

# College

NEWS

SUMMER 2018



## Securing a healthy Brexit deal

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ROYAL COLLEGE OF  
PHYSICIANS AND  
SURGEONS OF GLASGOW

# Non-technical skills

with the Royal College of Physicians  
and Surgeons of Glasgow

## PRACTICAL ADVICE FOR NEW CONSULTANTS:

BEFORE AND AFTER  
APPOINTMENT

6  
CPD  
credits



This informal day guides newly appointed consultants, or those who are about to be appointed, through the major issues you will encounter in the first years following appointment.

### Who should attend?

*Newly appointed consultants*

*Senior trainees about to be appointed as consultants*

*Those returning from a period of absence*

**Venue:** Royal College of Physicians  
and Surgeons of Glasgow

**Date:** Tuesday 4 September 2018

**Time:** 9:15 - 16:30

### BOOK NOW

**W:** [rcp.sg/events](http://rcp.sg/events)

**E:** [alanna.campbell@rcpsg.ac.uk](mailto:alanna.campbell@rcpsg.ac.uk)

**T:** 0141 227 3210

## NON-TECHNICAL SKILLS

**Clinical Trainer Development: Performance support for doctors in training**

Wednesday 5 September

**Developing the Clinical Trainer: Teaching skills**

Thursday 6 September, Friday 7 September, Thursday 13 December, Friday 14 December

**Clinical Trainer Development: An overview**

Thursday 1 November

**Royal College Advanced Certificate in Clinical Education**

*GLASGOW*

17 - 18 September 2018, 22 - 23 October 2018, 14 - 15 November 2018, 3 - 4 December

*LEEDS*

8 - 9 November 2018

*HEATHROW*

20 - 21 September



ACADEMY  
OF CLINICAL  
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[rcp.sg/events](http://rcp.sg/events)



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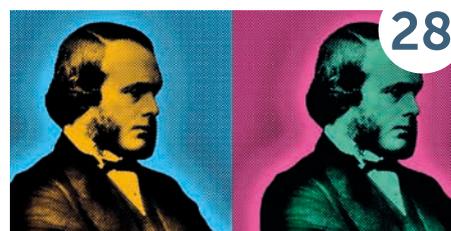
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ROYAL COLLEGE OF  
PHYSICIANS AND  
SURGEONS OF GLASGOW

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College News is the magazine of the Royal College of Physicians and Surgeons of Glasgow.



# FROM THE PRESIDENT'S OFFICE

▶ Watch the President's video at <http://rcp.sg/cnsummer18video>



There have been many highlights that will live long in my memory during my term as President of the College. It is a genuine honour to hold this office and there have been so many contacts and connections, friendships formed, opportunities grasped and so many influential and inspirational colleagues whose work has demonstrably made a significant difference to healthcare. One of the most significant events we have hosted here in Glasgow took place in June. At each of our major College admission ceremonies we typically welcome one or more Honorary Fellows. This is the highest recognition we can give. This summer we were privileged to welcome four remarkable senior clinicians. Two of them kindly agreed to contribute to the President's Lecture – Leadership and Action in Global Health.

Dr John Meara – a craniofacial and plastic surgeon, now based in Boston and a Professor of Surgery at Harvard Medical School visited Glasgow in 2017 where he gave one of the keynote lectures at our Excellence in Healthcare conference. On his visit this year he provided a superb overview of international surgical provision (or rather the lack thereof) based on the Lancet Commission on Global Surgery 2030, which he co-chaired and was published in 2015. The metrics are extremely challenging. It is estimated that some 17 million deaths could potentially be prevented every year if surgical, anaesthetic and obstetric care was strengthened. Considering that conditions like malaria, HIV/AIDS and tuberculosis, all of which are associated with high mortality, together account for around 5 million deaths, serves to emphasise the importance of scaling up the surgical and anaesthetic provision. Some 5 billion people do not have access to a hospital which can offer basic surgical and obstetric support in a timely fashion. You can view a video of his lecture on our facebook page – it was

a wonderfully clear and real illustration of the desperate need which exists. Around 30% of the world's population are served by only 6% of the medical workforce – such inequity is difficult to correct but even more difficult to defend. Many African countries have produced strategic plans to address the need which exists. No matter how well thought out these programmes are – it will be impossible to scale up the provision of local healthcare staff and specialist teams to deliver the necessary care. There will be a continuing need for developed countries to share medical and surgical expertise where need is greatest.

Our other special guest speaker, Dr David McAdam, who like John Meara was honoured with the award of an Honorary FRCS(Glasg) during his visit gave a most moving and gripping account of what it is like to provide real 'boots on the ground' surgical, medical and paediatric care in remote Africa. David was initially trained in Northern Ireland and customised a clinical training to prepare him for a calling to serve as a Christian missionary surgeon in rural Africa, fully expecting to work unsupported for much of the time. With some surgical, anaesthetic, obstetric and tropical medicine training, he has worked in central Africa, initially Zaire (now the Democratic Republic of Congo) for some nine years and for the last two decades, based in north western Zambia. On two occasions he and his family lost all their possessions as a result of local conflict between warring factions – home and hospital destroyed, everything of use and value, looted and gone. The clinical demand is unrelenting, and he demonstrated both the impact of advanced pathology, late presentation of conditions, the peculiar dangers from threats ranging from malaria and schistosomes through to deadly snakes and the local apex predator – the Nile crocodile. Those who were privileged to hear this account could hardly remain unaffected or unchallenged by the commitment, dedication,

insight and skill on display. Not many clinicians can claim to provide a safe and advanced level of single-handed service in surgery (including urology, gynaecology, vascular, paediatric, orthopaedics and neurosurgery), obstetrics, neonatal intensive care, diagnostic ultrasound and therapeutic endoscopy and ophthalmology. I have witnessed this first hand – that is the situation in Chitokoloki Mission Hospital. It is worth pointing out that faith-based healthcare accounts for 50-80% of the hospital care available in much of rural Africa.

The lectures were streamed live on our Facebook page and staff in the mission station in Zambia, which is now the base from which Dr McAdam works, were delighted to watch it live.

These two colleagues genuinely provided a graphic wake-up call to the need which exists. Helping to address such need is the reason so many have been attracted to a medical career. It is perhaps too easy to be drawn into the home-based career structure and as a result opportunities to provide much needed help may escape. Undoubtedly it is important to have worked out the strategy for system strengthening in the underserved nations. Our College is active in this area and it is encouraging that our Global Citizenship venture is attracting government and cross party support. While it is vital that local specialists in low income countries are trained and teams are developed, that endeavour will not be complete in the short or even medium term – there will still be a need for 'boots on the ground.' Any volunteers?

Videos of the lectures are available at <http://rcp.sg/Globalhealth>



Follow the President on  
Twitter @davidgallowaymd ■

## ADMISSION CEREMONY

Our admission ceremony took place on 6 June 2018. The event was a huge success and was a beautiful day against the backdrop of the University of Glasgow's Bute Hall.

The College awarded four Honorary Fellowships to the College.

- Dr David McAdam, MB ChB BAO

- FRCSI, DTM, DRCOG, DA(UK)
- Dr John G. Meara, MD, DMD, MBA, FACS, FRACS
- Professor Michael Edmonds BSc (Biochemistry), MB BS, MD, FRCP
- Professor Sadras Panchatacaram Thyagarajan DSc Microbiology, PhD

For more information on our Honorary Fellows, go to <http://rcp.sg/HonoraryFellows> ■



## ROYAL COLLEGE HONOURS COMMUNITY JUSTICE SCOTLAND CEO KARYN MCCLUSKEY



Karyn McCluskey, CEO of Community Justice Scotland received the 2018 President's Medal from the College at June's admission ceremony.

Community Justice Scotland is a new public body responsible

for promoting world-leading standards of community justice across Scotland.

Ms McCluskey has also played an instrumental role in the establishment of Navigator, a collaboration between the Violence Reduction Unit Scotland (SVRU) and Medics Against Violence. The project supports "Navigators" who work between the Emergency Departments of two of Scotland's busiest hospitals in Glasgow and Edinburgh and their surrounding communities. It aims to help stop repeated presentations of violent injury in our hospitals.

Over the past 13 years, Karyn has championed a public health approach to reducing violence in Scotland. Her innovative work

has made a major impact on violence prevention, not only in Scotland but also nationally and indeed worldwide. The number of murders and serious assaults has fallen by over half and along with that, injury has reduced significantly across Scotland, particularly among young people. She continues to use an approach grounded in evidence, innovation and the expertise of those most affected, and her aspiration remains real change for the most vulnerable and forgotten in our communities.

Announcing this award, College President Professor David Galloway said: "Karyn McCluskey has made a transformative impact on public health in Scotland though her leadership and ground-breaking work to

reduce violence. The Navigator programme which she helped establish, has been described by one senior consultant as '...possibly the most valuable non-medical change in the management of A&E in the whole course of my career'.

"Karyn's ability to innovate and connect while at the same time bringing a wide range of people from different backgrounds together, has been key to her success and the success seen in Scotland in the reduction of violence. This President's Medal is in recognition of this work and its impact in the community locally, nationally and internationally. We're delighted to have the opportunity to recognise this outstanding work." ■



# CELEBRATING #NHS70: EXPLORING THE GLASGOW COMA SCALE AND ULTRASOUND

To celebrate seventy years of the NHS and as part of the Glasgow Science Festival, the College hosted an event discussing two major medical developments developed in Glasgow by Fellows of the College – the Glasgow Coma Scale and Ultrasound.

The discussion was held at the Goodall Symposium, which took place on Thursday, 7 June 2018.

The Symposium highlighted how these two medical developments revolutionised medicine, not only in Glasgow but across the world.

Mr Roy Miller, Honorary Librarian said:

*"The College was delighted to welcome two of the most eminent Fellows of our College, Sir Graham Teasdale and Professor Andrew Calder to give the keynote presentations. Ultrasound and the Glasgow Coma Scale are practical and life-saving techniques which are used extensively in modern medicine, and have both been developed and delivered in Glasgow by members of this College."*

Sir Graham Teasdale, former

President of the College (2003–2006) who developed the Glasgow Coma Scale in 1974, spoke about this practical, neurological scale used to determine the level of consciousness of a patient during assessment. The scale remains the default method for assessing consciousness in almost every hospital and medical school in the world. Its enduring popularity makes its development one of Glasgow's greatest contributions to the world of medicine.

Professor Andrew Calder spoke about the development

of ultrasound. Developed in the 1950s by Professor Ian Donald while he was Professor of Midwifery at the University of Glasgow, ultrasound had already been used industrially as an imaging tool, leading Donald to investigate its potential medical use. Publishing findings in The Lancet in 1958, the use of ultrasound spread quickly and within a few years had become a routine part of ante-natal care. Ultrasound scanning is now used for a variety of purposes and recent advances in technology have enabled three dimensional images to be produced. ■



## GLASGOW GASTRO CONFERENCE 2018



This inaugural Glasgow Gastro conference will focus on a wide range of GI & liver topics via mini-lectures, interactive sessions and state of the art presentations.

### Who should attend?

Gastroenterology and Hepatology consultants and trainees  
General and Acute Medicine consultants and trainees  
Gastroenterology and Hepatology nursing staff

### BOOK NOW

**W:** [rcp.sg/ggastro](http://rcp.sg/ggastro)  
**E:** [joanne.brodie@rcpsg.ac.uk](mailto:joanne.brodie@rcpsg.ac.uk)  
**T:** +44 (0)141 227 3240

**Venue:** Royal College of Physicians and Surgeons of Glasgow

**Date:** Friday 5 October 2018

**Time:** 9:00 - 17:00

### Poster competition

1st Prize for best clinical or research poster.

**Closing Date:** Friday 17 August 2018

Submissions should be submitted to: [joanne.brodie@rcpsg.ac.uk](mailto:joanne.brodie@rcpsg.ac.uk)

Submission criteria can be found at: [rcp.sg/ggastro](http://rcp.sg/ggastro)



#glasgowgastro



Gastro\_2018\_CN (06/18)



ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW  
PHYSICIANS

## A NEW PARTNERSHIP IN INDIA

Professor Galloway and the Chancellor of Sri Ramachandra Medical College and Research Institute have agreed to work together to deliver a range of education and examinations which will lead to new membership across all faculties. A memorandum of understanding (MoU) governs collaboration over a three year period. The initial focus



will be on surgical exams and education in podiatric medicine. Other activity will be developed over the course of the MoU, and there is plenty of room for growth as generously, Sri Ramachandra has offered the College a floor in its excellent Centre for Sport Science from where we can develop and reach out beyond Chennai. President Galloway and Dr Steve Graham CEO, initiated the discussions on the MoU during their March visit, were impressed by the potential for partnership and touched by the warmth of the welcome.

Located in Chennai in the South of India, Sri Ramachandra Medical College and Research Institute is ranked by many in the top 10 of India's almost 500 medical colleges. Now with



an 1800 bed hospital, 250 undergraduate and 150 post-graduates, Sri Ramachandra has developed quickly since it was founded in 1985 and boasts a green field site which includes a boating lake. Partnering with a Chennai Institute reflects the high level of support and interest in our College by the city and state of Tamil Nadu, where we have our highest concentration of members in any one city outside Scotland. ■

## NEW TRAINEE COMMITTEE CHAIR



Mahua Chakrabarti, (pictured above) has been elected to serve as the new Chair of the College's Trainees' Committee. A graduate of the University of Glasgow, Ms Chakrabarti is currently based in the city's Queen Elizabeth University Hospital. Speaking after her election at the May meeting of the committee, Ms Chakrabarti said "It's a great privilege to have been elected by my peers to lead the College's work to support trainees. I look forward to playing a role within the College to ensure that trainees play a full role in their own training and development, and to open up this important work to an ever wider number of our profession."

If you are interested in joining the Trainees Committee, please contact [traineescommittee@rcpsg.ac.uk](mailto:traineescommittee@rcpsg.ac.uk). ■

## MALAWI MEMORANDUM OF UNDERSTANDING WITH GLASGOW CALEDONIAN UNIVERSITY

The College signed a Memorandum of Understanding (MoU) in January 2018 with Glasgow Caledonian University to help strengthen the healthcare system in Malawi.

The Memorandum of Understanding between the two organisations sets out the ways in which they will work together, while acknowledging the independent nature, aims and objectives of each organisation.

Malawi has strong historical links to Scotland and there are a number of Scottish initiatives

in the country at present. Both organisations have experience of delivering services and support in the country. In particular, there is potential to work together on:

- Quality assurance
- Sonography training
- Online learning in research methodology
- Explore and advise on the construction of an incinerator at Queen Elizabeth Hospital, Blantyre, Malawi

This MoU will be valid until 2021. Mr Mike McKirdy, Director of Global Health and International Associate Director, Professor

Stuart Baird, are responsible for implementing and adhering to the MoU within the College.

*On this agreement and for details on how to engage with the College's work on global citizenship, contact*

**[Mike.McKirdy@rcpsg.ac.uk](mailto:Mike.McKirdy@rcpsg.ac.uk)** ■



University for the Common Good



# COLLEGE ANNOUNCES APPEAL FOR HOPE FOUNDATION

The College has confirmed that it will fund all the support costs of the HOPE Foundation to ensure that 100% of the donations from Fellows and Members go to projects and causes.

*donation to the Glasgow City Mission Winter Night Shelter, the College wants to support the collective giving of our Fellows and Members in a meaningful way.*



ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW

# HOPE FOUNDATION

*Winter Night Shelter meant that prioritising their health or building relationships with health services is extremely difficult. For many, Glasgow City Mission's emergency accommodation was a lifeline and an opportunity to build trust."*

*support of projects that improve access to healthcare for the most disadvantaged."*

Mr McKirdy added: *"The HOPE Foundation is the next step in helping our Fellows and Members make their mark on health provision around the world. The College family has a long history of professionalism married with compassion. HOPE extends our opportunity to make a difference and demonstrate our values beyond our everyday work."*

This year HOPE Foundation wants to support more projects in the local area, nationally and internationally. To do this, donations are required.

*"Together we can make a difference. Already we have benefitted from two wonderful events in aid of HOPE and are gathering donations from supporters. Mr Mike McKirdy, Director of Global Health, has accepted the role of Chairman of HOPE Foundation. Mike is a wonderful advocate for*

The HOPE Foundation is a fund of the Royal College of Physicians and Surgeons of Glasgow through which our Fellows and Members can be a real catalyst for change - making a positive difference to the health of people living in challenging circumstances where access



HOPE Foundation Manager, Julie Forster said: *"Having learned more about the impact of last year's*

*Our Members have demonstrated the best principles of volunteering and philanthropy throughout our history. Through the HOPE Foundation we will be able to support their ambitions and use the collective power of our Members to make a difference locally, nationally and internationally."*

Almost 600 people used the Winter Night Shelter through December 2017 to March 2018. HOPE Foundation provided funding to ensure that nurse practitioners were at the shelter each morning to deal with the illnesses and injuries affecting many of the guests at the Mission – the first time this has been tried.

*"This project exemplifies the breaking down of barriers to healthcare – one of the two key themes of HOPE," said Ms Forster. "The circumstances of the individuals using the*



*the collective impact our Fellows and Members can make, especially when 100% of each donation will be used for charitable projects, plus we can claim a further 25% on personal donations by UK taxpayers through Gift Aid. This means a donation of £100 can become £125 for HOPE to utilise in*

to quality healthcare is, for whatever reason, limited. HOPE wants to support initiatives that do this through breaking down barriers and bringing people together.

To donate and to learn more please go to [www.rcpsg.ac.uk/hope](http://www.rcpsg.ac.uk/hope)



## In Brief

### College Closures

The College will be closed on 16 July as it is a Glasgow Public Holiday. It will also be closed on 24 September 2018.

### College AGM

7 December 2018. ■



# HEALTH AND SOCIAL CARE COMMITTEE CHILDHOOD OBESITY INQUIRY

The UK Parliament Health and Social Care Committee held a number of evidence sessions on childhood obesity, drawing on a wide range of experts as well as high-profile individuals, such as Jamie Oliver and Hugh Fearnley-Whittingstall. *The final report and each evidence session can be viewed on the UK Parliament website at: <https://www.parliament.uk/business/committees/committees-a-z/commons-select/health-and-social-care-committee/>*



## Diabetes "prevention"

Dr Jennifer Logue, Senior Clinical Lecturer and Honorary Consultant in Metabolic Medicine at the University of Glasgow wrote on the Obesity Action Scotland blog about diabetes prevention programme for people who are deemed to be at risk of developing type 2 diabetes but don't yet have it.

These programmes help

people to lose weight and do more physical activity, and when done well they, reduce the development of type 2 diabetes by 58%. Preventing the development of type 2 diabetes in this way is highly cost-effective and similar programmes are delivered across the world.

However, there are also over 250,000 people who already have type 2 diabetes in Scotland and 87% of them



have a BMI above the healthy range. The vast majority of these individuals have never had an opportunity to attend a structured weight management programme to help improve their condition. Research from the service in Glasgow has shown that those who can lose 5kg over a few months can keep that weight off for at least 3 years, halving their risk of progressing to insulin and improving their diabetes control.

Read the full article at: <http://www.obesityactionsotland.org/blog/>

## Incorporating the Lived Experience into tackling Obesity

Obesity Action Scotland was recently represented at The City Food Symposium event in London. The event reinforced the significant reach and cross-cutting nature of food policy. Food is important to every individual not just because of taste, health impact or hunger but also because it is associated with socialising, family, friends, emotions and memories. Valuing and celebrating good food cannot be considered in the silos of health or farming or waste but needs to encompass everything from welfare to early years to social isolation policy.

How people experience food and how they want to experience it is a key form of evidence that should inform Scotland's approach to these topics. *Read the full article at: <http://www.obesityactionsotland.org/blog/>*



## All-party parliamentary group on Obesity

The UK All-Party Parliamentary Group on Obesity launched a new report into the current landscape of obesity services in the UK. The key findings of the report were:

- 88% of people with obesity who took part in the survey have been stigmatised, criticised or abused as a result of their obesity.
- 94% of all respondents believe that there is not enough understanding about the causes of obesity amongst the public, politicians and other stakeholders.
- 42% of people with obesity did not feel comfortable talking to their GP about their obesity.
- More than one third of people with obesity who completed the survey stated that they have not accessed any lifestyle or prevention services.

*The full report can be read and downloaded at: <https://www.obesityappg.com/inquiries/>*

## Scotland to halve childhood obesity by 2030

The First Minister has announced that Scotland will aim to halve childhood obesity by 2030. The Scottish Government will set the target in its Healthy Weight and Diet plan, due to be published in summer 2018. Currently, 29% of children in Scotland are at risk of being overweight, including 14% who are at risk of being obese.

Obesity Action Scotland fully supports this bold aim but will be closely monitoring the details of the Healthy Weight and Diet plan to ensure it contains the necessary ambitious actions to achieve this. ■

# BREXIT 'ONE OF THE GREATEST STRATEGIC ISSUES FACING THE HEALTH SECTOR ACROSS THE UK.'

Brexit is one of the greatest strategic issues facing the health sector across the UK. The College recently published a series of recommendations for government in its latest report on Brexit, which was published in May.

Concerns remain about the progress made to date in addressing the challenges and opportunities that the decision to leave the EU will have on patients and staff within the NHS.

The College believes that a successful Brexit process would deliver the following outcomes for patients, clinicians and the wider NHS:

- The current standards of service and care provided to NHS patients will be maintained
- That all NHS staff are valued and supported no matter where in the world they come from, and that current workforce challenges are not adversely effected by any future changes to immigration rules or processes
- The UK would remain a world leader in medical innovation, and that new products, treatments and services should be able to be introduced into the UK market without any disadvantage to patients
- The UK's position as a world leader in medical research is maintained
- Standards for public health are maintained during and after the Brexit negotiations



College President Professor David Galloway, said:

*"Now that talks between the UK and EU have moved to the critical stage, it is imperative that the UK Government constructively engages with the EU to build towards a mutually beneficial Post-Brexit deal.*

*"If we reach a situation where no agreement is reached with the EU on our future relationship, or that this new relationship fails to facilitate the high standards patients expect from their NHS, this would have an adverse impact on patients in a number of ways. This is an outcome that no-one wants, and so it's imperative that everyone who has the best interests of the NHS at heart engages constructively with this difficult*

*process. We must leave no stone unturned to ensure that we agree a Brexit deal which does no harm.*

*"That's why this report sets out the views of the College on the key aspects of Brexit as it relates to healthcare across the UK. It makes a number of recommendations which, if they are adopted by the UK Government and agreed with the remaining members of the EU, would protect the best interests of patients, the NHS and its staff across the UK.*

*"We believe that a healthy Brexit deal is possible if there's a political will behind it. This College is committed to playing an active part in making this positive case until this deal is done."*

## GOVERNMENT CONFIRMS THAT BREXIT WILL #DONOHARM TO PUBLIC HEALTH

During the Third Reading of the EU (Withdrawal) Bill in the House of Lords on 16 May the UK Government confirmed that the 'do no harm' public health duty will remain after the UK leaves the European Union.

Our College is proud to have been part of a coalition of 63 health organisations, led by the Faculty of Public Health, who have campaigned for this commitment. With the support of Peers from across

the Lords, the coalition has called for the Government to make clear that the current EU public health duty, known as Article 168, should influence future policy-making and be legally enforceable after Brexit.

Article 168 says that "a high level of human health protection shall be ensured in the definition and implementation of all Union policies and activities".

During the Third Reading of the EU (Withdrawal) Bill in the House of Lords, Lord Duncan of Springbank offered a clear reassurance to Peers that the duty enshrined in Article 168 would now continue after we leave the EU.

More information is available on the Faculty of Public Health's website:

<http://rcp.sg/fph> ■

**Recommendation 1:**

Applications from NHS staff to receive "Settled Status" should be expedited and prioritised for action when this process is established. The cost of this process should be met by government rather than individuals who are currently employed in the NHS.

**Recommendation 2:**

Future immigration rules should be set with a stated aim of maintaining and augmenting the work of the health and social care sector across the UK. This should include regular reviews of the Tier 2 Shortage Occupation Lists to ensure that specific staff shortages in the NHS are able to be addressed through this route, and that our medical research and pharmaceutical sectors also retain access to the best staff wherever they may come from.

**Recommendation 3:**

The College believes that the best possible framework for future regulation of medicine lies in ongoing cooperation and partnership between the Medicines and Healthcare products Regulatory Agency (MHRA) and the European Medicines Agency (EMA). Agreeing a cooperative regulatory framework would allow the smoothest transition in terms of the authorisation of medicines for use in the UK, safety and pharmacovigilance. It will provide the best possible opportunity for patients and clinicians.

**Recommendation 4:**

The UK Government should agree a sufficient transitional period following the current negotiation process to allow for the development of robust, deliverable regulatory processes which do not disadvantage patients in the UK.

**THE REPORT'S TEN RECOMMENDATIONS ARE:**

**Recommendation 5:**

In order for the medical research sector to continue to flourish, and the best interests of patients protected, government should guarantee that the current level of funding available to this sector must be at least maintained as the UK leaves the EU.

**Recommendation 6:**

The College believes that the interests of public health are best served by maintaining close working links with the ECDC after we leave the EU.

**Recommendation 7:**

Future trade deals agreed by the UK Government should explicitly address issues relating to the definition of public services in order to provide explicit protection to the NHS from unintended consequences.

**Recommendation 8:**

The College believes that the imposition of trade barriers, including non-tariff barriers, on medical goods and services has the potential to have an adverse impact on the UK's health and social care sector, and so should be avoided whenever possible in any future deal.

**Recommendation 9:**

The UK and EU should agree to ensure continued close collaboration between Northern Ireland and the Republic of Ireland's healthcare systems to the benefit of patients, staff and health services.

**Recommendation 10:**

Standards for public health should be maintained during and after the Brexit negotiations.

The report, 'Securing a healthy Brexit deal' can be read in full online at <http://rcp.sg/brexit> ■

## SCOTTISH PARLIAMENT'S HEALTH AND SPORT COMMITTEE PUBLISH BREXIT PAPER

The College has welcomed the publication of the latest report by the Scottish Parliament's Health and Sport Committee on "The impact of leaving the European Union on health and social care in Scotland".

The cross-party report sets out a range of findings following an inquiry on this subject, that the College contributed towards in evidence submitted earlier this year. The Committee's findings include:

- Concerns the withdrawal from EURATOM could result in delays to the UK receiving medical isotopes used in the treatment of cancer and as a result, delays in treatment for patients.
- Concerns about the implications on research in Scotland post-Brexit, including the loss of future funding and the possible loss of Scotland's position at the forefront of research and innovation.
- UK wide common frameworks must exist in

areas such as blood safety, data protection and organs and tissue. It is in no-one's interests for these to diverge in Scotland. These should mirror those of the EU as closely as possible. Parliament must have a role in scrutinising proposed common frameworks to safeguard the interests of patients, staff and stakeholders.

- The Scottish Government must continue to involve stakeholders in its decision-making processes.
- Public health powers must continue to be devolved to Scotland and not retained at UK level to ensure Scotland can continue to take decisions in the best interests of the country.
- Although immigration policy is largely outwith the Scottish Parliament's competence, post-Brexit immigration law may impact on staffing in the NHS and social care in Scotland. A majority of the Committee also took the view that powers

should be devolved to allow any shortages in skills in medical workforce to be addressed.

College President David Galloway said: "I welcome the publication of this important report. We believe that Brexit is one of the greatest strategic issues currently facing the health sector across the UK, which is why the College has engaged with the issue at both Holyrood and Westminster over the past few months.

"A successful Brexit process would deliver positive outcomes for patients, clinicians and the wider NHS, but this outcome is still far from certain. That's why it's important that we inform this cross-party scrutiny of the Brexit process and how it may impact health and social care in Scotland and across the UK."

The committee's full report can be found at <http://rcp.sg/brexitpaper> ■

# Malawi President visits College

Accompanied by Her Excellency Gertrude Maseko the First Lady of Malawi, Dr Alasdair Allan, the Scottish Government's Minister for International Development and Europe and a delegation from the Malawian High Commission, the Malawian President visited the College in April.

The College and Malawi have a long history of ties, dating back to David Livingstone's first expeditions to Africa in the 19th century. A number of David Livingstone's first edition publications are held in the College library alongside a wide variety of his surgical instruments and his medical degree which was granted by the College in 1840. As part of his tour of the College, His Excellency the President received a presentation on a selection of these artefacts by Mr Neil Wilson, Dr Livingstone's great-great grandson.

Collaboration continues to develop today with a variety of projects in Malawi. A group of fellows briefed the President on the work in their area of expertise which includes:

- Endoscopy training in Mzuzu, Malawi
- Burns prevention work
- The Royal College of Physicians and Surgeons of Glasgow Livingstone fellowships
- The plans to develop undergraduate dental training in Malawi

This visit comes on the back of the outstanding work and advocacy led by our Director of Global Health, Mike McKirdy, and our incredible Fellows and Members who give so much of their time to developing and delivering education, services, and care in Malawi and other African nations.

Professor David Galloway, said: *"We were delighted to welcome the President to our College. Our connections with Malawi are strong. They started with David Livingstone but continue now with the involvement of many of our Members. We recognise the value*



*of international volunteering and global citizenship and so we are committed to continue this long tradition and to encourage collaboration with colleagues in Malawi into the future."* ■

## OUTCOMES OF THE PRESIDENT'S SURVEY

We are grateful to all Fellows and Members in the UK who completed the President's survey this spring.

Four hundred and one responses were received and analysed to give us this snapshot of views within our UK membership on a range of complex political, moral and medical issues.

The topics that those who completed the survey felt should be of most importance to the College were:

- concerns over adequate resourcing for health and social care provision
- the function and performance of the GMC, issues relating to medical negligence
- the promotion of healthy eating and obesity control.

These issues continue to be promoted by the

College as a priority.

The other topics the President asked about included presumed consent for organ transplantation, assisted dying, gender identity, decriminalisation of abortion, Brexit and global citizenship. Of these the gender and abortion controversies were rated below the others in order of importance.

The responses were almost evenly split in respect of the value of changing to a presumed consent for transplant donation compared with the current opt in arrangements that apply. It remains of interest to see the effect on donations of the change in legislation in Wales, which has adopted a presumed consent framework.

The possibility of decriminalising abortion revealed a spectrum of opinion. It is clear that

while there is no strong appetite for a change in the current law there is clear sympathy for those women whose pregnancy results from sexual violence. There remains considerable opposition to the possibility of termination beyond 24 weeks.

With respect to assisted dying (which while not currently before parliament, is being tested in the courts), the outcome was fairly evenly split with more support for assisted dying in those with terminal illness and intolerable symptoms. Interestingly there is real concern that a change in the law would result in a degree of pressure on vulnerable individuals, the risk of a slippery slope is evident and so currently only a small minority of those who responded to this survey would be willing to personally participate in such a policy.

We'll be examining further mechanisms to involve members in determining future priorities and policy in the months ahead. ■

# GMC UNDER FIRE FROM ROYAL COLLEGE FOLLOWING LEGAL CASES

The College has called on the General Medical Council (GMC) to regain the trust of the profession following a series of controversial court cases involving members of the profession.

The call comes in the College's submission to the Williams Review into gross negligence in healthcare. In its submission, the College states that recent court cases have had a considerable impact on the morale of clinicians, and in particular trainees in medical and surgical specialities. It also criticises the regulator for issuing inconsistent advice to junior doctors in the light of the recent Bawa-Garba case, which led to that clinician being struck off the medical register.

## Other key points in the College's submission of evidence include calls for:

- A review of whether it is appropriate to maintain gross negligence manslaughter (culpable homicide in Scotland) as a criminal offence
- Greater accountability for NHS Trusts and Boards where patient safety is compromised through systems failure
- A change in the clinical environment to allow for the development of a blame-free medical culture which seeks to learn from mistakes

College President, Professor David Galloway, said:

*"We absolutely welcome the Williams Review. It's right that such a process takes place given the implications of recent court cases on the practice of medicine in the UK.*

*"When mistakes are made, these must be acknowledged, reflected upon and learned from in order to prevent issues in the future.*

*"While there are undoubtedly lessons to be learnt by all in these cases, it's vital that we seek to protect individual clinicians for bearing full responsibility for what can be highly complex situations which have highlighted a number of systematic challenges. Despite this, we're disappointed that the GMC has yet to recognise that systems have to be reviewed in addition to individuals' performance.*

*"This is one of the reasons why confidence in the regulator is at an all-time low amongst the profession. The GMC must act now to regain its trust. It's also of great concern that following the recent High Court ruling on the Bawa-Garba case, the GMC were unable to give consistent advice to trainee doctors*

*as to what they should do if they found themselves in a situation which was unsafe and could bring harm to patients.*

*"We also believe that there is a strong argument to be made that gross negligence manslaughter, or culpable homicide in Scotland, should not be a criminal offence. There is real merit in the argument of Sir Ian Kennedy QC, who stated that "medical manslaughter means you can pick someone, blame them and imagine you have solved the problem". This is the wrong approach.*

*"It is with this in mind that we need to establish how best to ensure that the role system failure in medical negligence cases is properly examined and recorded.*

*"Most of all, we need to see real leadership within the medical community in order to re-establish a no-blame culture in the NHS and beyond in order to protect the best interests for clinicians and patients alike.*

*"That's why we welcome this process, and the publication of Sir Norman Williams' report in full in June."*

A full copy of the College's submission to the Williams Review can be found online at <http://rcp.sg/WilliamsReview> ■

## CONSULTATIONS UPDATE

The College has responded to a number of consultations over the past quarter, engaging with Holyrood, Institute of Public Policy Research (IPPR), Department of Health and Public Health England. These include:

- Response to The Scottish Parliament's Health and Sport Committee inquiry

into the impact of leaving the EU on health and social care in Scotland

- Submission to the Lord Darzi Review of Health and Care
- Submission to Professor Sir Norman Williams' Review into Gross Negligence Manslaughter in Healthcare

- Facing the Facts, Shaping the Future: A draft health and care workforce strategy for England to 2027

For further details of the College's work in this area, visit <http://rcp.sg/Consultations> ■

## ON THE FRONT LINE: WITH PROFESSOR GRAHAM OGDEN VICE PRESIDENT (DENTAL)



“I am fortunate to have a very able team around me, both in terms of the College secretariat and the Dental Office Bearers.”

### **What are the key challenges currently facing our dental Fellows and Members?**

For our Members in general dental practice in Scotland it will be dealing with the Oral Health Improvement Plan launched earlier this year by the Chief Dental Officer for Scotland. For those in England and Wales it will be reacting and working with the Health Education England report Advancing Dental Care and for all of us it will be ensuring that part of the £1 billion arising from the sugar tax is directed towards improving oral health (and not just directed toward obesity and diabetes).

As important as those are, oral health (especially of our children) will have spin offs that include better nutrition, greater self-esteem, a reduction in children needing a general anaesthetic for tooth extraction to name just a few.

### **What have been the biggest successes of the Dental Faculty over the past year?**

The biggest success of the Dental Faculty over the past year has been the rise in total dental membership by 16% in the year to April 2018.

We've also seen the development of the webinar programme, the success in taking the Diploma of Membership of the Faculty of Dental Surgery (MFDS) out to Hong Kong, and the acquisition of the Ben Walton Trust funds to be used for promoting scholarships and raising professional and public awareness of oral cancer.

I'm very proud that the Dental Faculty's nominee for the College's President's medal has, for the second time in a row, been chosen by our faculty (in 2017 Julie Bailey, and in 2018 Karyn McCluskey). I'm delighted to announce that Julie will be attending our annual dinner

after our AGM on 26 October 2018.

### **What is your role within the Royal College?**

I lead the Dental Faculty. I am in regular contact with the College (on what seems a daily basis). I help set strategy for the faculty, attend planning meetings, respond to issues raised by Members or arising from College committees, contribute to the work of the College Executive, assess applications for Fellowship (through the non-exam route), and encourage Members of our profession to join the College and to play a role in its development.

### **What does your day job involve?**

My day job is as Professor of Oral Surgery at the University of Dundee. They pay my wages.

### **What are the key challenges you face today in your work?**

Getting changes implemented. We also need to be able to respond, in a crowded market, to the needs of the dental workforce so that they see a benefit in being a member of our College. We also need to be able to seize the opportunities that can present themselves outside the UK (by, for example, providing examinations that can help with career progression).

I am fortunate to have a very able team around me, both in terms of the College secretariat and the Dental Office Bearers. Without this team we couldn't have achieved the impressive rise we've seen in our membership (through our exams and membership services) and put on such high quality educational events.

I'd also like to make a special mention for Lyn Cranwell, the College's Dental Administrator, who keeps us all on track and is the backbone

to all that we do. She has such a warm manner about her and is often the 'face' of the College at many external events where her ability to communicate so effortlessly has done much to encourage people to join our College.

### **How long have you been a member of the College and what does it mean to you?**

Since 1985. I feel very proud (and very fortunate) to be the Dean of the Dental faculty in the only multidisciplinary Royal College in the UK.

For years I took being a part of the College for granted. Although over the years I had done some examining for the College it was only in 2010 that I became more heavily involved, applying to join the Dental Education and Professional Development Board. From there I was asked to plan the dental faculty contribution to the triennial event in 2014 and was then encouraged to apply for one of the Vice Dean positions. I would never have got so involved if I hadn't made that initial step. That's why I take every opportunity to get others involved as one of them may be a future Dean of the Dental Faculty.

### **Would you encourage others to join the College and get involved?**

Yes, I am constantly doing so!

For example, at last years' diplomates ceremony I spoke with the winner of the Membership of the Faculty of Dental Surgery prize for top student, Sophie Doig, about whether she might wish to get involved with the College (i.e. it's not just a College for senior members of the profession) and now she is a member of the Dental Membership and Global Engagement Board and contributing to growing the College. ■

# BEN WALTON SCHOLARSHIP AND DEVELOPMENT GRANT

This scholarship aims to provide funding to raise awareness of oral cancer in young people among the public and health professionals. Funding will be available to support scholarship/development in its widest sense e.g. education in dental schools, running events during Mouth Cancer Awareness Week/Month, supporting patient or profession

led initiatives, such as patient leaflets, recipe cards for cancer patients etc.

The Ben Walton Trust was established in 1996 by Mr Mike Walton and commemorates his son, Ben Walton, and his year-long fight against oral cancer. Ben was born in Kittleyknowe, near Carllops, and attended West Linton Primary School

and Peebles High School. Ben attended Aberdeen University where he was studying Honours Psychology; in his final year, at the time of his death on 9 December 1995, he was 22 years old. The trust was set up to raise awareness of this disease, to fund research and palliative care.

This scholarship is open to

all Members and Fellows of all faculties and members of the public. You can apply for up to £3000 every two years (even year). The deadline for applications this year are the 31 August.

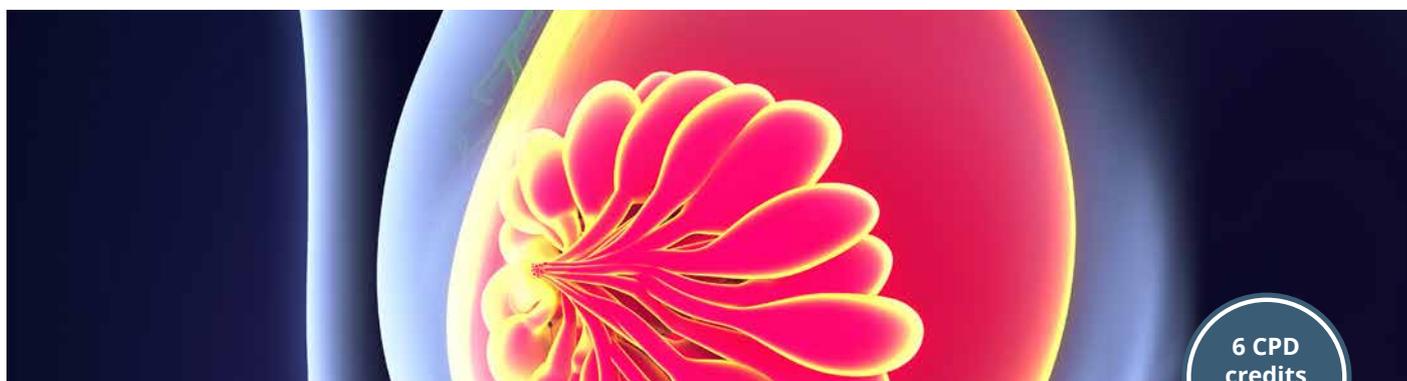
For further information and to apply, details are on our website at <http://rcp.sg/BenWaltonScholarship> ■

For more details of Awards and Scholarships from the College, go to

<http://rcp.sg/scholarships> ■



ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW



## BREAST CANCER 2018 CHALLENGES IN BREAST CANCER MANAGEMENT

The Royal College of Physicians and Surgeons of Glasgow's fourth annual breast cancer care conference will address current challenges in breast cancer management.

The programme will provide updates in breast cancer care for the whole breast care team.

### Who should attend?

The breast cancer care conference is relevant to the whole breast multidisciplinary team, including:

- Surgeons • Radiologists • Pathologists
- Oncologists • Breast care nurses



Breast\_Cancer\_2018\_CN (06/18)

### Venue:

Royal College of Physicians and Surgeons of Glasgow

### Date:

Wednesday 21 November 2018

### BOOK NOW

W: [rcp.sg/BreastCancer18](http://rcp.sg/BreastCancer18)

E: [education@rcpsg.ac.uk](mailto:education@rcpsg.ac.uk)

T: +44 (0)141 221 6072



ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW



## WHAT'S ON



### Physicians

**16 August, 0900-1700**

#### Renal Biopsy Cadaver Course

Run by two consultant nephrologists, a consultant radiologist and a consultant renal pathologist, this course is ideally suited to trainees who will be expected to carry out renal biopsies or core medical trainees intending to apply for renal specialty training. Member fee: £350 | Lunch provided | Book online

**3 September, 1200-1700**

#### Focus on Neurology for PACES Candidates

This half day course, taught by neurology registrars, will help candidates to prepare for the neurology station, and potential neurology cases encountered in the MRCP(UK) PACES examination. Member fee: £25 | Book online

**13-14 September, 0900-1700**

#### Medicine24

Please see details below.

**17-18 September, 0800-1800**

#### IMPACT

IMPACT introduces the principles and practice of acute medical care, and the related knowledge, skills, understanding and attitudes. For CT1 level and above. Member fee: £472 | Lunch provided | Book online

**28 September, 0900-1700**

#### Syncope – everyone's problem

This conference gives clinicians an opportunity to review the evidence base for assessment of syncope, update their knowledge on emerging

areas and understand when onward referral is required. Member fee: £82.50 | Lunch provided | Book online

**3 October, 0900-1700**

#### Stroke 2018

This conference will provide an update in the rapidly changing field of stroke care for practicing clinicians. Member fee: £82.50 | Lunch provided | Book online

**5 October, 0900-1700**

#### Glasgow Gastro Conference 2018

Please see details below.

**8 October, 0900-1700**

#### Procedural Skills for Core Medical Trainees

This course is a key component of the COMEP Programme organised by NES. Member fee: £20 | Lunch provided | Book online

**9 November, 0900-1700**

#### Palliative Care Conference

This one day conference offers practical advice about looking after patients at the end of life, through a series of lectures and interactive case based presentations. Member fee: £82.50 | Lunch provided | Book online

#### Exam closing dates

**6 August | MRCP(UK) PACES**

Assessment period 29 September – 2 December, various locations  
Applications open on 5 June

**8 August | MRCP(UK) Specialty Certificate in Medical Oncology**

Exam to be held on 5 September, various locations. Applications open on 16 May

**31 August | MRCP(UK) Part 2**

Exam to be held on 24 October, June, Glasgow and Belfast  
Applications open on 20 August

**5 September | MRCP(UK) Specialty Certificate in Respiratory Medicine**

Exam to be held on 3 October, various locations  
Applications open on 13 June

**13 September | MRCP(UK) Specialty Certificate in Dermatology**

Exam to be held on 11 October, various locations. Applications open on 21 June

**17 October | MRCP(UK) Specialty Certificate in Acute Medicine**

Exam to be held on 14 November, various locations. Applications open on 25 July

**17 October | MRCP(UK) Specialty Certificate in Palliative Medicine**

Exam to be held on 14 November, various locations. Applications open on 25 July

**21 October | MRCP(UK) Part 1**

Exam to be held on 8 January 2019, Glasgow, Belfast, Leeds and Liverpool  
Applications open on 8 October

#### MEDICINE24



**13-14 September, 0900-1700**

Our flagship medical conference Medicine24 provides up-to-date information on the optimal management of acutely ill patients within the first 24 hours of admission.

Member fee: £190 | Lunch provided | Book online

#### GLASGOW GASTRO CONFERENCE 2018



**5 October, 0900-1700**

This inaugural Glasgow Gastro conference will focus on a wide range of GI and liver topics via mini-lectures, interactive sessions and state of the art presentations.

Member fee: £82.50 | Lunch provided | Book online

#### CORE ENDOSCOPIC UROLOGY AND PENO-SCROTAL SURGERY (CADAVERIC COURSE)



**13 September, 0900-1700**

Suitable for new entrants to urology (CT1/2 - ST3) this one day course will offer an introduction to common core urological procedures.

Member fee: £295 | Lunch provided | Book online

Surgeons

**23 June, 1300-1700**

**Preparation for Core Training Interview Seminar**

This half day seminar will guide you through the application process for surgical core training posts.

Member fee: £10 | Book online

**6-7 September, 0900-1700**

**MRCS Part B OSCE Preparation Course**

This accessible course prepares you for the MRCS OSCE Part B Exam. The course combines online, flexible and independent learning with classroom based scenarios and preparation.

Member fee: £395 | Lunch provided | Book online

**11 September, 0900-1700**

**Basic Orthopaedic Procedural Skills**

Learn the principles of skin suturing, plastering, digital nerve blocks, joint aspiration, emergency fracture treatment and spinal immobilisation.

Member fee: £54 | Lunch provided | Book online

**13 September, 0900-1700**

**Core Endoscopic Urology and Peno-Scrotal Surgery (Cadaveric Course)**

Please see details , page 14.

**20 September, 0900-1700**

**Basic Surgical Skills Course**

This course teaches safe operating techniques and stresses the importance of precautions for safe theatre practice.

Member fee: £505 | Lunch provided | Book online

**1-2 October, 0900-1700**

**Endoscopic Ear Surgery Cadaver Course**

This is an advanced hands-on endoscopic ear surgery dissection course using fresh frozen cadaveric specimens.

Member fee: £750 | Lunch provided | Book online

**3 October, 0900-1700**

**Emergency Head and Neck Surgery Cadaver Course**

Please see details below.

**4-5 October, 0900-1700**

**Nasal Tip Rhinoplasty Cadaveric Course (Aesthetic Surgery of the Nasal Tip)**

This course is the first of its kind in the UK dedicated only to Nasal Tip Rhinoplasty.

Member fee: £495 | Lunch provided | Book online

**20 October, 0900-1700**

**Foundation Skills in Surgery**

This interactive course provides an introduction to the specific skills of early stages of surgery. It is suitable for foundation year doctors and final year medical students considering a career in surgery.

Member fee: £61.20/£67.20 | Lunch provided |

Book online

**25 October, 0830-1630**

**Glasgow Periprosthetic Infection Symposium**

Please see details below.

**Exam closing dates**

**29 June | MRCS Part A**

Exam to be held on 11 September, various locations.

**20 July | MRCS Part B OSCE**

Exam to be held on 11-12 October, Glasgow Applications open

**27 July | MRCS Part B OSCE**

Exam to be held on 26-27 September, Dhaka | 29-30 September, Kuala Lumpur Applications open

**1 September | MRCS Part B OSCE**

Exam to be held on 31 October, Nicosia | 3-7 November, Cairo Applications open

**2 July | FRCS Ophthalmology Part 1**

Exam to be held on 2 October, various locations UK & international Applications open

**2 July | FRCS Ophthalmology Part 2**

Exam to be held on 2 October, various locations UK & international Applications open

**3 August | DOHNS Part 2 OSCE**

Exams to be held on 23-25 October, London Applications open

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<http://rcpsg/events>.

All exam enquiries are welcome through our general mailbox [exams@rcpsg.ac.uk](mailto:exams@rcpsg.ac.uk).

All dates advertised are in 2018 unless otherwise indicated.

**EMERGENCY HEAD AND NECK SURGERY CADAVER COURSE**



**3 October, 0900-1700**

The course gives hands-on refresher training for consultants and senior trainees in ENT emergencies that occur in areas outside their sub-specialty using fresh frozen cadavers.

Member fee: £325 | Lunch provided | Book online

**GLASGOW PERIPROSTHETIC INFECTION SYMPOSIUM**



**25 October, 0830-1630**

Our Periprosthetic Meeting has an internationally renowned faculty who will discuss all aspects of periprosthetic joint infection including basic sciences, diagnosis, clinical features and the necessity of a multidisciplinary approach.

Member fee: £82.50 | Lunch provided | Book online

**THE EMERGENCY DENTAL PATIENT**



**5 September, 0830-1700**

This course will provide useful hints and tips on the assessment, diagnosis and treatment of dental emergencies within a busy practice schedule.

Member fee: £95 | Lunch provided | Book online



## WHAT'S ON



### Dentistry

**5 September, 0830-1700**

#### The Emergency Dental Patient

Please see details, page 15.

**6-7 November, 0830-1700**

#### MFDS Part 2 Preparation Course

Suitable for those intending to sit either the MFDS Part 2 exam. Our preparation course includes both interactive lectures as well as practical sessions to prepare you for your OSCE.

Member fee: £425 | Lunch provided | Book online

#### Exam closing dates

**27 July | MFDS Part 1**

Exam to be held on 1 October, various locations

Applications open

**7 September | MFDS Part 2**

Exam to be held on 22-23 November, Glasgow, Manchester

Applications open

**6 July | ISFE in Dental Public Health**

Exam to be held on 25-26 October, Edinburgh

Applications open

**13 July | ISFE in Oral Surgery**

Exam to be held on 29-30 October, Dublin

Applications open

**6 July | ISFE in Paediatric Dentistry**

Exam to be held on 25-26 October, Dublin

Applications open

**3 August | ISFE in Restorative Dentistry**

Exam to be held on 19-20 November, Glasgow

Applications open

**23 August | Special Care Dentistry**

Exam to be held on 13-14 December, Glasgow

Applications open



### Travel Medicine

#### Foundation in Travel Medicine

Course begins 12 November (Glasgow)

**4 October, 0900-1700**

#### Returning Travellers: Exotic encounters, imported infections and visiting vectors

Please see details below.

**24 November, 0900-1700**

#### FTM / BGTHA Joint Event

This conference promotes a multidisciplinary approach to travel and global health by bringing together the various disciplines involved in global health and the health of travellers.

Member fee: £80 | Lunch provided | Book online

#### Exam closing dates

**29 September | MFTM Part A**

Exam to be held on 4 December, Glasgow

Applications open

**29 September | MFTM Part B**

Exam to be held on 6 December, Glasgow

Applications open



### Podiatric Medicine

**27 June, 0900-1700**

#### The art of the possible: Local Anaesthesia in Podiatry

Please see details below.

#### Exam closing dates

**4 July | MFPM Part 1**

Exam to be held on 26 September, Glasgow, London

Applications open

**31 August | MFPM Part 2**

Exam to be held on 16 November, Glasgow

Applications open

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#### RETURNING TRAVELLERS: EXOTIC ENCOUNTERS, IMPORTED INFECTIONS AND VISITING VECTORS



**4 October, 0900-1700**

This year's Faculty of Travel Medicine's Annual Symposium will focus on the returning traveller. The programme provides an opportunity for those involved in travel medicine to develop their skills and knowledge in this topical area through lectures and interactive case studies.

Member fee: £82.50 | Lunch provided | Book online

#### THE ART OF THE POSSIBLE: LOCAL ANAESTHESIA IN PODIATRY



**27 June, 0900-1700**

This course provides podiatrists with theoretical underpinning and practical exposure to fully utilise local anaesthetics in practice. It is suitable for all podiatrists, particularly those who wish to fully utilise the scope of local anaesthetics in podiatry.

Member Fee: £150 | Lunch provided | Book online

#### PRACTICAL ADVICE FOR NEW CONSULTANTS: BEFORE AND AFTER APPOINTMENT



**4 September, 0915-1630**

This informal day guides newly appointed consultants, or those who are about to be appointed, through the major issues they will encounter in the first years following appointment.

Member fee: £82.50 | Lunch provided | Book online

Events for all

**28-29 June (Leeds),  
17-18 September (Glasgow),  
20-21 September (Heathrow), 0900-1700**  
**Royal College Advanced Certificate in Clinical Education**

The course covers all aspects of the GMC 2016 guideline competency framework and may be recognised as leading to the award of up to 10 credits towards further study on the University of Dundee, Certificate/Diploma/ Master of Medical Education (MMed) programme.

Member fee: £1058 | Lunch provided | Book online

**4 September, 0915-1630**  
**Practical Advice for New Consultants: Before and After Appointment**  
*Please see details, page 16.*

**5 September, 1300-1630**  
**Clinical Trainer Development: Performance support for doctors in training**  
Through case studies and in-depth interactive sessions, this course will support you to identify concerns early, diagnose issues and ensure effective intervention and support for doctors who are experiencing difficulty or demonstrating difficult behaviours.

Member fee: £75 | Lunch provided | Book online

**6 September, 0830-1700**  
**Developing the Clinical Trainer – teaching skills**

This one-day course provides foundation doctors and medical students with an overview of teaching, learning and feedback in the clinical environment.

Member fee: £70 | Lunch provided | Book online

**2 October, 0900-1700**  
**TEAM (Trauma Evaluation and Management)**  
Trauma Evaluation and Management (TEAM) introduces the concepts of trauma assessment and management to medical students during their clinical years. The TEAM format is flexible, with a 90-minute slide presentation and optional components.

Member fee: £35 | Lunch provided | Book online

**1 November, 1300-1700**  
**Clinical Trainer Development: An Overview**  
Covering many key supervision principles in the context of an educational and clinical environment, including leadership styles, leading teams and mentoring, this course will provide you with skills to support your trainees.

Member fee: £40 | Lunch provided | Book online

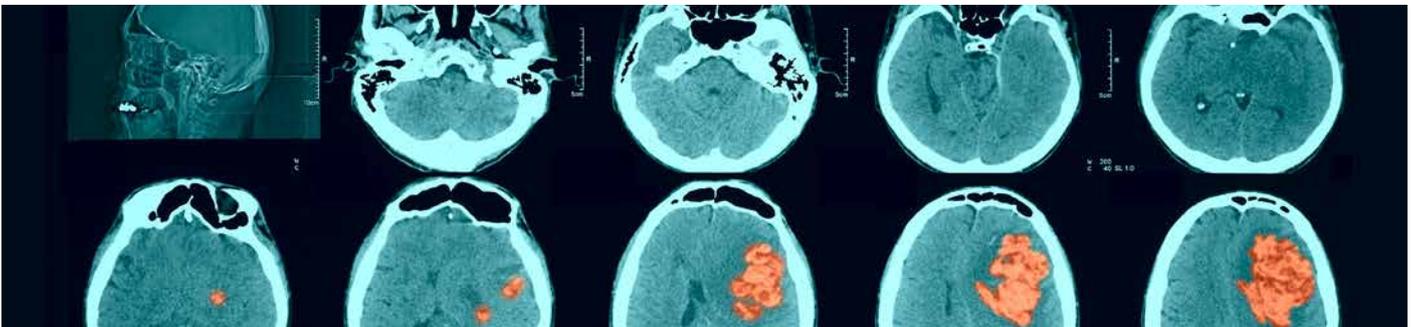
**21 November, 0900-1700**  
**Breast Cancer Conference 2018 – Current challenges in breast cancer management**  
Our fourth annual breast cancer care conference will address current challenges in breast cancer management.

Member fee: £82.50 | Lunch provided | Book online

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All dates advertised are in 2018 unless otherwise indicated.



# STROKE 2018

6 CPD credits applied for

The Royal College of Physicians and Surgeons of Glasgow's seventh annual stroke conference will provide an opportunity for practicing clinicians to update their knowledge in the rapidly changing field of stroke care.

**Why attend?**

Experts will provide updates in a range of important stroke topics, including thrombectomy, PFO closure, carotid disease management and rehabilitation.

**Who should attend?**

Healthcare professionals working in the field of stroke and related specialties:  
Consultants • Trainees • Clinical nurse specialists • GPs

**Poster Competition**

Please submit abstracts to [hanne.wylie@rcpsg.ac.uk](mailto:hanne.wylie@rcpsg.ac.uk)  
Closing date: Friday 31 August 2018  
Submission guidelines are available on the website.

Stroke\_2018\_CN (06/18)

**Stroke Masterclasses**

Basic and advanced stroke imaging  
Neurovascular imaging  
Imaging for Mechanical Thrombectomy  
Acute Stroke and TIA - recognition and initial management  
Case based discussions

**Venue: Royal College of Physicians and Surgeons of Glasgow**

**Date: Wednesday 3 October 2018**

**BOOK NOW**

**W:** [rcp.sg/stroke2018](http://rcp.sg/stroke2018) **E:** [hanne.wylie@rcpsg.ac.uk](mailto:hanne.wylie@rcpsg.ac.uk)

**T:** +44 (0)141 241 6210

[f](#) [t](#) [in](#) **#RCPSGStroke**



ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF GLASGOW

## ST3 RECRUITMENT ISSUES

The ST3 recruitment office has advised that all offers have now been completed following errors in the first round of offers. Since the problem was identified, we have worked closely with all relevant agencies involved across the UK to support our Members and ensure a quick resolution to this issue.

We continue to offer support to any trainees who have been affected, and encourage anyone with concerns, or anyone who feels they have been unfairly disadvantaged to contact our trainees committee on [traineescommittee@rcpsg.ac.uk](mailto:traineescommittee@rcpsg.ac.uk)

Our Regional Advisors and College Tutors located in hospitals throughout the UK can also provide support locally. Do get in touch if there are any concerns you would like to talk over with them.

We recognise that our colleagues at the Royal College of Physicians of London, who are responsible for the ST3 recruitment process, have worked hard



to provide regular, informative guidance during the re-running of the process.

Mistakes do happen, and human error is unavoidable. Being accountable, working in partnership with others to find a solution, and supporting those affected in every way we can, is one of the strengths that defines our healthcare profession.

We will be actively participating in an

independent review that will be undertaken through Health Education England and the Royal College of Physicians of London to ensure we have the best systems in place to avoid similar errors in the future.

*If you would like to contribute to this process, or have any specific comments or feedback on this issue, please contact the College's Honorary Secretary Richard Hull at [Richard.Hull@rcpsg.ac.uk](mailto:Richard.Hull@rcpsg.ac.uk)*

## NEW MEMBERS

Welcome to all physicians admitted to the College during March – May 18.

### Fellow qua Physician - FRCP(Glasg)

Hasan Mohammed Ali Radhi **AAL-Yaseen**  
 Syed Shafi **Ahmed**  
 Saad Majeed **Al-Tamimi**  
 Sohail Ahmed **Ansari**  
 Neelakandhan **Asokan**  
 Gitanjali **Batmanabane**  
 Faye Louise **Bradshaw**  
 Mee Mimi **Chang**  
 Chee Ken **Cheah**  
 Hesham Ebrahim Mohamed **EL-Gamal**  
 Stephen Kenneth **Glen**  
 Zulfiqarali **Gulamabbas**  
 Amit Kumar **Gupta**  
 Animol **Gupta**  
 Hamid **Hussain**  
 Mallikarjun V **Jali**  
 Rushd **Jibran**  
 Ummer **Karadan**  
 Iain Thomas Robert **Kennedy**  
 Momin **Khan**  
 Ashok Sebastian **Komaranchath**  
 Salah Mohamed **Magzoub Ahmed**  
 Humera **Mahmood**

San San **Min**  
 Sarada **Pasangulapati**  
 Naveen **Polavarapu**  
 Jamal Abdulkarim **Roomi**  
 Praveen **Sangu**  
 Ahmad **Shiraz**  
 Anantharaj **Suresh**  
 Omer Abdelwahab Mohammed **Taha**  
 Auro **Viswabandya**  
 Pui Kei Ivan **Yuen**  
 Firman **Zulkifli Amin**

### Member of the College - MRCPS(Glasg)

Ghada **Abdelhamid**  
 Ayaz **Ahmed**  
 Mohamed Ahmed Mohamed Ali **Al Gaali**  
 Khalid Elfadl Ahmed **Ali**  
 Salamet **Ali**  
 Hafiz Hamid Yaseen **Bajwa**  
 Mei Chih **Cheng**  
 Awilly **Chofle**  
 John **Connelly**  
 Milad **Darrat**

Katie **Ellis**  
 Sacha Eshana **Gandhi**  
 Lea **Haskins**  
 David James **Hunter**  
 Charles **Knoery**  
 Mohammed Ishag Karamallah **Kurdy**  
 Anne Manjalee **Liyanage**  
 Godwin Salifu **Matthew**  
 Asim Hassan **Mehdi**  
 Mohamed A Bakri **Mohamed**  
 Sarah Jane **Morrison**  
 Nazar Hassan **Omer Ahmed**  
 Dilisha **Rai**  
 Arsalan Jamil **Raja**  
 Ghulam Farid **Rana**  
 Amitabh **Sagar**  
 Zahir **Satti**  
 Bhavana **Sosale**  
 Alistair **Tindell**  
 Steven Robert **Wilson**

## MEDICINE24

With plans for the fifth conference nearing completion, Medicine24 is likely to be larger and more successful than ever. In a brief interview, Conference Director and President Elect, Dr Jackie Taylor, provides some insight into the programme, speakers, topics and venue choices behind this year's conference which takes place on 13 and 14 September 2018.

**In previous years the conference has been held in College and at 200 St Vincent Street. This year's venue is The Royal Concert Hall which is significantly larger than those we've previously used. What were the reasons behind the choice?**

JT: The venue was chosen because delegate numbers have outgrown the College. We want to have a central venue in the heart of the city which is easy to get to, and so that delegates have the chance to experience all that Glasgow has to offer.

### **Who should attend?**

JT: Medicine24 is for anyone who has acute medical receiving as part of their routine work, or is involved in caring for acutely ill patients. The programme is equally attractive to consultants, doctors in training, SAS doctors and nurses and undergraduates. In particular if you are a doctor in training approaching your PYA, this event will provide the CPD you need.

### **What are some of the key elements of the 2018 programme?**

The programme includes sessions on the kind of medical problems which patients commonly present with, to make it as relevant to clinical practice as possible. There are sessions on cardiology, respiratory medicine, gastroenterology, medicine for the elderly, neurology, infectious diseases and renal medicine.

After attending the event you can be assured that your practice will be absolutely up to date and you will be able to return to your clinical base with new knowledge and the enthusiasm to use it.

Each year we aim to add value to the event, and in 2018, we have arranged masterclasses in ECG Interpretation, non-invasive ventilation, interpretation of radiological investigations and hypertensive emergencies. These will offer an opportunity to deal with topics in more depth, and in a more interactive way.



*President Elect, Dr Jackie Taylor*

### **Can you tell us about some of the keynote speakers?**

JT: I am thrilled that Professor Dame Parveen Kumar OBE and Dr Bernadette John have agreed to speak at the conference.

Professor Kumar has had a spectacular career and has fulfilled a number of very prestigious roles, including President of the BMA, President of the Royal Society of Medicine, Vice President of the Royal College of Physicians and was a founding Non-Executive Director of NICE. She will be known to many from the legendary textbook Kumar and Clark's Clinical Medicine. At a time when doctors are feeling under considerable pressure in the workplace, Professor Kumar will speak on "caring for the profession." I feel this is such an important topic. If we want to provide the best patient care, we also need to look after ourselves, and our colleagues, and value their contributions.

Dr John is a digital professionalism expert who will speak about digital media and essential points for clinical practice.

Over and above these keynotes, we are fortunate to have secured a faculty of nationally and internationally recognised speakers who will use a mixture of traditional lectures and interactive sessions.

### **Anything else to add?**

We are inviting abstracts for our poster exhibition, and the submission window is open – the deadline is Friday 3 August. This is a great way to present your work and share best practice.

I am as always grateful to the Medicine24 planning committee for their hard work, great ideas and of course their video fliers!

*For further details and booking information please visit our website at [rcp.sg/](http://rcp.sg/) **Medicine24CN** ■*

# GLASGOW EMERGENCY SURGERY AND TRAUMA SYMPOSIUM (GESTS)



**February 21-22 2019**

GESTS is an internationally recognised forum for world class trauma and emergency surgical education. Its top standards are matched by the engaging, energised debate that has become a classic signature of every GESTS meeting since it launched in 2014. That's why it's built a loyal following among faculty and delegates alike.

Part of GESTS' recipe for success has been that it hasn't rested on its laurels. Every meeting presents an opportunity to provide fresh perspectives on topical themes and issues. In 2017 GESTS engaged with developments in trauma education and human factors; while 2018 celebrated the College's major refurbishment, part of which is an extended contribution to simulation training, by running additional seminars and workshops in the new Macewen Clinical Skills Suite.

Programme Director *Euan J Dickson* and Event Convener *Mr John R McGregor* have yet to announce the final programme for 2019's

event, but the Clinical Anatomy Skills Centre is likely to feature as a precursor to the two day programme. In addition, previous GESTS faculty, Dr Tina Gaarder, Director of Trauma and Head of the Department of Traumatology, Oslo University Hospital and Mr Adam Brooks, Consultant Hepato-pancreato-biliary Surgery & Major Trauma, Nottingham University Hospital Trust are confirmed speakers for the 2019 symposium.

We expect places to sell-out quickly for this keynote event, as we plan to keep delegate numbers low to enable GESTS to continue as a close knit, interactive event.

Previous delegate feedback has praised the informal nature of the meeting, the short, focused, key message talks; the case based panel discussions and the range of speakers. Other key practical sessions include the tips, tricks and an error trap, and three slides in three minutes sessions and the short, focused presentations. Delegates also valued the experience of the speakers, the opportunity



for discussion, and content based on real, common scenarios: "The format was open and friendly. I particularly enjoyed the discussion panels as it provided a fantastic opportunity to delve deeper into the topics and encourage a lively debate."

**Who should attend:** All specialists and training grade surgeons involved in the delivery of emergency general surgery and trauma care

**12 CPD points applied for.**

**To book go to [rcp.sg/GESTS19](http://rcp.sg/GESTS19) ■**

## FRCS OPHTHALMOLOGY PART 3 – NEW CENTRES



The Part 3 oral and clinical examinations were held for the first time at the Mater Dei Hospital, Malta in March 2018. This new centre was launched in response to candidate demand and brings the total number of diets for this examination to 7 per year.

The examining team, led by the Honorary Clinical Registrar for FRCS Ophthalmology Dr Tim Lavy, were warmly welcomed by

our host Mr Mario Vella and his team. The examination ran very successfully, and the College appreciates the warm welcome, excellent clinical facilities and organisational support provided by the local team.

We also look forward to launching two new Indian centres in 2019 at Narayana Nethralaya Hospital, Bangalore and Aditya Jyot Eye Hospital, Mumbai. ■

## CULTURAL AWARENESS GUIDANCE

A new online course is available on the Intercollegiate Surgical Curriculum Programme (ISCP) website on cultural awareness. Written and produced by Dr Margaret Murphy of the ISCP team, this course gives guidance on cultural differences in surgical scenarios through video lectures.

**There are three interactive modules:**

- 1: Language** – how to speak appropriately to people from different cultures,
- 2: Politeness** – how to convey politeness to culturally different others, and
- 3: Power and Status** – how to address status differences in cultural scenarios in surgical practice. Each module is

accredited by the Royal College of Surgeons of England for 1 CPD point.

To access this course, visit

**[www.iscp.ac.uk/courses/culturalawarenesscourse.aspx](http://www.iscp.ac.uk/courses/culturalawarenesscourse.aspx)**

Also available on the JCST/ISCP YouTube channel at **<https://bit.ly/2rBwiVI>** ■

# DIRECTOR OF SURGICAL EXAMINATIONS



The College welcomed Mr Roy Lawrence as Director of Surgical Examinations in February 2017.

Mr Lawrence graduated from Glasgow University in 1983 and obtained his FRCS(Glasg) in 1987.

His early surgical training was in the West of Scotland. On completion of this, he moved to University College Hospital in

London, where he trained until obtaining his senior registrar post in the Wessex Region. He was appointed as a consultant general surgeon in Swindon, Wiltshire, where he has practiced since 1996.

He has examined in the MRCS since 1999 in the UK and since 2005 internationally, acting as lead examiner at numerous exam diets. He was involved in the design of the

first intercollegiate surgical assessment and went on to chair the ICBSE Communication Skills committee in 2006. He continues to represent the College on the MRCS Part A Paper Panel. Mr Lawrence was appointed as one of the College's Associate Directors of Surgical Examinations in 2012, a position which he held up until his appointment as Director. He has an interest in laparoscopic general surgery and surgical education. ■

## NEW MEMBERS

Welcome to all surgeons admitted to the College during March – May 2018

### Fellow qua Surgeon - FRCS(Glasg)

#### . Anjani

Moaied A.Hassan **Al-Ani**

Yousuf Mohammed Yousef **Al-Hallaq**

Ali Hachim Sulttan **Al-Najjar**

Ajay Kumar **Balakumar**

Kadosa **Bodo**

Ahmed Said Abdel Moneim **Dawood**

Ching Yin **Fan**

Rehan **Ghani**

Atul **Gupta**

Md. Saiful **Hoque**

Movdawalla Mayav **Jehangir**

Naveen **Kumar**

Ali Riza **Kural**

Jaime **Landman**

Shankar **Medikeri**

Najah Kadhum **Mohammad**

Arun Kumar **Narayana Swamy**

Thoppa Kapali **Neelamekam**

Margaret **Pearle**

Francesco **Porpiglia**

Veena **Rajeevan**

Jens **Rassweiler**

Usharani **Rathnam**

Satish **Rudrappa**

Sija **S**

Rini **Saha**

Mittanamalli S **Sridhar**

Mohamed Salah El-Dein Shebl

Ghanem **Sultan**

Mohamed Hamdy Mohamed **Tarawa**

Kalimullah **Thahim**

Yogesh **Vashist**

### Fellow in Cardiothoracic Surgery -

FRCSGlasg(C-Th)

Habib Sbhani **Chaudhry**

### Fellow qua Surgeon in Ophthalmology -

### FRCS(Glasg)

Amani Mohammed **Ali Ali**

Mai Farid Mostafa **Kamel Ali**

Mohamed Ahmed Roshdy Mohamed

Mohamed **Khalil**

Muhammad Adnan **Khan**

Thushara **MS**

Syed Hassan **Massana**

Lojein Fathy Kamel **Osman**

Pillai Swati **Rajan**

Asmaa Mohamed Abdelrazik **Sallam**

### Fellow in General Surgery - FRCSGlasg

(Gen Surg)

Shafiq Ahmad **Chughtai**

Mark James **Clancy**

Alisdair **MacDonald**

Chandrashekhar **Namungade**

### Fellow in Oral and Maxillofacial Surgery -

FRCS Glasg(OMFS)

Shahme Ahamed **Farook**

### Fellow in Paediatric Surgery - FRCS

Glasg(Paed Surg)

Khizer **Mansoor**

### Fellow in Plastic Surgery - FRCS Glasg(Plast)

Nikolaos **Arkoulis**

Neil Gibson **Fairbairn**

Adam **Gilmour**

### Fellow in Surgical Neurology - FRCS

Glasg(Neuro Surg)

Jonathan Michael **Hempenstall**

### Fellow in Trauma & Orthopaedics -

FRCSGlasg(Tr & Orth)

Anuj **Chawla**

Donald **Hansom**

Waqas **Javed**

Kiran **Ramesh**

Pritom Mohan **Shenoy**

Sohail **Yousaf**

### Fellow qua Surgeon in Urology Malaysian

Board - FRCS(Urol)(Glasg)

Siti Nur Masyithah **Ma Arof**

Jonathan Shunming **Teoâ**

Wei Sien **Yeoh**

Yuyi **Yeow**

### Member qua Surgeon - MRCS(Glasg)

Ahmed **Abdelhady**

Raheel **Ahmad**

Awais **Ahmed**

Tahir Ashraf **Awan**

Leo Richard **Brown**

Ethan **Caruana**

Farsheed **Hasan**

Shah Muhammad **Javid**

Sangramsingh Dayanand **patil**

Fraser **Riddoch**

Nicola **Santoni**

Ahmed abdelhaseeb abdelkhalek **Youssef**

### Member qua Surgeon in ENT - MRCS(ENT) (Glasg)

Victoria Emma Louise **Blackabey**

### Member of the College - MRCS(Glasg)

Azeem **Azhar**

Sarosh Afzal **Farooqi**

Faheem **Iqbal**

Issam Hozayen Azizeldin **Saif**

# NEW VIDEO PROVIDES OVERVIEW OF SCOTTISH GOVERNMENT'S ORAL HEALTH IMPROVEMENT PLAN

Margie Taylor, Chief Dental Officer for Scotland, outlined the Scottish Government's Oral Health Improvement plan in a new video available on the College's youtube channel.

The video takes the viewer through the principles of the plan, progress to date and outlines the areas that the

Scottish Government seeks to tackle in the coming years. These are:

- Prevention
- Oral health inequalities
- Services for older people

To watch the video and for a link to the plan, go to <http://rcpsg/ChiefDental> ■



## NEW MEMBERS

Welcome to all dentists admitted to the College during March – May 18

### Fellow in Dental Public Health - FDS(DPH) RCPS(Glasg)

Susan Jane **Carson**

### Fellows in Dental Surgery - FDS RCPS(Glasg)

Kamran **Ali**

Brian Mark **Berezowski**

Anjali **Chawla**

M **Marimuthu**

Ashis Colin **Sinha**

Peter James **Thomson**

### Fellow in Orthodontics - FDS(Orth) RCPS(Glasg)

Badri **Thiruvengkatachari**

### Member of the Faculty of Dental Surgery - MFDS RCPS(Glasg)

Anaam **Abbas**

Alaa Abd Elhameed **Abd Elghany**

Puja **Aggarwal**

Ahmed Qasim **Aljebur**

Teena Sara **Antony**

Ibrahim **Aziz**

Monica **Badesha**

Shrunga **Bagamane**

Lingegowda

Shagufta **Bari**

Rory Michael **Battersby**

Al Imran **Bin Shahrul Naing**

Kathryn Louise **Burke**

Neel **Chakravarti**

Man Ho Jimmy **Chau**

Gary Chung Yee **Cheung**

Anthony Siu Fai **Ching**

Elizabeth Amy Jane **Davies**

Krandeep Singh **Digva**

Tom **Dudding**

Rabea **Elbalasy**

Mohamed Nasr El Din Abdel

Mustafa Ali Ibrahim **Elhoussein**

Tawab **Elkholy**

Rana **El-Nashar**

Hassan **Eltahir Eltayeb**

**Mohammed**

Amel **Faragalla**

Louise **Flavell**

Gordon William **Fletcher**

Feby **Francis**

Avanibala **Gopinath**

Anjali **Gupta**

Bala Jagannath **Gupta B**

Hamdi Hosni Hamdan

Eldesouki **Hamama**

Enas Ezzat **Hegazi**

Chun Kit **Ho**

James Patrick **Hamilton**

Paul **Jackson**

Sima **Jannati**

Deeptha **Jayapalan**

Lucinda Ann **Jukes**

Ruchi Pathak **Kaul**

Mohamed Asser **Khaled**

Kar Ling **Lau**

Chu Hong **Leung**

Wing Ki **Leung**

Sree Jothi **M**

Ramakrishna **Madathanapalle**

Louise **Magilton**

Jennifer Kate **Maguire**

Wing Ho **Man**

Aoibhe Mary **McCann**

Gordon John **McGovern**

Chan **Ming Ho**

Thomas Richard **Morrison**

Zhwan **Muhamad**

Venkateshbabu **Nagendrababu**

Prasanna **Neelakantan**

Yin Leung Nicholas **Ng**

Nicola Jane Alice **Parten**

Kinaree **Patel**

Roshni Rajesh **Patel**

Sasha Ajey **Patel**

Pravinkumar **Patil**

Deepa **Ponnaiyan**

Fatima **Qadir**

Euan Cairns **Rae**

Patrick James Garrett **Rafferty**

Neeraja **Ramadurai**

Lauren Alexandra **Ramsey**

Ousama **Rhouma**

Martyn David **Ritchie**

Bethany Jane **Rushworth**

Melanie **Simms**

Callum David **Simpson**

Gautam Sadanand Sinai **Singbal**

Kin Bong Bryan **Siu**

Nigel Alexander **Smithson**

Wing Tong Jacky **So**

Hanna **Strang**

Bethan Wyn **Sullivan**

Zain Ul Abideen **Syed**

Jennifer Helen **Tanzilli**

Richard **Taylor**

Peh **Tee Luun**

Asha **Thomson**

Lynn Lilly **Varghese**

Tam **Wai Nok**

Chon Pei **Wang**

Huen Chun **Wong**

Mok **Wong Wai**

Ailsa Annie **Woodley**

### Member in Orthodontics - M(Orth) RCPS(Glasg)

Emad Eddin **Alzoubi**

Ahmed **Hennawy**

### Member in Special Care Dentistry - M(Spec Care Dent) RCPS(Glasg)

David Spenceley **Jones**

Katherine Louise **McDermott**

# IN PROFILE – ANDY EDWARDS DIRECTOR OF DENTAL EXAMINATIONS

I have been involved with College activity since becoming an examiner for MFDS back in 2005. Since then I have taken on the role of Director of Dental Examinations for the past 18 months now stepping up from convenor for MFDS in the North West of England.

Our examination workload has grown considerably over the past two years. Our main exam, the MFDS, continues to deliver increasing numbers of candidates sitting with us. As it is bi-Collegiate examination with RCSEd, we administer the Part 1 component and support eight UK centres and seven International centres. Our Part 2 diets in the UK have traditionally been delivered in Glasgow but we have had great success with the opening of our Manchester centre three years ago which now delivers the exam three times per year.

Internationally we had recent sittings in Chennai, India and a new centre in Hong Kong which looks very promising. My workload involves co-ordinating these diets with our exams team at the College supported by my exam leads. In addition,

I have recently taken over the chairmanship of the tricollegiate Specialty Membership Examinations Executive Board which includes the Membership Examinations in Special Care Dentistry, Oral Surgery and Paediatric Dentistry. It is important that we set high standards of assessment for dentists wishing to extend their skills and education and I hope we do deliver this through our examinations.

Another of my roles is as International Associate Director at the College which I have been doing for the past year. This allows me to help promote our Faculty in the international arena given we have a number of dental Members and Fellows living outside the UK. It is important they feel connected to the College. Even though they are distant from the physical building, the use of technology and social media ensure we keep them in touch. Often I am able to combine the roles of exam and international work when I travel to our exam centres in India and Hong Kong.

Finally, as you know we have our Academy



of Clinical Educators of which I am a Senior Clinical Educator. I helped design our Advanced Certificate in Clinical Education since its transformation over the past year. We deliver this in Glasgow and Leeds several times over the year. It is a great way of meeting like-minded individuals and to deliver a two day course which covers a number of domains to give the delegates knowledge of learning, teaching and delivery of education. This I feel is of vital importance to the doctors and dentists involved in any form of teaching and education delivery.

In all I have a number of varied roles within the College each bringing their own challenges, but importantly rewards as well.

*If you would like to contribute to our dental examinations please contact*  
**dental@rcpsg.ac.uk ■**

## MFDS PART 2 CANCELLATION

Thank you to everyone who worked tirelessly to support the College during the cancellation and rescheduling of the MFDS Part 2 examination due to heavy snow across the UK. ■

### In Brief

#### Faculty of Dental Surgery Annual General Meeting and Elections

The 2017 Annual General Meeting of the Faculty of Dental Surgery will take place on Friday 26 October at 4pm.

*Nominations for vacancies for the Dental Council opened on Tuesday 29 May 2018. ■*

## MFDS PART 2 GOES TO HONG KONG

Due to outstanding candidate demand, the College held a diet of MFDS Part 2 at the Academy of Medicine in Hong Kong in March 2018. A highly experienced team of examiners, including the Dental Dean, attended a full day of examination for 25 candidates followed by a formal reception for all local Fellows and Members of the Dental Faculty.

To facilitate in the future growth of the examination in this area, eight local fellows were also trained as MFDS examiners.

We would like to extend our thanks to both the local examiners and the UK team who gave



their time to attend this examination. A further diet in Hong Kong has now been advertised for September 2018.

*If you are interested in joining the MFDS examiner panel or would like more information about the MFDS exam in general please contact* **mfds@rcpsg.ac.uk ■**



## NIPAH VIRUS IN INDIA

Nipah virus infection (NiV) is an emerging disease threat in Asia. The state of Kerala in India has reported an outbreak of NiV commencing in May 2018. At the time of writing, 17 cases had been confirmed with 15 deaths giving a current case fatality rate (CFR) of over 88%. A large multidisciplinary government response has been implemented to contain the outbreak.

Fruit bats are the reservoir for NiV; they excrete the virus in urine and saliva. Domestic animals become infected when their feed is contaminated with fruit bat excreta; infected pigs have previously been the cause of outbreaks in humans. Human cases occur either through direct exposure to infected bats, infected domestic

mammals or to infected humans, especially those caring for sick relatives infected with NiV. NiV can also be transmitted by consuming foods, such as raw date palm sap contaminated with bat excreta, or fruit already partially consumed by bats.

There is no specific treatment or vaccination for NiV, treatment is supportive only. NiV has a typical incubation period of four-14 days, although longer incubation periods have been observed. The disease presents with flu-like symptoms such as headache, fever, myalgia and vomiting. Following this, there can be a rapid progression of acute encephalitis symptoms such as drowsiness, disorientation, and altered consciousness

and coma. Severe respiratory distress and atypical pneumonia can occur in some people. Survivors of acute encephalitis can be left with long term neurological sequelae.

The risk for tourist travellers, is very low. However, other types of traveller including those visiting family or friends may be higher. Travellers should avoid contact with bats and pigs and avoid fruit or other foods (such as raw date palm sap) that could have been contaminated with bat excreta. Travellers caring for sick relatives should implement infection control measures such as thorough hand washing, and those involved in slaughtering should wear protective clothing including gloves. ■

## NEW MEMBERS

Welcome to all Travel Medicine Specialists admitted to the College during March – May 18

**Fellowship of the Faculty of Travel Medicine - FFTM RCPS(Glasg)**  
Karen Lee **Rudd**

**Member of the Faculty Of Travel Medicine – FFTM RCPS(Glasg)**  
Mohammed A.J. **Abukhattab**  
Anne-Grete **Bakken**  
Soha **Albayat**

Remy **Daou**  
Neeraj Kumar **Singh**  
Pauline **Cafferkey**  
Makiko **Yui**  
Mohd Mohd H M **Al-Hajri**  
Hamad Eid H R **Al-Romaihi**  
Hamad **Bastaki**  
Lisa Ann **Curran**  
Linda Ann **Eaves**

Claire Frances **Ettles**  
Derek Paul **Evans**  
Elmoubshar Abu Baker Abd **Farag**  
Godwin Tariye **Igodo**  
Hing Cheung Tommy **Tang**

**Associate of the Faculty Of Travel Medicine – MFTM RCPS(Glasg)**  
Denise **Chalkley-Chapman**



**In Brief**

## CLASS OF 2018



A warm welcome to the MDTM class of 2018! The students on the Membership Diploma in Travel Medicine were in College for their one week residential component and will spend 27 weeks of online learning covering a broad range of Travel Medicine topics from risk assessment to the returned traveller and everything in between. They will be compiling a portfolio of their work preparing them to sit Part A and Part B of the Membership of the Faculty of Travel Medicine examination in December 2018. We wish them the very best for the coming months of study. ■

## FACULTY OF TRAVEL MEDICINE ANNUAL GENERAL MEETING AND ELECTIONS

The 2018 Annual General Meeting of the Faculty of Travel Medicine will take place on Thursday 4 October 2018 at 12.30pm in College.

*Nominations for vacancies on the Travel Medicine Executive Board are now open. ■*

## YELLOW FEVER CONTINUES TO SPREAD IN BRAZIL

The Yellow Fever virus (YFV) outbreak declared in July 2017 continues to spread to new areas in Brazil. Risk areas have expanded in southern Brazil to include the entire states of Parana, Rio Grande do Sul and Santa Catarina. Clinicians advising

travellers should be aware of the spread of the outbreak.

*Information on current risk areas can be found at [www.travax.nhs.uk](http://www.travax.nhs.uk) and [www.travelhealthpro.org.uk](http://www.travelhealthpro.org.uk) ■*



## FACULTY OF TRAVEL MEDICINE AND BGTHA JOINT EVENT

This conference aims to promote a multi-disciplinary approach to travel and global health by bringing together the various disciplines involved in global health and the health of travellers. The day will provide information and education on travel and global health issues to increase the understanding of the travel medicine discipline.

### Who should attend?

Anyone with an interest or involvement in travel medicine:

- Members of the Faculty • Doctors • Nurses • Pharmacists
- Allied health professionals • Students

### Venue:

**De Montfort University  
Gateway House, Leicester LE1 9BH**

### Date:

**Saturday 24 November 2018**

### BOOK NOW

**W:** [rcp.sg/events](http://rcp.sg/events)

**E:** [steven.shanahan@rcpsg.ac.uk](mailto:steven.shanahan@rcpsg.ac.uk)

**T:** +44 (0)141 241 6210



ROYAL COLLEGE OF  
PHYSICIANS AND  
SURGEONS OF GLASGOW  
TRAVEL MEDICINE

FTM\_BGTHA\_2018\_CN (06/18)



# ON THE RUN

**This year's London Marathon - the hottest one ever recorded - saw more than 40,000 runners taking part, amid temperatures of 24.1 °C.**

The event is considered to be the main running event in the annual calendar, and one that professional athletes, club runners and charity runners really want to be part of. It receives international prestige, media attention and has been the setting for many world records.

The medical team that supports the runners on marathon day is made up of some 1,000 volunteers including doctors, physiotherapists and podiatrists.

Preparation for each marathon starts almost immediately after the previous one ends. The members of the medical team take part in a de-brief on the day looking at what worked, what didn't and how they can improve the service the medical team provides.

Matt Fitzpatrick from the College of Podiatry is Clinical Podiatry Lead with the London Marathon Medical Team. Matt is also FPM Director of Communications.

He describes just what is required to take care of those taking part in the event: "As a nation, we are seeing people wanting to get fitter and healthier, and our feet often bear the brunt of this. As a profession, we need to ensure we are equipped and ready to advise, help prevent foot problems occurring, and treat them when they do.

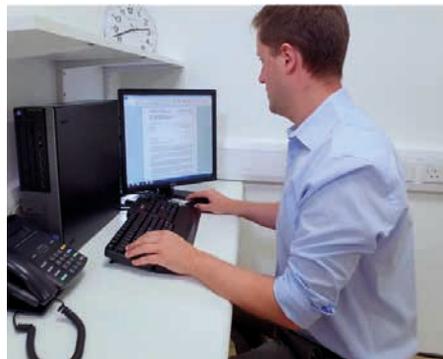
"I have been Podiatry Lead for eight years with the Medical Team. I meet with the other leads over the preceding year, at Marathon House in London, to help plan and then deliver on race day the podiatry service.

"One key part is recruitment and selection of the right team to provide expert care in four different parts of the finish area. There is a 65 person strong team who cover all these areas treating on average 400 patients. As part of this team we have students in their final years from Northampton and Brighton Universities. This has been a huge success as it really helps showcase to them the varied world of podiatry as well as get them interested in volunteering after graduation.

*"The people we treat include participants in the wheelchair race, professional athletes experienced club runners and those who want to make a difference and raise money for charity.*

*"The types of injuries we see can change year on year, with different weather conditions resulting in different problems. On the day I spend a lot of time walking around The Mall, Horse Guards Parade and in the media tent. You just don't know what you are going to need to treat, but you know for sure that those feet are going to be sore after running 26.2 miles around London.*

*"Over the years I have seen nails that have as good as come off, a blister that covered almost the whole of the sole of a foot, cramps, fractures, and lots of other aches and pains."*



Podiatrists don't just treat feet though. They are complete lower limb specialists, so Mr Fitzpatrick and his team see lots of other kinds of injuries too.

He said: "A lot of time is spent helping with marked calf tightness, which sees the massage oil getting used and our hands getting a good workout. Working alongside our physiotherapy colleagues makes the event truly multidisciplinary.

*"Comradery and mutual respect clearly come out in this setting. In the brief, quiet periods we get, stories are shared, advice is given, and learning occurs. Over the*



Matt Fitzpatrick

*years you get to see the same people, and it is always reassuring that there are others around that you can ask for advice or help, and vice versa. It is truly a setting where any professional barriers that may exist in the normal work setting just don't exist.*

*"There is no doubt that at the end of the day your own feet may feel like they have run a similar distance to the marathon participants, your back may ache, and your hands feel tired, but the whole event is incredibly rewarding and one that sees colleagues want to come back and be part of the team year-on-year.*

*"There are those who have come from a sports podiatry background and others for whom this is their only real foray into this type of practice. All come with the same attitude though. That we are here to see, assess, diagnose and treat people who have something wrong with their feet. It is simple and straight forward; a group of podiatrists doing what they do best – getting people back on their feet and able to make those last 100 metres or so from the medical tents to the 'family meet and greet' at the end of The Mall.*

*"The London Marathon is always a really well subscribed event, but there are a growing number of fun runs, 10k events and other large events like the Great North Run where podiatrists, and other health professionals, wanting to get involved with volunteering could get started - and help keep the runners on their feet right to the finish line." ■*



# Membership of the Faculty of Podiatric Medicine

## Dates and Fees

Success in the MFPM examination leads to Membership of the Faculty of Podiatric Medicine of the Royal College of Physicians and Surgeons of Glasgow and award of the professional designation MFPM RCPS(Glasg)

### FORTHCOMING EXAM DATES AND LOCATIONS

#### Part 1 Examination:

Written paper – multiple choice questions

**26 September 2018**

Application closing date: 4 July 2018

Glasgow, London,  
Chennai

Fee: £305

#### Part 2 Examination:

Structured oral examination

**16 November 2018**

Application closing date: 31 August 2018

Glasgow

Fee: £1130

#### MEMBERSHIP BENEFITS INCLUDE:

- Use of postnominals MFPM RCPS(Glasg)
- Discounted CPD accredited education
- Access to awards and scholarships
- Library resources including an Athens password

Dates and fees may be subject to change  
Please check our website for updates

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MFPM\_Dates\_2018\_CN (06/18)

## SHARING PODIATRIC MEDICAL SKILLS

There is limited access to education in podiatric medicine in India. Given the burgeoning growth of diabetes across South Asia, skills in managing foot pathologies are much sought-after. In June a team of five UK based faculty members worked with colleagues from Sri Ramachandra Medical College and Research Institute to deliver a pilot course. The course participants, who have already completed online learning, are members of the Tamil Nadu State Indian Medical Association (IMA) and are largely primary care givers in community

based practice. Covering key clinical skills, the course will not only offer a chance for our Faculty to learn about the challenges faced by many Indian colleagues but also create a cohort of Faculty in Sri Ramachandra who can deliver this type of education as members of the Academy of Clinical Educators and as part of a broader collaboration with Sri Ramachandra.

This activity marks the end of a nine month pilot project lead by Professor Stuart Baird,

Associate International Director and Ms Christine Skinner, Vice Dean of the Faculty of Podiatric Medicine. Over this time, partnering with Tamil Nadu IMA, 40 Indian doctors have received education and tutorial support in preparation for this course. The hope is that in the coming year these doctors will continue their learning and join the Faculty by examination as members.

The pilot has been very well received by our Indian partners and we have been strongly encouraged to replicate this approach in other states in India. Reflecting on the pilot, the learning is that having a great partner, great education products and great faculty, as well as working across College, can lead to more opportunities and membership growth. ■

## NEW MEMBERS

Welcome to all podiatrists admitted to the College during March – May 18

#### Membership of the Faculty of Podiatric Medicine - MFPM RCPS(Glasg)

Lawrence Stephen **Bevan**  
Christian Emmanuel Patrice **Jerome**  
Louise Mairead **Moore**  
Vivienne **Whyte**

Jeffrey **DeSantis**  
Ira **Kraus**  
Stephanie **Stanley**  
James **Stavosky**

#### Fellow of the Faculty of Podiatric Medicine - FFPM RCPS(Glasg)

David Anthony **Buchanan**  
Patrick **DeHeer**

#### Member of the Faculty of Podiatric Medicine - MFPM RCPS(Glasg)

Matthew Fraser **Collinson**  
Matthew Peter Edward **Farrar**  
Janet **Griffiths**  
Sami **Tabib**



### In Brief

#### Faculty of Podiatric Medicine Annual General Meeting

The seventh Annual General Meeting of the Faculty of Podiatric Medicine took place on Wednesday 27 June 2018.

# LISTERMANIA

On 17 April 2018 we celebrated 150 years since Joseph Lister delivered a public lecture on his theory of antiseptic surgery, in what was the Faculty Hall and is now the Alexandra Room of the College's St Vincent Street building. Together with his articles in *The Lancet* of 1867, this lecture helped revolutionise medical science.

Our Listermania event celebrated this world-changing innovation, focusing on Lister and the city of Glasgow. Our College, the University of Glasgow, Glasgow Royal Infirmary, and the Glasgow Medico-Chirurgical Society, were central to Lister's ground-breaking work in the city. As were, most importantly, the people of Glasgow, whose health Lister sought to improve. The College's President, Professor David Galloway, introduced the event with an overview of the College's origins in the city, and its core purpose to improve standards of healthcare.

Holding the event on exactly the date (and close to the time!) of Lister's lecture, and in the same room, allowed us to strongly connect with this momentous piece of history. In addition, we channelled the important local context of Lister's innovation, which begins with a story about care and compassion in difficult circumstances.

In Glasgow in 1865 Lister applied his new antiseptic technique for the first time. The patient was an 11 year old boy, James, who had badly injured his leg while working in the bustling Victorian city. Lister decided to risk his new method on the boy's compound fracture, because he knew the high risk of infection and therefore amputation would result in James losing his livelihood, affecting his ability to work and earn for his family. Lister was acutely aware of the conditions of Glasgow at this time, working in the wards of Glasgow Royal Infirmary. Although a booming and wealthy city, it was also a place of poverty and hardship. Lister's new technique worked, and James was able to recover from his injury, without infection and the previously inevitable amputation.

Our event host on the day was Greig Trout, founder of 101 Things to do when you survive and ambassador of the College's HOPE Foundation. Greig was able to use this inspiring story to link the event to his own charitable work and the Kindness programme.

So what did Listermania involve? The event was actually a culmination of a six month creative

project with our Artist in Residence, the poet Marianne MacRae, supported by the Scottish Graduate School of Arts and Humanities. The residency allowed us to combine surgical history, medical science, poetry, drama, art and design, and all of these elements fed into the final event. Below is an outline of these various elements that added up to a unique celebration!

### Joseph Lister Is My New Flatmate

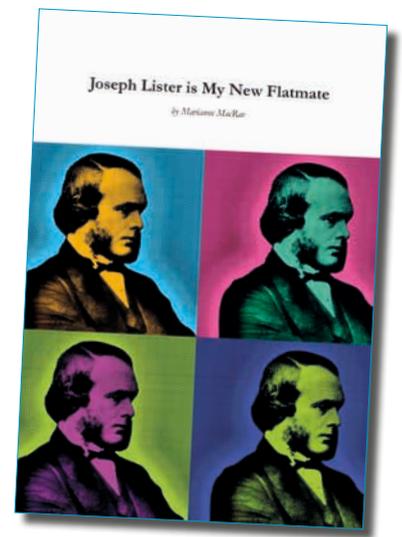
In June 2017 the College appointed its first Artist in Residence. Marianne MacRae's remit was to respond creatively to our Joseph Lister heritage and collections, and to help us make Lister's presence more apparent in our building. Marianne spent six months poring over our Lister collections and his published writings. Listermania saw the launch of a brand new collection of poems inspired by Lister and Glasgow – *Joseph Lister Is My New Flatmate*. This special publication was produced in a limited print of 150, marking this important anniversary. Each attendee received a copy, and Marianne read some poems from the collection throughout the evening.

### School project

An important part of the residency was to engage the public with our Lister heritage in a creative way. Marianne worked extensively with P6 pupils from Garnetbank Primary School through a series of creative workshops. The pupils learned about Lister and 19th century surgery, the development of his antiseptic method, and about the context of Glasgow in the 1860s, including the poverty and hardships experienced by many of Lister's patients. The culmination of the work was a special Listermania dramatic performance in the Alexandra Room, where the children told this story to an enraptured audience.

### Exhibition

Our current Physicians and Surgeons of Glasgow exhibition in the College's Crush Hall was enhanced by the addition of a new graphic and historical collections about Joseph Lister and antiseptic surgery, and also about the evolution of aseptic surgery, led by another



Glasgow-based surgeon, William Macewen, in the 1880s. This exhibition included the minute book of the Glasgow Medico-Chirurgical Society, opened at the entry for 17th April 1868 – a handwritten account of Lister's lecture. Our new display cases allowed us to display this substantial volume for the first time.

### Lister's 1868 Lecture, 150 years on

We were delighted to welcome back to the College Mr Pankaj Chandak – Transplant Surgeon and Research Fellow, Guy's, Evelina and Great Ormond Street Hospitals and King's College London. Pankaj is a pioneer of 3D printing in paediatric kidney transplant surgery. His talk explored Lister's 1868 lecture, relating this new, revolutionary antiseptic method to the astonishing advances in surgical practice and surgical safety today. Pankaj showed that Lister's influence and inspiration is keenly felt by those at the vanguard of surgery and medicine in the 21st century.

### The Butchering Art

The final part of our event featured bestselling author Dr Lindsey Fitzharris, whose book *The Butchering Art: Joseph Lister's Quest to Transform the Grisly World of Victorian Medicine* won the 2017 Book of the Year in the Daily Mail, The Guardian and The Observer, and was shortlisted for the 2018 Wellcome Book Prize. Lindsey was also winner of the 2018 PEN/E.O. Wilson Prize for Literary Science Writing. Lindsey, in conversation with a suitably frock-coated Victorian surgeon, discussed the inspiration and research for the book and her admiration for Lister's dedication to his science.

In a fitting ending to an inspiring day, President-Elect Dr Jackie Taylor emphasised the role the College has in connecting people – physicians, surgeons, allied health professionals, and the local community. As a College, we can use our heritage to educate a wide range of people about who we are and what we do, and make it fun, creative and colourful. That's what Listermania was all about. ■



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Royal Medical Benevolent Fund  
Professor of Medicine and Education,  
Barts and the London School of Medicine  
Queen Mary University of London*

### DIGITAL PROFESSIONALISM: ESSENTIAL POINTS FOR CURRENT CLINICAL PRACTICE

#### **Dr Bernadette John**

*Principal Consultant, Digital Professionalism*

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