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# voice EDITION 2



**MY VISION** 

Professor Jackie Taylor looks ahead to the next three years of Presidency as we aspire to be the "Go To" Royal College.



## MAKING A DIFFERENCE IN NEPAL

Earlier this year we made a TC White Travel Grant award to Tony Markus, who travelled to the Craniofacial Centre in Janakpur, Nepal. Here's his account of his visit, and the amazing work taking place there.

## SUPPORTING OUR **TRAINEES**

Mahua Chakrabarti is the Chair of our College's Trainee Committee. In this interview she talks about the most important issues for medical trainees today, and how our College can help.



## **LEADING THE FIGHT AGAINST FGM**

Female genital mutilation, or FGM, is a violation of the human rights of girls and women. Our Faculty of Travel Medicine has launched a new educational tool to better equip healthcare professionals.



## "DATA RICH AND INTELLIGENCE POOR"

ISD Scotland's Medical **Director Mahmood Adil talks** to Voice about medical data and how Royal Colleges can support his work to improve patient care.



#### **CONSULTATIONS** UPDATE

We asked your views on how Brexit may impact the NHS. Here's the results.

#### **CELEBRATING 320 YEARS**

The College Library is still going strong. How can you use these facilities and help shape them for the future?

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ROYAL COLLEGE OF

PHYSICIANS AND

**Voice** is the magazine of the Royal College of Physicians and Surgeons of Glasgow. If you are interested in contributing to **Voice** please email media@rcpsg.ac.uk

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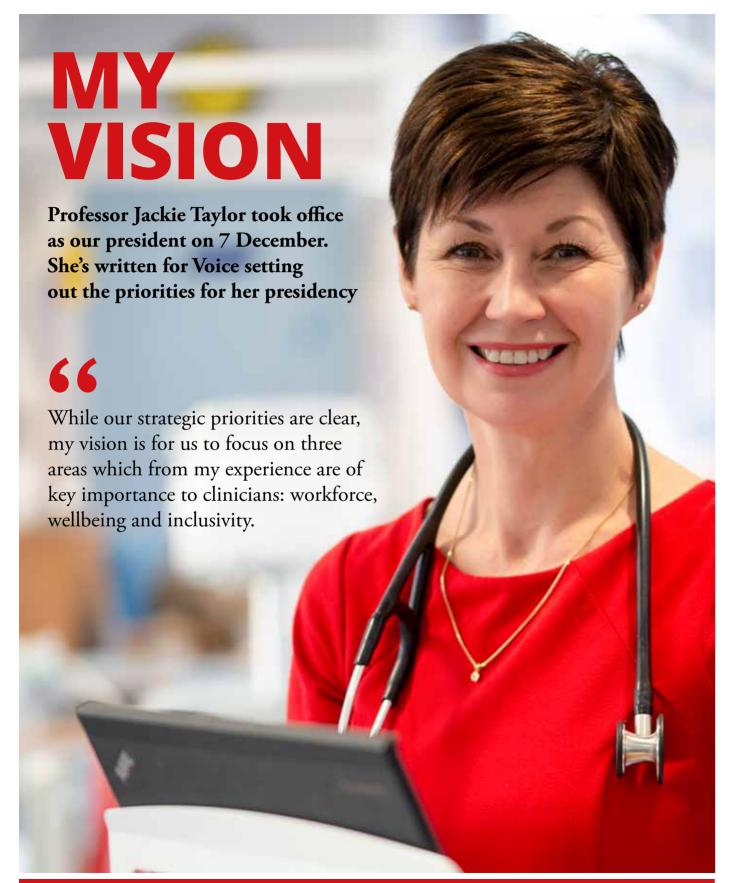
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Watch the President introduce Voice: rcp.sg/winter18

here did 2018 go? As a one year draws to a close and a New Year approaches it's an ideal time to look ahead and visualise what the next three years of my Presidency will hold. A few years ago during an informal chat, I was asked what I thought the College should be. My response was that we should aspire to be the "Go To" Royal College - one which offers so much in terms of education, training, support and influence that it becomes a focal point of excellence. That is still my view, and we have embarked on a journey of transformation.

Thanks to the leadership of Past President David Galloway, the continuing efforts of all health care professionals who give so freely of their time, and the hard work and expertise of the staff, our College is in a good place. We have a growing, more engaged membership and our educational offering is expanding. Education, training and CPD are our core functions. Developing e-learning is a priority and we now have the equipment and capability to do it. With the advent of augmented and virtual reality, allied to our clinical skills training facilities, the possibilities truly are limitless.

While our strategic priorities are clear, my vision is for us to focus on three areas which from my experience are of key importance to clinicians.

The first of these is workforce. Staff are it becomes a focal point the most valuable asset of the NHS, but we of excellence all work in environments where every day there are shortages: rota gaps and unfilled posts at all grades have become the norm, resulting in even heavier workloads for those at work. The impact in terms of ill health is becoming all too apparent. More worryingly 31% of doctors in training, if given their time again, would choose a career outwith medicine. So what can we do? Workforce planning is extremely complex. We plan to work with the other Colleges, the NHS and government to devise short and medium term solutions to develop a sustainable workforce. The experience that doctors in training have at work requires a sea change. Enhancing recruitment is of fundamental importance, but retention of staff equally so. This is of particular relevance as about 35% of consultants will reach retiral age within the next 10 years. We need to retain the skills and expertise of this group by improving the experience in later stages of a career and we have some ideas how we might do that.

The second area is wellbeing. The health and wellbeing of health care professionals at all stages of career is something which concerns me greatly. Doctors and nurses are reporting increasing levels of stress, fatigue, ill health and burnout. This year's GMC national training survey highlighted that 1 in 4 trainees and 1 in 5 trainers reported features of burnout. Some of this is related to sheer volume of work and there is no doubt that wellbeing and workforce are inextricably linked. However, workplace culture also plays a crucial role

in wellbeing. Sadly reports of bullying and harassment in the workplace are becoming more frequent, particularly related to underperforming services. Poor teamwork, leadership and undermining of staff erodes morale. These issues aren't just bad for healthcare workers: there is clear evidence that staff wellbeing is related to patient safety, medical errors and quality of care. So what can we do? We will develop a programme of work to support wellbeing for healthcare professionals. This will include educational events, reinforcing the role of our mentorship and buddy programmes, peer support, signposting resources and services and working with the NHS and providers to improve workplace culture. We want you to feel that this is your community and Collegiate home both physically and virtually.

The third area is inclusivity. As the first female President of the College, I feel entitled to comment that as an institution it may not always have been as

- one which offers so much in

terms of education, training,

support and influence that

inclusive as it could be. While the permafrost is melting and there has been considerable progress, still when I look around, the constitution of the various boards and committees does not adequately represent the workforce. That must change. So what will we do? Equality and diversity must overarch all College activities. Producing policy is important, but insufficient. These values will be woven into every aspect of the College strategy and function. Allied to this will be the development of values and behaviours which will sit at the heart of the College.

During my Presidency I also plan to bring the work of the Trainee Committee to the centre of College activities. It sounds trite to say that they represent the future of the College. That is however the fact! Our doctors in training bring a unique perspective, incredible enthusiasm and ability, and great ideas. Combining these attributes with the skill and experience of more senior healthcare professionals is a winning combination. You will hear more of their plans from Mahua Chakrabarti in this edition of College **Voice**.

I would like to thank David Galloway for handing over the College in such an excellent state of health. David has been an outstanding President and during his time in office the College has flourished. I have very much appreciated his advice, support and wisdom. He will remain on speed dial! I am also grateful to the College staff, Council and Office Bearers for their continuing hard work and help during my year of preparation. I also must acknowledge the huge support from my colleagues at work: without their help, I would not be in a position to be a working President.

I've outlined a vision for the next three years. No doubt during that time there will be ups and downs. I am however determined to deliver. We are on the threshold of an exciting time in College history. Please work with us to help to make Our College the "Go To" College.



# MAKING A DIFFERENCE IN NEPAL

Our College has the most extensive range of awards and scholarships available to our membership than any other Royal College. Earlier this year we made a TC White Travel Grant award to Tony Markus FDS RCPS(Glasg). Tony was formerly a Consultant Maxillofacial Surgeon at Poole Hospital in Dorset, and used this award of £2000 to gain experience outside of the UK during a visit to the Craniofacial Centre Nepal, Janakpur, in October and November 2018.



he reason for this visit was to assess the progress made at the CFC since my first visit there in December 2017. The Craniofacial Centre Nepal was established in August 2017. It was the vision of Sunil Sah, Consultant Maxillofacial Surgeon at Pinderfields Hospital in Wakefield, who left Janakpur 22 years ago and trained in the UK. Seeing the devastation after the earthquake in 2015, he decided to return to Kathmandu with a group of UK maxillofacial surgeons to help manage the craniomaxillofacial trauma. However, as time went on, he realised there was a great need to help in and around Janakpur, identified as one of the two poorest parts of the country.

Janakpur is the capital of Province 2, in the plains of Nepal. It's roughly south east of Kathmandu, bordering the Indian states of Bihar and West Bengal with the local Madeshi people straddling the border. It is the birthplace of Sita, one of the central figures of the Hindu epic, the Ramayana.

The Craniofacial Centre was built in the summer of 2017 by Sunil Sah and a group of local doctors and dentists who, like so many from Janakpur, had left to build their lives elsewhere in the country due to the very poor economic conditions in the region. It was built on land attached to the Janakpur Trauma and Orthopaedic Hospital, a small, well-developed hospital owned by Sunil's brother-in-law, Professor Ram Kewal Sah, established some 20 years previously.

I first visited the centre in December 2017 as Chair of a small charity, Future Faces, whose aim is to train and support surgeons

and allied professionals caring for people with craniofacial deformities including cleft lip and palate, trauma and other problems in the head and neck region. I had managed to secure generous funding from the Intouch Global Foundation, enough to support the staff of two surgeons, two dentists, three nurses and admin staff, as well as the consumables we required. The centre had been well equipped in out-patients thanks to the previous generosity of Sunil Sah and friends but had a rather basic operating theatre and associated facilities. The anaesthetic machine was ancient, there were two operating tables, one a wooden bench, the other a rusty unhealthy looking lump of metal, and no proper monitoring or lighting.

We held a very successful conference, attracting a lot of local political interest just after a general election in which the opposition had made significant gains and risen to power. I was accompanied by the Director of Intouch Global, Kevin Bailey, and between us we identified a great need for a complete upgrade of theatre facilities if the centre was to succeed. It was also apparent that the surgeons and anaesthetist needed further specialist training. On our return, I arranged for both to go to the GSR Hospital for Craniofacial Surgery in Hyderabad to get high quality, high volume training at an internationally recognised centre for two months. Having identified what was required to upgrade the operating theatre, we received a significant donation from Intouch Global to bring the facility up to the highest possible standards. This enabled some basic

but essential surgery to be performed in safe surroundings. A programme of 'camps' was established, visiting on a weekly basis more distant and often very rural communities, with staff from the centre being able to examine and sometimes treat many people, check for oral cancer, identify problems that needed referral to the centre and carry out some educational projects.

I travelled out from Kathmandu, accompanied by a group of Spanish doctors, one a former trainee, and a Kiwi, but not before we had met with the Federal Secretary of Health, the regional DFID UK Aid Health Advisor and the former Home Minister and Founder Chairman of Janakpur University. All important and, as we came to realise, successful in support of our aims. On our arrival, we were greeted with great warmth and usual style by the staff at the centre.

Our initial visit to the centre confirmed an amazing upgrade of the operating theatre, with a new state of the art anaesthetic machine, two new operating tables, one electric and one hydraulic, piped gases, several monitors and excellent suction, brilliant lighting, and significant advances made on improving the recovery room, staff changing facilities and scrub and sluice areas.

We saw several patients who had patiently awaited our arrival – several clefts varying in age from 3 months to untreated or poorly treated adults, an 8 year old girl with mild Treacher-Collins syndrome with bilateral microtia in need of hearing aids (no chance of cochlear implants), severe burns scarring, patients with early signs of oral malignancies and untreated facial fractures.

In the evening, prior to a traditional dinner, we met with the Chief Minister and Health Minister for Janakpur Province. It was obvious that there had been some discussion between them and the Federal ministers and we felt that being 'on the agenda' was a significant step in establishing support for the centre. A meeting was also held with the Vice-Chancellor of Janakpur and it was agreed that a new Faculty of Medicine would be started in the not too distant future. A previously built but never used hospital would also be resurrected and become the associated teaching hospital. The Craniofacial and Orthopaedic centres would be incorporated into both, negating the need for us to find land and buildings elsewhere, as previously planned.

Over the following two days, a conference was held, attended by about 70 delegates, with the headline 'Safe High Quality Accessible Sustainable Surgery'. There were several excellent talks from the visiting surgeons and round table discussions afterwards.

At the same time, we were able to operate on some of the patients already seen. However, although one of the young local surgeons had been to Hyderabad, it was clear that both he and the anaesthetist needed further intensive training if they were to become independent and safe operators.

Just before we left Janakpur, we met the former and first President of Nepal. After five days in Janakpur, we returned to Kathmandu for the last three days, all filled with meetings. We were invited to meet the UK's Ambassador to Nepal, Richard Morris, and updated him on progress since our last meeting.

We also met the Deputy PM, Health Minister and the Commerce Minister.

Whilst it seems we spent more time at various meetings, I felt we had made great strides in putting the centre on a firm footing. We have developed a 'rota' of visiting surgeons, mainly from the UK, but also from Spain, New Zealand, and India. This will ensure the local personnel will get regular training and also make the centre appealing to others interested in its work, including UK medical students wishing to spend their electives in a developing service and trainees across several specialties. The camps are now well established, covering the entire province. On each, a surgeon, a dentist, a nurse and our liaison officer / social worker spend up to two days working at a time. We have developed a simple database which collects demographic data, records activities carried out and identifies people who need more specialised treatment at the centre.

I need to say a special thank you to Professor Ram Sah for making the establishment of the centre possible by sharing his facilities and land. His guidance was invaluable, and he is clearly a consummate medical politician who seems to be well connected. He played a key role in introducing us to the provincial and national policy makers, which is so important if we are to ensure the long term viability of the centre. Thanks also to his brother-in-law, Sunil Sah, not only for his vision but for his determination to help people in a very poor part of the world find facilities to care for them.

Last but most certainly not least, my thanks to the Royal College of Physicians and Surgeons of Glasgow for the award of a substantial TC White Travel Grant, which made this visit possible.

#### Tony Markus FDS RCPS(Glasg)

Formerly Consultant Maxillofacial Surgeon, Poole Hospital



#### TC WHITE TRAVEL GRANT

A TC White Travel Grant is awarded to provide assistance with travel and accommodation costs for attending symposia and gaining experience outside the individual's country of residence, and is open to all dental specialties. Each award is for £2,000 and three are awarded annually.

You can find out more about the College's range of scholarships and awards at rcp.sg/scholarships

RCPSG.AC.UK





# **SUPPORTING OUR TRAINEES**

Mahua Chakrabarti is a Specialty Trainee in General Surgery based in Glasgow's Queen Elizabeth University Hospital. Here she writes in her capacity as Chair of the Trainee Committee about her experience of the College and her plans for the coming year.

#### O. WHAT ARE THE MOST IMPORTANT ISSUES FOR TRAINEES TODAY AND WHY?

The training of trainee doctors has changed tremendously over the last two decades.

This can be attributed to multiple factors including changes in training policy, NHS austerity and a shift in trainee aspirations to a better quality of work-life balance. Most recently the attrition of junior doctors after their FY2 year has highlighted the multiple reasons why many doctors do not want to continue training in the UK. The working culture of the NHS has reduced staff morale as trainee doctors feel underappreciated, are exposed to bullying and harassment and increasing rates of burnout. Austerity has led to simple things such as doctors' messes being removed and more demands from less resources. Trainees are expected to be trained over a shorter period of time into generalists to cope with the changing demographics of the population. These circumstances have led to issues arising with trainee wellbeing, poor education and training, challenging governmental policies and GMC regulations as well as maintaining a work-life balance.

#### O. WHAT DO YOU THINK THE SOLUTIONS ARE TO THESE?

Delivering solutions to these issues is not easy. As trainees we see that we have to raise our voice to allow our opinions and circumstances to be heard. Many influential groups from the Royal Colleges and the GMC to the government are trying to tackle some of these problems directly. Forums are made, trainees are invited to meetings and surveys are taken. Changes at grassroot level are small but meaningful and maybe as well as changing policies to protect trainee doctors we should be encouraging these small changes to be adopted by more hospitals rather than keep redesigning the wheel.

#### Q. WHAT'S YOUR EXPERIENCE OF THE COLLEGE TO DATE?

My own experience of the College has expanded over many years. Initially as an undergraduate affiliate, the College allowed me to attend meetings and even present at some. This continued into postgraduate training where I gained essential surgical and acute care skills through



Trainee Committee, November 2018

courses, eventually leading to membership. More recently, having experienced the difficulties faced by trainees from a BME background, being a female who may ask for maternity leave or less than full time training as well as being labelled a 'doctor in difficulty', has allowed me to reflect on how processes we go through are so very inadequate and stressful. The College Trainee Committee introduced me to how trainees can act as agents of change, through the College as well as at national levels through other associations such as the Royal Academy of Medical Colleges. We give trainee representation at multiple organisations. I found that rather than using my small voice which did not make an iota of difference, the kudos of the Royal College of Physicians and Surgeons of Glasgow certainly made me heard.

#### Q. WHAT HAS THE COLLEGE DONE WELL FOR TRAINEES AND WHAT COULD BE IMPROVED UPON?

The College has always had an outstanding variety and quality of courses and meetings. GESTS and Medicine 24 have been extremely successful with international speakers making them go to meetings every year. I do think that there are areas that can be expanded and improved upon. For example, many College members have expressed their request for a website that allows for more free resources for teaching, webinars and updates. A more holistic approach to trainee engagement could be adopted. This allows a community and connection amongst trainees which is lacking in some hospitals. The College already sponsors a Scottish Clinical Leadership Fellow and elements of this type of leadership opportunity could be used to encourage leadership in trainees.

#### Q. WHAT IS THE TRAINEE COMMITTEE AND **CURRENTLY HOW MANY MEMBERS ARE THERE?**

Our Trainee Committee itself has recently increased in core numbers from 16 to 25. And we're always looking for new members.

We encourage as many trainees to join as possible to work as ambassadors for change along with the core committee.

We meet four times a year and communicate outside this to allow important issues to be discussed. We have representatives from the BMA, ASIT and BOTA but also send representatives of our committee to other meetings to make our opinions known. The committee has been in existence for many years with progressive changes continually being made. However with the increasing pressures and stresses being put on to trainees it has to be more inclusive and representative to allow issues to be raised. I hope as many trainees as possible at every level are encouraged to join the College and take advantage of their own potential to make meaningful changes to fellow trainees.

#### Q. WHAT ARE THE PRIORITIES OF THE TRAINEE **COMMITTEE OVER THE COMING YEAR?**

The priorities for the College Trainee Committee initially is to grow in numbers and representation. This in turn will allow working groups to focus on streams of developments and campaigns that are important to us. We would like to see changes and new connections to influential people in healthcare to facilitate this. We remain a community of trainees with a passion for medicine but also a code of practice that new trainees can see as a role model to follow.

#### O. WHAT ARE YOUR OWN PRIORITIES?

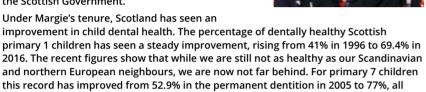
As the Chair of the Trainee Committee at the Royal College of Physicians and Surgeons of Glasgow, I see my role as encouraging as many trainees to be involved in trainee welfare and education as possible. Having a true representation of what the trainee community is, allows our voice to mean more. The College gives us a platform to meet these multiple issues with innovative, well-planned changes that the people experiencing the issues have come up with. My priority is to align the motivated to their choice of campaign. This way we can deal with bullying, discrimination, change in shape of training and wellbeing more robustly from local to national levels.

Interested in joining? Contact traineecommittee@rcpsg.ac.uk

# NEWSBITES

#### **CHIEF DENTAL OFFICER MARGIE TAYLOR RETIRES**

Margie Taylor is to step down from her role as Chief Dental Officer (CDO) for Scotland in December 2018. She took up post as CDO in May 2007. The CDO acts as our main professional adviser on all aspects of dental policy and service provision to Scottish Ministers and the Scottish Government.



You can read our full report at rcp.sg/CDO

free of tooth decay experience.



Homelessness in Scotland continues to be a challenge that blights the lives of too many people. Although the visible signs of homelessness remain obvious with around 1,500 people sleeping rough on our streets each night, rough sleepers are only the tip of Scotland's homelessness iceberg. Across Scotland thousands more are sofa surfing or living in temporary accommodation.

We believe that no one should be homeless in 21st century Scotland. That's why a team of staff and members from the Royal College of Physicians and Surgeons of Glasgow took part in Social Bite's Sleep in the Park on Saturday 8 December, so

that we could play our part in raising awareness of homelessness at the same time as fundraising for a fantastic local charity. You can read more about their experience at rcp.sg/oursleepintheparkstory

You can also play your part by donating now at uk.virginmoneygiving.com/Team/rcpsg.

#### **CONGRATULATIONS PROFESSOR ROBERT L ASHFORD**

Professor Robert L Ashford FFPM RCPS(Glasg) received a Diamond Award from his professional body, The College of Podiatry, in London on 21 September 2018. The Awards and Fellowship day is an annual event which celebrates the successes and recognises members who have made an outstanding contribution to the profession as well as acknowledging colleagues outside the profession in terms of Honorary Citations. This award is in addition to his Meritorious Award which he received in 2014. The Diamond Award is awarded to only 25 living members at any one time.



Professor Ashford receiving his award from Lord Kennedy of Southwark on his right and Mr George Dunn FFPM RCPS (Glasg), Chairman of Council, on his left

#### **JOIN OUR TRAINEE** COMMITTEE

The evening of 8 November saw over two dozen trainees converge on the College's Library for an information and recruitment event for our Trainee Committee. Led by Mahua Chakrabarti and Jack Fairweather, the event aimed to reach out to trainees who wanted to know more about the College and how they can contribute to our work. Past Chair Arrianne Laws also gave a presentation on how your voluntary work with the College can benefit your career.

If you couldn't make it along to this event, but are interested in becoming a member of the Committee, email traineecommittee@rcpsg.ac.uk for more details on how to get involved.



#### **AGM**

The College's Annual General Meeting was held this year on Friday 7 December in College Hall. Outgoing President Professor David Galloway and Chief Executive Officer Dr Steve Graham gave their customary updates to the meeting, and introduced our new digital Annual Report (which can be found online at rcp.sg/annualreport18).

Professor Galloway proceeded to hand over the reins of the College to Professor Jackie Taylor, who will take up the role of President until 2021.

Read more on page 24.



#### **FOUNDER'S DAY SERVICE**

The Founder's Day Service took place on Sunday 9 December. Each year, members of College Council take part in the service at Glasgow Cathedral to mark the anniversary of the founding of the College and to lay a wreath at the grave of our founder. Maister Peter Lowe.

> The College will be closed for business between Monday 24 December and Wednesday 2 January

# **CONGRATULATIONS**

The College is delighted to congratulate our Vice President (Medical), Professor Hany Eteiba, who has been granted the title of Honorary Professor by the Institute of Cardiovascular and Medical Sciences at the University of Glasgow.

Professor Eteiba graduated with honours and obtained an MSc in CV medicine with distinction in Cairo in 1983 and subsequently studied for a higher degree MD at Glasgow University, graduating with



commendation in 1992. He was appointed consultant interventional cardiologist. Glasgow Royal Infirmary and Honorary senior lecturer, Glasgow University in 1996 and is currently consultant cardiologist, Regional and National Medicine Division-Director, and Associate Medical Director at Golden Jubilee National Hospital, Professor Eteiba was elected President of the Scottish Cardiac Society 2017 and has played a leading role in developing, teaching, training and conducting clinical research in Interventional Cardiology, gaining internationally recognised clinical expertise and a respected profile in education and training. He established strong collaboration between Cardiology in Scotland and numerous professional organisations worldwide. As one of the founding members of the College's International Committee, Professor Eteiba has served a full term as College Councillor and is an active member of the Audit and Remuneration and Fellowship Committees. He is also programme director for the highly successful joint College and British Cardiac Society Interactive Cardiovascular Conference.

What is hope? It is a motion by the which the heart desireth the good future Maister Peter Lowe, College Founder, 1597

## **Leaving a Gift in your Will** ensures that your life-long dedication to healthcare endures

The College has been home to the innovation, compassion and diligence that has saved lives and eased suffering for over 400 years, building a good future for everyone through excellence in healthcare.

Your desire for the *good future* will be embodied in the HOPE Foundation projects that bring down barriers to healthcare for those living in difficult circumstances.

To find out about making a Gift in your Will to the **Royal College of Physicians and Surgeons of Glasgow HOPE** Foundation, please contact Julie Forster at hope@rcpsg.ac.uk or call 0141 221 6072



Photo: Courtesy of Glasgow City Mission







While the huge global effort to mobilise support for the education of women in Africa and other affected areas has clearly started to pay dividends, there is still much that can be done outside these communities to advance the human rights agenda in this area.

That's why our own Faculty of Travel Medicine, led by its new Dean Jane Chiodini, has developed a new tool to better equip healthcare professionals in the UK and beyond in the struggle to end this practice. Thanks to the College's new free online course, healthcare professionals who carry out pre-travel consultations will be better equipped to deal with issues around FGM.

This accredited online learning package has been produced by subject experts in the College's Travel Medicine Faculty and is being actively promoted to healthcare professionals in our College and beyond. The course aims to assist nurses, pharmacists and doctors in overcoming the potential barriers there may be to raising the topic in a travel medicine consultation, and gives practical support to those who find themselves in this situation.

The module was written to help practitioners reflect on what specific issues need to be addressed in these consultations in order to meet their professional and legal obligations, while recognising that this can often be a difficult and sensitive subject to raise with patients in this environment.

For example, existing guidance produced by the Royal College of Nursing in association with the College states that it's best practice for travel health practitioners to include a pre-travel risk assessment. This should form the basis of any subsequent decisions, advice and prophylactic treatment given to each patient. The guidance recommends that a question about FGM should be included in this questionnaire.

In particular, healthcare workers should be on the lookout for some key indicators that FGM may be planned. For example, families planning a long time away on holiday, especially during the summer may be at increased risk, as are girls presenting for travel vaccinations to countries with high FGM prevalence. Girls who raise the issue of a special ceremony which may take place while on holiday are also at risk.

It's particularly important that practitioners keep up to date with best practice given the changing legal positon around FGM. Since October 2015, under the Serious Crime Act, healthcare professionals in England and Wales have a mandatory professional duty to report to the police if a girl discloses to them that she has had FGM, or if it is identified through the delivery of routine care. There is also a system of mandatory data recording of FGM in place to allow NHS England to monitor this issue at both a local and national level. The Scottish Government are currently holding a consultation exercise on how they should update their approach to FGM, which includes questions on whether they should mirror these approaches.

FGM is a dangerous, harmful practice. The World Health Organization, UNICEF and the UK and Scottish governments are all committed to ending this abhorrent practice in

If we're to be successful in our aim to eradicate FGM, professionals working within travel health will play a leading role. It's vital that we ensure the safeguarding of girls who may be at risk of FGM, especially through travel abroad.

Through the development of this new resource, our College remains committed to playing our part in these worldwide efforts.





#### **Jane Chiodini** FFTM RCPS(Glasg)

Dean, Faculty of Travel Medicine, Royal College of Physicians and Surgeons of Glasgow

aunching this new online tool, Jane Chiodini said:

"FGM is child abuse. It is illegal to take girls under the age of 18 who are British nationals or permanent residents of the UK abroad for FGM, whether or not the practice is lawful in that country.

"In addition, if a practitioner suspects a child is at risk, we're obliged to take action to support them.



"But as a nurse who is a specialist in this area, I know that many of my colleagues who deliver travel health services don't always have experience of identifying or dealing with this situation effectively. They may also lack the confidence to raise the topic of FGM in a travel consultation, especially when this takes place in a time-limited appointment. When this happens, the opportunity to prevent this horrific practice is tragically missed.

"That's why our College has launched this new free to access e-learning module, developed by subject experts in our Faculty of Travel Medicine. Our free course looks at some of the perceived barriers to raising the topic, and explores the solutions which could be used to make practitioners more confident in dealing with this situation. This is the first piece of supportive e-learning education developed specifically for travel medicine practitioners, and as such is a great tool in the fight to combat FGM across the globe."

In addition to seeking ways to directly support healthcare workers through our new module, the College has also used this opportunity to engage with other organisations and individuals with an interest in this area to combat the issue.

"We've already had contact with Members of Parliament, the House of Lords and the Scottish Parliament who are keen to hear more about the practical steps we can take here in the UK to combat FGM. In addition, as a result of our work to promote this new resource, we're now also looking at new opportunities to work with a national charity in Scotland to make sure that we can get this training tool to everyone who needs it.

"Eradicating FGM will be a huge task, but we're committed to playing our part as a College to ensure that no women or children are subjected to this distressing and unnecessary procedure."

> Go to rcp.sg/fgm to download the new online tool



he list of strategic challenges that the NHS faces in Scotland and across the UK seems to grow longer with each passing day. The material threats posed by our aging population, soaring levels of obesity and even Brexit have all been scrutinised in great detail by healthcare professionals and organisations and highlighted by our media on a daily basis.

While these serious and significant issues may continue to dictate the health landscape for years to come, it's also the case that bad news often dominates the public discussion of the future of healthcare. One man tasked with changing this conversation is Professor Mahmood Adil, the Medical Director of the Information Services Division Scotland (ISD).

"I've made a journey from the stethoscope to the data scope" he jokes as we sit down to discuss his work with the Information Services Division of NHS Scotland. While Scotland continues to languish near the bottom of the world's health league table in a number of areas, the work of Professor Adil and his colleagues from their headquarters on the outskirts of Edinburgh has meant that the country's health service is uniquely well-prepared to harness the power of data to improve

patient care across the country. As ISD's website states, "few other countries have information which combines high quality data, consistency, national coverage and the ability to link data to allow patient based analysis and follow up."

"ISD is a very unique organisation" says Professor Adil, who started his career in Mearnskirk, Glasgow, in 1989. "It is the only health organisation in the UK which has got all its data and intelligence under one roof. There's a team of around 50 clinicians and 600 staff, including analysts and managers in total whose role it is to change the data we gather here into intelligence. It's this intelligence which makes a difference to people's lives."

In order to achieve this, ISD works in partnership with a wide range of healthcare organisations – from NHS Boards, hospitals, and GPs to local authorities, voluntary organisations, and many other care and service providers.

In broad terms, Professor Adil describes the situation where "the NHS at large is data rich and intelligence poor". In these circumstances, the job of ISD is to help turn the massive amount of patient data collected by the health service, including demographic data, clinical information and the notional cost of

treatment into something that can be used to inform the clinical decisions healthcare professionals make each day, and to ensure that future policy is rooted in quality information.

However, availability is one thing, usability is another. "The challenge is, while ISD does produce a lot of intelligence, but do our clinical colleagues know about it?" This is perhaps why ISD are particularly keen to highlight the recent launch of their new Atlas of Variation.

of their new Atlas of Variation.

Piloted using data covering elective primary hip replacements, elective primary knee replacements, and cataract surgery for patients 65 years and over, the Scottish Atlas of Variation aims to highlight geographical variation in the provision of health services and associated health outcomes. Rather than seeking to judge the quality of care in these areas, this new tool is designed to facilitate discussion around about why differences in outcomes exist, and in turn to drive forward improvements this in lives a

ISD Scotland hope that this tool will begin to play a key part in delivering Realistic Medicine in practice, and in reducing harm and waste within the health service.

So, how should the Royal Colleges support this agenda? "I think that there are two main areas where Royal Colleges can make a huge difference" the Medical Director asserts. "The first is that because of their clinical membership, they play a pivotal role in raising awareness of this issue.

"The second is through education and training.

In my own initial training as a paediatrician, data intelligence was not on the curriculum. So my plea to the Royal Colleges is that we need to develop and instil that data and intelligence, along with leadership and management skills, are vital parts to their education curriculum."

"Data oils the health sector. If we can achieve these things, if we can raise awareness and educate our workforce in how to use this information, then we can start to use all our assets to save lives and to improve the quality of lives".

You can find out more information about the work of ISD Scotland at isdscotland.org

ISD is a

RCPSG.AC.UK

WINTER 2018 EDITION 2

# Clinical Leadership Award

We're delighted to launch our prestigious new Clinical Leadership Award which recognises senior clinicians from across College who demonstrate outstanding clinical leadership skills and competence.

Over the past year the College has been developing this new award, which will give our most exceptional clinicians recognition for the leadership skills and expertise they demonstrate in their everyday roles. The College will use the NHS Leadership Academy's 'Clinical Leadership Competency Framework' to assess nominations.

The framework sets out five essential leadership domains:

- Demonstrating personal qualities
- Working with others
- Managing services
- Improving services
- Setting direction

Each domain will be judged at the level of 'Experienced Practitioner' by our Scholarship and Awards Committee, with input and support as necessary from individual Faculty Boards.

Presentation of the award will be made at our new annual Awards Evening, which will take place for the first time on Thursday 2 May.

Closing date: Thursday 28 February

Find out more at rcp.sg/leadershipaward





# **CONSULTATIONS UPDATE**

The College continues to represent the views and best interests of Fellows and Members in a range of consultation exercises, from parliamentary inquiries to statutory exercises relating to clinical and medical practice and policy.

# Our College membership sent a warning to the UK Government about the potential dangers of a no-deal Brexit.

Our College membership sent a warning to the UK Government about the potential dangers of a no-deal Brexit following a membership survey carried out in October.

In the survey, which was emailed to all of our membership based in the UK, a clear majority of respondents stated that a no-deal Brexit would have a negative or strongly negative impact on the NHS. At the same time, our membership expressed a range of concerns about the lack of planning that had taken place to prepare for the potential of a no-deal Brexit by both the UK Government and their own employer.

The survey was conducted as part of the College's submission to the House of Commons' Health and Social Care Committee's current inquiry into the potential impact of a no-deal Brexit on the health sector in the UK. This is part of a wider programme of work to engage a greater number of our Fellows and Members in developing College policy to help influence the healthcare agenda in the UK and beyond.

In the submission to the Select Committee the College's Honorary Secretary, Dr Richard Hull stated:

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The Royal College of Physicians and Surgeons of Glasgow is deeply concerned that Brexit may have a seriously negative impact on health and social care across the UK if the UK government is unable to negotiate a comprehensive agreement with the remaining EU member states on our future relationship.

It is of significant concern to us that our membership clearly lacks confidence in the current contingency planning process for a no-deal Brexit. We believe that both NHS employers and the UK Government should reflect on these results, and take immediate action to ensure that everything possible is being done in the coming weeks and months to ensure that the high standards of care currently provided by our health and social care system are able to be maintained when the UK leaves the EU in March 2019.



**79%** 

A no-deal Brexit will have a negative or strongly negative impact on the NHS

44%

Say their employer is failing to plan effectively for the potential impact of a no-deal Brexit

67%

The UK Government is failing to plan effectively for the potential impact of a no-deal Brexit on the NHS

6200 UK-based Fellows and Members were given an opportunity to respond to the survey.

You can read the College's responses to consultations on our website at rcp.sg/Consultations

# CELEBRATING yrs

2018 marks the 320th anniversary of the establishment of the College's Library and the Committee that was formed to run it. Here we will consider this rich history and look ahead to what kind of library our members need in the future.

he College's Library was formed by its members in 1698 when the organisation acquired its first Hall and premises in the Trongate area of Glasgow. The books and resources gathered together there (including pathological specimens) served to support members' educational and intellectual needs. We don't know what that first library looked like, but we assume it was a space suitable for 17th century physicians and surgeons. In the 19th century the Library became one of the central rooms of the College's St Vincent Street building, which still exists as the Lower Library. This and other rooms in the College were designed to be comfortable, accommodating spaces for members to meet, learn, and support each other.

In the 21st century, most of the library resources we provide for members are digital resources, including ebooks, journals and point of care resources. Our physical library space and our book collections remain a central part of our College building and facilities. How can our members make use of these facilities and help shape them to ensure their relevance?

The Library remains active in adding to its stock by the purchase of books which are felt to be of general interest to Fellows and Members, as well as books that support education and assessment needs. These books can be borrowed or consulted in the Library Reading Room. Many who enter 242 St Vincent Street for events or

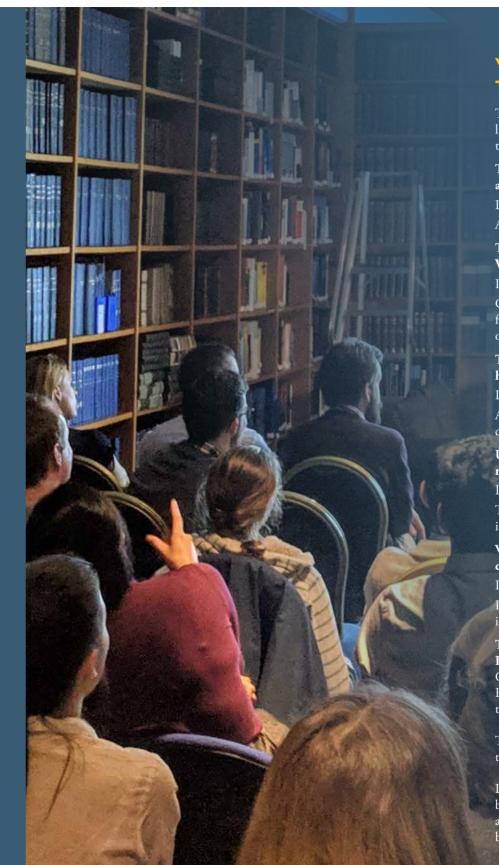
meetings don't visit the 2nd floor of the building where the Library Reading Room is situated. Here, you will find a well furnished, relaxed room with space for reading, studying, informal meetings or events.

The College looks to support members throughout their careers, not only through formal education and assessment, but through the many challenges of work life, career progression and professional development. This includes a broader approach to support, through provision of networks and mentoring, spaces to meet, talk, and think. Supporting members' wellbeing is a priority. How can our Library spaces and collections contribute to this?

The Library Reading Room is a flexible and friendly space, informal and functional. As the Reading Room it is always accessible (the door will never have an Engaged sign!). It can be a refuge, even from other busy spaces in the College, during events, courses or conferences. As well as the space for consulting the College's collections, it can be used for workshops, informal network meetings, supportive chats, or quiet reflection.

Books and reading have been considered useful healers since Ancient Greece – in the 21st century the College can use this wonderful resource to be the supportive, enabling and inclusive organisation it aspires to be.

If you'd like to chat to us about using the Library, its resources or the space, please just email us at library@rcpsg.ac.uk or pop in!



# YOU CAN BORROW THE BOOKS!

The College's out-going Honorary Librarian lists below some of the recent additions to the book stock -

The prince who would be king: the life and death of Henry Stuart / Sarah Fraser

London: William Collins, 2017

A biography of the elder son of James VI & I.

The king's assassin : the fatal affair of George Villiers and James I / Benjamin Woolley

London: Macmillan, 2017

Contends that George Villiers, the King's favourite, was responsible for the death of James VI & I.

The matter of the heart: a history of the heart in eleven operations / Thomas Morris

London: The Bodley Head, 2017

A well told history of the development of cardiac surgery.

Under the knife: a history of surgery in 28 remarkable operations / Arnold van de Laar

London: John Murray, 2018

Tells the story of general surgery in an intriguing manner.

Why we sleep: the new science of sleep and dreams / Matthew P. Walker

London: Penguin Books, 2017

It may make staying awake while reading it difficult!

The smile revolution in eighteenth century Paris / Colin Jones

Oxford: Oxford University Press, 2014 Records how improved dentistry allowed sitters to smile in their portraits.

These volumes and others can be searched for in the library's online catalogue rcp.sg/libsearch.

Library staff are happy to help and books can be posted out to you, inter-library loans can be arranged, and we can even arrange an informal book group!

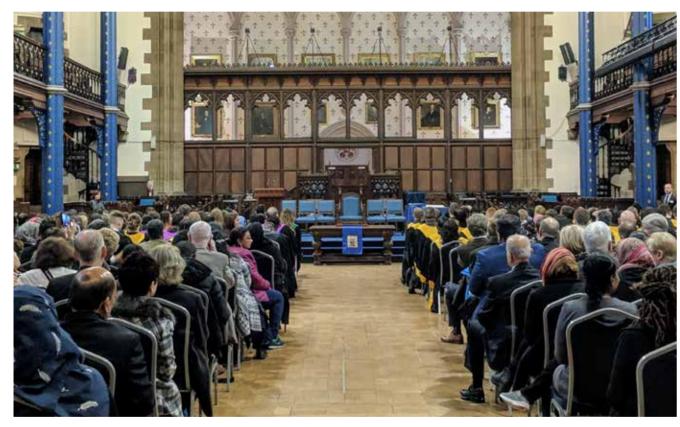


# MEMBERS'AREA

# **ADMISSION CEREMONY**

**23 NOVEMBER 2018** 

The College's second admission ceremony of the year took place on Friday 23 November. With 200 joining us as Fellows and Members from 19 different countries, this was an opportunity to celebrate the international dimension of the College's work. The day was a huge success, taking place at the University of Glasgow and then at the College.



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We are delighted to be able to make this prestigious award to such a broad range of eminent medical professionals. Each one of them has made a significant and substantial contribution to medicine in their own field.

It is testament to the global reach of our Glasgow College that we are able to welcome such a diverse and international group to our membership

Professor David Galloway speaking ahead of the Admission ceremony











#### The College awarded six Honorary Fellowships to the College



Honorary Fellowship in Medicine - Hon FRCP(Glasg)

Professor Stephen H Powis BSc (Hons) BM BCh PhD MBA FRCP National Medical Director of NHS England

Stephen Powis is the National Medical Director of NHS England and Professor of Renal Medicine at University College

London. Previously he was Medical Director (and latterly Group Chief Medical Officer) of the Royal Free London NHS Foundation Trust from 2006 to 2018.



Honorary Fellowship in Surgery – Hon FRCS(Glasg)

**Dr Mahanama Gunasekara** MBBS, MS, FRCS(England), FRCS (Edinburgh)

Consultant General Surgeon, National Hospital, Colombo, Sri Lanka

Dr Mahanama Gunasekara is the current president of the College of Surgeons of Sri Lanka and has been an active member of the Council for last 14 years.



Honorary Fellowship in Surgery – Hon FRCS(Glasg)

**Professor Fabio Quondamatteo** FAS, FRSB

Anatomy Head, School of Life Sciences, University of Glasgow

Fabio Quondamatteo is a professional and licensed Anatomist with a strong

interest and background in Electron Microscopy and in Extracellular Matrix.



Honorary Fellowship in Surgery – Hon FRCS(Glasg) Professor Srinath

Chandrasekera MB BS MS FRCS FEBU

Professor in Surgery, Consultant Urological Surgeon, Faculty of Medical Sciences, University of Sri Jayewardenepura Sri Lanka

Professor Chandrasekera has been at the forefront of establishing endo-urological services and pioneered a PCNL program for children in Sri Lanka.



Honorary Fellowship in Surgery – Hon FRCS(Glasg)

Dr (Ms) Jayshree Pranshankar Mehta

MB BS, MS(Surgery), FICS

Past President, Medical Council of India
Dr (Ms) Jayshree Pranshankar Mehta is past
President of the Medical Council of India. She

was awarded 'Lifetime Achievement Award Woman's Day – 2016' by the Indian Medical Association.



Honorary Fellowship in Dental Surgery – Hon FDS RCPS(Glasg)

**Professor Jonathan Shepherd** CBE FMedSci

Professor of Oral and Maxillofacial Surgery Crime and Security Research Institute, Cardiff University

Professor Jonathan Shepherd graduated in dental surgery from King's College London

in 1974. He was appointed a professor of oral and maxillofacial surgery at Cardiff University in 1991, where he founded, and for 20 years chaired, the University's violence research group and the city's pioneering violence prevention board.

# **COLLEGE AGM**

#### **7 DECEMBER 2018**

Professor Jackie Taylor has taken up her new role as President of the College following her election by the membership last year.

Professor Taylor will split her responsibilities as College President with her existing role as a working clinician. She was appointed to her current consultant post in geriatric medicine at Glasgow Royal Infirmary in 1997. Professor Taylor has previously held roles as a Clinical Director, Associate Medical Director and Clinical Quality Lead for Geriatric Medicine.

#### **College Council Election Results** December 2018

The results of the elections to College Council were announced at our Annual General Meeting, held in the College on Friday 7 December 2018. The results were as follows:

- · Robert Anderson was elected as an Ordinary Councillor (Surgeon) <10 years GMC registration.
- · Abhay Rane was elected as a Regional Councillor outwith Scotland.
- · Hillary Wilson was elected as a Regional Councillor Scotland West.

In addition to these posts, the following members were elected unopposed:

- · Rajan Madhok, Honorary Treasurer
- Morven McElroy, Honorary Librarian



work of her predecessor Professor David Galloway, and set out her priorities for her three-year term of office.

I'd like to thank our Fellows and Members for granting me this tremendous honour. I feel very proud, and also very humbled, to be the College's first ever female President in our four hundred year history.

Where there are undoubtedly many challenges facing our College and our wider profession, I am sure that the next three years will present us with many more opportunities. In particular, I look forward to focusing on leading improvements to the wellbeing of our membership, and helping to address the workforce challenges that are having such an impact on our work within the NHS today. At the same time, as the first woman to lead this College, I'm in a unique position to be able to ensure that our institution and profession become more inclusive, and properly representative of our profession at large.

You can be assured at all times of my complete commitment and dedication to this work.

I'd also like to pay tribute to the work of my predecessor, Professor David Galloway. David made a huge contribution to the College throughout his Presidency. He's led us to the successes we've seen over the past three years in developing the work and influence of the College both nationally and internationally. We owe him a huge debt.



Speaking as she took up her post at the Annual General Meeting at the College's historic home in Glasgow, Professor Taylor praised the

Jane Chiodini has taken up post as the new Dean of the College's Faculty of Travel Medicine. Mrs Chiodini is the first woman and the first nurse to hold this position in the College.

Mrs Chiodini was elected to the post by Fellows and Members of the Faculty, and took office at the Faculty's Annual General Meeting at the beginning of October. Speaking on taking office, Mrs Chiodini said:

"I think I'm also the first Dean of this Faculty to work exclusively in travel medicine full-time.

practice and advising travellers within that setting, I've constantly learnt from that hands-on experience. However, early this year I moved to a practice in a deprived area of London and

Andrew Edwards is the new Dean-Elect of the Faculty of Dental Surgery.

He will take up the role as Dean at the Faculty's Annual Dental Meeting in late 2019.

Mr Edwards is also the Director of Dental Examinations, International Associate Director establishing international education and training and a Regional Advisor for the North West of England for the College.

Speaking after the AGM, Mr Edwards said:

"I've been involved with the College for many years and am delighted to take up this position of Dean-Elect of the Dental Faculty.

"I hope to keep the momentum going and to build on the success of my predecessors by engaging and listening to our Fellows and Members to find out what they want from

Andrew was born in Dundee where he qualified in dentistry in 1987. A period of junior positions in oral and maxillofacial surgery followed, then he gained FDS from the Royal College of Physicians and Surgeons of Glasgow in 1993. He went to medical school, qualifying MBChB from the University of Aberdeen in 1998.

His basic surgical training was in the West of Scotland, gaining FRCS in general surgery of the Royal College of Physicians and Surgeons of Glasgow in 1993. He went on to his higher surgical training in Oral and Maxillofacial Surgery in the North West of England, gaining the Intercollegiate Fellowship in Oral and Maxillofacial Surgery in 2006. He is currently Consultant Oral and Maxillofacial Surgeon at The Royal Preston Hospital, specialising in the surgical correction of facial deformity and facial trauma.

# TRAVEL MEDICINE AGM

**4 OCTOBER 2018** 

From Le<mark>ft</mark> to Right Mr Andrew <mark>E</mark>dwards, Mr Graham Or

Professor Graham Ogden, Professor Jeremy Bagg,

Dr Christine Goodall and Mr James Boyle

**DENTAL AGM** 

**26 OCTOBER 2018** 



"I appreciate what an honour and privilege it is to take on this three-year role as Dean of the Faculty of Travel Medicine, not least because I am the first female to do so, but also the first nurse.

"Having spent the last 28 years working part-time in general

so I appreciate even more the challenges we all face in delivering good standards of health care in today's climate.

"Those of you who know me well know my passion for education and standards in this field, which of course encompasses the same values within the mission statement of the Faculty of Travel Medicine.

"I promise to bring my commitment and loyalty to the College and the Faculty, and I will work my hardest within this new role to lead together with the new Executive Board. Together I very much hope we can make a positive difference."

Jane Chiodini studied travel medicine in the inaugural group at the University of Glasgow in 1995, obtaining a Master's degree (MSc) in travel medicine in 1998. She has held leadership roles as Chair of the Royal College of Nursing Travel Health Forum and the Nurse Professional Group of the International Society of Travel Medicine and was a founding Executive Board Member of the The British Global and Travel Health Association (BGTHA).

Involved in the Faculty of Travel Medicine (FTM) for the past 12 years, Jane was a founding Fellow and has held many roles including Board Secretary, Education and Professional Development Lead, FTM Director of Education, and is a lecturer, author and examiner involved in the FTM courses and exams. She introduced the biannual Faculty magazine, Emporiatrics, created the Travel Medicine eLearning Hub, and was the first author on the FTM's Recommendations for the Practice of Travel Medicine.

# **HONG KONG VISIT**



Photograph of our UK and Hong Kong Examiners for MFDS Part 2 Exam held also at The Prince Philip Dental School and Hospital, University of Hong Kong

Our College's Faculty of Dental Surgery had a highly productive visit to South East Asia this autumn, building links with other dental organisations and expanding the Faculty's footprint in the region.

The first stop was Hong Kong on 6 September, where an expert team of examiners, including Graham Ogden, Andy Edwards, Cat Forsyth, Vicki Greig, Nicola Cross, Sarah Pollington, Yassir Shammaa and Dental Examinations Manager Ioana Raileanu, travelled to deliver the MFDS Part 2 exam. 24 candidates were enrolled in the exam which took place in the city on 8 September.

The team also used this opportunity to run an Oral Surgery symposium at the Prince Philip Dental Hospital PPDH (Hong Kong Dental School) that was attended by over 50 local dental professionals, many of them students wishing to sit the MFDS exam.

The Faculty also met with delegates of the Hong Kong Stomatology Association, to discuss a potential partnership to deliver the MFDS exam in China, and with colleagues from the PPDH and our international advisor, Dr Walter Lam, to discuss the role our College could have in providing continuing professional development to our Hong Kong Members and Fellows.

Following this highly productive visit to Hong Kong, the Faculty's team then travelled to the fantastic setting of Da Nang, Vietnam to attend the South East Asia Association of Dental Education and the South East Asia International Association for Dental Research.

The Faculty's President Elect Andy Edwards undertook a fact-finding trip to China to visit the West China School of Stomatology in Chengdu. Here he was welcomed by Professor Jiefei Shen and given a tour of their impressive facilities for both undergraduate and postgraduate dentistry.







Our visit to Hong Kong, Vietnam and China was highly successful in raising the profile of the Dental Faculty of the College. Holding our MFDS examination, the symposium and attending these key conferences and visits have all helped to cement our links with dental organisations in the region, and will hopefully lead to an expansion of the College's work there over time. During our short time there I met with all of the key players in Hong Kong and was particularly impressed with their enthusiasm, vision and support for developing links between our Fellows and Members there.

From all these events and meetings, it was abundantly clear that there is a huge range of opportunities emerging for the College to work with dental professionals across South East Asia. I look forward to working with colleagues and staff to ensure that we grasp these opportunities with both hands.

Professor Graham Ogden speaking on his return to the UK

# **UPDATES**

# COLLEGE LAUNCHES POLICY NETWORK

The College would like to offer our membership an opportunity to play a part in shaping our policies as part of a new Policy Network.

The new Network is open to our wider membership, and will allow members to participate in preparing the College's response to consultation exercises and inquiries, as well as taking a proactive role in developing the College's position on a range of key issues for our membership.

At the moment, the College is looking for members' views to inform our evidence to:

- A GMC consultation on the guidance around medical consent
- A clinical consultation by NICE on specialist neonatal respiratory care for babies born preterm

Along with opportunities to contribute to consultations, members of the Policy Network will:

- Receive an invitation to attend complimentary, CPD-accredited, College policy events
- Be eligible to receive personal CPD-accredited media and social media training
- Receive quarterly email updates on the College's public affairs and PR activity, including our participation in consultation responses and opportunities to contribute

Speaking at the launch of the network, the College's Honorary Secretary Richard Hull said:

"We hope that by signing up to participate in our new Policy Network, a wider cross-section of our membership will be encouraged to play their part in this important work and ensure that the College's voice is heard loudly and clearly when decisions are made."

Members who wish to join the Network are required to compete an application form, which is available online at rcp.sg/policynetwork

# WOULD YOU LIKE TO BE MORE INVOLVED IN OUR COLLEGE NETWORKS?



As part of the College's strategic plan, we will shortly be recruiting for a number of UK based vacancies in our College Networks. With representation across our five faculties, our College Tutors, Regional Advisors and Dental School Tutors act as key points of contact for the College within their clinical communities.

Our College Networks play a vital role in engaging with members locally. Recent collaborations with our Network members have included awards evenings, web streaming and educational conferences. Our College networks come together annually in April for networking and a workshop, offering a brilliant opportunity for representatives from different disciplines to engage and collaborate with each other.

Recruitment for vacant posts will begin in January. If you are interested in finding out more about the role, or would like to be notified of our vacancies, please email regionaladvisors@rcpsg.ac.uk

# MACEWEN CLINICAL SKILLS SUITE



The Macewen Clinical Skills Suite located in College is now fully operational. The venue is host to a range of simulation training for our Fellows, Members and guests.

This upgrade to our facilities means that we've been able to significantly expand the number of places and frequency of our Basic Surgical Skills Courses to meet increasing demand. We would like to thank all of the committed faculty who are helping to provide this mandatory teaching provision in College.

In addition, the facilities are now licenced for the use of cadaveric material, and we have a licensed technician on site governing the laboratories alongside two licenced teachers of anatomy.

If you would like to develop a course with College or teach on our existing programme, please do not hesitate to contact the Education, Training and Professional Development team by emailing clinicalskills@rcpsg.ac.uk

WILLIAM & ELIZABETH DAVIES TRUST

#### **BUDDY SCHEME**

The College's Buddy Scheme, run in partnership with the West of Scotland Deanery, is now in its fourth year of operation. The Buddy Scheme provides an informal senior trainee mentor to each more junior core trainee, ensuring they have access to careers advice and guidance, complementing the role provided by their more formal educational support.

Over thirty pairs of medical and surgical trainees have been matched this year, with more to be confirmed. Introductory meetings were held in College in August, with a follow up event in October, at which the senior trainees also enjoyed a personal development session on mentorship.

If you would like to find out more about how the College can support you in your training, please email membership@rcpsg.ac.uk

#### MEDICAL TRAINING INITIATIVE



The Medical Training Initiative, administered by the International Team, allows the College to sponsor suitably qualified and eligible international medical graduates' (IMG) applications to the GMC for a license to practice in the UK. The scheme allows IMGs to implement training experiences from the UK in the development of local health services in their home countries. If you would like to find out more

about how to get involved in the Medical Training Initiative please contact mti@rcpsg.ac.uk or call our International Team on 0141 221 6072.

RCPSG.AC.UK



#### **HOPE BURNS SUPPER**

HOPE Foundation chairman, Mr Mike McKirdy is leading the organisation of a Burns Supper in support of the HOPE Foundation on Saturday 26 January 2019 in College Hall. This gathering will include the traditional elements but also celebrate the impact of the HOPE Foundation in funding new projects locally, nationaly and internationally and how the collective donations of our membership and friends can make a huge difference to the lives of so many.

To reserve places or a full table, please email hope@rcpsg.ac.uk

# PRESIDENT'S APPEAL

Professor David Galloway closed his time as President of the College with an appeal for Fellows and Members to



Delivered: a baby born by Caesarean section carried out by David as a volunteer at Chitokoloki Mission Hospital, Zambia.

support the HOPE Foundation to ensure the 'good future' for those living in difficult circumstances facing barriers to accessing healthcare.

His appeal came as the HOPE Foundation distributed grants totalling almost £34,000 to 7 projects, all reflecting the innovation, volunteerism and compassion evident in the College family of Fellows and Members.

To make a donation please go to rcpsg.ac.uk/hope

#### **HOPE CALENDAR 2019**

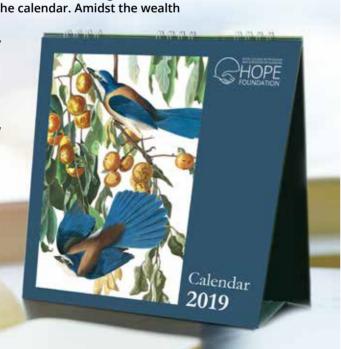
The HOPE Foundation has produced its first calendar for 2019. Priced at £10 (plus P&P), the calendar is available from the College Shop with all proceeds going towards the charitable projects that apply for support.

With the HOPE Foundation's charitable mission embedded in our heritage, we have turned to the College Heritage Collection for the images on the calendar. Amidst the wealth

of rare medical publications and artefacts gathered since the creation of the College in 1599, we have art, culture and philosophy.

We have selected 12 images from The Birds of America by John James Audubon (1785-1851). The prints were engraved and coloured in Edinburgh and London, under Audubon's supervision, from his original paintings and drawings now held by the New York Historical Society.

To buy your calendar please go to rcp.sg/HOPEcalendar or email hope@rcpsg.ac.uk to request your copy.



HOPE Foundation is a philanthropic fund of the Royal College of Physicians and Surgeons of Glasgow dedicated to supporting charitable projects that bring down barriers to accessing healthcare for those living in difficult circumstances. Charity Registered in Scotland, Charity Number: SC000847 rcpsg.ac.uk/hope

# AWARDS AND SCHOLARSHIPS

# WINNER OF FIRST EVER BEN WALTON SCHOLARSHIP AND DEVELOPMENT GRANT



The winner of the first ever Ben Walton Scholarship and Development Grant is Susan Lyttle, a Senior Health Promotion Officer from NHS Lanarkshire. Ms Lyttle will use the award of £3,000 as part of the Lanarkshire Mouth Cancer Awareness project for young people.

The Ben Walton Trust was established in 1996 by Mr Mike Walton and commemorates his son, Ben Walton and his year-long fight against oral cancer.

Ben was born in Kittleyknowe, near Carlops, and attended West Linton Primary School and Peebles High School. He attended Aberdeen University where he was studying Honours Psychology. In his final year, at the time of his death on 9 December 1995, he was 22 years old. The trust was set up to raise awareness of this disease among the public and health professionals, to fund research and fund palliative care.

The overall aim of this year's winning project is to raise awareness of mouth cancer amongst younger adults through education and early detection. The project will have a peer education component whereby CT1 dental trainees will work with young people from Lanarkshire to develop a short animation to raise awareness of this mostly preventable disease.

It is anticipated that the short animation will:

- Raise awareness of mouth cancer, the signs and symptoms, associated risk factors and where to seek advice.
- Target younger adults from 16-34 years using social media, however it will also be able to be used by staff in other settings including education and health.
- Promote responsible drinking, smoking cessation and a healthy lifestyle. It will also raise awareness of the link between the Human Papilloma Virus (HPV) and the increased risk of mouth cancer.
- Promote mouth self-examination to equip young people and the public with the knowledge to carry out self-examination and thereafter encourage early presentation to a health care professional.

#### TC WHITE TRAVEL GRANT AWARD



Dr. Mervyn Huston has become the most recent successful recipient of the College's TC White Travel Grant Award. The TC White Travel Grant provides assistance with travel and accommodation costs for attending symposia and gaining experience outside the individual's country of residence. He was awarded £1,845 which goes to those who apply who have no alternative means of support. It is open to all dental specialties.

The funding will be used so that Dr Huston, currently based in Ireland, is able to attend the 24th International Conference on Oral and Maxillofacial Surgery (ICOMS) held in Rio de Janeiro in May 2019. The biannual conference is organised in association with the International Association of Oral and Maxillofacial Surgeons.

The primary aim is to present research, participate in discussion and learning from speakers and build up networks from across

the globe. Having previously attended the ICOMS meeting in 2017, Dr Huston is very aware of the value of attending such a conference:

"Its value became immediately apparent. The event facilitates a forum in which the leading experts from all fields of oral and maxillofacial surgery analyse current practice and discuss new developments and approaches to treatment.

I believe participation in the conference will provide a background from which I can direct future clinical and laboratory research projects which are of valuable importance to oral health."

He added "Membership of the Faculty of Dental Surgery has enabled me to maintain engagement with postgraduate professional development and training, in addition to providing a network of likeminded peers. It is a privilege to have been selected as a recipient of the TC White travel bursary and I look forward to presenting my research at the International conference on oral and maxillofacial surgery in Rio de Janeiro next year."

For further information, contact scholarships@rcpsg.ac.uk

Members of the Royal College of Physicians and Surgeons of Glasgow have the opportunity to apply for a number of awards to help progress research and improve your knowledge and skills.

For a full list of our awards and scholarships please visit rcp.sg/awards



### **EDUCATION AND EXAMINATIONS CALENDAR**

Leading the way in

non-clinical skills training

The Royal College of Physicians and Surgeons of Glasgow's comprehensive non-clinical skills training programme enables healthcare professionals to develop skills in teaching and education, leadership and management, and professional competencies.

#### **ROYAL COLLEGE ADVANCED CERTIFICATE IN CLINICAL EDUCATION**



21 - 22 Jan, 25 - 26 Feb, 13-14 May, 16-17 Sep, 2-3 Dec Weetwood Hall, Leeds 21 - 22 Mar, 27 - 28 Jun, 7 - 8 Nov

London 21 - 22 Feb

0815 - 1700

£1.058

This course covers all essential trainer prerequisites and provides learning opportunities specifically tailored to suit the needs of all clinical trainers from first time teachers to experienced course managers. rcp.sg/clinedgla

**CLINICAL TRAINER DEVELOPMENT: AN OVERVIEW** 

18 Jan, 9 May 1300 - 1700

**4 CPD Credits** 

This course will provide you with learning and teaching skills, communication, coaching and dealing with difficult students.

rcp.sg/ctdoverview

**DEVELOPING THE CLINICAL TRAINER -TEACHING SKILLS FOR EARLY STAGE TRAINEES** 

13 Dec, 14 Dec, 23 May, 24 May

£70

6 CPD Credits

0830 - 1700

This one day course will provide foundation doctors and medical students with an overview of teaching, learning and feedback in the clinical environment.

rcp.sg/teachingskills

**CLINICAL TRAINER DEVELOPMENT:** PERFORMANCE SUPPORT FOR DOCTORS IN TRAINING

10 Jan

1300 - 1630

£75

4 CPD Credits

This half day course is for senior clinicians, responsible officers, clinical directors, medical directors and clinical leads, and focuses on managing doctors in difficulty and difficult doctors.

rcp.sg/performancesupport

**EXPERT WITNESS** TRAINING FOR MEDICAL **PROFESSIONALS** 

7-8 Mar, 5-6 Sep 0830 - 1700

£685

12 CPD Credits

This two day course will guide medical professionals through the information and preparation essential for acting as an expert witness.

rcp.sg/expertwitness

**ACE CONFERENCE: PULSE 2019** 



15 Mar

0830 - 1700

£82.50

6 CPD Credits

This conference is an opportunity for anyone involved in teaching, training, learning and effective communication and supervision to gain insight into best practice, topical issues, key strategies and areas of trainer development.

rcp.sg/pulse

**ASSESSMENT WRITING** 

19 Mar

0830 - 1700

£75

3 CPD Credits

In this course, we will discuss some general principles of assessment, and focus on writing multiple choice questions (MCOs) and objective standardised clinical examinations (OSCEs).

rcp.sg/assessment

TRAINING THE **CLINICAL TRAINER** 

20 May

0830 - 1700 £395

6 CPD Credits

This course aims to enhance your knowledge of, and skills in, educational practice within a clinical setting.

rcp.sg/trainthetrainer

**PREPARATION FOR CORE** TRAINING INTERVIEW **SEMINAR** 

22 Jun

1300 - 1700

£10

This half day seminar will guide you through the application process for surgical core training posts.

rcp.sg/ctinterview

THE CLINICAL LEARNING **ENVIRONMENT** 

10 Oct

0830 - 1230

£75

3 CPD Credits

This half day seminar will guide you through the application process for surgical core training posts.

rcp.sg/clenvironment

#### BASIC SURGICAL **SKILLS COURSE**

Physicians Surgeons Dentistry

14-15 Feb. 21-22 Mar. 11-12 Apr, 9-10 May

0830 - 1700

£505

Events for all

Clinical

9 May, 13 June

1830 - 2000

FREE

Courses

**CRITICAL CARE UPDATES** 

10 Ian. 7 Feb. 14 Mar. 11 Apr.

This evening tutorial series,

run in partnership with the

West of Scotland Intensive

Fellowship of the Faculty of

covering all the major areas

14-15 Ian. 4-5 Feb. 11-12 Mar

of Intensive Care Medicine.

Intensive Care curriculum

offering themed nights

rcp.sg/criticalcare

**IMPACT COURSE** 

The IMPACT course is a

two day course introducing

the principles and practice

understanding and attitudes.

of acute medical care and

related knowledge, skills,

LIMIT: LIFE-SAVING

INTERVENTIONS AND

**MANOEUVRES IN TRAUMA** 

The closing date: 23 Jan 2019

This unique one-day course

intensity, hands-on immersion

in strategic thinking and key

practical manoeuvres in major

trauma to LIMiT damage and

offers a fast paced, high-

Location: University Of Glasgow

10 - 11 lun

0830 - 1700

rcp.sg/impact

20 Feb

0830 - 1800

save a life.

rcp.sg/limit

£472

Care Society, follows the

This course teaches safe operating techniques and stresses the importance of precautions for safe theatre practice. rcp.sg/bss

#### **GI ANASTOMOSIS TECHNIQUES**

27 Feb

0830 - 1700 £165

A hands-on practical course designed for surgical trainees wishing to develop their anastomosis techniques.

rcp.sg/gianastomosis

#### **VASCULAR** ANASTOMOSIS

28 Feb. 16 May

0830 - 1630

£165

This one day course provides exposure to the theoretical principles and practical techniques of vascular anastomosis.

rcp.sg/vascularanastomosis

#### BASIC LAPAROSCOPIC **SKILLS**

5 March

0845 - 1630

£85

This one day course is suitable for core trainees with an interest in general surgery, paediatric surgery, urology and gynaecology.

rcp.sg/laproscopy

#### PROCEDURAL SKILLS FOR **MEDICAL TRAINEES**

6 Mar

0830 - 1700

£120

This course is an excellent opportunity to develop your practical skills and gain knowledge in common CMT procedures.

rcp.sg/proceduralskills

#### **FOUNDATION** SKILLS IN SURGERY

Travel Medicine Podiatric Medicine

16 Mar

0830 - 1645 £61.20 / £67.50

This interactive course provides an introduction to the specific skills of early stages of surgery. It is suitable for foundation year doctors and final year medical students considering a career in surgery.

rcp.sg/fss

#### **CLINICAL ANATOMY OF** THE MITRAL VALVE (CADAVERIC COURSE)

20 Mar 2019

The closing date: 20 Feb 2019

0900 - 1630

Location: University Of Glasgow £75

This multidisciplinary and highly interactive course aims to provide in-depth understanding of cardiac anatomy, with an emphasis on the surgical and echocardiographic anatomy of the mitral valve.

rcp.sg/mitralvalve

#### **FOUNDATION IN** TRAVEL MEDICINE

6 month course, beginning with 2 day residential component on 20-21 Mar

£999

This course provides practitioners with the knowledge required to advise intending travellers on core aspects of travel health.

rcp.sg/foundationtm

#### **BASIC ORTHOPAEDIC** PROCEDURAL SKILLS

18 Apr 0830 - 1700

£81 / £90

By attending this course you will learn the principles of skin suturing, plastering, digital nerve blocks, joint aspiration, emergency fracture treatment and spinal immobilisation.

rcp.sg/bops

#### SURGICAL SKILLS FOR THE **EMERGENCY DEPARTMENT RESUSCITATION ROOM**

25 - 26 Apr, 31 Oct - 1 Nov

The closing dates: 28 Mar 2019 (for April sitting) 3 Oct 2019 (for October sitting) 0830 - 1700

Location: University Of Glasgow

This innovative course provides practical training on the surgical techniques that can save lives when waiting for assistance is not an option.

rcp.sg/resuscitation

#### PRINCIPLES OF INTRAMEDULLARY NAILING

1 Mav

0830 - 1700

This practical, one day course introduces the principles of intramedullary nail fixation for fractures of the tibial and

femoral shaft. rcp.sg/intranailing

#### PRINCIPLES OF CASTING FOR ORTHOPAEDIC TRAINEES

3 May

0830 - 1630

rcp.sg/pcot

£50 Taught by experienced clinicians and plaster technicians, this course will provide you with skills for upper and lower body casting.

#### ROYAL COLLEGE MEMBERSHIP DIPLOMA IN TRAVEL MEDICINE

This course incorporates a one week residential component, followed by 27 weeks of online learning, commencing on 20 May.

£3350

This diploma course incorporates an exam preparatory course and twopart examination: success in the examination leads to Membership of the Faculty of Travel Medicine.

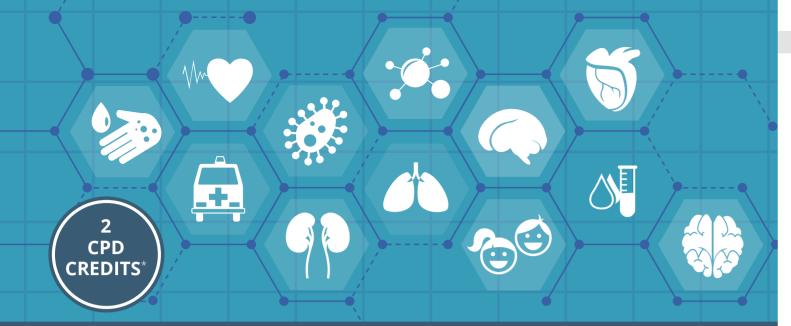
rcp.sg/diplomatm





WINTER 2018 EDITION 2

RCPSG.AC.UK



FREE EVENTS

# CRITICAL CARE UPDATES

This evening tutorial series, run in partnership with the West of Scotland Intensive Care Society, follows the Fellowship of the Faculty of Intensive Care curriculum offering themed nights covering all the major areas of Intensive Care Medicine.

#### Who should attend?

Intensivists, Anaesthetists, Physicians, Surgeons and anyone involved in the care of acute patients from trainees and ANPs to consultant level

#### Venue

Royal College of Physicians and Surgeons of Glasgow

18.30 - Registration

19.00 - Topic Discussions

\*You must pre-register online to receive CPD Points

#### **BOOK NOW**

W: rcp.sg/criticalcareupdates

E: events@rcpsg.ac.uk T: +44 (0)141 221 6072

f in @woscct

# Transport and Pre-hospital Care 10 January 2019

**Lung/Heart Interactions** 7 February 2019

Endocrine and Autoimmune Disease 14 March 2019

Sepsis and Infection 2 11 April 2019

Cardiac 3: Adult Congenital Disease and Cardiac Arrest 9 May 2019

Burns, Skin and Reconstructive Surgery 13 June 2019





## SCOTTISH ORTHODONTIC CONFERENCE

Conferences



18 Jan 0830 - 1700 £35 / £82.50 Sponsored by American Ortho 3Shape

An opportunity for the whole orthodontic team to get together for a one day update of fundamental importance to the delivery of contemporary orthodontics.

rcp.sg/orthodontics

#### TOP TIPS FOR VDPS

#### 1 Feb

0915 - 1630

£50

The Top Tips event for VDPs will provide an opportunity for VDPs to gain quick, handy hints on how best to manage clinical and managerial challenges in dental practice.

rcp.sg/vdp

### MEDICINE FOR ALL: RHEUMATOLOGY



8 Feb

0830 - 1230

This half day will address rheumatology. This will be particularly relevant for all healthcare professionals involved in the acute medical take or managing patients with co-morbidities.

rcp.sg/mfarheum

#### MEDICINE FOR ALL: DERMATOLOGY

#### 8 Feb

1300 - 1700

This half day will address dermatology. This will be particularly relevant for all healthcare professionals involved in the acute medical take or managing patients with co-morbidities.

rcp.sg/mfaderm

## FOOT AND ANKLE MRI - TIPS AND TRICKS



9 Feb

0900 - 1700 £82.50

This conference is suitable for clinicians who treat foot and ankle pathology and request or are exposed to MRI imaging.

rcp.sg/footandankle

#### GLASGOW EMERGENCY SURGERY AND TRAUMA SYMPOSIUM (GESTS)

21 - 22 Feb 0830 - 1700

£178

12 CPD Credits

This two day symposium brings together a range of nationally and internationally renowned expertise and focuses on key messages and practical tips in emergency surgery and trauma care.

rcp.sg/gests

#### **NEUROLOGY 2019**

1 Mar

0830 - 1700 £82.50

5 CPD Credits

This conference will cover a wide range of topics relevant to neurology, and will review practical issues faced by the busy clinician.

rcp.sg/neuro

#### INTERACTIVE CARDIOLOGY CONFERENCE 2019



8 Mar 0830-1700 £82.50

*Sponsored by* Daiichi Sankyo

6 CPD Credits

Always a sell-out conference, this hugely popular cardiovascular educational event provides a unique learning experience delivered in an open, supportive, enjoyable and friendly atmosphere. rcp.sg/cardio

#### SDCEP GUIDANCE UPDATE

18 Mar

0830 - 1700

£82.50

6 CPD Credits
The day will cover a variety of topics relevant to those working in general dental practice.

rcp.sg/sdcep

## MEDICINE FOR ALL:

22 Mar

0830 - 1230

£40

3 CPD Credits

This half day will address haematology. This will be particularly relevant for all healthcare professionals involved in the acute medical take or managing patients with co-morbidities.

rcp.sg/mfahaem

#### MEDICINE FOR ALL: RENAL

22 Mar

1300 - 1700 £40

3 CPD Credits

This half day will address renal medicine. This will be particularly relevant for all healthcare professionals involved in the acute medical take or managing patients with co-morbidities.

rcp.sg/mfarenal

#### MEDICINE FOR ALL: NEUROLOGY

16 May

0830 - 1230 £40

3 CPD Credits

This half day will address neurology. This will be particularly relevant for all healthcare professionals involved in the acute medical take or managing patients with co-morbidities.

rcp.sg/mfaneuro

#### MEDICINE FOR ALL: ENDOCRINOLOGY

16 May

1300 - 1700

£40 3 CPD Credits

This half day will address endocrinology. This will be particularly relevant for all healthcare professionals involved in the acute medical take or managing patients with co-morbidities.

rcp.sg/mfaendo

#### GLASGOW INTERNATIONAL ORTHOPAEDIC AND TRAUMA MEETING

17 May

0830 - 1700

£90 / £100

6 CPD Credits

Covering a wide range of subjects, this conference is relevant for everyone involved in orthopaedics and trauma, including consultants, orthopaedic trainees and non-training grade doctors, medical students, physiotherapy colleagues and orthopaedic and

rcp.sg/orthoandtrauma

trauma nurses.

#### TOP TIPS FOR GDPS

31 May 0845 - 1710 £82.50

Sponsored by Dental Protection

6 CPD Credits

As in previous years, a range of topics will be introduced, based in primary care practice, to provide participants with new strategies to improve the quality of care for their patients, and address some of the challenging and stressful situations which arise in General Practice.

rcp.sg/gdp

WINTER 2018 EDITION 2

#### MEDICINE FOR ALL: PALLIATIVE MEDICINE

14 Jun

0830 - 1230 £40

3 CPD Credits

This half day will address palliative medicine. This will be particularly relevant for all healthcare professionals involved in the acute medical take or managing patients with co-morbidities.

rcp.sg/mfapal

#### MEDICINE FOR ALL: CARDIOLOGY



**14 Jun** 1300 - 1700 £40

3 CPD Credits

This half day will address cardiology. This will be particularly relevant for all healthcare professionals involved in the acute medical take or managing patients with co-morbidities.

rcp.sg/mfacardio



#### **PHYSICIANS**

#### MRCP(UK) PART 1

Exam date: 8 May Opening date: 4 Feb Closing date: 17 Feb

Glasgow, Belfast, Leeds, Liverpool

#### MRCP(UK) PART 2

Exam date: 26 Mar Opening date: 7 Jan Closing date: 20 Jan Glasgow, Belfast

#### MRCP(UK) PACES

Exam period: 8 Jun - 11 Aug Opening date: 25 Mar Closing date: 8 Apr

Various locations
MRCP(UK) PACES

**Revision Modules** 

rcp.sg/pacesonline

Each of our five PACES revision modules focuses on one exam station and includes an introduction to the station, top tips on that station, examiner calibration and an example of a satisfactory pass.

Focus on neurology for PACES candidates

28 Jan, 13 May

examination.

rcp.sg/pacesneuro

£25
This half day course, taught by neurology registrars, will help candidates to prepare for the neurology station, and potential neurology cases encountered in the MRCP(UK) PACES

#### MRCP(UK) SPECIALTY EXAMINATIONS

#### EUROPEAN SPECIALTY EXAM IN GASTROENTEROLOGY AND HEPATOLOGY (ESEGH)

Exam date: 10 Apr Opening date: 19 Dec Closing date: 13 Mar Various locations

#### **GERIATRIC MEDICINE**

Exam date: 27 Feb Opening date: 7 Nov Closing date: 30 Jan Various locations

#### NEPHROLOGY

Exam date: 27 Feb Opening date: 7 Nov Closing date: 30 Jan Various locations

#### **NEUROLOGY**

Exam date: 8 May Opening date: 16 Jan Closing date: 10 Apr Various locations

#### SURGEONS

#### MRCS PART A

Exam date: 16 Apr Closing date: 8 Feb Various UK and International

MRCS
PART B OSCE

Dates TBC

#### MRCS Part B OSCE Preparation Modules

rcp.sg/osceonline

Each module focuses on one element of the MRCS Part B OSCE preparation. The modules include thorough introductions from examiners and demonstrations of how stations work and are to be completed.

MFDS Part 2

Manchester

Glasgow

**Preparation Course** 

rcp.sg/mfds2prepgla

Exam date: 25 Jan

rcp.sg/mfds2prepman

Designed for those intending to

one day revision course includes

interactive lectures and practical

sit the MFDS part 2 exam, our

skills stations, as well as an

MEMBERSHIP IN SPECIAL

Exam dates: 1 May, 13-14 Jun

**DIPLOMA OF MEMBERSHIP** 

afternoon of mock OSCEs.

CARE DENTISTRY

Closing date: 21 Feb

London

Edinburgh

London

Edinburgh

Edinburgh

DENTISTRY

Edinburgh

IN ORTHODONTICS

Exam dates: 15 - 16 May

**PAEDIATRIC DENTISTRY** 

Exam dates: 5 Mar, 29-30 Apr

Exam dates: 23 - 26 Apr

Closing date: 22 Feb

MEMBERSHIP IN

Closing date: 25 Jan

**PUBLIC HEALTH** 

Closing date: 8 Jan

**ISFE ORAL SURGERY** 

Exam dates: 6-7 Jun

**ISFE ORTHODONTICS** 

Exam dates: 9-11 Sep

Exam dates: 29-30 Apr

Exam dates: 15 - 16 Apr

Closing date: 8 Jan

Closing date: 3 Jan

**PODIATRY** 

**MFPM PART 1** 

Exam date: 25 Sep

Closing date: 13 Jul

**MFPM PART 2** 

Dates TBC

Chennai, Glasgow, London

No new exam dates confirmed.

**ISFE RESTORATIVE** 

**ISFE PAEDIATRIC DENTISTRY** 

Closing date: 21 May

Closing date: 15 Feb

ISFE DENTAL

Exam date: TBC

#### MRCS Part B OSCE preparation course

17 - 18 Jan

rcp.sg/osceprep £395

This accessible course prepares you for the MRCS Part B OSCE Exam. The course combines online, flexible and independent learning with classroom based scenarios and preparation that benefit from direct interaction and feedback from faculty.

#### FRCS OPHTHALMOLOGY - PART 1

Exam date: 1 Oct Closing date: 21 Jun

Various UK and International

## FRCS OPHTHALMOLOGY - PART 2

Exam date: 1 Oct
Closing date: 21 Jun
Various UK and International

#### FRCS OPHTHALMOLOGY -PART 3

Dates TBC
DO-HNS - PART 1

Exam date: 15 Apr Closing date: 1 Feb Amman, Dubai, Glasgow, Muscat

#### **DO-HNS - PART 2 OSCE**

Exam dates: 4-6 Jun Closing date: 15 Mar London

#### **DENTAL**

#### MFDS PART 1

Exam date: 1 Apr Closing date: 18 Jan

Various UK and International

#### MFDS PART 2

Exam date: 14-15 May Closing date: 22 Feb Glasgow, Manchester

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# Unless otherwise stated, all events are held in the College's St Vincent Street building in Glasgow. Lunch is provided at all our full day courses and conferences. If you have any dietary requirements, please let us know in advance of your event. The vast majority of our events are available to book online. Where this is not the case, full details of how to reserve your place will be available at the appropriate link above.

#### PACES Package

#### For £120 you will receive:

- Affiliate membership for up to 12 months (£30)
- · PACES online revision modules (£100 if purchased separately)
- No joining fee for Collegiate Membership (£150)
- No membership subscription fees to pay for up to 12 months after passing MRCP(UK) (£80)
- College voucher worth £25 on passing MRCP(UK) PACES
   Save up to £265



#### **MRCS Part B OSCE**

#### MRCS exam candidates can also access:

- Free Affiliate membership (save £30)
- MRCS Part B OSCE exam preparation course (save up to £80)
- Free Collegiate membership up to 12 months after passing MRCS (save up to £80)

Total saving up to £190



#### **MFDS Part 1 Package**

#### The MFDS Part 1 Package includes:

- Free one year Affiliate membership (save £30)
- MFDS Part 1 lecture revision material
- Over 100 MFDS Part 1 sample questions
- MFDS Part 1 examination

Total savings of £125



#### MFDS Part 2 Package

#### The MFDS Part 2 Package includes:

- Free one year Affiliate membership (save £30)
- MFDS Part 2 preparation course (save £50)
- · Early booking on MFDS Part 2 examination
- Monthly direct debit payment plan personalised to suit you
- 50% off membership joining fee after passing your exam (save £77)

Total savings of £157



# WELCOME TO ALL OUR **NEW MEMBERS**

#### SEPTEMBER - NOVEMBER 2018

#### **PHYSICIANS**

#### Fellow qua Physician

Begum Afroza

Qazi Salim Ahmad

Aftab Ahmad

Ravi Shankar Bonu

Dick Chi Yeung Cheung

Valerie Cunningham

Marwan Hassan Fathel-Rahman El-Neil

Satyabrata Ganguly

Aram Jamal Mirza Saeed

mohd Rafizi Mohamed Rus

Muhammad Imran Ahmad Oureshi

Sakthiswary Rajalingham

Sivaprakasam Rajasekaran

Omar Aziz Rana

Shirantha Neville Ratwatte

Amer Saleem

Hisaharu Suzuki Pauline Wright

Ping wa Yam

Manish Kumar Aggarwal

Husain Shabbir Ali

Iamal Chalabi

Md Nizamuddin Chowdhury

Tasbirul Islam

Po Tin Lam

Richard Liston

Manoj Pazhampallil Mathews

Manohar Kathige Nageshappa

Ye Nyunt

Claire O'Brien

Dilip Kumar Pahari

Shiji Pallivalappil

Sandy Shuk Kuen Tang

Israr Un Nabi

Chi Sang Wong

#### Member qua Physician

Ahmed Malik Abuelgasim Malik

Allan Acosta

Helmi Abdulaziz Mohammed Alhassan Ahmed

Muhammad Faheem Akhtar

Amina Al-Qaysi

Abdalla Gaafar Babiker

Catriona Charlotte Anne Barlow

**Douglas Cartwright** 

Jennifer Cathcart

Peter Davis

Abdalla Hassan Mohamedosman Dikair

Daniel James Doherty

Roisin Emma Donnelly

Nathan Doull

Mahmoud Fid

Muataz Abdelkarim Elnasri

Abubakr shamseldeen Mohamedan Eltom

Muhammad Tauseef Ghaffar

Christopher Henry Grant Sarah Elizabeth Jayne Guthrie

Christopher Hav

Farhan Khalid

Stewart McKenna

Myint thein Naing

Jemina Oremeyi Onimowo

Rebecca Claire Pearson Shaun Peter Qureshi

Tamsin Rafferty

Benjamin Mohan Ramasubbu

Stephen Rankin Syed Muzaffar Ali Rizvi

Jennifer Rollo

Adnan Salim

Jocelyn Helen Saunders

Amged Khairy Ahmed Selim Arslan Shahzad

Eleanor Singer

Madhuri Srungavarapu

Fatima Tahira Siew-Mei Yap

#### **SURGEONS**

#### Fellow qua Surgeon

Mohammad Jawad Abdul-Nabi

Rida Abelmageed Abdelrahman Ramadan

Pankaj Kumar Agarwal

Zubair Ahmad

Saif Uddin Ahmed

Ahmed Naeem Atiyya Aly Ahmed

Shakera Ahmed

Muhammad Amer Awan

Pinar Fatma Aydin O'Dwyer

Krishnapada Baidya Harsha Bhattacharjee

Akm Zamanul Islam Bhuiyan

Zsolt Bodnar

loseph A Coleiro Amit Vikram Datta

Janak Desai

Mohamed Shafik Mohamed Elalfy

Vijay Bhargava Gaddam

Sri Ganesh

Matthew Thomas Gettman

Maria Elena Gregory

Nikhil Gupta

Fares Sami Haddad

Anwar Marthya Hamid Majed Shafig Hussein Hbahbih

Md Nabir Hossain Ionathan Richard Howell

Raju Karuppal

Sriram Krishnamoorthy

Ravishankar Krishnamoorthy

Sampath Kumar Krishnappa

Pankai Kumar Saha

Timothy Edward Lavy Veerabahu Senthil Maharaian

Adil Mahmoud Mahmoud

Zeena Makhija

Lap Ki Alex Ng

Rajender Kumar P. Velayudhan

Rudragouda N Patil Ramchandra Prabhoo

Mamun Rahman

Arvind Rajagopalan

Satyamoorthy Rajagopalan Sreekumar Ramachandran

Asif Zaman Rashid

Mukurdipi Ray

Wasif Raza

Aravind Reddy

Venkatesh Reddy Ian Aureliano Stephen Rodrigues

Tariq Saboor

Fhaa Sahri Al Karkh

Suhas Vasant Salpekar

Raiesh Singh

Sateesh Sreeram

Natarajan Sundaram Salil Tandon

Deepak Tejwani

jason Crispin John Webb

Adnan Yar Muhammad

San Yi

Raiiv Zutshi

#### **Fellow in General Surgery**

Rami Ahmad

Michael David Gale

Shenbaga Kumar Rajamanickam

Fellow in Oral and Maxillofacial

Surgery

#### Arshad Siddiqui Fellow qua surgeon in Ophthalmology

Sheena Balakrishnan Mavank Bansal

Denver Mark Dindial

Mohammed Samir Farah

Natasha Gautam

Mohamed Ibrahem Ahmed Salem Hussein Manal Musbah Mohammad Milhem

Hussain Muhammed

Aswini Prabhakar Member qua Surgeon in ENT

Smriti Nagpal

Holli Kernahan Coleman Member of the College

Abdel Wahhab Azzawi Wasim M Dar

Farhan Ahmed Eitezaz

Anjini Gupta

Asif Mahmood

Malik M Shahzar

#### Member qua Surgeon

Shiriel Alam

Anas Anbari Amlan Kusum Baneriee

Timothy Patrick Crowley

Mark Kieran Davis

Hanan Mahdy Eldib Ramon Lauren James

Chia Yew Kong

Mohamed Sameer Mohamed Ismail

Syed Zohaib Gulzar Nagvi Gregg Neagle

Alok Rathi

Saumitra Sarkar

Sameera Sharma le Song Shin

Thisara Chamupathie Weerasuriya

#### **DENTISTS**

#### **Fellow in Dental Surgery**

Mohamed Ibrahim Abu Hassan Lakshmi Balaji Singh

#### **Member in Special Care Dentistry** David Spenceley Jones

**Member in Orthodontics** 

Abhisek Ghosh Member of the Faculty of

**Dental Surgery** Mona Abdelaziz

Amr Mohamed Mohamed Abdelrahman Mosaed Alsowait

Mostafa Aly Nageeb Abdelghany Kwok Hang Au Yeung

Edward Michael Bateman

Mohamed Asim Rhatti

**Jodie Louise Bustin** Alice Cameron

Yau Ka Monica Chan

Tuen Ming Chan

Ching Man Chloe Cheung

Ronald Ka Yiu Choy Annjeet Kaur Dhami

Neelam Faroog

Hisham Joseph Anton Gharib Sean Hamilton

Norhan Moustafa Ameen Hassan

Esther Martha Hitchings

Syed Murtaza Hussain

Thomas Hing Leung Ip

Amina Khalid

Natasha Farrukh Kirmani Simran Singh Kooner

leong Min Lee Little Mahendra

Shane McLarnon

Chun Kit Mo Sau Fung Michael Mui

Brvan Murchie Hariinder Kumar Nagah

Anna Najran

Avman Fathy Abdelfattah Morshidy Neanaa Kin Wai Kevin Ng

Lucy Cristina Nichols Emma O'Donnell

Zameer Pasha Chintan Patel

> Pravinkumar Patil Michael Santangeli Lynsey Katie Scott

loon Seong

Imraan Mohammed Sharif

Mithun Shetty

Hin Ho Siu

Chi Kin So

Chandrakala Somashekar

Dhinahar Sundararai Cheuk Keung Tse

#### TRAVEL MEDICINE

#### Member of the Faculty of **Travel Medicine**

Rachel Walker

#### PODIATRIC MEDICINE

Fellow in Podiatric Medicine

Stuart James Alexander

Howard Earl Alexander

William Chagares Gina Marie Painter

Emily Clare Ball

Martin Havles Ramsav Sloss John Steven Steinberg

Member of the Faculty of **Podiatric Medicine** Satish Kumar Balasubramaniam

Christopher Coll

Anthony Thomas Gavin Kapil Mathur R Muthu Manickam

Loganathan Senthil

Gokulakrishnan Periakaruppan Emma Price Anuradha Privadarshini

Clinical Research Award open to final

Poster submission

First Prize: £300 Runner Up: £200

Find out more visit rcp.sg/pmresearchaward



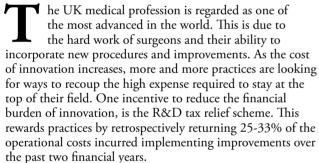
# **Podiatric Medicine Clinical** Research Award

year podiatry students

## WEALTH MANAGEMENT

# HOW THE R&D TAX RELIEF SCHEME CAN HELP YOUR PRACTICE

# LEYTON



In line with HMRC's guidelines, R&D within a clinical setting is not necessarily all about scientific experiments and academic theses. On the contrary, only a small percentage of eligible activity captured comes from data generated via petri-dishes or test tubes. The scheme covers a much broader set of activities, which may have been independently pioneered by practices themselves or as part of larger, collaborative long-term initiatives. This includes work which may be viewed as routine, such as improvements to the clinical care pathways, enhancements to patient safety, and/or reduction in the likelihood of complications and comorbidities.

In the past, qualifying activities identified within a clinical setting was exclusively around optimisation of surgical procedures for better clinical outcome and trialling of novel therapies and materials (i.e. implants and drugeluting stents), but as the scheme and technology has diversified, we have also successfully assisted clients working on projects in reconstructive maxillofacial surgery, cosmetic surgery and dentistry as many areas of improvement are eligible. In many cases, we have been able to capture up to 30% of the salaries and pensions of personnel involved in routine improvements.



Another area of clinical improvement we successfully captured was a practice trying to improve the safety of pregnancies - achieved using assisted reproductive technologies (ART). In this instance, a number of leading consultants, embryologists and nurses worked in tandem across clinics and the laboratory, developing and optimising embryo transfer procedures, genetic screening techniques and vitrification protocols to attain fewer miscarriages and improve the number of live births. Due to the complexities of the project, they were able to capture >50% of the salaries of the personnel involved, as well as a proportion of the surgical and laboratory consumables. The returns were reinvested into expansion of their facilities allowing them to achieve their five-year plan in eighteen months. Clinics also stand to benefit from a Research and Development Capital Allowance (RDA), which provides valuable deduction for capital expenditure on R&D and/or development of facilities enabling R&D activities (i.e. specialist laboratories and treatment clinics).

The aforementioned are just a few high-level examples of how we can work with clinics and practices nationwide to help uncover a valuable resource for further growth and innovation. Our vision is to assist many more businesses within the sector in the coming years by offering both efficiency and expertise in the field. To quote Mr David Snape, MD of Azimuth Healthcare "I work across a range of specialist private medical clinics in the UK and two of my clients have engaged with Leyton on the R&D Tax Relief scheme with some very good results, helping them offset a large portion of their tax liability. The process is relatively straightforward and the guidance from the team at Leyton was excellent and in each case, we were able to pull together the submission documents within a few weeks. I would recommend this program and Leyton without hesitation."

To find out how R&D relief can benefit your practice, please contact Daniel Syme at **dsyme@leyton.com** 

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