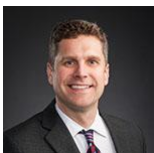











International Sports Surgery and Medicine Conference – Glasgow 2026

Programme, 20th-22nd July 2026

Day 1 Monday 20 th July		
08.00-08.30	Registration and Coffee	
08.30-08.45	 	Welcome and introduction Professor Gordon Mackay , Conference Director, Orthopaedic Surgeon and Sports Medicine Specialist, President - InternalBrace International Study Group, Glasgow Peter Harcourt , Commonwealth Games Federation (CGF) Medical Advisor, Chair to the Anti-Doping and Medical Commission and the Executive Board
Session 1 Achilles Tendon Pathology in Running Chair: Professor Bill Ribbans		
		
08.45-09.00		Surgical Innovations in Achilles Tendon Repair Dr James McWilliam , Orthopaedic Surgeon, White Plains Hospital Physician Associates, New York
09.00-09.15		Rehabilitation and Return-to-Play: Changing Protocols After Internal Bracing Chris Coetzee , Specialist in foot and ankle reconstruction, trauma and sports medicine, Twin Cities, Minnesota
09.15-09.30		Emerging Understanding of Achilles Tendon Pathology Professor Neal Millar , Professor of Orthopaedic Surgery & Musculoskeletal Science; Academic Shoulder Surgeon, University of Glasgow; Queen Elizabeth University Hospital
09.30-09.45		Athlete Case Study: John Jackson British Olympic bobsleigh pilot who overcame Achilles rupture and went on to win Olympic bronze

09.45-10.00	Panel Session and Q&A	
10.00-10.30	Break, tea and coffee	
Session 2 Ankle Instability in Sport Chair: Dr Chris Coetzee 		
10.30-10.45		Surgical Management of Lateral Ankle Ligament Injuries Dr Bonnie Chien , Assistant Professor of Orthopaedic Surgery, Columbia University Irving Medical Center/New York-Presbyterian, New York
10.45-11.00		Multi Ligament Repair and Augmentation of the Ankle Dr Cesar De Cesar Netto , Associate Professor of Orthopaedic Surgery, Duke University, Duke Health, Durham, North Carolina
11.00-11.15		Syndesmotic Injuries – Diagnosis and Management with InternalBrace and Tightrope Dr Norman Waldrop III , Orthopaedic Surgeon, Andrews Sports Medicine & Orthopaedic Center, Birmingham, Alabama
11.15-11.30		InternalBracing in High-Demand Environments, Latest Research Artelon vs InternalBrace Update Dr Kevin Martin , Associate Professor of Orthopaedic Surgery, The Ohio State University Wexner Medical Center, Columbus, Ohio
11.30-11.45	 	Athlete Case Study: Claire Maxwell - Rehabilitation and Return to Sport after Ankle Instability Adam Stokes, Specialist Physiotherapist. Claire is a former Netball Scotland Captain who represented her country at the Commonwealth Games. Adam is a Specialist Physiotherapist with expertise in sports injury rehabilitation and return-to-performance pathways for elite athletes.
11.45-12.00	Panel Session and Q&A	
12.00-13.00	Lunch	
Session 3 Customised Surgery and Overuse Injuries in Golf Chair: Anish Kadakia MD 		

13.00-13.15		Customised Midfoot Surgery Dr Eric Giza , Professor of Orthopaedic Surgery, Chief, Foot & Ankle Service, UC Davis Health, Sacramento, California
13.15-13.30		Development of a Customised Internally Braced Prosthesis for Total Talus Replacement Dr Marcus Regauer , Orthopaedic Surgeon, Lead Physician, Schön Klinik Vogtareuth and SportOrtho Rosenheim, Bavaria
13.30-13.45		Rehabilitation for High-Performance Golfers Mr Stuart Barton , Former British Lions and Scotland Rugby Team Physio
13.45-14.00		Athlete Perspective: Mr Paul Lawrie OBE Mr Paul Lawrie is a celebrated Scottish golfer best known for winning the 1999 Open Championship. He overcame significant ankle injury using customised Internal Bracing approach to return to competition.
14.00-14.15	Panel Session and Q&A	
14.15-14.45	Break, tea and coffee	
Session 4 Swimming – Shoulder Pathology and Joint Laxity Alan Hirahara MD 		
14.45-15.00		Surgical Stabilisation of Shoulder Instability in Swimmers Mr Andrew Brooksbank , Trauma & Orthopaedic Surgeon, Glasgow Royal Infirmary
15.00-15.15		Management of AC Joint Instability Dan Guttman MD , Director of Shoulder and Elbow Surgery at Taos Orthopaedic Institute, New Mexico
15.15-15.30		Preventing Shoulder Injuries – Training and Screening Jon Twynam , Lead Physiotherapist for Team Scotland, UK
15.30-15.45	 	Case Study and Q&A Panel Discussion: Kathleen Dawson is a European Champion swimmer who won gold in the 100m backstroke at the 2020 European Championships and has represented Team GB at the Olympic Games. Ross Murdoch is a Commonwealth Games gold medallist and World Champion breastroker, winning 200m breaststroke gold at Glasgow 2014 and the 100m title at the 2015 World Championships.
15.45-16.00	Break, tea and coffee	

Session 5
Joint Resurfacing in Elite Athletes
Chair: Professor Dominic Meek



16.00-16.15		Minimising Surgical Trauma in Hip Replacement Dr Kristian Kley , Consultant Orthopaedic Surgeon, Orthoprofis, Hannover; also consulting at Fitzrovia Hospital, London
16.15-16.30		Hip Resurfacing: Indications and Outcomes in Athletes Professor Dominic Meek , Consultant Orthopaedic Surgeon; Honorary Professor, Queen Elizabeth University Hospital, Glasgow; University of Glasgow
16.30-16.45		Athlete Perspective and Q&A Panel Discussion – Surprise Guest Athlete
16.45-17.00		Discussion: Led by Prof Adrian Wilson Consultant Trauma & Orthopaedic Surgeon; Knee Osteotomy specialist, Orthopaedic Innovation/Phoenix Hospital Group/Harley Street Clinics
17.00-17.15		Close From Injury to the Open Road Professor Gordon Mackay , Conference Director, teams up with Award Winning Film Director Martyn Robertson who provides a unique insight in to the making of Scotland's Award-Winning Documentary – 'Make it to Munich'. Ethan Walker , the Athlete and Star of the movie will join him on stage.
Optional Evening Programme		
18.00-19.00	Networking reception at the Royal College	
19.30		Private screening at the Glasgow Film Theatre: 'Make it to Munich' The film Follows Ethan Walker on a remarkable journey of resilience and determination, told with warmth, humour, and a distinctly Scottish spirit - offering an inspiring and uplifting story that stays with you long after the Conference ends.

*Programme may be subject to change

Day 2
Tuesday 21 July

08.00-08.30	Registration and Coffee	
08.30-08.45	Welcome and introduction	
<p>Keynote Lecture</p> <p>Legacy and Innovation in Surgery</p> <p>Chair: Mr Drummond Mansbridge, Consultant Orthopaedic Surgeon and Honorary Treasurer, Royal College of Physicians and Surgeons of Glasgow</p> 		
08.35-08.55		<p>The Role of the Royal College of Physicians and Surgeons of Glasgow in Global Surgical Advancement</p> <p>Professor Hany Eteiba, President of The Royal College of Physicians and Surgeons of Glasgow, Associate Medical Director; Interventional Cardiologist; Honorary Professor, NHS Golden Jubilee; University of Glasgow</p>
08.55-09.15		<p>A Tribute to Sir William MacEwen – Pioneer of the Osteotome, Erskine Knee Brace, and Surgical Antisepsis</p> <p>Professor Adrian Wilson, Consultant Trauma & Orthopaedic Surgeon; Knee Osteotomy specialist, Orthopaedic Innovation/Phoenix Hospital Group/Harley Street Clinics</p>
<p>Session 1</p> <p>Judo – Alignment, Stability and Injury Management</p> <p>Chair: Walter Lowe MD</p> 		
09.15-09.30		<p>Fixed Posterior Draw in the PCL Deficient Knee – More Common than Previously Thought?</p> <p>Prof Dr Karl-Heinz Frosch - Professor and Chair of Orthopaedics and Trauma, Asklepios Klinik St. Georg/University Medical Center Hamburg, Eppendorf</p>
09.30-09.45		<p>Neuromuscular Training Programmes for Knee Stability and ACL Injury Risk Reduction in Combat Sports</p> <p>Professor Kate Webster, Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia</p>
9.45-10.00		<p>Case Study introduced by Professor Mackay and Open to Discussion</p> <p>Sam Ingram is a British Paralympic Judo competitor who shares his experience of ACL recovery.</p>

10.00-10.15	Break, tea and coffee	
Session 2 Thumb & Elbow UCL Injury in Basketball – Surgical Frontiers and Functional Return Chair: Mr Kim Chan		
		
10.15-10.30		Surgical Innovation in UCL Reconstruction and Internal Bracing Dr Alan Hirahara , Orthopaedic Surgeon, Sports Medicine, Sacramento Orthopedic Center/Sutter Medical Center, California
10.30-10.45		Thumb Dislocations: Innovative Surgical and Rehabilitation Approaches Mr Kim Chan , Consultant Orthopaedic Surgeon, UK
Session 3 Management of ACL Injuries for the Female Athlete Chair: Professor Gordon Mackay		
		
10.45-11.00		Introduction and Scope of the Problem Professor Kate Webster , Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia
11.00-11.15		The Role of the Internal Brace in ACL Repair Dr Patrick Smith , Orthopaedic Surgeon, Sports Medicine; Adjunct Professor, Columbia Orthopaedic Group; University of Missouri
11.15-11.30		Lower Limb Alignment and ACL rupture risk Dr Kristian Kley , Consultant Orthopaedic Surgeon, Orthoprofis, Hannover and Fitzrovia Hospital, London
11.30-11.45		The Athlete's ACL Experience – Gracie Holmes Elite Academy Soccer player and Cyprus International shares her experience of the lows of ACL injury at the age of 15, her inspiring experience and return to play.
11.45-12.00		Anterolateral Ligament Augmentation – Options to Reduce ACL Re-Rupture Mr William Wilson , Consultant Orthopaedic Knee Surgeon, Glasgow
12.00-13.00	Lunch	

13.00-13.15		<p>ACL Reconstruction with the Internal Brace Dr Patrick Smith, Orthopaedic Surgeon, Sports Medicine; Adjunct Professor, Columbia Orthopaedic Group; University of Missouri</p>
13.15-13.30		<p>Quadriceps Tendon as a Graft – Indications & Outcomes – The Evidence Justin Mitchell, Sports Medicine Surgeon Specialising in sports surgery of knee, shoulder and hip in Wisconsin</p>
13.30-13.45	 	<p>ACL Injury Prevention Strategies in Female Sport Dr Edoardo Monaco, Associate Professor of Orthopaedics; Knee/ACL Surgeon, Sapienza University of Rome/Sant’Andrea Hospital, Dr Alessandro Carozzo, Consultant Orthopaedic Surgeon; Assistant Professor, Link Campus University; clinical work in Rome</p>
<p>Session 3 continued Management of ACL Injuries for the Female Athlete</p>		
13.45-14.00		<p>Return-to-Sport Testing and Readiness Criteria Following ACL Reconstruction Professor Kate Webster, Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia</p>
14.00-14.15		<p>ACL and Posterolateral Tibial Plateau Fracture Prof Dr Karl-Heinz Frosch - Professor and Chair of Orthopaedics and Trauma, Asklepios Klinik St. Georg/University Medical Center Hamburg, Eppendorf</p>
14.15-14.45	Break, tea and coffee	
14.45-15.00		<p>Re-Injury Risk and Long-Term OA Risk in Female Athletes Dr Walter Lowe, Chair and Professor of Orthopaedic Surgery, UTHealth Houston; affiliated with Houston Methodist/Memorial Hermann</p>
15.00-15.15	 	<p>The Canine ACL Experience – Lessons from Veterinary Science Professor Dr Antonio Pozzi, Professor of Small Animal Surgery, University of Zurich And Dr Sean Murphy Veterinary Surgeon, WestVet Boise, Idaho</p>

15.15-15.30		<p>Case Study and Panel Session Q&A – Gracie Holmes Professor Kevin Farmer Chief of Sports Medicine at the University of Florida and Gracie Holmes Elite Academy Soccer player and Cyprus International</p>
15.30-15.45 Break, tea and coffee		
<p>Session 4: Track & Field Integrating Podiatric and Biological Methods to Accelerate Recovery Chair: Professor Neal Millar</p> 		
15.45-16.00		<p>Podiatric Considerations in Running Mandy Abbott, Senior Lecturer and Professional Lead at Glasgow Caledonian University and Advanced Podiatrist at Hampden Sports Clinic</p>
16.00-16.15		<p>Nutritional Support in Healing Dr Rob Harrison, Vice President Commercial Operations, NUO Therapeutics, Inc., Florida</p>
16.15-16.30		<p>Stem Cells and Beyond Dr Konrad Slynarski, Consultant Orthopaedic Surgeon, Warsaw Poland</p>
16.30-16.45	Panel Session Q&A	
16.45-17.00		<p>Closing Statement: InternalBrace International Consensus Study Group Dr Tom DeBerardino, Division Chief, Sports Medicine, Professor of Orthopaedic Surgery, Texas Breaking New Ground – The Internal Brace International Consensus Study Group unveils key findings set to transform sports surgery, rehabilitation and patient care</p>
Drinks from 19.00		<p>Drinks at the Royal College of Physicians and Surgeons of Glasgow A memorable evening hosted in the historic surroundings of the Royal College of Physicians and Surgeons of Glasgow advancing medical standards since 1599. Enjoy a warm welcome and some traditional Scottish hospitality.</p>

Day 3
Wednesday 22 July

08.00-08.30	Registration and Coffee	
08.30-08.45	Welcome and Introduction	
<p>Session 1</p> <p>Emergency Response and Long-Term Brain Health</p> <p>Chairs: Dr Emma Lunan & Dr John MacLean</p> <div style="display: flex; justify-content: center; gap: 20px;">   </div>		
08.35-08.50	 	<p>Case Study: Ethan Walker – Footballer, Coach, Lifeguard, Student and Scotland’s Chief Supporter</p> <p>Professor Gordon Mackay, Conference Director, Orthopaedic Surgeon and Sports Medicine Specialist, President - Internal Brace International Study Group.</p> <p>Ethan Walker shares his inspiring journey from a life-threatening injury as a 17-year-old soccer scholar in New York. His survival is testament to the importance of emergency and critical care, having been evacuated by helicopter after being struck by a car, walking back to college. He survived head injury, multiple fractures and a limb threatening knee dislocation. Innovative technology helped him to regain mobility but his inspirational approach to rehabilitation was so remarkable that they made a movie about it.</p>
08.50-09.05		<p>Pitch-Side Emergency Care: Scotland's Contribution to World Football</p> <p>Dr Jonny Gordon, Consultant in Emergency Medicine/Sports Medicine Doctor; Chief Medical Officer, Scottish FA; Sportscotland institute of sport</p>
09.05-09.20		<p>Do Human Factors Influence Optimal Player Care?</p> <p>Dr Kevin Thomson, Emergency Medicine Consultant, Queen Elizabeth University Hospital, Glasgow</p>
09.20-09.35		<p>Understanding Repetitive Head Trauma in Sport</p> <p>Dr Willie Stewart, Consultant Neuropathologist, Queen Elizabeth University Hospital and University of Glasgow</p>

09.35-09.50		What's New in Concussion Management: FIFA's Approach Dr Jonny Gordon , Consultant in Emergency Medicine/Sports Medicine Doctor; Chief Medical Officer, Scottish FA; SportsScotland institute of sport
09.50-10.05		The View of the Sportswriter Tom English , Chief Sports Writer and Broadcaster BBC Scotland
10.05-10.20		Discussion: Cultural Change and the Duty of Care Professor Bill Ribbans , Consultant in Trauma and Orthopaedic Surgery and Professor of Sports Medicine, Northampton
10.20-10.35	Panel Session and Q&A	
10.30-11.00	Break, tea and coffee	
Session 2 Multi-ligament Knee Injury – From Chaos to Coordination Chair: Kevin Farmer 		
11.00-11.15		Staged Surgery with Graft vs Primary Repair in Multi-Ligament Knee Dislocation Karl-Heinz Frosch , Professor and Chair of Orthopaedics and Trauma, Asklepios Klinik St. Georg/University Medical Center Hamburg, Eppendorf
11.15-11.30		The Role of InternalBracing in Complex Knee Injury Dr Tom DeBerardino , Division Chief, Sports Medicine, Professor of Orthopaedic Surgery, Texas
11.30-11.45		Psychological and Functional Readiness for Return to Sport following Multi-Ligament Knee Injury Professor Kate Webster , Professor La Trobe University, Scientist and Sports Medicine Researcher
11.45-12.00	Panel Discussion: Surgical strategy, Outcome & Recovery Pathways	
12.00-13.00	Lunch	

Session 3
**Complementary Interventions and
the Future of Recovery**
Chair: Dr Emma Lunan



13.00-13.15		<p>A Cautionary Tale – Van Persie Professor Bill Ribbans, Consultant in Trauma and Orthopaedic Surgery and Professor of Sports Medicine, Northampton</p>
13.15-13.30		<p>Ortho-Biologics in Muscle and Ligament Healing Dr Konrad Slynarski, Consultant Orthopaedic Surgeon, Warsaw Poland</p>
13.30-13.45		<p>Advances in Chondral Cartilage Repair Professor Graeme Hopper, Consultant orthopaedic knee surgeon, Glasgow</p>
13.45-14.00		<p>Platelet-Rich Plasma and Cell-Based Therapies Dr Jim McWilliam, Orthopaedic Foot and Ankle Surgeon, White Plains Hospital Physician Associates Montefiore Einstein, White Plains, New York</p>
14.00-14.15		<p>The Role of AI Innovation in Injury Surveillance and Improving Outcomes Professor David Lowe, Honorary Professor, School of Health & Wellbeing, University of Glasgow</p>
14.15-14.30	 	<p>Panel Session Q&A Dr Markus Regauer, Orthopaedic Surgeon, Lead Physician, Schön Klinik Vogtareuth & SportOrtho Rosenheim, Bavaria and Professor Andrew Murray, Consultant in Sport & Exercise Medicine. Director of Events for World & European Athletics and Golf, Chief Medical Officer for DP World Tour & Ladies European Tour.</p>
14.30-14.45	Break, tea and coffee	

Session 4

Looking Forward – Technology, Heritage and Health for All

Chair: Dr John MacLean



14.45-15.00		Monitoring and Supporting the Injured Athlete's Mental Health Dr Carrie McCrea , CMO Team Scotland, Consultant in Sport and Exercise Medicine
15.00-15.15		Real time Data Through Smart Clothing to Improve Training and Performance Jodie Sinclair - The founder of Theo Health, whose work is shaped by her own experience of injury, driving innovation in smart clothing
15.15-15.30		The value of exercise for all – From Golf to Bowling Professor Andrew Murray , Consultant in Sport & Exercise Medicine. Director of Events for World & European Athletics and Golf, Chief Medical Officer for DP World Tour & Ladies European Tour
15.30-15.45		Scotland's Summer of Sport and Commonwealth Games Health Legacy Jennifer Love - Head of Strategy & Communications, Active Scotland
15.45-16.00		Closing Tribute- Professor Stewart Hillis Lecture: Sport, Medicine and Surgery Dr Andrew Massey , Dr Massey is FIFA Medical Director and will deliver the Prof Stewart Hillis Lecture, a fitting tribute to a mentor who played a key role in shaping his career. Arriving directly from the FIFA World Cup Final, he brings the most current insights from the global game to close the conference.
16.00-16.15		Closing Statement and Thank You to Faculty and Attendees Enjoy The Commonwealth Games

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