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SPRING 2015



Better regulation of travel medicine doctors urgently needed

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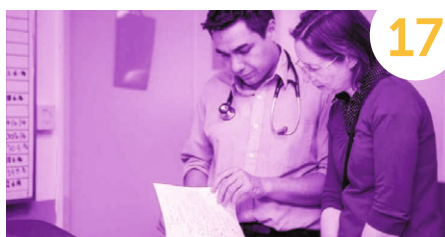
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ROYAL COLLEGE OF
PHYSICIANS AND
SURGEONS OF GLASGOW

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FROM THE PRESIDENT'S OFFICE



 Watch the President's video at
<http://rcp.sg/cnspring15video>

January has flown past and I cannot remember a month as busy for both the College and myself. The meetings came thick and fast and at least in some areas, progress is being made.

A statement to go out to all health boards in Scotland regarding Supporting Professional activities (SPAs) for recently appointed consultant staff in Scotland. This acknowledges the need to move away from the current position in many Health Boards which allows only one SPA. The statement from the NHS chief executive will be accompanied by a letter from the Scottish Academy of Medical Royal Colleges and Faculties indicating the need for a clear movement away from 9/1 contracts. This will be monitored through our external advisors who are fully supportive of moving towards more SPAs.

The UK Academy of Medical Royal Colleges and Faculties continue to be concerned about any proposal to reduce training time (www.shapeoftraining.co.uk) particularly in many of the hospital-related specialties. It appears that our lobbying of the four UK departments of health has led to further reflection on this issue. We remain committed to many of the principles within this report and especially in the ongoing need for generalists, more flexibility and longer rotations. However, the combination of European Working Time Directives and the demands of service on trainees does not create an environment where reduced training time is feasible. The different trainees groups also make this point forcibly.

On a more positive note the three Physician Royal Colleges have launched a document on key quality standards for core medical

trainees. This has the support of both the General Medical Council and the health education authorities both north and south of the border (see page 17). This was partly based on feedback from our trainees and we intend to re-survey to ensure the criteria are being observed.

We recently issued a position paper on the detrimental effects on health of physical inactivity (<http://rcp.sg/physicalactivity>) together with advice about appropriate exercise (see page 8). This received widespread media coverage. I have just returned from a three hour meeting in London with no breaks and can fully understand the downside of inactivity. I could hardly move at the end of the meeting! Activity should be an integral part of our day and many opportunities present themselves every day to exercise. I now have a rule that any meeting lasting more than one hour should have a mandatory five minute break to stretch the legs.

I recently visited Oman, India and Cairo. We hosted a successful a Travel Medicine Conference in Muscat. There remain strong ties between the College and Oman and we always receive a warm welcome there. I also visited Bangalore and New Delhi. In Bangalore we discussed collaboration in regard to exams and took the opportunity to visit their excellent dental facilities.

In Delhi we are hosting a symposium at the Annual Conference of the Association of Physicians in India (APICON), which is the largest physicians meeting in India. This will

provide excellent exposure for the College. We will also be meeting with key medical and dental professionals and hosting receptions for Fellows and Members.

By the time College News goes to print, our flagship surgical symposium – the Glasgow Emergency Surgery and Trauma Symposium (GESTS) – will have taken place. This extremely popular event is one of the highlights of the surgical event calendar. This year, the timing of GESTS has coincided nicely with the annual meeting of the Association of Surgeons in Training (ASiT), which was held in Glasgow. We have been working hard to encourage our trainees into the College and this presents a wonderful opportunity to engage 700 enthusiastic and highly motivated young surgeons in a city and Royal College both renowned for their warm welcome.

Another of our flagship events – the Joint Interactive Cardiology Symposium – which is run in partnership with the British Cardiovascular Society takes place in March and is likely to be a sell out. We are delighted to also host a cardiology symposium in partnership with the Egyptian Society of Cardiology at Cardio Egypt 2015. Planning for our next flagship medical event – Medicine24 – has commenced and I look forward to sharing more details about this in the near future.

I send my best wishes to all and hope that thus far 2015 has been good to you.

Dr Frank Dunn

NEW PRESIDENT ELECT

David Galloway was named as the new President Elect at the Annual General Meeting, held in December 2014. He will assume the role of President when Dr Dunn demits office in December 2015 on completion of his three-year term in the post.

Professor Galloway has a long association with the College, initially via the FRCS examination and more recently as Honorary Treasurer (1999-2006), Vice President (Surgical) (2007-2012) and Chair of the Joint Committee on Intercollegiate Examinations (2004-2008). He is currently Chair of the Fellowship Committee.

His clinical interests are in colorectal

surgery, gastrointestinal surgery, advanced laparoscopic techniques and bariatric and metabolic surgery. He has more than one hundred publications and holds a senior academic role on a part time basis as a Professor in the Department of Surgery at the University of Malaya Medical Centre in Kuala Lumpur.

David is married with two daughters and is a great advocate of physical activity through his participation in various sports. ■



Professor David Galloway

TWO NEW VICE PRESIDENTS ELECTED



Mr Kevin Baird

Mr Kevin Baird was elected Vice President (Surgical) and Dr Iain Findlay was elected Vice President (Medical) at the AGM in December.

Mr Baird replaces Mr Ian Colquhoun as Vice President (Surgical), while Dr Findlay replaces Professor Miles Fisher as Vice President (Medical). The two will work closely with the other medical and surgical Vice Presidents – Dr Jackie Taylor and Mr Mike McKirdy.

The President thanked Mr Colquhoun and Professor Fisher for their substantial contribution to the College

during their terms of office and hopes they remain closely associated with College activities.

Kevin Baird has been a member of the College Council since 2010 and has previously served on the Audit and Remuneration Committee. He is a consultant orthopaedic surgeon at Raigmore Hospital and director of the Clinical Skills Centre at the Centre for Health and Science in Inverness.

Iain Findlay is a consultant physician with an interest in cardiology based at the Royal Alexandra Hospital in Paisley. He graduated from Dundee University in 1978, moving to Liverpool then Northampton before taking up post as British Heart Foundation Junior Research Fellow in Glasgow.

After appointment to his current post in 1989 he has pursued an interest in the use of IT systems to provide real time audit of patients with heart disease.

As Chair of National Audit and Indicators Group he led the development of Indicators of Health Board Outcome for the Scottish Medical Profiles Project. His current clinical focus is on patients with inherited cardiac conditions and the organisation of services for their families.

He is the immediate past President of the Scottish Cardiac Society.

Outside medicine his main interest is in the life of Robert Burns and he is a member of the Guild of Robert Burns Speakers and

a past President of the Paisley Burns Club (the oldest constituted Burns Club).

His main ambition before he retires is to see Scotland contribute outcome data to the Myocardial Infarction National Audit Project. ■

Also elected at the AGM were:

- Mr Andrew Henry – Ordinary Councillor (Surgeon)
- Professor Abhay Rane – Regional Councillor outwith Scotland



Dr Iain Findlay



In Brief

Peter Lowe remembered



The President and members of the College recently attended a service at Glasgow Cathedral where our founder Maister Peter Lowe was commemorated with the laying of a wreath on his tomb.

Dr Dunn receives CBE from Duke of Cambridge



In the Autumn 2014 issue of College News we reported that the President had been honoured with a CBE in the Queen's Birthday Honours List in recognition of his services to cardiology and the community. Dr Dunn recently received the award from the Duke of Cambridge at Buckingham Palace.

College closures

The College will be closed for the Easter break on Friday 3 April and Monday 6 April. The College will also close for a Scottish public holiday on Monday 4 May.

New home required

Professor David Hamblen has runs of both the American and British issues of the Journal of Bone and Joint Surgery which require a new home. If you are interested please get in contact with Professor Hamblen. Email: dlhortho@doctors.net.uk

WALK FOR WELLNESS



We are passionate about promoting the health benefits of physical activity and welcome all of our members to join in our "Walk for Wellness" challenge to take 80 million steps around the world.

The virtual walking route begins at the College in Glasgow and travels around the world to a number of locations including Pakistan, India, Malaysia, Australia and USA.

More than 100 people have already signed up and more than 3 million steps have been taken.

You can join the virtual walking route online at www.worldwalking.org/rcpsg

Signing up is easy

Step 1: Register online at www.worldwalking.org/rcpsg (you will need to provide an email address). Using this link you will automatically be added to our "Walk for Wellness" group and our "Walk the World" route.

Step 2: Start logging how many steps you've walked (you can also input data as miles or kilometres - the programme will convert to steps for you) by clicking on the "Add steps" button on the left hand side of your home page or using the "+include your steps" button on the "Your Walks" page.

Once you have signed up you can follow the progress of the group online or via the worldwalking app (available on the App Store and Google Play), which has a handy GPS tracker.

**Bike racks and showers**

We are delighted to announce that new bike racks have been fitted at the College. Shower facilities are now also available for anyone wishing to take a fitness break or travelling to the College on their bike or on foot. ■

Walking routes

If you are visiting the College over the next few months, please take a break and enjoy one of our walking routes. Three routes are available of 15 minutes, 30 minutes and 60 minutes duration, leaving from and finishing at the College on St Vincent Street in Glasgow. Route maps are available at reception or via the medalroutes app available to download on Google Play and the App Store.

Shower facilities are available in the College. ■



STAFF PROFILE

May Lovell

May Lovell has worked at the College for 27 years and is the longest serving member of staff. She joined the College as a shorthand secretary in 1987 and her various roles since then have included examination secretary, College secretary, CPD Administrator and, most recently, Admissions Administrator. For many years she has played a key role in organising the College's Admission Ceremonies at the University of Glasgow and the Scottish Exhibition and Conference Centre. The College currently holds two Admission Ceremonies per year to welcome new Fellows and Members and are a highlight of the calendar. May is administrator to the Chair of the Fellowship Committee, which is responsible for assessing applications for and elevations to Fellowship of the College. Along with her duties related to the Admission Ceremonies and Fellowship Committee, May is a key member of the Membership Services team, supporting the processing of membership applications at all levels, attending events, promoting the College, and recruiting new members. ■



ADMISSION CEREMONIES

The next admission ceremony will be held at the University of Glasgow on 10 June. All people newly admitted to the College will

receive an invitation to attend the ceremony, which is a wonderful, colourful occasion for celebrating your success with family

and friends. Diplomates are invited to an informal lunch before the Ceremony and a celebratory dinner takes place afterwards. ■



Images from the Admission Ceremony held in November 2014

ENHANCED WEBSITE LAUNCHED

We are delighted to report that our enhanced website is now live. The new 'user area' of the site enables you to:

- access information that is more relevant to you
- update your contact details
- book and manage your educational events
- receive important College updates tailored to your area of specialty

In order to access this area, you must register for an online account here:

<http://rcp.sg/register>

Please remember to use your Person ID (PID) when registering.

Once you have registered, you can log in here:

<http://rcp.sg/login>

If you have any issues with registering or logging in, please view our help page at:

<http://rcp.sg/help>

This additional online functionality has been designed to be more meaningful to you personally. Please do let us know if you encounter any issues or problems during log in or while you are logged in to the site.

Thank you for your patience during the development of our enhanced website. ■



GMC FEE INCREASE ANNOUNCED

The annual fee paid by doctors to retain their registration with the General Medical Council (GMC) will increase by £30 – from £390 to £420 – from April 2015. This restores the fee to the level it was at in 2010.

The GMC say they recognise that these are challenging times for all doctors – especially those who are at the start of their careers. As

a result, they have agreed to freeze the fee for provisional registration, maintaining it at £90, and to keep the low income threshold set at £32,000. Doctors with incomes below this threshold will be eligible for a £50% reduction in their annual fee.

A comment from the GMC said: "Raising the fee will make sure we continue to meet our wide-ranging responsibilities

and manage the increased demand on all our services. In 2015 we expect to process more than 20,000 registration applications and 75,000 revalidation recommendations, and cope with a significant increase in more serious complaints about doctors. For the first time, the GMC fee includes a government levy to fund the Professional Standards Authority. This will cost £600k in 2015, rising to £800k a year from 2016." ■

TELL US WHAT YOU THINK

We are currently conducting a review of College communications.

We would very much appreciate your help in this by completing a short questionnaire. It will take a few minutes to complete and will really help to inform our communications planning, both by reinforcing what we are doing well but also highlighting areas where we can improve.

You can access the questionnaire here:
<http://rcp.sg/commssurvey15> ■



MENTOR TRAINING

Lorna Boyne FFTM RCPS(Glasg) recently completed the College's mentor training programme. She reports on her experience.

I found the programme to be one of the most challenging, stimulating and enjoyable that I have ever undertaken.

The course comprised three days in total, with one day of sessions at monthly intervals during October, November and December. Participants had to complete all three days to obtain the training certificate.

There were around 25 participants in my group, with a good variety of physicians, surgeons, dentists and podiatrists (and myself as the solo nurse). Participants had travelled from all over the UK.

We were instructed on using Egan's Skilled Helper mentoring model, stages one to three. Our course teachers and facilitators would then carry out a practical demonstration using the model. We were then split into small groups where we practiced the skills ourselves. At each stage we took on the roles of mentor, mentee and critical observer. We used real-life scenarios and dilemmas which was challenging and required honesty and trust.

For our 'homework' we had to further practice the skills in a real mentorship situation, and we fed back on this at the next session.

At the beginning of the course, many of



Mentorship Programme

us had preconceived ideas as to what mentoring was. Most of us were surprised to learn that it was actually something quite different. By the end of the course we were all convinced of the usefulness of mentoring for both professional and personal development. Some of the course participants had previously been mentored through the College's Mentorship Programme and gave convincing testimonials as to how it had helped them.

The mentor training course is free to College Fellows and Members and I would urge members of the Faculty to sign up for it. Following completion of the course, participants are invited to become mentors. Any College member can request access to a mentor through the programme at any time.

Further information on the course and programme can be found on the College website <http://rcp.sg/mentorship> ■

ANTIBIOTIC GUARDIAN CAMPAIGN

An "Antibiotic Guardian Campaign" has been launched in association with European Antibiotic Awareness Day. The campaign is asking everyone in the UK, the public and medical community, to become Antibiotic Guardians by making a pledge that they personally will take to conserve our antibiotics and to ensure that they are effective when we really need them.

The campaign has been developed by Public Health England (PHE) in

collaboration with the Department of Health's Expert Advisory Committee on Antimicrobial Resistance and Healthcare Associated Infections (ARHAI); the Department for Environment Food and Rural Affairs (DEFRA), the Devolved Administrations and the professional bodies/organisations towards the 'One Health' initiative.

Making a pledge can be done via the following link <http://antibioticguardian.com> ■

CHANGES TO DEATH CERTIFICATION IN SCOTLAND

Healthcare Improvement Scotland have announced changes due to take place as a result of the Certification of Death (Scotland) Act 2011, which will come into force in April 2015. The changes include the establishment of a new national review service which will be responsible for checking the quality and accuracy of completion of a sample of Medical Certificates of Cause of Death (MCCDs).

A new MCCD form was introduced in Scotland in August 2014. An electronic version of the form is expected to be introduced for the launch of the new review system in April and gradually rolled out to other healthcare settings. Once established, approximately 10% of all deaths will be randomly selected for review, with an estimated 6,000 MCCDs reviewed per year.

Further information is available from Healthcare Improvement Scotland: www.healthcareimprovementscotland.org

WE NEED TO TAKE PHYSICAL INACTIVITY AS SERIOUSLY AS SMOKING

Physical inactivity should be given equal priority to smoking and alcohol abuse by healthcare professionals, according to two recent reports – one issued by our College and a second issued by the Scottish Academy of Medical Royal Colleges and Faculties.

Both reports call for more to be done to assess physical activity levels in patients and to provide appropriate advice to enable patients to be more active more often.

Evidence is emerging about the scale of the problem of physical inactivity. In 2012, The Lancet labelled the problem “pandemic”, accounting for more than five million deaths around the world every year – equivalent to the number of deaths caused by smoking. In Scotland alone the Chief Medical Officer says more than 2,500 deaths per year are directly due to physical inactivity, and the cost to the economy is £660 million. Globally, levels of physical activity are decreasing, although data from the recent Scottish Health Survey suggests Scotland is one of very few countries worldwide where physical activity levels are increasing in adults and children.

Clinical Leadership Fellow at the College, Dr Andrew Murray said: “The evidence of the benefits of regular physical activity is becoming stronger every year. Our clear message to patients is that regular physical activity, is one of the best things you can do for your health. Any form of physical activity for example walking or cycling as part of the commute, or walking or sport in leisure time gets the happy hormones going, and helps prevent over 40 major diseases like type 2 diabetes, heart attacks and some types of

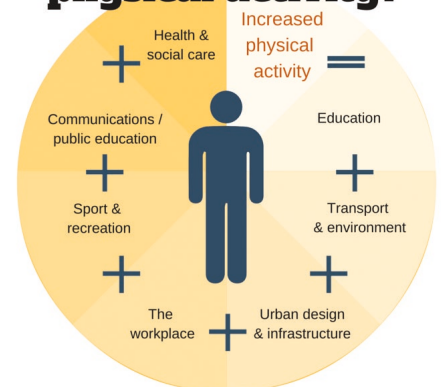
cancer. Every step is a step to health and happiness.

“Scotland’s Chief Medical Officer recently labelled physical inactivity as the fourth biggest killer in Scotland, and urged all health professionals, including doctors, to ask patients about physical activity levels, and offer appropriate brief advice on how to be more active more often. This is not happening routinely in our hospitals or GP surgeries and we are calling for that to change.”

Building on 2014 work which included a major two day international conference, and support for diabetic patients in the “Beat Diabetes” campaign, the College has produced the report and recommendations calling for physical activity to be incorporated into all levels of patient management. This includes questions about a patient’s levels of physical activity being asked alongside questions about whether they smoke or drink, as well as plans to incorporate physical activity into the curriculum for doctors in training.

In 2015 work continues on e-learning material for the profession, and developing assessments for medical and surgical examinations as well as working with medical leaders including the Scottish Academy of Royal Colleges, Health Boards

How do we increase physical activity?



<http://rcp.sg/physicalactivity> #activehealth

and the Scottish Government to help embed increasing physical activity as a routine and prominent part of what the NHS does.

In the report, the College stresses the importance of health professionals leading by example and being role models for physical activity. In order to achieve this, they call for health boards to support their staff with simple physical activity challenges, walking routes, and providing showers where possible.

The full report can be accessed here: <http://rcp.sg/physicalactivity>





College in Action

Safe staffing levels needed to avoid failings in patient care

In February 2015, the College issued a statement warning that the care of patients deteriorates when staff levels are stretched and that inadequate nurse to patient ratios were a major contributing factor to the failure of care outlined in reports highlighted in an editorial published in the *Journal of the Royal College of Physicians of Edinburgh*.

Our President, Dr Frank Dunn said: "The nursing budget is the largest single component in the NHS staffing budget and it remains a critical resource in preventing recurrence of the poor standards of care in Mid-Staffordshire and other hospitals in the UK. Optimising staff numbers has the additional advantage of reducing levels of stress, improving morale and facilitating a caring and compassionate environment."

The College has fully endorsed the editorial by Derek Bell and Anne Jarvie, which reviews the reports of 10 major Inquiries and Reviews into serious failings in care in the UK since 2000, including Mid Staffordshire, Bristol, Lanarkshire and the Vale of Leven. In particular, the College says the issue of appropriate staffing levels is critical within both the medical and associated health professions and it has previously raised this issue both through the College and through the Scottish Academy of Medical Royal Colleges and Faculties.

A toolkit has been developed in Scotland in regard to appropriate nurse to patient ratios and skill mix. This has been a positive development, now mandated

by the Scottish Government. However, the implementation of such toolkits has not yet been optimised throughout the country.

NHS Grampian Patient Care Reviews

A report was recently published by Healthcare Improvement Scotland on the quality of care at Aberdeen Royal Infirmary and Woodend Hospital. Our College shares the serious concerns expressed in the report, which had similarities to the Mid Staffordshire report of 2013, and said the recommendations outlined need to be achieved as a matter of urgency. It is fortunate that due to the determination and dedication of front line staff, the impact of these failings on patients were minimised. This College believes that it is the responsibility of senior management in hospitals to create an atmosphere where staff have pride in their hospital and appreciate that their role makes an important contribution to overall teamwork. In all of this, recruitment and retention of permanent staff is paramount. The over reliance on locum staff without question contributes to a disjointed service.

Vale of Leven report

Our College was the venue chosen for the launch of the long overdue report on the outbreak of *Clostridium Difficile* at the Vale of Leven Hospital between December 2007 and June 2008. We offer our deepest sympathies to all the families of those who died as a result of the outbreak. Since then

major changes have taken place in the way infections are treated and this together with responsible prescribing of antibiotics has led to a substantial fall in this and other hospital acquired infections. These improvements are to be welcomed. Many hospitals throughout the country undergo changes to the way in which they operate and in the services they provide. This



is arguably the most difficult challenge facing health boards and it is key that the hospital being redesigned must have all the requirements to maintain the best possible care during transition. Considerable planning is essential to support staff and especially patients and their families affected by such decisions.

Redefining hospitals

In partnership with the surgical colleges, we have called for local, general hospitals to operate as part of a network providing emergency and elective surgical care. The call came following a meeting of surgical leaders who agreed that there are too many hospitals in the UK and Ireland attempting to provide emergency and a wide range of elective care. The surgeons agreed that they should lead a reappraisal of the function of general hospitals to ensure high quality patient care into the future.

Time to cut waste in clinical care

A report issued by the Academy of Medical Royal Colleges has identified nearly £2billion worth of cost savings the NHS could make if it tightened up just sixteen areas of clinical practice. The Academy has issued guidance to show how a series of relatively simple measures could cut costs, increase efficiency and improve patient care. Recommendations include improving awareness of the possibility of adverse drug reactions, increasing the frequency of ward rounds and maximising the use of operating theatres.

Keep up to date with what your College is saying. Follow us on twitter @rcpsglasgow ■



UNREGULATED TRAVEL MEDICINE DOCTORS ARE PUTTING HOLIDAYMAKERS IN DANGER

Policy changes, better education and better regulation of doctors and other health professionals giving advice on travel health are urgently needed, say leading doctors in our Faculty of Travel Medicine.

In a report submitted to the Scottish and UK governments the Faculty calls for compulsory qualifications and training for all health professionals offering travel health advice and care.

Currently in many countries there is no requirement for education for those who deliver travel health advice. There is no requirement for them to complete ongoing professional development and training (as is the case with all other medical specialties) and no career structure for travel medicine practitioners.

Faculty Dean Dr Mike Jones, said: "At the moment, any medical practitioner, nurse, pharmacist, can give travel health advice. There is a lack of structure and delivery of travel medicine services. There is no compulsory formal training pathway to a recognised professional standard for travel health advisors and this means that any health care worker with the ability to prescribe and this includes local pharmacists, can set up a travel health advice clinic with no licencing, or checks on the quality of care they deliver. As a result, travellers who attend some practitioners are being placed in danger.

"Protecting the health of travellers"



Listen to a podcast interview recorded with Dr Jones at <http://rcp.sg/travelpodcast>

"You would not accept this from any other branch of medicine. For example, if you developed chest pain you would expect to be treated by someone who has had the appropriate training to recognise the signs and symptoms of heart disease. If you were referred to a cardiac clinic, you would expect to be seen by a cardiologist who has had formal training and has a licence to practice."

International travel has significantly increased in the past decade, particularly travel to exotic locations. The World Tourist Trust has predicted that international tourist arrivals worldwide will reach 1.8 billion by 2030. Over 6,000 British people died overseas in 2012-13; 1,500 UK citizens fall ill with malaria each year; 30-70% of travellers are affected by travellers' diarrhoea. The rise of medical tourism – people travelling to different countries to receive medical care – has resulted in an increase in the spread of difficult-to-treat multi-drug resistant bacteria.

The report produced by the Faculty of Travel Medicine represents the work

of many Board members and was the brainchild of Professor Peter Chiodini, the previous Dean. Dr Jones paid tribute to all who have worked on it, including early contributors Jane Chiodini, Dr Alex Grieve and Hilary Simon. It outlines the need for formal accreditation in travel health and the requirement to complete ongoing professional development, as is the case with other medical specialties. The Faculty also calls for standards of best practice and national guidelines to be adopted.

Dr Jones said, "We have published and distributed the document 'Protecting the Health of Travellers' to all the UK and Republic of Ireland Departments of Health, to both ministers and senior civil servants. They need to read this and start to make policy changes. We would be delighted to work in partnership with them in providing education and training, whilst they make regulatory change to improve travel health provision in the UK and Ireland."

Protecting the Health of Travellers report can be downloaded at
<http://rcp.sg/healthoftravellers> ■

People seeking travel health advice expect the person giving the advice to be properly trained

Compulsory formal training and accreditation for travel health advisors is urgently needed





WHAT'S ON



Physicians

Exam closing dates

18 March 2015 | MRCP(UK) SCE – Gastroenterology

Exam to be held on 22 April 2015, various locations

Now accepting applications

8 April 2015 | MRCP(UK) SCE – Neurology

Exam to be held on 13 May 2015, various locations

Now accepting applications

13 April 2015 | MRCP(UK) Part 2 Clinical Exam (PACES), various location

PACES exam period 8 June-26 July 2015, various locations

Applications open on 30 March 2015

6 May 2015 | MRCP(UK) SCE – Endocrinology and Diabetes

Exam to be held on 10 June 2015, various locations

Now accepting applications

8 May 2015 | MRCP(UK) Part 2

Exam to be held on 1-2 July 2015, various locations

Applications open on 13 April 2015

20 May 2015 | MRCP(UK) SCE – Rheumatology

Exam to be held on 24 June 2015, various locations

Now accepting applications

20 March 2015, 8.30-16.30

4th Annual Acute Medicine symposium

5 CPD credits

Member fee: £68 | Lunch provided | Book online

28 March 2015, 8.30-18.00

Medical Undergraduate Conference

Full day: £35; Morning only: £20 | Lunch provided | Drinks reception | Book online

1-2 April 2015

IMPACT course

Day 1: 8.30-17.40 | Day 2: 8.15-17.30

Two-day course suitable for CT1/2 trainees providing hands on experience of critically ill patient scenarios to enhance skills needed for dealing with life threatening medical emergencies.

Member fee: £140 | Lunch provided | Book online

15 April 2015 09.00 – 17.00 (UPDATED)

Also running on 6-7 May and 16-17 June

Yorkhill Celebratory Symposium:

Celebrating a century of paediatric care at the Royal Hospital for Sick Children Yorkhill

Member Fee: £75 | Lunch provided book online

14 May 2015

Two sessions running 14.00-17.00 and 18.30-21.30

CESR for SAS doctors

Workshops delivered by the General Medical Council providing an overview of the CESR process for SAS doctors

3 NON-CLINICAL CREDITS

Free event | Book online at <http://rcp.sg/sasmay15>

5, 7, 12, 19, 26 May 2015,

18.15-19.30 (approx.)

MRCP PACES Training Evenings

Running over five evenings, each session focuses on a different PACES station.

Attend in person in Glasgow or via video-link at one of our regional centres.

Introductory/Associate in Training member fee: £65 live; £30 video-link | Book online

16 May 2015, 08.30 – 17.00

Career's Fair

Open to all trainees to discuss various topics to advance your chosen career

All events are held in the College unless otherwise stated. Event schedule and content may be subject to change. All of our events can be booked online (unless otherwise indicated) at <http://rcp.sg/events>. Examination information and booking can be found on the examinations pages of the website

4TH ANNUAL ACUTE MEDICINE SYMPOSIUM



5 CPD credits

20 March 2015, 8.30-16.30

Providing an update on common problems seen in Acute Medicine, debate on the links between Acute Medicine and allied specialties, and discussion on future challenges for the specialty. Suitable for general and specialist physicians, trainees and allied health professionals wishing to update their knowledge of this specialty

Member fee: £68 | Lunch provided | Book online

SCOTTISH SPORT AND EXERCISE MEDICINE SYMPOSIUM



6 CPD credits

19 May 2015, 9.00-17.00

Featuring presentations by former Manchester United manager, Sir Alex Ferguson, and Chief Medical Officer of Glasgow 2014 Commonwealth Games, John MacLean.

Venue: Hampden Park

Member fee: £68 | Lunch provided | Book online

MEDICINE24



11 CPD credits

10-11 September 2015, 9.00-17.00

Two-day interactive educational event providing a comprehensive update on general internal medicine focusing on the optimal management of conditions within the first 24 hours of admission

Member fee*: £120 two days; £67 one day | Lunch provided | Book online

*early bird rate available until 26 June 2015

Surgeons

19 May 2015, 9.00-17.00

Scottish Sport and Exercise Medicine Symposium

6 CPD credits

Venue: Hampden Park

Featuring presentations by former Manchester United manager, Sir Alex Ferguson, and Chief Medical Officer of Glasgow 2014 Commonwealth Games, John MacLean.

Member fee: £68 | Lunch provided | Book online

5 June 2015 13.00 – 16.40

Thrombotic microangiopathies: Tomorrow's answers, today

A half day symposium on TMA with updates on pathophysiology, difficult cases and the management of transplanted patients

10-11 September 2015, 9.00-17.00

Medicine24

11 CPD credits

Two-day interactive educational event providing a comprehensive update on general internal medicine focusing on the optimal management of conditions within the first 24 hours of admission

Member fee*: £120 two days; £67 one day | Lunch provided | Book online

*early bird rate available until 26 June 2015

Exam closing dates

19 June 2015 | MRCS Part A Written

Exam to be held on 8 September 2015, various locations

Applications open on 19 June 2015

14 March 2015, 8.30-16.45

Foundation skills in surgery

Suitable for final year medical students and foundation year doctors considering a career in surgery

Students £68, FY £120 | Book online

23-24 March 2015

Day 1 08.45 – 21.00 (inc course dinner) |

Day 2 08.45 – 16.45

Basic Surgery Cadaver Skills (BaSiCS) course

Venue: Clinical Anatomy Skills Centre
Suitable for CT2/ST2 level surgical trainees, this course covers areas of the ISCP curriculum required for entry to ST3. Provides hands-on experience using cadaveric material.

Member fee: £625

25-26 March 2015, 8.15-17.30

Basic surgical skills

Suitable for trainees anticipating a career in surgery, this course teaches safe operating techniques and precautions for safe theatre practice

Member fee: £505 | Lunch provided | Book online

22-24 April 2015,

Also running on 21-22 May and 16-18 September

Day 1 8.40 – 18.30 (including curry supper),
Day 2 8.15 – 16.50, Day 3 9.00 – 16.00

MRCS OSCE Part B Preparation Course

Three day course including lectures, interactive group sessions and a mock OSCE exam to prepare you for the MRCS OSCE exam. Feedback from senior clinicians will be given.

Fees: £750 or £500 if booked at the same time as the exam | Lunch provided | Book online

14 May 2015

Two sessions running 14.00-17.00 and 18.30-21.30

CESR for SAS doctors

Workshops delivered by the General Medical Council providing an overview of the CESR process for SAS doctors
3 NON-CLINICAL CREDITS

Free event | Book online at <http://rcp.sg/samay15>

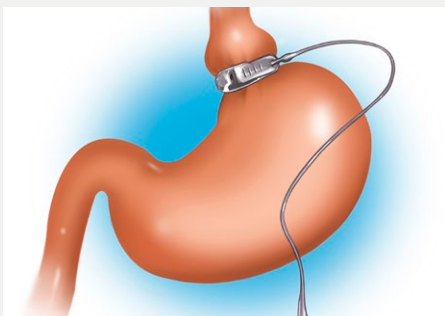
27 May 2015, 8.30-17.00

Surgical Anastomosis Techniques

Hands-on practical course suitable for surgical trainees wishing to develop anastomosis techniques

Member fee: £145 | Lunch provided | Book online

BARIATRIC SYMPOSIUM



12 June 2015, 13.00 – 17.00

Hear from experienced bariatric surgeons on the recognition and management of common complications of bariatric procedures for the general surgeon, including optional use of imaging, early and late complications of gastric bands, and early and late complications of gastric bypass procedures.

Member fee: £68 | Lunch provided | Book online

MRCS OSCE PART B PREPARATION COURSE



22-24 April 2015

Day 1 8.40 – 18.30 (including curry supper),

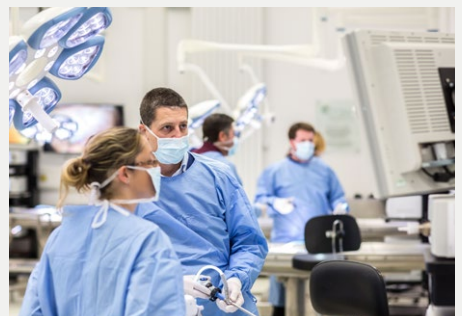
Day 2 8.15 – 16.50, Day 3 9.00 – 16.00

This course prepares trainees for the MRCS OSCE exam with interactive teaching methods. A mock OSCE exam is held on the final day of the course.

Course fee: £750
(£500 if also booking exam)

Also running 21-22 May and 16-18 September

ADVANCED SURGERY CADAVER SKILLS IN GI SURGERY (ASICS) COURSE



10-11 June 2015

Day 1 08.45 – 21.00 (including course

dinner) Day 2 08.45 – 16.45

Two-day course suitable for ST3-6 level surgical trainees; the course provides practical hands-on training in upper and lower gastrointestinal surgery on cadaveric material

Venue: Clinical Anatomy Skills Centre
Member fee: £625 | Lunch provided | Book online



WHAT'S ON

29 May 2015 08.30 – 17.00

International Orthopaedic and Trauma Symposium

See special feature on page 19

10-11 June 2015

Day 1 08.45 – 21.00 (including course dinner) | Day 2 08.45 – 16.45

Advanced Surgery Cadaver Skills in GI Surgery (ASiCS) Course

Two-day course suitable for ST3-6 level surgical trainees; the course provides practical hands-on training in upper and lower gastrointestinal surgery on cadaveric material
Venue: Clinical Anatomy Skills Centre
Member fee: £625 | Lunch provided | Book online

12 June 2015, 13.00-17.00

Bariatric symposium

Member fee: £68 | Lunch provided | Book online

16-18 September 2015

MRCS OSCE Part B Preparation Course

See 22-24 April listing for details

Fees: £750 or £500 if booked at the same time as the exam | Lunch provided | Book online

13 November 2015

Breast Cancer Symposium

Further information coming soon



Dentistry

Exam closing dates

15 May 2015 | ISFE Orthodontics, Edinburgh

Exam to be held on 9-11 September 2015
Now accepting applications

15 May 2015 | ISFE Oral Medicine, Glasgow

Exam to be held on 3-4 September 2015
Now accepting applications

25 June 2015 | ISFE Dental Public Health, Glasgow

Exam to be held on 15 October 2015
Now accepting applications

28-29 April 2015

Day 1 08.45 – 19.00 (including networking reception), Day 2 08.45 – 17.30

MFDS Part 2 preparation course

Run by MFDS Part 2 examiners, this course develops knowledge and skills in six key exam areas; including a mock OSCE exam
Member fee: £425 | Lunch provided | Book online

Also running on 3-4 November 2015

****Revision course and exam discounted monthly payment plan available****

12 June 2015, 9.00 – 17.00

TC White symposium

Member fee £68 | Lunch provided | Book online

11-13 September 2015

MFDS Part 1 preparation course

Introductory member fee £440 | Lunch provided | Book online

****Revision course and exam discounted monthly payment plan available****



Travel Medicine

Exam closing dates

15 June 2015 | MFTM Part 1, Glasgow

Exam to be held on 7 September 2015

16 March 2015

Diploma in Travel Medicine course

12 month blended e-learning course, final exam on 9 February 2016 | Book online

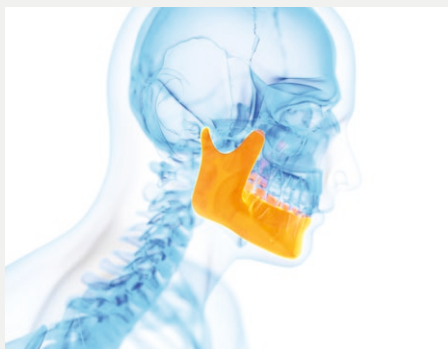
28 March 2015, 9.00-17.00

The adventurous traveller

Venue: De Montford University, Leicester
In association with British Global and Travel Health Association
Member fee: £95 | Lunch provided | Book online

All events are held in the College unless otherwise stated. Event schedule and content may be subject to change. All of our events can be booked online (unless otherwise indicated) at <http://rcp.sg/events>. Examination information and booking can be found on the examinations pages of the website

TC WHITE SYMPOSIUM



CPD and CPDA applied for

12 June 2015, 9.00-17.00

The management of oro-facial deformities: past, present and future

Member fee £68 | Lunch provided | Book online

THE ADVENTUROUS TRAVELLER



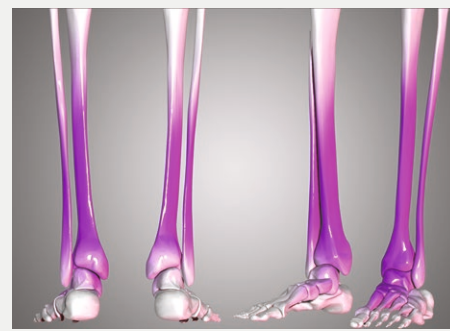
28 March 2015, 9.00-17.00

The 16th annual conference of the British Global and Travel Health Association run in collaboration with our College. The programme includes plenary sessions and workshops.

Venue: De Montford University, Leicester

Member fee: £95 | Lunch provided | Book online

THE HIGH RISK LOWER LIMB: NAVIGATION SKILLS FOR CLINICIANS IN OPTIMISING PATIENT OUTCOMES



6 CPD credits

11 June 2015, 9.00-16.20

Interactive event open to all clinicians providing information on diagnosis and management of complexities associated with the high-risk lower limb

Member fee: £68 | Lunch provided | Book online



Podiatric Medicine

9 April 2015, 17.00-18.00

Journal club

Our regular journal club meets in the College library to discuss a featured publication. The club is a great opportunity to develop and practice critical appraisal skills. To register email podiatricmedicine@rcpsg.ac.uk Not able to attend in person? Join in on twitter #rcpsgfp or join us on Google+

11 June 2015, 9.00-16.20

The high risk lower limb: navigation skills for clinicians in optimising patient outcomes

6 CPD credits

Interactive event open to all clinicians providing information on diagnosis and management of complexities associated with the high-risk lower limb Member fee: £68 | Lunch provided | Book online

16 October 2015

Lower limb pain and its clinical implications

Venue: Birmingham Medical Institute The aim of the symposium is to offer an overview of the theory of pain and explore how this is treated and managed in the clinical setting. Member fee: £65 | Lunch provided | Book online

18 July 2015

Clinical Biomechanics: The Application of Applied Science to Human Movement

The purpose of this event is to present current thinking on the application of biomechanics in the management of injury and injury prevention. It will draw on various clinical and scientific disciplines as well as international renowned athletes that apply biomechanical principles in practice. Member fee: £65 | Lunch provided | Book online



Events for all

16 March 2015, 18.00-20.00

Leadership Lecture: Sally Magnusson – A leadership lecture in dementia

Award-winning journalist and broadcaster and founder of Playlist for Life, Sally Magnusson, presents this leadership lecture on dementia Free event | Drinks reception | Book online

19 March 2015, 13.00-20.00

Challenges in remote and rural healthcare

Venue: Centre for Health Sciences, Inverness Member fee: £40 | Buffet lunch | Symposium | Reception hosted by the President, Dr Frank Dunn

26 March 2015, 9.00-17.00

Know the NHS: A course for all international medical graduates in the UK

6 CPD credits

Venue: Luton & Dunstable Hospital, Luton Member fee: £68 | Lunch provided | Book online

31 March 2015, 9.00-16.30

Surgical site infections: an update

Joint symposium with the Royal College of Pathologists providing an overview of epidemiology of surgical site infections, surveillance systems for monitoring surgical site infection, and more.

Member fee: £68 | Lunch provided | Book online

21 May 2015, 9.15-16.00

Practical advice for new consultants: before and after appointment

Member fee £65 | Lunch provided | Book online

26-27 May 2015

Also running on 21-22 September and 7-8 December 2015

Postgraduate diploma in clinical education

Delivered in partnership with HC Skills International

CHALLENGES IN REMOTE AND RURAL HEALTHCARE



19 March 2015, 13.00-20.00

Half-day symposium bringing together a range of practitioners with a common interest in delivering care in remote and rural environments. The symposium will address several issues including medical and dental care, training, research, recruitment and retention.

Venue: Centre for Health Sciences, Inverness Member fee: £40 | Buffet lunch | Symposium | Reception hosted by the President, Dr Frank Dunn

CESR FOR SAS DOCTORS



14 May 2015

Choice of two sessions running 14.00-17.00 and 18.30-21.30

This event is suitable for SAS grade doctors who have not followed an approved GMC training programme but have gained the same level of experience and wish to apply for a place on the specialist registrar. The workshops delivered by the General Medical Council will provide an overview of the CESR process for SAS doctors. Free event | Book online at <http://rcp.sg/sasmay15>

KNOW THE NHS A COURSE FOR ALL INTERNATIONAL MEDICAL GRADUATES IN THE UK



6 CPD credits

26 March 2015, 9.00-17.00

The course addresses some of issues faced by international medical graduates. Change to: This course addresses some of the issues faced by international medical graduates.

Venue: Luton & Dunstable Hospital, Luton

Member fee: £68

Lunch provided | Book online

CENSUS OF CONSULTANT PHYSICIANS

The latest census of consultant physicians in England, Wales and Northern Ireland, produced on behalf of the three Royal Colleges of Physicians, suggests that specialist registrars value where they work over all other factors when considering a consultant post, most wanting to stay close to where they have been training.

The annual census, which measures the number of consultants in all medical specialties, indicates that location is the leading consideration – over the opportunity for part time working, on call responsibilities and the amount of generalist or specialist work undertaken.

The census also highlights the growing need for consultants who can treat the needs of older patients. Following trends noted in last year's

census, the largest number of appointments were made in geriatric and acute medicine, (113 and 108 respectively) suggesting a move away from specialist working to more generalist roles treating acutely ill patients.

The nature of patients presenting at hospital is changing. 65% of people admitted to hospital are over 65 years old and many have multiple complex conditions. Such patients require more generalist input. The largest specialty is geriatric medicine with 1,145 consultant physicians, representing 10% of the workforce.

Other key findings from the census include:

- Part time working – proportion of doctors working less than whole time continues to grow (18%)
- The greatest expansion was in hepatology, at 38%

- Satisfaction rates remain high with 80% of consultants reporting to enjoy their jobs 'always' or 'often'
- The youngest part of the consultant workforce (those under 35) is now largely female (58%)
- 68% of respondents supported 7 day working, though there was notable variation between specialties.

At the time the data was collected, there were 11,412 consultant physicians working in England, Wales and Northern Ireland, an increase of 359 on the previous year. The expansion of hospital consultants has fallen considerably during the past three years from 10.2% in 2009 to 3.2% in 2013.

Data for this latest census of consultant physicians was collected in December 2013. ■

RECRUITMENT

Specialty Certificate Examining (SCE) Board

The following vacancies are currently available on the Specialty Certificate Examining Board.

- Member of the Rheumatology SCE Board
- Member of the Endocrinology and Diabetes SCE Board
- Member of the Gastroenterology SCE Board (two posts)

The closing date for applications is 15 March 2015. ■

Member of the MRCP(UK) Scenario Editorial Committee (SEC)

The Federation of Royal Colleges of Physicians of the UK is seeking to appoint a nephrologist to the MRCP(UK) SEC. The successful applicant will be

responsible for reviewing scenarios and guidance notes for use in the Part 2 MRCP clinical examination.

The closing date for applications is 16 April 2015.

Further details of all vacancies listed are available at <http://rcp.sg/careers> ■

NEW MEMBERS

Welcome to all physicians admitted to the College during November-January.

Fellow qua Physician – FRCP(Glasg)

Makhzan Israr **Ahmed**
Zubain **Ahmed**
Akintunde **Akinkunmi**
Abdullah Kalaf **Al-Hwiesh**
Rabel Yasin Mohamed **Al-Khalil**
Rakesh Kumar **Bhabutta**
Linda **De Caestecker**
Judith Anne **Fraser**
Hasan Ahmed Mohamed **Hassan**
Moh'D Azzam **Kayasseh**
Mechiri Vogga **Krishna**
Yat-Yin **Lam**
Shing Chi **Lau**
Mahabubul Islam **Majumder**
Edward James **Newman**
Mohammad Mahbubur **Rahman**
Sharma **Sadhana**
Mustafa Guma **Salem**
Osheik Abu'Asha **Seidi**
Dana Ahmed **Sharif**
Abu **Talib**

Elizabeth Lois **Ward**
Jeffery David **White**

Member of the College – MRCP(SGlasg)

Peter John Patrick **Lynn**
Khurram **Anis**
Ryan John **Dias**
Abdelrahman Abdalla Ali **Abdalla**
Tzeying **Ong**
Mohamad Fadri **Abdullah Harun**
Michael Joseph **Lavery**
Sean **Dulloo**
Amites Kumar **Chattopadhyay**
Thalpege Anuruddha **Ariyawansa**
Nasrein **El-Komy**
Muhanad Altayeb Osman **Omar**
Masood **Iqbal**
Joanna **Prentice**
Taige **Cao**
Ahmad **Mohammad Haj Abdo**
Ambarish **Bhattacharyya**

Khalifa Omar **Shaafi**
Wael Faroug **Elamin**
Ajit Kumar **Paul**
Abdel Aziz Hussein Babeikir **El Tohami**
Mohammed Shahab **Uddin**
Chitta Ranjan **Debnath**
Muhammad Muslim **Khan**
Michael **Wilson**
Aram Jamal **Mirza Saeed**
Jamie **McCanny**
Andrew Agada **Okpe**
Osman Abdel Azim Mohammad **Osman**
Wah Wah **Aung**
Erin **Kerr**
Kieran Francis **Docherty**
Kathleen Elizabeth **Henderson**
Emma **Johns**
Janki **Panicker**
Scott **Shepherd**
Adam **Uprichard**
Matthew Robert **Wilson**

NEW QUALITY CRITERIA FOR CORE MEDICAL TRAINING

The Joint Royal Colleges of Physicians Training Board (JRCPTB) have launched new quality criteria to enhance the educational experience of trainee doctors, drive up the quality of training environments and ultimately improve patient safety and experience. The 2013 survey of trainees in core medical training (CMT) found that heavy service demands were leading to a loss of training opportunities and a wide variability in the

quality of supervision. Some trainees were even put off pursuing a career in the acute medical specialties by their experiences in CMT. In response, the JRCPTB developed - from a broad consultation involving clinical educators, doctors in training and other key stakeholders - a set of quality criteria to apply to all UK-based CMT environments. The phrase 'quality criteria' was adopted to distinguish this educational venture from



many other initiatives seeking to raise standards. The criteria cover the structure of the programme, its delivery and flexibility, what supervision and other levels of support are available to trainees, and the standards of communications that should be met. Aside from ensuring that the CMT curriculum is covered systematically over the two year programme, the criteria also aim to help ensure trainees develop the required experience and confidence to perform the medical registrar role, which follows CMT. Further details: <http://rcp.sg/cmtcriteria>



In Brief

MRCP(UK) prospectus

MRCP(UK) has published a new prospectus for candidates planning on sitting the MRCP(UK) diploma and specialty certificate examinations. The prospectus includes details about how to prepare for the examinations and what to expect on the day. The prospectus is available to download at: www.mrcpuk.org

JRCPTB website

The Joint Royal Colleges of Physicians Training Board (JRCPTB) launched a new website in December. If you would like to provide feedback about the website, please email gareth.bland@jrcptb.org.uk or complete the contact form at <https://www.jrcptb.org.uk/contact-us> and selecting the 'about this website' query type.



Medicine24

10-11 September 2015

Royal College of Physicians and Surgeons of Glasgow

Join us for our flagship medical symposium - Medicine 24. This two day interactive educational event provides a comprehensive update on general internal medicine, focusing on the optimal management of conditions within the first 24 hours of admission. The symposium will bring together a faculty of national and international experts, who will deliver the highest quality and most current thinking on the optimal care of the acutely sick within the first 24 hours of admission. The event is aimed particularly at doctors who participate in the acute medical intake, in addition to their core specialty work and will be of interest to both trainee doctors and consultants.

Topics and speakers include:

Medicine on the frontline - lessons from Afghanistan

Dr David Patch, Consultant Physician and Hepatologist, Royal Free Hospital London

Sepsis - the brave new world

Professor Mervyn Singer, Professor of Intensive Care Medicine, University College London

PTE - who should receive thrombolysis

Professor Stavros V Konstantinides, Professor for Clinical Trials and Medical Director Center for Thrombosis and Hemostasis (CTH), Johannes Gutenberg University of Mainz, Germany

For a full programme and to take advantage of early bird booking rates, please visit <http://rcp.sg/Medicine24>

NEW DIRECTOR FOR CASC



Ian Colquhoun has been appointed as the new Director for the Clinical Anatomy Skills Centre (CASC). Mr Colquhoun was previously Vice President (Surgical) (2011-2014) and Deputy Director of Surgical Examinations (2008). He has played a key role in establishing the international Joint Surgical Colleges Fellowship Examinations. In his new role as Director of CASC, he will lead the strategic direction and development of cadaveric skills training at out state of the art skills centre. ■

RECRUITMENT



Director of Surgical Education

We are currently seeking to appoint a director of surgical education. The successful candidate will work primarily with the Vice President (Surgical) and the Education, Training and Professional team to support and guide the delivery of surgical

education by the College to the highest standards. This is a three year post, which may be extended by mutual agreement. The closing date for applications is 31 March 2015

Further details of all vacancies listed are available at <http://rcp.sg/careers> ■

NEW MEMBERS

Welcome to all surgeons admitted to the College during November-January.

Fellow qua Surgeon – FRCS(Glasg)

Ishtiaq **Ahmed**
Marwan **Al Zarouni**
Firas Adnan Hussein **Al-Timimi**
Piotr Ludwik **Chlosta**
Hussain **Dashti**
Muhammad Ishaque **Khan**
Georgios **Kontorinis**
Ravi Arun **Mahajani**
Subramanian **Manikkavelayutham**
Vengalathur Ganesan **Ramesh**
Amulya Kumar **Saxena**
Jan Dieter **Schmitto**

Fellow qua Surgeon in Ophthalmology – FRCS(Glasg)

Kanika **Aggarwal**
Abdelsattar Nasser **Ahmed Farrag**
Mahmoud Mohammed Ahmed **Ali**
Luay M **Al-Khalili**
Sumathi **Arun**
Mohamed Mohamed Mustafa **Attwa**
Muna Mohamed **Azouz**
Amany Abd Elziz Ali **Eladl**
Mohamed Mahmoud Hussine Mohamed **Elhanan**
Mohammed Mohamoud Abdel Salam **EL-Sayyed**
Arjumand **Farooq**
Nader **Fawzy**
Mohamad Tawfeek **Hakim**
Omar Abdel-Ghany Mohammed **Hassan**

Muhammad Hannan **Jamil**
Zeeshan **Kamil**
Yousaf Jamal **Mahsood**
Hala Kamal Mohamed **Mattout**
Khaled Kotb Abdallah **Mohamed**
Khaled Kotb Abdallah **Mohamed**
V **Muthu Krishnan**
Sukant Harendra Deo **Pandey**
Shivana **Persad**
Sumita **Phatak**
Ghada Zein El-Abedin Abd El-Rahman **Rajab**
Shilpa **Singh**
Moataz Mohammad Wessam **Taha Abd Elfattah**
Rahul Ashok **Tiwari**
Anshuman **Vaish**
Latha **Viswanathan**

Fellow in Urology – FRCSGlasg(Urol)

Zubeir **Ali**

Fellow in Trauma and Orthopaedics – FRCS(Glasg)(TR&Orth)

Romel Ali Mahmoud **Amr**
Alastair Stuart **Vince**

Fellow in General Surgery – FRCS(Glasg)(Gen Surg)

Chun Kheng **Khoo**
Qaiser **Jalal**
Benjamin Hsiang-Loong **Tan**
Elizabeth Fiona **Leitch**
Jolene **Witherspoon**

Member qua Surgeon in ENT – MRCS(ENT)(Glasg)

Jian Li **Tan**

Member qua Surgeon – MRCS(Glasg)

Robert Graham **Anderson**
Anil Kumar **Bagrecha M**
Anindya **Basu**
Abdul Hameed Mohammad Ayub **Bedrekar**
William David George **Evans**
Helen **Ewan**
Martin **Galea**
Mark **Galea**
Vipul **Garg**
Ryan **Ghita**
Sanjay Kumar **Gupta**
Fraser John **Henderson**
Dehan **Hong**
Divesh **Jalan**
Georgios **Kleftouris**
Luthan **Lam**
Sze Wei Justin **Lee**
Alastair Crawford **McKay**
Annapoorna Yogish **Pai**
Warzer **Said**
Francesca **Savioli**
Kyaw Zayar **Thant**
Alex **Vesey**
Jonathan **Victor**
Stacy **Wardle**

INTERNATIONAL ORTHOPAEDICS AND TRAUMA SYMPOSIUM

This international symposium is not to be missed and is a date worth noting in the diaries of all orthopaedic trainees and consultants.

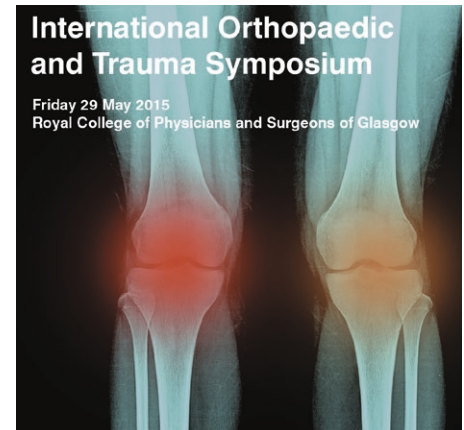
Event Director Drummond Mansbridge, along with the input of Dominic Meek, Sanjeev Patil, Bryn Jones, and Jim Huntley has brought together a comprehensive programme which will combine a half day focusing on trauma with a half day on reconstruction. The symposium will have an interactive emphasis and there will also be additional opportunities to engage with focused sponsor workshops on key areas.

The symposium will bring together a comprehensive range of expertise with an excellent cohort of both nationally and internationally recognised speakers including:

- Professor Bill Ricci, Orthopaedic Surgeon and trauma specialist, from the Washington University School of Medicine, St Louis, Missouri
- Dr Basram Masri from Vancouver

- Dr David Beverland from Belfast
- Mr Fergal Monsell, Consultant Orthopaedic Surgeon from Bristol
- Professor Chris Moran from Nottingham
- Mr Muthu Jeyam from Manchester

A symposium with this focus has come in response to continued demand and is one not to be missed. Please be advised to pencil this one into your diaries and keep an eye on the College's website for further updates and details of speakers' topics; also look out for email updates which will be coming out to Fellows and Members in due course. ■



In Brief

MRCS fees tax deductible

Trainee surgeons who take the MRCS exam can now claim tax relief on it. Trainees who pay for the exam themselves and are employed on a training contract as either Core or Specialty Trainees can claim tax relief. You will need to complete a form P87 or do so through self-assessment tax return. You can claim a tax refund for any of the previous four tax years – claims for the 2010-11 tax year need to be made before 5 April 2015. Further details on how to claim can be found at www.gov.uk

New membership rates

We are delighted to announce new membership subscription rates for surgeons – the new rates are the most competitive in the UK and offer excellent value for money. Membership offers a wide range of benefits including discounted CPD-accredited educational events, cadaveric skills training, mentorship, and a library Athens account. Current Membership subscription rates for UK-based surgeons are:

Glasgow – £147
Edinburgh – £300
London – £315 ■



MRCS OSCE exam

Forthcoming exam dates and locations

⇒ 10 May 2015	Salford
Applications Closing date: 06 Mar 2015	
⇒ 21/22 May 2015	Glasgow
Applications Closing date: 06 Mar 2015	
⇒ 04 Oct 2015	Salford
Applications Closing date: 24 Jul 2015	
⇒ 08/09 Oct 2015	Glasgow
Applications Closing date: 24 Jul 2015	

apply today
<http://rcpsg.mrcs>

More information
mrcsb@rcpsg.ac.uk
 +44 (0)141 221 6072



JOINT TEMPOROMANDIBULAR/ ORAL CANCER SYMPOSIA



We recently hosted two half day symposia for final year Aberdeen and Dundee dental students. It was an early rise for the East coasters for the 10am start at our College in Glasgow. However this was offset by the welcoming bacon, sausage, and egg rolls! The day finished at 5pm with a historical tour of the College and was punctuated with more excellent food from College chef Richie Holmes and his team. Many students indicated their intention to become introductory members. ■



GRADUATE ATTRIBUTES WEEK

The College hosted a very successful attributes week for final year Glasgow dental students in December. The week started with an evening reception and buffet followed by career talks from colleagues in general dental practice, the public dental service, hospital NHS practice, and university/hon NHS academics

and teachers. Other items covered in the week were: management and leadership, CV writing and interview techniques, quality management, and finally mock interviews where each student was taken through the sort of question scenarios that they are likely to face in their vocational trainee (VT) interviews. ■



NEW MEMBERS

Welcome to all dentists admitted to the College during November-January.

Member of the Dental Faculty – MFDS RCPS(Glasg)

Sherif Mohamed Hassan **Abbas Ali**
 Sara **Abdelgabar**
 Karim Mohamed **Abdel-Khalek**
 Anika **Agrawal**
 Sefaakor Ernette Adjo **Ahiaku**
 Mehwish **Ahsan**
 Mohammed **Al-Darwish**
 Mohammed Abdullah **Al-Rafee**
 John David **Alton**
 Bilal **Alvi**
 Saadia **Andaleeb**
 Sara **Aziz**
 Jessica Hayley **Barzillia**
 James **Bird**
 Louise **Bowyer**
 Laura Jane **Chapman**
 Ailish Suzanne Emuss **Clark**
 Callum Alexander **Connick**
 Susan **Dakers**
 Mark M **Davidson**
 Laurie Aidan **Davies**
 Jagdeep Singh **Deogan**
 Salina **Din**

Ignacio **Farga-Ninols**
 Jennifer Louise **Galloway**
 Kaila **Girvan**
 Nikhil **Gogna**
 Sarah **Gossiel**
 Rachel **Griffiths**
 Jessica Isabel Sarah **Grudgings**
 Amrita Pankaj **Halder**
 Carissa Jane **Hall**
 C **Hariprasath**
 Aftab Sean **Hasnain**
 Christina Wan Jing **Ho**
 Sabarinathan **Jaganathan**
 Jessica Frances **Johnson**
 Naomi **Keirby**
 Claire Louise **Kennedy**
 Pamela Wallace **Kent**
 Beth Lee **Kidd**
 Radhika **Kotecha**
 Felicity Constance Cecilia **Laird**
 Nicola Jane **Lapsley**
 Robert David **Lewis**
 Ka Ho **Liu**
 Alexandra Sophie Georgia **Lyne**
 Christine **Lyttle**

Claire **Macdonald**
 Ailsa Lauren **Malone**
 Catherine **McCann**
 Iain Kenneth **McKinnon**
 Nazia **Miah**
 Ciaran Eoin **Moore**
 Salma Abdul **Moulana**
 Eva Maria **Munoz** Aguilera
 Gareth **Nugent**
 Carla Jayne **Overend**
 Michael Samuel **Paterson**
 Georgina Beth **Peck**
 Alexandra Claire **Perks**
 Jennifer Dorothy **Rae**
 Naeem **Rashid**
 Charlotte Rose Louise **Rowles**
 Adesh Manhar **Savla**
 Sara Batool **Shah**
 Faiza **Shaib**
 Yuki Nakano **Stewart**
 Fleur Rachel **Stoops**
 Claire Louise **Stubbs**
 Nidah **Tahir**
 Lydia **Thom**
 Hanako Ishikawa **Ulidowski**

HONORARY FELLOWSHIP

Vice President (Dental) and Dean of the Faculty of Dental Surgery, Professor Richard Welbury, has been awarded an honorary fellowship from the Faculty of General Dental Practice (UK).

Professor Welbury was chosen to receive this award because of his notable contribution to the field of paediatric dentistry, and his considerable influence through his publications and his roles as President of both the BSPD and the EAPD. In addition, through his current role as Dean of our Dental Faculty, he has demonstrated his ongoing commitment to the wider dental profession and to patient care.



Professor Richard Welbury

Professor Welbury received his Honorary Fellowship from Dr Trevor W Ferguson, the Dean of the FGDP(UK). ■

MFDS EXAM

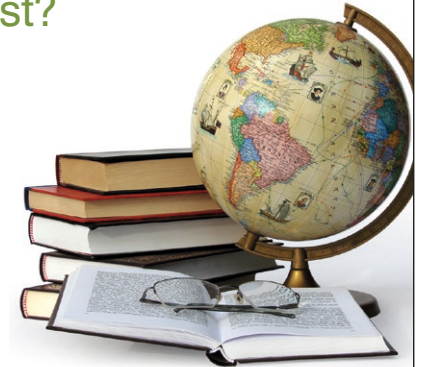
The College now has four collaborating centres in India for the MFDS exam:

- The Maulana Azad Institute of Dental Sciences (MAIDS) in Delhi.
- The Maharishi Markandeshwar University, Mullana, Haryana.
- The Rajarajeswari Dental College and Hospital, Bangalore.
- The Manipal College Of Dental Sciences, Mangalore.

We look forward to developing our collaborations with colleagues in these centres to host parts 1 and 2 preparatory courses as well as parts 1 and 2 examinations in both north and south India. ■

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and skills, or widen your
international experience?**

More than £20,000 worth of
funding is now available



Dental Scholarships and Awards

CLOSING 30 APRIL 2015

TC White Young Researcher Grant

Up to £10,000 awarded annually as a start-up fund for individuals at an early stage in their career

TC White Observership Award

Two grants of £2,000 to cover travel and accommodation costs for non-UK residents wishing to gain experience at a Centre of Excellence.

TC White Lecture Award

£1,000 to enable individuals at an early stage in their career to present a lecture at a professional meeting.

TC White Travel Grant

Three grants up to £2,000 each for assistance with travel and accommodation for attending symposia and gaining clinical and/or research experience.

Open to individuals with no alternative means of support to gain experience outside the UK

Aileen Lynn Bequest Fund

Available to medical, surgical and dental professionals involved in the field of cancer research.

**Apply now and find out more online at
rcp.sg/scholarships**



BOOK REVIEW

The Fever: How malaria has ruled humankind for 500,000 years

By Sonia Shah (reviewed by Sandra Grieve FFTM RCPS(Glasg))



The mosquito-borne disease malaria is no respecter of humans who invade their space. Over the centuries, popes, explorers and armies along with local populations in endemic countries have succumbed to this deadly

disease. Despite the discovery of the parasite decades ago, malaria continues to kill thousands of people annually, most of them children. In *The Fever*, Sonia Shah recalls childhood

visits to India, where relatives ridiculed her discomfort and laughed at her bleeding bites. She questions and researches malaria history and looks behind the science in pursuit of answers as to why it has never been eliminated. Millions of "celebrity" dollars have been poured into prevention and treatment and although gains are slowly reaping rewards malaria is still with us and still killing too many people. This is a "can't put it down" book. I applaud the author's detective skills and the reminder of the power of nature and the resilience of a tiny parasite.

We expect a Malaria matters module to be available on the College website in the near future. ■



CONFERENCE UPDATE

By the time College News goes to print the Faculty will have been represented in Oman by the Secretary and Dean at the Ministry of Health/Faculty of Travel Medicine joint conference in Muscat on the 14-15 February 2015.

Dates for your diary:

Thursday 12 March | Holburn Bars, London
Joint Royal Pharmaceutical Society/Faculty of Travel Medicine Conference: **Travel Medicine - Beyond Vaccines**

We are pleased to announce that the 3rd joint conference between the Faculty of Travel Medicine and the Royal Pharmaceutical Society is taking place in London on 12 March 2015. The title *Travel Medicine - Beyond Vaccines* reflects a theme that is looking at the wider aspects of risk assessment in the travel health consultation and non vaccine preventable risks as well as the place for Pharmacists to deliver a travel health service.

Full details of the programme and registration details can be found can be found at <http://www.rpharms.com/conferences/travel-medicine-2015.asp>

Saturday 28 March | De Montford University, Leicester

Joint British Global and Travel Health Association (BGTHA)/Faculty of Travel Medicine Conference: **The Adventurous Traveller**
The conference will have two symposia: The Gap Year Traveller and Environmental Risks for Adventurous Travellers.

There will be a choice of workshops:

- Malaria and multiple destinations
- Ethics within Travel Medicine
- Risk-Taking Behaviour
- School Expeditions
- Medical Electives
- Occupational Health in Adventurous Locations

Three plenary sessions will also be held, covering the following topics:

- The Immunocompromised Traveller
- Travelling with a Disability
- Mental Health Issues in Adventurous Travellers

24 - 28 May 2015 | Quebec, Canada
Congress of the International Society of Travel Medicine (CISTM)

1-4 June 2016
6th North European Conference on Travel Medicine (NECTM) in London
<http://nectm.com> ■

NEW WEB COLLECTION ON EMERGING INFECTIOUS DISEASES

The current Ebola outbreak in West Africa has focused the world's attention on the threats posed by emerging infectious diseases and the challenges associated with their surveillance and control. This online collection pulls together some of the original research articles, reviews, commentaries and editorials published in Transactions of the Royal Society of Tropical Medicine & Hygiene and International Health from 2012 to 2015, focusing on emerging and re-emerging infectious diseases. Access at http://www.oxfordjournals.org/our_journals/trstmh/emergingdiseases.html

The collection is available to all until 31 March 2015. After 31 March 2015 the collection will only be accessible to RSTMH Fellows. ■



COURSES AND EXAMINATIONS

Foundation in Travel Medicine

The Foundation in Travel Medicine Course runs on Monday 18 - Tuesday 19 May 2015. Details about the course are on the College website and applications are still being accepted. Further information is also available from course administrator, Lesley Haldane: email lesley.haldane@rcpsg.ac.uk

MFTM Part 1

MFTM Part 1 exam on Monday 7 September 2015 will run in both the UK, and for the first time in South Africa.

Applications are currently being accepted – please check the website for further details. ■

REMEMBERING CAMERON LOCKIE

We are sad to announce the death of Dr Cameron Lockie on 24 January. His funeral was held on 12 February in Alveston. He was 76 years old and had been ill for several years.

Cameron was an Edinburgh graduate and after five years' service in the RAF became a General Practitioner in Stratford in 1972, retiring in 1998. He then became a visiting Professor of Family Medicine in Oman and was awarded an MBE for services to medicine in 1999.

He was one of the prime movers in the development of Travel Medicine, was closely involved with the development of the Glasgow Diploma and the Cameron Lockie prize is now given annually to the best Diploma student. He was the lead Editor of one of the first textbooks in Travel Medicine published in 2000 and was instrumental in setting up the British Global and Travel Health Association in 1996. He was a guiding light behind the formation of the Faculty of Travel Medicine for which discussions with Royal Colleges commenced considerably

before the Faculty was formed in 2006 and appropriately became a founder Fellow. Those of us who were his colleagues remember him as a kind and gentle physician and a wonderful medical educator.

Donations in memory of Cameron are to be divided between Galanos House Amenities Fund and Alzheimer's Research UK to: c/o A.E. Bennett & Sons, 34 Sheep Street, Stratford-Upon-Avon CV37 6EE (cheques payable to 'A.E. Bennett & Sons Donations Account'). ■

In Brief

TRAVAX celebrates 30 years

2015 marks the 30th anniversary of TRAVAX, which was created in 1985 in response to the demand for travel health information from primary care in Scotland and is now widely used by healthcare

professionals throughout world. TRAVAX currently has 17,000 users in 24 countries. Sign up to the TRAVAX newsletter at: nss.travaxanniversary@nhs.net You don't have to be a registered user of TRAVAX to sign up for the newsletters. ■

NEW MEMBERS

Warmest congratulations to the following new Member admitted to the Faculty of Travel Medicine from November-January 2014/15:

Member of the Faculty of Travel Medicine – MFTM RCPS(Glasg)
Dudley J M Graham



JOURNAL CLUB

The latest edition of our journal club was held in the College library on Thursday 12 February. During the session, we discussed the paper: Neal BS, et al (2014) Foot posture as a risk factor for lower limb overuse injury: a systematic review and meta-analysis. Journal of Foot & Ankle Research. Vol 7 (55)

<http://www.jfootankleres.com/content/7/1/55>

As well as the group attending at the library, we welcomed participation on twitter via the hashtag **#rcpsgfp**

Anyone unable to attend the journal club in person who would like to get involved can also join the discussion via Google Hangouts. To set this up, simply add Royal College of Physicians and Surgeons of Glasgow to your Google+ circles in advance of the next meeting. You can find us on Google+ at <http://rcp.sg/fpmjournalclub>

The next journal club will take place on 9 April. An email with further details will be sent to all members of the Faculty in due course. ■



NEW MEDALLION FOR FACULTY DEAN

A new medallion for the Faculty Dean has been designed by Glasgow School of Art student Rachel Blair. Rachel's medallion was the winning design in a competition held by the Faculty in partnership with the Silversmith and Jewellery lecturer at the

NEW MEMBERS

Welcome to all new members of the Faculty admitted during November-January.

Fellow of the Faculty of Podiatric Medicine – FPPM RCPS(Glasg)

Mark Francis **Gilheany**
Pamela **Price**

Member of the Faculty of Podiatric Medicine – MFPM RCPS(Glasg)

Nicola **Blower**
Charles **Fraser**
Kym **Hennessy**

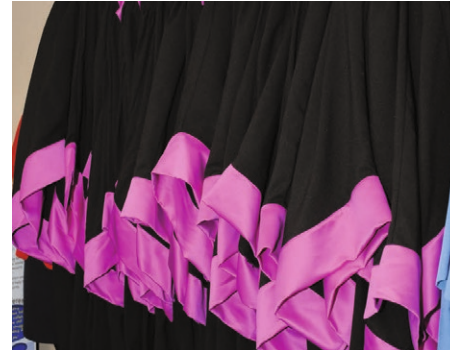
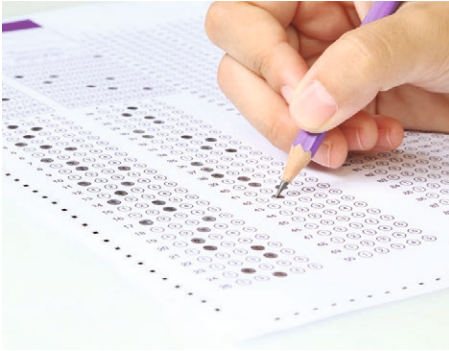


Dean of the Faculty, Stuart Baird, and medallion designer, Rachel Blair, with the new medallion

Art School, Jonathon Boyd who is well known for his designs of the Glasgow Commonwealth Games medals.

The new medallion was presented to

the Dean at an informal ceremony in the College on 13 February. The group attending enjoyed hearing from Rachel about the processes used to create her beautiful design. ■



Membership of the Faculty of Podiatric Medicine (MFPM) exam launching in November 2015

Success in the **MFPM examination** leads to Membership of the **Faculty of Podiatric Medicine of the Royal College of Physicians and Surgeons of Glasgow** and entitlement to use the postnominals **MFPM RCPS(Glasg)**

Exam format

Part 1 Written paper with multiple-choice questions

Part 2 Structured oral examination including portfolio assessment

Applicants must have a relevant first degree and one year's post-registration experience in podiatric medicine practice

**MFPM Part 1
exam
November 2015**
*Sign up
today*

MFPM Part 1 is a written multiple-choice paper comprising 180 questions.

The syllabus is divided into three distinct sections:

- podiatric medicine (50%), containing questions relating to the sub-specialties in this area of podiatric practice
- diagnostics (25%), which is centred on imaging and lab-based tests
- pharmacology (25%)

A comprehensive online education programme will be available to support you as you prepare for the MFPM exam

Sign up today www.rcpsg.ac.uk/podiatric-medicine

Find out more

email mfpm@rcpsg.ac.uk

call +44 (0)141 2216072

LIBRARY UPDATE

Did you know that College members who have registered for a Shelcat card can borrow books from our library? Honorary Librarian Mr Roy Miller provides an update.



Honorary Librarian Mr Roy Miller

In addition to our historic collection we have a selection of textbooks in the various faculty specialties which we endeavour to keep up to date. They are available for study. Examiners often consult them prior to conducting oral exams "to refresh their memories".

We are constantly adding new volumes to our book stock, aided by an annual contribution from the charitable trust, Baillie's Institution, which enables us to include books of general and historical interest.

Among our recent purchases I can personally recommend the following:

'The smile revolution in eighteenth century Paris' by Colin Jones who has a special interest in French history of the 18th Century. Dental colleagues will appreciate how the author relates the altering smiles

in 18th Century portraiture to the progress of dental care in Paris from 'tooth pullers' to 'chirurgien dentistes' and to Dubois de Chémant with his mineral paste teeth which he first manufactured at the Sèvres factory.

'In the front line: a doctor in war and peace', is a memoir of service as a young medical officer in Gallipoli and the often forgotten Mesopotamian Campaign, written by Dr Alec Glen who went on to become a highly respected physician in Glasgow's Victoria Infirmary.

'Collector's daughter: the untold Burrell story', is a poignant story of Marion Burrell, sympathetically written by her Goddaughter Sue Stephen. Sir William Burrell treated his only daughter Marion harshly, ensuring the end of each of her three engagements in the belief that none of the men were worthy of her. Nonetheless she survived, relatively impoverished, and changed her name to Sylvia.

As I write this I am engrossed by the story of *'Doctors without borders: humanitarian quests, impossible dreams of Médecins sans Frontiers'*. The author Renée Fox explores the organisation's founding principles, distinctive culture and struggles, to realise its transnational vision. This provokes an awe inspiring admiration for the amount of humanitarian work performed by its volunteers.

Much else is on offer, for example *'Dumfries house; an architectural story'* by Simon Green, relates its history, architecture, restoration and furnishings and is worth reading prior to visiting the house.

A variety of historical vignettes of Glasgow are included in our acquisitions. They are bound to give pleasure to any who have an interest in our city.

The library website and blog will provide answers to many of your queries. Catalogue details of over 18,000 books are available online from our Library Catalogue at [http://rcpsg/shelcat](http://rcpsg.shelcat) so why not visit, browse, and even borrow from our library? ■

AN ARCHIVAL TREASURE TROVE: THE MACDONALD PAPERS

The College Library has recently received a new archive collection – the Macdonald family papers (RCPSG 118). The papers were most generously gifted to the College by Mrs Mabel Cannon and consist of items relating to Mrs Cannon's grandfather, Dr John Macdonald (1841-1879) and her father, Dr Reginald Macdonald (1877-1953).

Dr John Macdonald was the son of Alexander Macdonald of Lyndale, Isle of Skye. He was educated in Glasgow and Paris and a large part of his papers consist of tickets and



Dr John Macdonald (RCPSG 118/1/11)

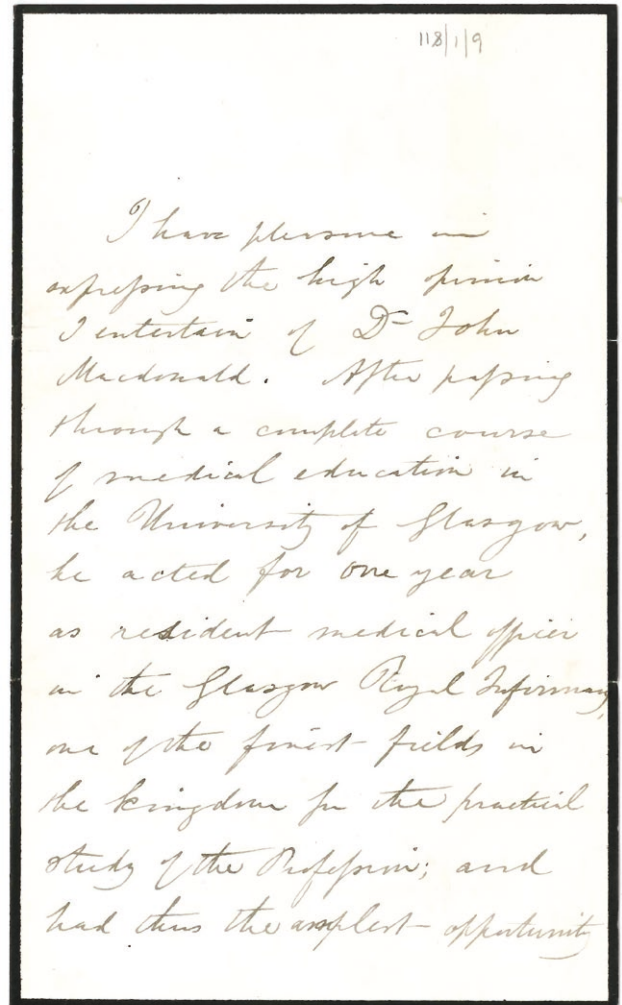
certificates of attendance at classes when a medical student. Of particular interest to the College is a certificate from the Faculty of Physicians and Surgeons of Glasgow for passing a Latin examination in 1859. There is not another example of this type of certificate in the College archive. Macdonald appears to have been a very diligent and gifted student. Amongst his testimonials is one from Joseph Lister, Professor of Surgery in the University of Glasgow, stating that John Macdonald 'acted for one year as resident medical officer in the Glasgow Royal Infirmary, one of the finest fields in the kingdom for the practical study of the profession'. Lister describes Macdonald as 'endowed with acute intelligence and a very sound judgment, and further that he is in every respect a thorough gentleman'.

Macdonald gained a Licentiate's diploma from the Faculty of Physicians and Surgeons of Glasgow in 1862 and an MD from the University of Glasgow in the same year, becoming a Fellow of the Faculty in 1863. He appears to have had an adventurous existence, travelling to South America and settling in Buenos Aires. He joined the Argentine army and he rose to the rank of surgeon-major. An outbreak of yellow fever struck Buenos Aires in 1871 and Macdonald was twice struck down with the fever as he treated his stricken patients. With his health irretrievably damaged, he came back to the Isle of Skye and died on 7 December 1879.

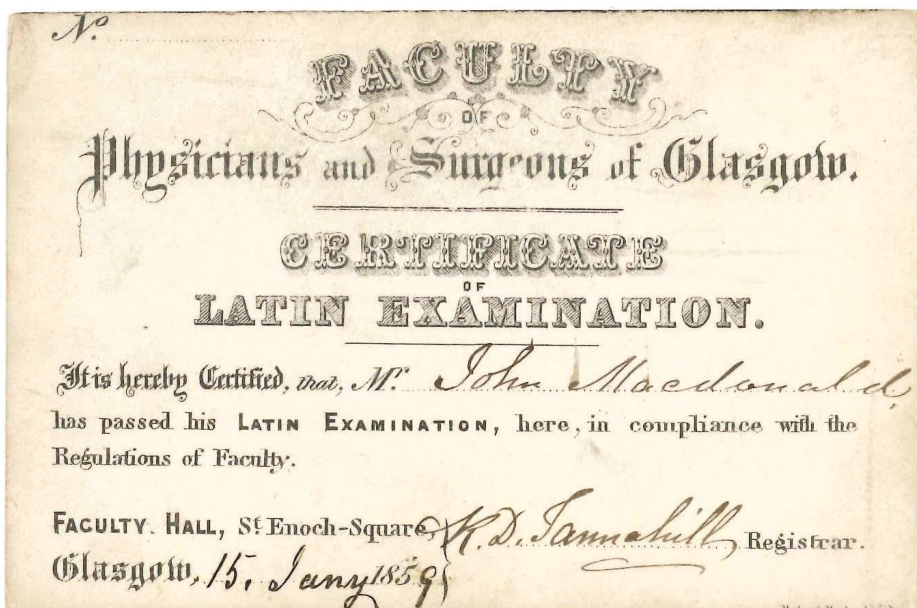
John Macdonald's son, Reginald, also became a doctor. He studied at Anderson's College, Glasgow and gained the Triple

Qualification in 1903. He, too, sought opportunities abroad and his mother wrote to Lord Lister to see if Lister could recommend a steamship company as a potential source of employment. Lister replied in a letter dated 11 July 1903 that the only steamship company that he had knowledge of was the Union Castle Mail Steamship Company and that 'it might possibly help your son if he were to write to the Company saying that I had advised him to make application for a surgeon's appointment in one of the ships'. The papers do not tell us if Reginald did find such employment but we do know that he subsequently became the Surgeon Superintendent for the Transvaal Government Chamber of Mines Importation Agency. By 1911 he had returned to Scotland, and was living in Oban and later moved to Salen on the Isle of Mull.

The papers have been catalogued and are available for researchers to study. Should you wish to view them please email library@rcpsg.ac.uk to arrange an appointment. ■



Testimonial written
by Joseph Lister (RCPSG 118/1/9)

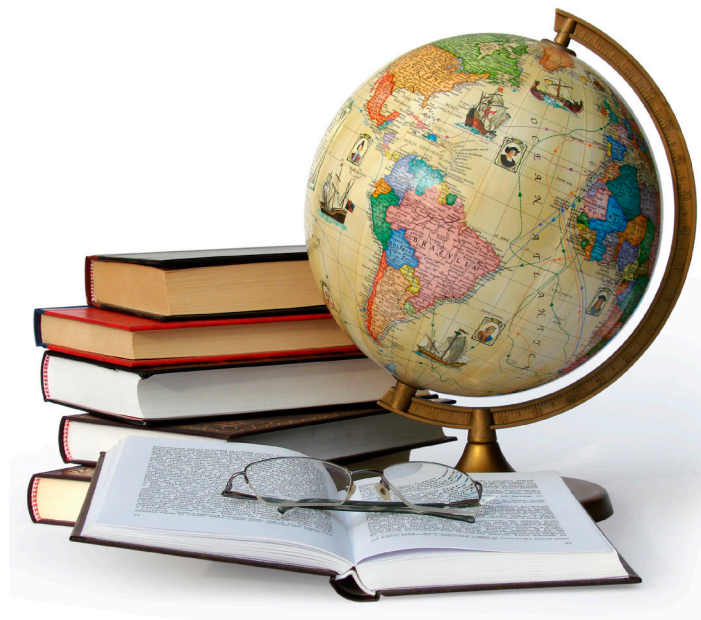


Latin Certificate of the Faculty of Physicians and Surgeons of Glasgow (RCPSG 118/1/1)



Dr Reginald Macdonald (RCPSG 118/2/3)

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College Scholarships and Awards

CLOSING APRIL 2014

Walker Trust Fellowship

Up to £20,000 now available for research into rheumatic diseases

Open to anyone working in the area of rheumatic disease

This award is only available once every three years.

Davies Foundation Travelling Fellowship

£10,000 now available for a sabbatical, further study or research into cancer and its related specialties

Open to all Fellows and Members working in the area of cancer and related specialties

Two awards are made per year for up to £10,000 each

Lachlan McNeill Scholarship in Ophthalmology

£1,000 available to enable junior doctors to extend their knowledge, experience or training in ophthalmology

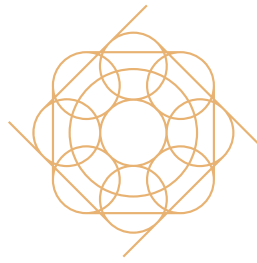
Ethicon Foundation Fund Travelling Fellowship

£900 available to assist trainee surgeons to travel to centres of excellence to further their knowledge and research skills

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like we do**