



International Sports Surgery and Medicine Conference – Glasgow 2026

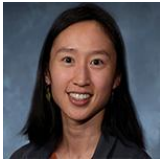
Programme, Monday 20th- Wednesday 22nd July 2026

Day 1 Monday 20 July		
08.00-08.30	Registration and Coffee	
08.30-08.45	 	<p>Welcome and introduction</p> <p>Professor Mackay, Conference Director, Orthopaedic Surgeon and Sports Medicine Specialist, President - InternalBrace International Study Group, Glasgow</p> <p>Dr Peter Harcourt, Commonwealth Games Federation (CGF) Medical Advisor, Chair to the Anti-Doping and Medical Commission and the Executive Board</p>
Session 1 Achilles Tendon Pathology in Running Chair: Professor Bill Ribbans		
		
08.45-09.00		<p>Surgical Innovations in Achilles Tendon Repair</p> <p>Dr James McWilliam, Orthopaedic Surgeon, White Plains Hospital Physician Associates, New York</p>
09.00-09.15		<p>Rehabilitation and Return-to-Play: Changing Protocols After Internal Bracing</p> <p>Chris Coetzee, Specialist in foot and ankle reconstruction, trauma and sports medicine, Twin Cities, Minnesota</p>
09.15-09.30		<p>Emerging Understanding of Achilles Tendon Pathology</p> <p>Professor Neal Millar, Professor of Orthopaedic Surgery & Musculoskeletal Science; Academic Shoulder Surgeon, University of Glasgow; Queen Elizabeth University Hospital</p>
09.30-09.45		<p>Athlete Case Study: John Jackson</p> <p>British Olympic bobsleigh pilot who overcame Achilles rupture and went on to win Olympic bronze</p>
09.45-10.00	Panel Session and Q&A	


10.00-10.30	Break, tea and coffee
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Session 2
Ankle Instability in Sport
Chair: Dr Chris Coetzee

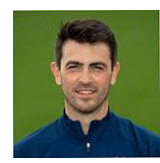



10.30-10.45		Surgical Management of Lateral Ankle Ligament Injuries Dr Bonnie Chien , Assistant Professor of Orthopaedic Surgery, Columbia University Irving Medical Center/New York-Presbyterian, New York
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10.45-11.00		Multi Ligament Repair and Augmentation of the Ankle Dr Cesar De Cesar Netto , Associate Professor of Orthopaedic Surgery, Duke University, Duke Health, Durham, North Carolina
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11.00-11.15		Syndesmotic Injuries – Diagnosis and Management with InternalBrace and Tightrope Dr Norman Waldrop III , Orthopaedic Surgeon, Andrews Sports Medicine & Orthopaedic Center, Birmingham, Alabama
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11.15-11.30		InternalBracing in High-Demand Environments, Latest Research Artelon vs InternalBrace Update Dr Kevin Martin , Associate Professor of Orthopaedic Surgery, The Ohio State University Wexner Medical Center, Columbus, Ohio
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11.30-11.45		Rehabilitation and Return to Sport after Ankle Instability Adam Stokes , Specialist Physiotherapist, expertise in sports injury rehabilitation and return-to-performance pathways for elite athletes
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11.45-12.00		Athlete Case Study and Panel Q&A: Claire Maxwell , Claire is a former Netball Scotland Captain who represented her country at the Commonwealth Games
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12.00-13.00	Lunch
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Session 3
Customised Surgery and Overuse Injuries in Golf
Chair: Anish Kadakia MD



13.00-13.15		Development of a Customised Internally Braced Prosthesis for Total Talus Replacement Dr Markus Regauer , Orthopaedic Surgeon, Lead Physician, Schön Klinik Vogtareuth and SportOrtho Rosenheim, Bavaria
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13.15-13.30		Rehabilitation for High-Performance Golfers Mr Stuart Barton , Former British Lions and Scotland Rugby Team Physio
13.30-13.45		Athlete Perspective: Mr Paul Lawrie OBE Mr Paul Lawrie is a celebrated Scottish golfer best known for winning the 1999 Open Championship. He overcame significant ankle injury using customised Internal Bracing approach to return to competition.
13.45-14.00	Panel Session and Q&A	
14.00-14.30	Break, tea and coffee	
Session 4 Swimming – Shoulder Pathology and Joint Laxity Alan Hirahara MD 		
14.30-14.45		Surgical Stabilisation of Shoulder Instability in Swimmers Mr Andrew Brooksbank , Trauma & Orthopaedic Surgeon, Glasgow Royal Infirmary
14.45-15.00		Management of AC Joint Instability Dan Guttman MD , Director of Shoulder and Elbow Surgery at Taos Orthopaedic Institute, New Mexico
15.00-15.15		Preventing Shoulder Injuries – Training and Screening Jon Twynam , Lead Physiotherapist for Team Scotland, UK
15.15-15.30	 	Case Study and Q&A Panel Discussion: Kathleen Dawson is a European Champion swimmer who won gold in the 100m backstroke at the 2020 European Championships and has represented Team GB at the Olympic Games. Ross Murdoch is a Commonwealth Games gold medallist and World Champion breaststroker, winning 200m breaststroke gold at Glasgow 2014 and the 100m title at the 2015 World Championships.
15.30-16.00	Break, tea and coffee	

Session 5
Joint Resurfacing in Elite Athletes
Chair: Professor Dominic Meek



16.00-16.15		Minimising Surgical Trauma in Hip Replacement Dr Kristian Kley , Consultant Orthopaedic Surgeon, Orthoprofis, Hannover; also consulting at Fitzrovia Hospital, London
16.15-16.30		Hip Resurfacing: Indications and Outcomes in Athletes Professor Dominic Meek , Consultant Orthopaedic Surgeon; Honorary Professor, Queen Elizabeth University Hospital, Glasgow; University of Glasgow
16.30-16.45		Athlete Perspective and Q&A Panel Discussion – Surprise Guest Athlete
16.45-17.00		Discussion: Led by Prof Adrian Wilson Consultant Trauma & Orthopaedic Surgeon; Knee Osteotomy specialist, Orthopaedic Innovation/Phoenix Hospital Group/Harley Street Clinics
17.00-17.15		Close From Injury to the Open Road Professor Gordon Mackay , Conference Director, teams up with Award Winning Film Director Martyn Robertson who provides a unique insight in to the making of Scotland's Award-Winning Documentary – 'Make it to Munich'. Ethan Walker , the Athlete and Star of the movie will join him on stage.
Optional Evening Programme		
18.00-19.00	Networking reception at the Royal College	
19.30		Private screening at the Glasgow Film Theatre: 'Make it to Munich' The film Follows Ethan Walker on a remarkable journey of resilience and determination, told with warmth, humour, and a distinctly Scottish spirit - offering an inspiring and uplifting story that stays with you long after the Conference ends.

*Programme may be subject to change

Day 2
Tuesday 21 July

08.00-08.30	Registration and Coffee
08.30-08.45	Welcome and introduction
<p>Keynote Lecture Legacy and Innovation in Surgery Chair: Mr Drummond Mansbridge, Consultant Orthopaedic Surgeon and Honorary Treasurer, Royal College of Physicians and Surgeons of Glasgow</p> 	
08.45-09.05	<div style="display: flex; align-items: center;">  <div> <p>A Tribute to Sir William MacEwen – Pioneer of the Osteotome, Erskine Knee Brace, and Surgical Antisepsis</p> <p>Professor Adrian Wilson, Consultant Trauma & Orthopaedic Surgeon; Knee Osteotomy specialist, Orthopaedic Innovation/Phoenix Hospital Group/Harley Street Clinics</p> </div> </div>
<p>Session 1 Judo – Alignment, Stability and Injury Management Chair: Walter Lowe MD</p> 	
09.05-09.20	<div style="display: flex; align-items: center;">  <div> <p>Fixed Posterior Draw in the PCL Deficient Knee – More Common than Previously Thought?</p> <p>Prof Dr Karl-Heinz Frosch - Professor and Chair of Orthopaedics and Trauma, Asklepios Klinik St. Georg/University Medical Center Hamburg, Eppendorf</p> </div> </div>
09.20-09.35	<div style="display: flex; align-items: center;">  <div> <p>Neuromuscular Training Programmes for Knee Stability and ACL Injury Risk Reduction in Combat Sports</p> <p>Professor Kate Webster, Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia</p> </div> </div>
09.35-09.50	<div style="display: flex; align-items: center;">  <div> <p>Case Study introduced by Professor Mackay and Open to Discussion</p> <p>Sam Ingram is a British Paralympic Judo competitor who shares his experience of ACL recovery.</p> </div> </div>
09.50-10.20	Break, tea and coffee

Session 2
Thumb & Elbow UCL Injury in Basketball –
Surgical Frontiers and Functional Return
Chair: Mr Kim Chan







10.20-10.35		<p>Surgical Innovation in UCL Reconstruction and Internal Bracing Dr Alan Hirahara, Orthopaedic Surgeon, Sports Medicine, Sacramento Orthopedic Center/Sutter Medical Center, California</p>
10.35-10.50		<p>Thumb Dislocations: Innovative Surgical and Rehabilitation Approaches Mr Kim Chan, Consultant Orthopaedic Surgeon, UK</p>

Session 3
Management of ACL Injuries for the Female Athlete
Chair: Professor Gordon Mackay



10.50-11.05		<p>Introduction and Scope of the Problem Professor Kate Webster, Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia</p>
11.05-11.20		<p>The Role of the Internal Brace in ACL Repair Dr Patrick Smith, Orthopaedic Surgeon, Sports Medicine; Adjunct Professor, Columbia Orthopaedic Group; University of Missouri</p>
11.20-11.35		<p>Lower Limb Alignment and ACL rupture risk Dr Kristian Kley, Consultant Orthopaedic Surgeon, Orthoprofis, Hannover and Fitzrovia Hospital, London</p>
11.35-11.50		<p>The Athlete's ACL Experience – Gracie Holmes Elite Academy Soccer player and Cyprus International shares her experience of the lows of ACL injury at the age of 15, her inspiring experience and return to play.</p>
11.50-12.05		<p>Anterolateral Ligament Augmentation – Options to Reduce ACL Re-Rupture Mr William Wilson, Consultant Orthopaedic Knee Surgeon, Glasgow</p>
12.05-13.00	Lunch	

13.00-13.15		ACL Reconstruction with the Internal Brace Dr Patrick Smith , Orthopaedic Surgeon, Sports Medicine; Adjunct Professor, Columbia Orthopaedic Group; University of Missouri
13.15-13.30		Quadriceps Tendon as a Graft – Indications & Outcomes – The Evidence Justin Mitchell , Sports Medicine Surgeon Specialising in sports surgery of knee, shoulder and hip in Wisconsin
13.30-13.45	 	ACL Injury Prevention Strategies in Female Sport Dr Edoardo Monaco , Associate Professor of Orthopaedics; Knee/ACL Surgeon, Sapienza University of Rome/Sant'Andrea Hospital, Dr Alessandro Carrozzo , Consultant Orthopaedic Surgeon; Assistant Professor, Link Campus University; clinical work in Rome
Session 3 continued Management of ACL Injuries for the Female Athlete		
13.45-14.00		Return-to-Sport Testing and Readiness Criteria Following ACL Reconstruction Professor Kate Webster , Professor La Trobe University, Scientist and Sports Medicine Researcher, Australia
14.00-14.15		ACL and Posterolateral Tibial Plateau Fracture Prof Dr Karl-Heinz Frosch - Professor and Chair of Orthopaedics and Trauma, Asklepios Klinik St. Georg/University Medical Center Hamburg, Eppendorf
14.15-14.45	Break, tea and coffee	
14.45-15.00		Re-Injury Risk and Long-Term OA Risk in Female Athletes Dr Walter Lowe , Chair and Professor of Orthopaedic Surgery, UTHealth Houston; affiliated with Houston Methodist/Memorial Hermann
15.00-15.15	 	The Canine ACL Experience – Lessons from Veterinary Science Professor Dr Antonio Pozzi , Professor of Small Animal Surgery, University of Zurich And Dr Sean Murphy Veterinary Surgeon, WestVet Boise, Idaho

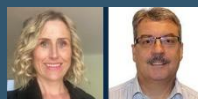
15.15-15.30		<p>Case Study and Panel Session Q&A – Gracie Holmes Professor Kevin Farmer Chief of Sports Medicine at the University of Florida and Gracie Holmes Elite Academy Soccer player and Cyprus International</p>
15.30-15.45 Break, tea and coffee		
<p>Session 4: Track & Field Integrating Podiatric and Biological Methods to Accelerate Recovery Chair: Professor Neal Millar</p> 		
15.45-16.00		<p>Podiatric Considerations in Running Mandy Abbott, Senior Lecturer and Professional Lead at Glasgow Caledonian University and Advanced Podiatrist at Hampden Sports Clinic</p>
16.00-16.15		<p>Nutritional Support in Healing Dr Rob Harrison, Vice President Commercial Operations, NUO Therapeutics, Inc., Florida</p>
16.15-16.30		<p>Stem Cells and Beyond Dr Konrad Slynarski, Consultant Orthopaedic Surgeon, Warsaw Poland</p>
16.30-16.45	Panel Session Q&A	
16.45-17.00		<p>Closing Statement: InternalBrace International Consensus Study Group Dr Tom DeBerardino, Division Chief, Sports Medicine, Professor of Orthopaedic Surgery, Texas Breaking New Ground – The Internal Brace International Consensus Study Group unveils key findings set to transform sports surgery, rehabilitation and patient care</p>
Drinks from 19.00		<p>Drinks at the Royal College of Physicians and Surgeons of Glasgow A memorable evening hosted in the historic surroundings of the Royal College of Physicians and Surgeons of Glasgow advancing medical standards since 1599. Enjoy a warm welcome and some traditional Scottish hospitality.</p>


Day 3
Wednesday 22 July

08.00-08.30	Registration and Coffee
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08.30-08.45	Welcome and Introduction
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Session 1
Emergency Response and Long-Term Brain Health
Chairs: Dr Emma Lunan & Dr John MacLean



08.45-09.05		<p>The Role of the Royal College of Physicians and Surgeons of Glasgow in Global Surgical and Medical Advancement</p> <p>Professor Hany Eteiba, President of The Royal College of Physicians and Surgeons of Glasgow, Associate Medical Director; Interventional Cardiologist; Honorary Professor, NHS Golden Jubilee; University of Glasgow</p>
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09.05-09.20	 	<p>Case Study: Ethan Walker – Footballer, Coach, Lifeguard, Student and Scotland’s Chief Supporter</p> <p>Professor Gordon Mackay, Conference Director, Orthopaedic Surgeon and Sports Medicine Specialist, President - Internal Brace International Study Group. Ethan Walker shares his inspiring journey from a life-threatening injury as a 17-year-old soccer scholar in New York. His survival is testament to the importance of emergency and critical care, having been evacuated by helicopter after being struck by a car, walking back to college. He survived head injury, multiple fractures and a limb threatening knee dislocation. Innovative technology helped him to regain mobility but his inspirational approach to rehabilitation was so remarkable that they made a movie about it.</p>
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09.20-09.35		<p>Pitch-Side Emergency Care: Scotland's Contribution to World Football</p> <p>Dr Jonny Gordon, Consultant in Emergency Medicine/Sports Medicine Doctor; Chief Medical Officer, Scottish FA; Sportscotland institute of sport</p>
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09.35-09.50		<p>Do Human Factors Influence Optimal Player Care?</p> <p>Dr Kevin Thomson, Emergency Medicine Consultant, Queen Elizabeth University Hospital, Glasgow</p>
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09.50-10.05		Understanding Repetitive Head Trauma in Sport Dr Willie Stewart, Consultant Neuropathologist, Queen Elizabeth University Hospital and University of Glasgow
10.05-10.20		What's New in Concussion Management: FIFA's Approach Dr Jonny Gordon, Consultant in Emergency Medicine/Sports Medicine Doctor; Chief Medical Officer, Scottish FA; Sportscotland institute of sport
10.20-10.35		Discussion: Cultural Change and the Duty of Care Professor Bill Ribbans, Consultant in Trauma and Orthopaedic Surgery and Professor of Sports Medicine, Northampton
10.35-10.50	Panel Session and Q&A	
10.50-11.20	Break, tea and coffee	
Session 2 Multi-ligament Knee Injury – From Chaos to Coordination Chair: Kevin Farmer 		
11.20-11.35		Staged Surgery with Graft vs Primary Repair in Multi-Ligament Knee Dislocation Karl-Heinz Frosch, Professor and Chair of Orthopaedics and Trauma, Asklepios Klinik St. Georg/University Medical Center Hamburg, Eppendorf
11.35-11.50		The Role of Internal Bracing in Complex Knee Injury Dr Tom DeBerardino, Division Chief, Sports Medicine, Professor of Orthopaedic Surgery, Texas
11.50-12.05		Psychological and Functional Readiness for Return to Sport following Multi-Ligament Knee Injury Professor Kate Webster, Professor La Trobe University, Scientist and Sports Medicine Researcher
12.05-12.20	Panel Discussion: Surgical strategy, Outcome & Recovery Pathways	
12.20-13.20	Lunch	

Session 3
**Complementary Interventions and
the Future of Recovery**
Chair: Dr Emma Lunan



13.20-13.35		<p>A Cautionary Tale – Van Persie Professor Bill Ribbans, Consultant in Trauma and Orthopaedic Surgery and Professor of Sports Medicine, Northampton</p>
13.35-13.50		<p>Ortho-Biologics in Muscle and Ligament Healing Dr Konrad Slynarski, Consultant Orthopaedic Surgeon, Warsaw Poland</p>
13.50-14.05		<p>Advances in Chondral Cartilage Repair Professor Graeme Hopper, Consultant orthopaedic knee surgeon, Glasgow</p>
14.05-14.20		<p>Platelet-Rich Plasma and Cell-Based Therapies Dr Jim McWilliam, Orthopaedic Foot and Ankle Surgeon, White Plains Hospital Physician Associates Montefiore Einstein, White Plains, New York</p>
14.20-14.35		<p>The Role of AI Innovation in Injury Surveillance and Improving Outcomes Professor David Lowe, Honorary Professor, School of Health & Wellbeing, University of Glasgow</p>
14.35-14.50	 	<p>Panel Session Q&A Dr Markus Regauer, Orthopaedic Surgeon, Lead Physician, Schön Klinik Vogtareuth & SportOrtho Rosenheim, Bavaria and Professor Andrew Murray, Consultant in Sport & Exercise Medicine. Director of Events for World & European Athletics and Golf, Chief Medical Officer for DP World Tour & Ladies European Tour.</p>
14.50-15.20	Break, tea and coffee	

Session 4
Looking Forward – Technology, Heritage and Health for All
Chair: Dr John MacLean



15.20-15.35		<p>Monitoring and Supporting the Injured Athlete’s Mental Health Dr Carrie McCrea, CMO Team Scotland, Consultant in Sport and Exercise Medicine</p>
15.35-15.50		<p>The realities of innovation Jodie Sinclair - The founder of Theo Health, whose work is shaped by her own experience of injury, driving innovation in smart clothing</p>
15.50-16.05		<p>The value of exercise for all – From Golf to Bowling Professor Andrew Murray, Consultant in Sport & Exercise Medicine. Director of Events for World & European Athletics and Golf, Chief Medical Officer for DP World Tour & Ladies European Tour</p>
16.05-16.20		<p>Scotland’s Summer of Sport and Commonwealth Games Health Legacy Jennifer Love - Head of Strategy & Communications, Active Scotland</p>
16.20-16.35		<p>Closing Tribute- Professor Stewart Hillis Lecture: Sport, Medicine and Surgery Dr Andrew Massey, Dr Massey is FIFA Medical Director and will deliver the Prof Stewart Hillis Lecture, a fitting tribute to a mentor who played a key role in shaping his career. Arriving directly from the FIFA World Cup Final, he brings the most current insights from the global game to close the conference.</p>
16.35-16.50		<p>Closing Statement and Thank You to Faculty and Attendees Enjoy The Commonwealth Games</p>

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