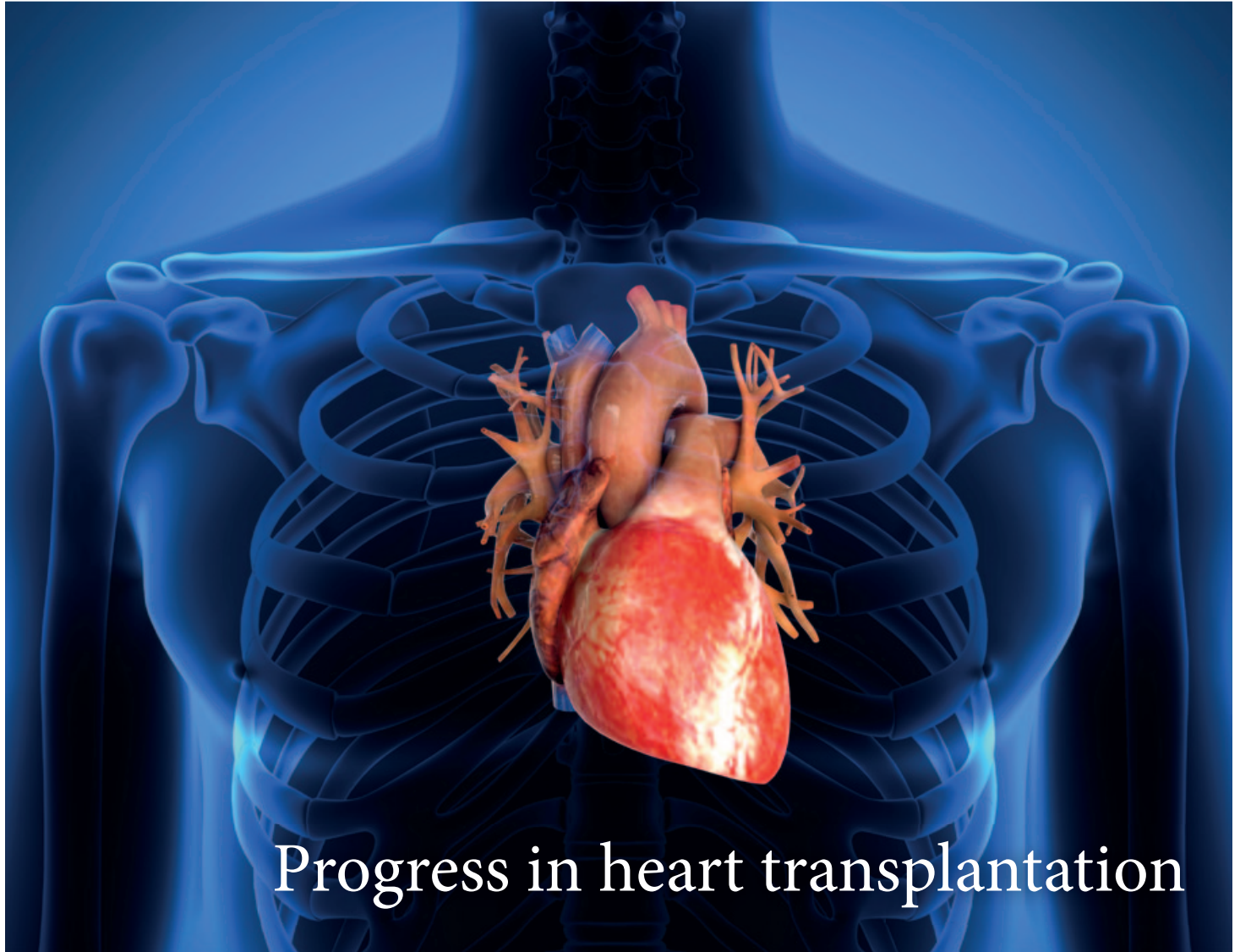


College News

Spring 2014



Progress in heart transplantation



**PACES
in Myanmar**



JSCFE Exams



Dental Update App



2013 Review



My College



ROYAL COLLEGE OF
PHYSICIANS AND
SURGEONS OF GLASGOW

Contents

YOUR COLLEGE

From the President's Office	03
Events for all	04
Robert Burns and medicine	04
New Vice Presidents welcomed	05
Announcements	05
Revalidation	06
College Scholarships & Awards	06
A warm welcome in UAE and Oman	07
What our College is saying	08
Progress in heart transplantation	09
Money matters	10
Advancing Excellence in Healthcare 2014	11
The Mentorship Programme – <i>perspectives from Pakistan</i> <i>Dr Mohammad Imran Zaboor FRCS(Glasg)</i>	12

PHYSICIANS

Multimorbidity	13
PACES launched in Myanmar	13
New Medical Director for MRCP(UK)	13
Event Calendar	13

SURGEONS

First JSCFE exams take place <i>John R McGregor FRCS(Glasg)</i>	14
ISCP report – next steps	14
Event Calendar	14

DENTISTRY

Dental Update App	15
Temporomandibular Disorders (TMD) Symposium	15
TC White Oral Cancer Symposium: Review	15
Event Calendar	15

TRAVEL MEDICINE

A review of 2013 <i>Mike Jones FFFM RCPS(Glasg), Dean of the Faculty of Travel Medicine</i>	16
Event Calendar	16

PODIATRIC MEDICINE

My College <i>Joanne McCardle FC PodMed FFPM RCPS(Glasg)</i>	17
Exam development	17
Event Calendar	17

LIBRARY & HERITAGE

500th Anniversary of the birth of Vesalius	18
Training to improve search skills	18

Produced by the Membership Services Unit

Editor: Elaine Mulcahy

Design: Frame

Print: 21 Colour

If you are interested in contributing to our next edition of *College News* please email publications@rcpsg.ac.uk – submission deadline 11 April 2014.

Copyright 2014. The text and images in this document may not be reproduced without permission from the Royal College of Physicians and Surgeons of Glasgow. To request permission, please contact the PR and Marketing Communications Manager at the College or email publications@rcpsg.ac.uk



[Click to play the President's video](#)

From the President's Office

Although as I write we are only in January it feels as if New Year is but a distant memory. Nonetheless my very best wishes to you all for 2014. I am now well in to my second of three years as President and am sure that the range of activities we are involved in will continue to be as challenging and rewarding as ever.

At Scotland level, we hosted our Cabinet Secretary for Health and Wellbeing on 20 January and a key agenda item was the balance in consultant job plans between direct clinical care (DCC) and supporting professional activities (SPA) such as teaching, service development and contributions to the Royal Colleges and wider NHS. When the most recent contract was introduced it was agreed that the balance should be 7.5 four hourly sessions to DCC and 2.5 sessions to SPA.

Over the past two years a considerable number of consultant appointment offers in Scotland have been on the basis of 9 sessions of DCC and 1 SPA. Quite frankly, this is inadequate to allow consultants to satisfactorily contribute to all the important areas within SPAs. There is widespread support from all the Royal Colleges for having at least 2 SPA sessions per week. We are hopeful our discussions with the Cabinet Secretary will result in an agreement to implement appropriate change in this regard.

Issues related to the increasing age of our population continue to dominate medical meetings both in the UK and in other parts of the world. The elderly are often referred to as a problem for societies when in point of fact they enhance many aspects of our lives and deserve as the years progress to take centre stage. When ill health does visit them, we need appropriately trained staff to pull together all their various diagnoses and tailor management accordingly.

The specialty of geriatric medicine had as its founding father one of my predecessors Sir Ferguson Anderson. What great vision he demonstrated in identifying the need for this specialty which assumes more importance with each year. I currently sit on a UK Academy committee which is looking into ways of more clearly defining the consultant who has overall responsibility for the patient. This situation appears to have become more blurred in recent years and this has led to a lack of clarity for the patient, their families and staff about who the responsible consultant is. It is appreciated with the triage system that patients often will be looked after by several consultants in the first few days following admission. However if their stay is to be extended and, especially in the elderly, there is a need to identify the named consultant who pulls together all the strands of patient care and is the point of contact for all.

As I write I am about to embark on my first international trip of the year to the Emirates and Oman. The links in Oman extend over many decades thanks to my predecessors, the late Sir TJ Thomson and Professor Ross Lorimer. We are fortunate to have many loyal supporters in all these areas who have assisted us so well particularly in the areas of exams. We are keen to discuss the provision of interactive educational events and exam preparation sessions. We appreciate the great potential of e-learning but the personal contact and interaction with our many specialists remains important.

It is now less than six months to our flagship international triennial conference, Advancing Excellence in Health Care, which will be held at the Scottish Exhibition and Conference Centre on 19 and 20 June. I make no apology for mentioning this again. It is a high profile event for the College and, because of its proximity to the Commonwealth Games, will have as a major theme Sports Medicine and Sports Surgery. The conference is supported by the Commonwealth Games Federation and will include symposia related to all our five faculties, the history of medicine, the Glasgow Lung Conference, and symposia by the University of Glasgow and the Faculty of Sport and Exercise Medicine. We have been most fortunate to attract a wide range of accomplished speakers both locally and internationally and there will be many networking opportunities.

I do hope as many of you as possible will join us for this and also sample the delights of the great city of Glasgow. I look forward to meeting up with you then.

Dr Frank Dunn



Events for all

All events are held in the College unless otherwise indicated.
Further details about College events can be found on the website.

12 March

Glasgow History of Medicine Group

Dr John Turney, "The High Mortality of Acute Kidney Injury: A long View",

17.30 in the Library Reading Room

Booking via library@rcpsg.ac.uk

21 March

Musical Notes

An evening of supper, spirit and song with Scottish Opera

19.00-22.00

24 March

The Law Series – Consent issues, medicine and the law

Presented by Andrew Smith QC

3 non-clinical credits

16 May

Museums at Night Festival

Artist Hugh Buchanan will talk about his work in libraries and archives

18.30 for 19.00

Booking via library@rcpsg.ac.uk

21 May

Incorporation of Gardeners' Lecture

Dr Henry Noltie: "Scottish Surgeons and Indian Botanical Artists"

18.30 for 19.00

Book online at <http://rcp.sg/events>

Dates may be subject to change.

Money Matters Seminar Series

We have teamed up with expert financial organisations to present a series of seminars focused on money management.

16 April

Maximising your income

Presented by Brewin Dolphin

24 June

Retirement planning/pensions

Presented by Chartermarque and LV

About our partners:

Chartermarque Ltd are Pensions Consultants and Chartered Financial Planners

Maclay Murray Spens are Private Client Solicitors

LV are Retirement Consultants

Brewin Dolphin are Investment Management Advisors

Robert Burns and medicine:

Exploring links between physical illness, mental disorder and creativity.

The connections between the life and works of Robert Burns and the medical profession will be explored in a symposium in the College on 29 May.

There is huge interest in all aspects of Robert Burns's life and work in Scotland and, indeed, internationally. This symposium brings together a prestigious line-up of speakers who will stimulate debate and identify areas for future research.

Speakers include:

- Professor Sir Kenneth Calman, who has pioneered the use of creative literature in the teaching of medicis
- Professor Gerard Carruthers, Co-Director of the Centre for Robert Burns Studies, University of Glasgow
- Professor David Purdie, former medical academic and, with Professor Carruthers, co-editor of the recently published Burns Encyclopaedia
- Professor Jane MacNaughton, Co-Director of the Centre for Medical Humanities at Durham University and editor of a book on the relationship between mental health issues in the creative process
- Dr Daniel Smith, an academic psychiatrist leading a research programme on the cognitive epidemiology of bipolar disorder at the University of Glasgow

The audience is invited to provide a vibrant and knowledgeable contribution to the symposium's main discussions and future dissemination of the topics discussed. These discussions will include, but are not limited to, a historico-cultural view of Burns and the medical profession, and analysis of the contemporary significance of the relationship between mental disorder and creativity informed by Burns and manic depression.

This fascinating event will have wide appeal and anyone interested in attending is advised to register early to avoid disappointment.

Book online at <http://rcp.sg/events>



New Vice Presidents welcomed

Dr Jackie Taylor and Mr Mike McKirdy were welcomed as new Vice-Presidents of the College at the Annual General Meeting in December.

The new Vice-Presidents take over from Dr Lawrence McAlpine and Mr John McGregor who have completed their three-year terms in the posts. Many thanks are expressed to Dr McAlpine and Mr McGregor for the significant contribution they have made to the College during their terms of office.

Dr Jackie Taylor, Vice-President (Medical) is Associate Medical Director for Medicine and the Elderly at Greater Glasgow and Clyde NHS. Dr Taylor has a proven, longstanding commitment to the College evidenced by the various roles she has held, including Honorary Secretary (2006-2012), conference director for the inaugural (2008) and second (2011) international triennial conferences, and Chair of the Membership Services Board (2006-2012). She also led the establishment of the College's Regional Advisor Network and has been active on the executive board of the British Society for Heart Failure and the British Geriatrics Society Cardiovascular Division.

Mr Mike McKirdy, Vice-President (Surgical) is a consultant breast surgeon at the Royal Alexandra Hospital in Scotland who brings a wealth of expertise and experience to the College. He has served on the College

Council for eight years as a regional councillor and has represented our College and Scotland on a range of platforms, including the Association of Surgeons of Great Britain and Ireland, the Association of Breast Surgeons and the Surgical Forum. Throughout his career he has undertaken a variety of leadership roles locally, regionally and nationally both in his specialist area and in education and administrative roles.

The following were also welcomed to the College Council at the AGM following elections held during 2013:

- Mr Sanjeev Chitnis, Ordinary Councillor (Surgeon)
- Dr Hany Eteiba, Regional Councillor (South West Scotland)
- Dr Roderick Neilson, Ordinary Councillor (Physician)
- Dr Robin Northcote will complete another term as Registrar of the College
- Ms Michelle Ramanathan, Ordinary Councillor (Surgeon less than 10 years)
- Professor David Richens, Regional Councillor (Surgeon working outside Scotland)
- Dr Adrian Stanley, Ordinary Councillor (Physician)



Announcements

CRC Medal

The Royal Photographic Society is calling for nominations for the Combined Royal Colleges (CRC) Medal, which is awarded for outstanding contributions to the advancement of medical photography or the wider field of medical imaging. Full details of the award, including a nomination form, can be found on the society's website or by contacting awards@rps.org. Nominations close on 1 March 2014.

Admission Ceremony Dates

2014 College admission ceremonies will be held on:

- Wednesday 18 June at the Scottish Exhibition and Conference Centre (SECC),
- Wednesday 12 November at the University of Glasgow

Each admission ceremony will be followed by a celebratory reception. Online registration at <http://rcp.sg/registration>

British Geriatrics Society

Colin Nee has been appointed as the new Chief Executive of the British Geriatric Society.

College closures

The College will be closed on the following public holidays:

- Friday 18 April
- Monday 21 April
- Monday 5 May
- Monday 26 May

OBE for Abhay Rane

Congratulations are extended to Professor Abhay Rane FRCS(Glasg) who received an OBE in the New Years Honours List for his services to laparoscopic surgery.

Up to 40% off with Hilton Worldwide

Members of our College can now benefit from discounted rates at Hilton hotels. Visit hiltonpublicsector.co.uk/rcpsg to book. Proof of membership will be required.

Revalidation

In its first year of operation the new system of checks for doctors practising in the UK has seen nearly 25,000 doctors have their licence revalidated.

The General Medical Council (GMC) agreed to a total of just over 5,000 UK-wide revalidation deferrals following requests from Responsible Officers (ROs). Deferral requests allow ROs to gather more supporting information from doctors in order to make a better informed decision about their revalidation. Deferral requests apply to doctors who:

- Have not been able to gather all the required information by the revalidation submission date—this can be as a result of a career break, parental or sick leave
- Are participating in an ongoing local human resources or disciplinary process, the outcome of which

the Responsible Officer will need to consider before making their recommendation to the GMC

A deferral does not affect the doctor's licence and s/he can continue to practice.

Our College is a member of the Academy Specialty Guidance Group, which was instrumental in the drafting of core guidance on the supporting information (SI) for revalidation. Towards the end of 2013 this group completed work to assess the usefulness of specialty guidance for SI. This involved:

- Surveys of doctors, appraisers and ROs
- A review of helpdesk enquiries across colleges and faculties
- Focus groups of doctors and appraisers

Results indicated that respondents in

general were positive about SI guidance, but that there may be scope for revision to reflect experiences of the first year using the new system.

Our College continues to provide helpdesk and advisory services to Fellows and Members who require information on the process. Please contact revalidation@rcpsg.ac.uk

**REVALIDATION
HELP DESK**
revalidation@rcpsg.ac.uk
<http://rcp.sg/revalidation>

PHYSICIANS

SURGEONS

DENTISTS

TRAVEL MEDICINE

PODIATRIC MEDICINE

College Scholarship & Awards

Closing date: 30th April

TC White Young Researcher Grant - To further your research

Available to: Individuals at an early stage in their career.
Value: Maximum £10,000 awarded annually as a start up fund.
Further information: An excellent opportunity for developing general research skills. A wide range of dental research will be considered.
Application form: T C White Young Researcher Grant Application Form

TC White Travel Grant - To experience new places, new perspectives

Available to: Individuals with no alternative means of support to gain clinical and/or research experience outside the UK.
Value: Three grants up to £2,000 awarded annually.
Further information: Offers assistance with travel and accommodation for presenting/attending symposia and gaining clinical and/or research experience.
Application form: T C White Travel Grant Application Form

T C White Observership Award - To broaden your knowledge

Available to: Non UK residents wishing to gain experience at a Centre of Excellence within the United Kingdom or overseas. Recipients will have the opportunity to gain a two-week period of clinical observation at a centre of choice.
Value: Two grants of £2,000 awarded annually.
Further information: Provides an opportunity to gain experience at a centre of excellence. The Award covers travel and/or accommodation costs for non-UK residents.
Application form: T C White Observership Award Application Form



More information: +44 (0)141 221 6072 | E: scholarships@rcpsg.ac.uk | <http://rcp.sg/scholarships>

A warm welcome in UAE and Oman

The College's Honorary Secretary, Professor Hazel Scott, was delighted to have the opportunity to meet with Fellows and Members in the UAE and Oman during her visit to Dubai as an external examiner recently.

Professor Scott commented on the welcome and interest in College that was expressed by those who attended a reception on Sunday 24 November 2013, many of whom had travelled a significant distance to attend. Attendees included many senior clinicians from surgery, medicine and dentistry.

Some key themes emerged from the discussion at the reception about how our College might continue to support Fellows and Members in the UAE and Oman. These included items such as interactive e-discussion and e-forums, face-to-face delivery of learning, access to exit examinations and locally active College meetings facilitated by a UAE college chapter.

In addition, Professor Scott was delighted to meet the Chief Executive, Medical Director and staff of the Mohammed Bin Rashid Al Maktoum Academic Medical Center and to appreciate at first-hand its superb conference and simulation facilities.

We are keen to learn from the comments of our Fellows and Members in the region.



Professor Scott presented Dr Amer Sharif, Managing Director of the Education Division at Dubai Healthcare City with a quail to commemorate the first sitting of the FRCS Ophthalmology examination in Dubai.

Since the visit, the views expressed during the reception have been discussed within College.

The President and Chief Operating Officer took the opportunity to further progress our relationship with colleagues in the Middle East in January.

The primary aim of the trip was to build on established links and develop new contacts, particularly with a view to increasing our activities and raising our profile in the delivery of education and training. The UAE and Oman were the locations during a hectic but extremely rewarding four day visit.

Key meetings included discussions with Dr Amin Al Amiri, Assistant Under-Secretary for Medical Practice and Licensing in the UAE; Dr Abdullah Al-Futaisi, Director-General of SEHA in Abu Dhabi; Dr Neela

Al Lamki of the Oman Medical Specialty Board; and Dr Ahmed Al-Saidi, Minister of Health in Oman (pictured) who worked with our President during his training in Glasgow.

Visits were made to a number of hospitals throughout the region, including Al Ain Hospital and the UAE University at Tawam. Two receptions were hosted by the President for Fellows and Members - one in Dubai and one in Muscat.

Undoubtedly the visit helped consolidate our growing presence in the region and the forthcoming year promises to see this demonstrated through increased activity in education and training.



What our College is saying

03 January 2014

A day in the life of ... the president of the Royal College of Physicians and Surgeons of Glasgow

Our President, Dr Frank Dunn, was featured in the Guardian. The article, which lays out a typical day in the life of the President, can be viewed on the Guardian newspapers website at: <http://rcp.sg/dayinthelife>

16 December 2013

Seven day week for hospitals in England

We welcomed proposals by the medical director of NHS England, Professor Bruce Keogh, to introduce a seven day working week for doctors in England. About 40% of our Fellows and Members are based in England and, if introduced, these changes will have a significant impact on many of our members.

19 November 2013

More frontline hospital beds are needed

Our College called for more frontline hospital beds in order to put an end to the practice of moving patients between hospital wards to make way for other patients. The call for more beds comes after a recent Scottish survey revealed that patients "boarded" out to other wards spend longer in hospital, are more likely to be re-admitted to hospital and have higher death rates than those being looked after in an appropriate ward for their needs.

The authors have stated that further analysis is required to assess the impact of variables such as age on these findings.

The policy of boarding directly reflects a progressive reduction in frontline beds in Scotland over the past 15 years coupled with a rise in medical admissions. It is acknowledged that this strategy has been slowed down and indeed some 400 more beds have been made available in the past year. However, clearly the number of beds in appropriate locations is inadequate. This issue closely relates to the unstable situation in Accident and Emergency departments where the major cause of congestion is difficulty in finding a suitable hospital location for emergency admissions. This forces staff to board out patients from their appropriate ward to make room for the new patients.

Our College is committed to working with the Scottish Government to eliminate the practice of boarding from the Scottish Health Service.

05 November 2013

Hospital treatment should not depend on the day of the week

Whatever time of day or night a patient arrives at hospital, and regardless of the day of the week, they should expect the same standard of care – this was the outcome of an open discussion entitled "Why should

we extend the working week?" held in the College in November. The event was attended by senior doctors, hospital managers, nursing staff and representatives from the Scottish Government seeking to address the issue of higher mortality among patients admitted to hospital over weekends, particularly bank holiday weekends.

Outcomes from the discussion were:

- There should be equitable standards of care throughout the week, weekends and public holidays
- Practices to prevent admissions need to be examined so that unnecessary admissions are prevented
- Some patients could be discharged from hospital sooner if adequate support services were in place over the weekend. Currently, people admitted to hospital over the weekend need to wait until the beginning of the week to be discharged
- There was little support for outpatient assessment and procedures at weekends. The focus for now should be on ensuring equity of care for acute admissions
- Adequate resources must be provided to address this issue.



Progress in heart transplantation

February marks National Heart Month in the UK and is an opportune time to reflect on progress in the treatment of patients with advanced heart failure.

Professor Nawwar Al-Attar FRCS(Glasg) is the surgical lead of the Scottish National Advanced Heart Failure Service (SNAHFS), which is based at the Golden Jubilee National Hospital in Glasgow. Here he reports on the work at SNAHFS and provides the latest updates on heart transplantation.

I am the surgical lead of a dedicated team of transplant surgeons, cardiologists, intensivists, a psychologist, specialised nurses, transplant coordinators, physiotherapists and dieticians.

Together we ensure that patients whose lives are threatened or disabled by heart failure receive the best care and the most advanced treatment options.

This encompasses the whole spectrum of state of the art medical treatment, resynchronisation therapy, mechanical circulatory support and heart transplantation.

We conduct many trials of novel therapies (for example, gene therapy, ICD and CRT developments and stem cell therapy).

Patients with advanced heart failure who no longer respond to conventional medical therapy are assessed in the service, discussed at multidisciplinary team meetings and considered for heart transplant.

Heart transplantation – lessons from Scotland

Between 1986 and 2003, around 3,000 Scottish patients aged less than 65 were hospitalised each year with heart failure for the first time. 1,000 of these young people were dead within a year.

Historically, a low rate of heart transplantation in Scotland did not reflect the true need for life-saving and life-enhancing treatments such as cardiac transplantation and ventricular assist devices (VADs).

Since 2010, there has been a steady increase in the number of patients undergoing transplantation with a spectacular decrease in postoperative mortality. The 30/90 day mortality rate reduced from 30% in 2011/12 to just 6.25% in 2013/14.

This increase in the number of patients undergoing transplantation was in part a consequence of the significant increase in the number of donor hearts becoming available through the efforts of Organ Donation and Transplantation Directorate.

Scotland has had a 100% increase in organ donors since 2007.

Life after cardiac transplantation

The International Society for Heart and Lung Transplantation (ISHLT) provides up-to-date information on heart transplant experience around the world.

The latest results of long term survival (including data from 1982-2011) indicate a median survival of 10.2 years for males and 11 years for females. Around 20 per cent of patients survive up to 20 years after receiving their new heart. Many recipients of heart transplants return to a normal life and are able to return to work – some have even won medals!

A former patient of SNAHFS, Suzanne Swinson, was diagnosed with advanced heart failure in 2008 at the age of 55. Three years later she was placed on the transplant waiting list and within six weeks a donor had been found. Following her transplant, she returned to fitness and began skiing lessons. I was delighted to hear that Suzanne won three medals at the winter transplant games in France in January this year. Suzanne is inspirational evidence of the ability of some patients to return to a normal life post transplantation.

SNAHFS

As well as transplantation, the Scottish National Heart Failure Service also provides several forms of short and long term mechanical circulatory support. Extracorporeal circulatory oxygenation (ECMO) and ventricular assist devices (VAD), for example, can be implanted in

patients as a bridge to transplant or a bridge to a decision.

We welcome early discussions about suitable patients. If you have a patient that you think may benefit from heart transplant or ventricular assist device as a bridge to transplant, please contact SNAHFS at the Golden Jubilee National Hospital on **0141 951 5340**.

Golden Jubilee National Hospital
www.nhsgoldenjubilee.co.uk

NHS Blood and Transplant
www.nhsbt.nhs.uk

British Heart Foundation
www.bhf.org.uk

International Society for Heart and Lung Transplantation
www.isHLT.org



St Valentine's Day interactive cardiology symposium

Professor Al-Attar was one of a number of experts in heart health who recently presented at the College's St Valentine's Day interactive cardiology symposium. Organised in collaboration with the British Cardiovascular Society, the event focused on interactive sessions to identify common barriers to improving performance and patient outcomes in daily practice. Around 100 people attended the event, which was organised by Dr Hany Eteiba FRCS(Glasg) and Dr Sarah Clarke, and involved expert speakers including the co-director of EuroPCR Cardiovascular Centre in Belgium, Dr William Wijns, and cardiology clinical director of John Radcliffe Hospital in Oxford, Dr Bernard Prendergast.



The second of our Moneymatters seminar series was held in the College in January. Donald Histead from Chartermarque Limited, who has more than 30 years experience in personal tax, presented a seminar on 'Demystifying personal tax'. A summary of the key points discussed is provided here. Please note: advice given is most relevant to Scottish and UK residents.

Demystifying Personal Tax

Donald Histead, Chartermarque Limited

Tax rates

The Scottish Government will have increased tax raising powers from April 2016, irrespective of the outcome of the independence referendum being held later this year. This means that there will be a Scottish rate of income tax and stamp duty which may be different to rates in the rest of the UK.

Tax relief

Individual Savings Accounts, the annual Capital Gains Tax exemption and various Inheritance Tax reliefs available provide routes for tax relief. Shares in the Alternative Investment Market can now be put into ISAs and attract 100% business property relief for inheritance tax purposes after they have been held for two years.

For those with a higher than average risk tolerance, investment in the Enterprise Investment Scheme and Venture Capital Trust could give rise to significant tax breaks.

Avoiding hidden charges

It is possible for those earning £100,000 plus or who have promoted positions to inadvertently end up with a tax charge. If the correct action is not taken, the tax charge could exceed the benefit of increased salary and anyone in this position should seek professional advice.

Inheritance tax

Gifts out of excess income can be made to reduce an individual's inheritance tax bill. This would apply where year on year the individual's annual expenses are less than their net income. Gifting under this exemption needs to be habitual and could be used to pay for things like school fees, life insurance or personal pensions for relatives.

Inheritance tax is charged at 40% on estates valued over £325,000 although where one spouse dies and transfers everything to the other, the survivor has a total nil rate band of £650,000. Outright lifetime gifts to individuals or transfers into trust fall out of the estate should the donor survive seven years.

When making any gift, capital gains tax needs to be considered. Transfers of assets to anyone other than a spouse or civil partner could give rise to a capital gains tax charge. Trusts can be used in cases where the donor wants to retain an element of control over the assets and how they are used.

Equalising incomes

Equalising income between spouses can save considerable amounts of tax, as can making pension or gift aid payments particularly for those who are losing their personal allowance or child benefit.

Capital gains tax

With main residence relief for capital gains tax purposes, it is the case that any property sold with grounds of more than half a hectare or which has not been the main residence throughout its ownership could generate a capital gains tax charge.

Do you have a personal tax issue?

Contact Donald at:

donald.histead@chartermarque.co.uk

Money Matters Seminar Series

We have teamed up with expert financial organisations to present a series of seminars focused on money management.

16 April

Maximising your income

Presented by Brewin Dolphin

24 June

Retirement planning/pensions

Presented by Chartermarque and LV

About our partners:

Chartermarque Ltd are Pensions Consultants and Chartered Financial Planners

Maclay Murray Spens are Private Client Solicitors

LV are Retirement Consultants

Brewin Dolphin are Investment Management Advisors



ADVANCING EXCELLENCE IN HEALTHCARE 2014

19-20 June 2014
Scottish Exhibition and
Conference Centre
12 CPD APPLIED FOR

The Third International Triennial Conference *of the Royal College of Physicians and Surgeons of Glasgow*

Commonwealth Games Federation pledges support for AEH2014

We are delighted to report that the Commonwealth Games Federation (CGF) has announced its support for Advancing Excellence in Healthcare 2014.

The conference, which takes place in Glasgow ahead of the Glasgow 2014 Commonwealth Games, incorporates eight symposia running in parallel over two days. A theme of sport and exercise medicine will run through the conference.

Chair of the CGF Medical Commission, Tan Sri Dr M Jegathesan said, "The Commonwealth Games Federation supports the efforts of the Royal College of Physicians and Surgeons of Glasgow in organising this year's conference to incorporate the essence of medicine's contribution to sport, in general and in particular with reference to the upcoming 17th Commonwealth Games.

"Indeed we look forward to a close collaboration with the medical fraternity in Scotland and in Glasgow in ensuring the optimal medical and public health support to all members of the Commonwealth Games Family."

Conference Director, Dr Robin Northcote said, "We are delighted to have the support of the Commonwealth Games Federation for our flagship international triennial conference.

"Advancing Excellence in Healthcare 2014 will welcome world leaders in the field of medicine, surgery, dentistry, travel medicine and podiatric medicine to Glasgow and is testament to the calibre and international influence of the Royal College of Physicians and Surgeons of Glasgow. We are pleased to have the significance of this event recognised by the Commonwealth Games Federation."



Read the conference blog at
<http://aeh2014.rcp.sg/blog>



Get all the latest conference updates
[@rcpsglasgow](https://twitter.com/rcpsglasgow) #AEH2014

Download a poster and help us spread
the word <http://aeh2014.rcp.sg>

Call for abstracts

Poster sessions are an extremely valuable route to developing presentation skills and building professional networks. Have your work seen by a range of international experts at Advancing Excellence in Healthcare 2014. Submit your abstract by 1 March 2014. Submission guidelines are available on the conference website

Have you registered yet?

Early bird registration rates are available until 28 February 2014. Register now to benefit.

More information, registration and abstract submission:

<http://aeh2014.rcp.sg>

The Mentorship Programme – perspectives from Pakistan

Dr Mohammad Imran Zahoor FRCS(Glasg) recently travelled from his home in Pakistan to attend the College's mentorship programme. He writes about his experiences.

I discovered the mentorship training programme through the College website. Being a medical teacher, it looked like a good opportunity for me and I registered to come and attend. The Training Course runs over four separate days, one day each in October, November and December with one refresher in early summer, so there was a long way to travel.

On the first day of course, the facilitators Nancy Redfern, Graeme Macphee and Giles McCracken started with an introduction which changed my ideas altogether. It was not something to tell the trainees they must add to their routine training. It was not a 'mind training' but a 'soul touching' idea.

Doctors who are overburdened by stress of work, exam pressure, matrimonial life, a highly competitive environment, tough



goals on a daily basis, narrow deadlines, uncooperative colleagues, and so on, find their efficiency markedly affected. Despite being intelligent, resourceful and ambitious, they remain unable to achieve targets in time and to a high standard.

On the mentorship programme senior doctors are trained as mentors and learn tools, techniques and active use of skills. After appropriate matching, mentor and mentee set a mutually convenient time and frequency of meeting. The mentor actively listens to a mentee's problems and unused opportunities, compassionately clears doubts, opens new hopes and possibilities using the mentee's own resources, fitting to his particular situation in everyday life, and supports him or her to achieve desired targets and career progression.

We were ten participants from very different specialties in medicine, surgery, dentistry and podiatric medicine from hospitals throughout the UK as well as India and Pakistan. After a description of each technique, based upon Egan's Skilled Helper model we practiced in groups of two or three.

We learned to discuss the mentee's agenda and resources. The mentor worked toward leverage and set questions for self challenge and brainstorming in a stress free environment which generated new insight, knowledge and skills. The context was work, focusing on the mentee's present and future experience, problems and opportunities to release hidden potential. Possible solutions were proposed and discussed, as the mentee's vague ideas were converted to definite plans for change and development.

I found that the mentor works like a tutor, counsellor, helper and guardian. The mentor-mentee relationship is based upon trust and ethics. It is beneficial for both mentor and mentee in practical life. I used it at three levels: for my undergraduate students, junior doctors and colleagues and found it practical and useful. I also intend to use it in my social circle.

I recommend this training for senior doctors who want to benefit their juniors and improve their own work performance. I recommend resourceful people unable to achieve targets to find a trained mentor for a positive change and development. It will improve communication, leadership and management skills.

Our President Dr Frank Dunn commented,

"The College's mentorship programme is a wonderful opportunity for clinicians at all stages of their careers to develop mentoring skills and for their colleagues to benefit from the development of a supporting relationship. I am delighted to see the rewards of this programme and encourage others to get involved. Access to the mentorship programme is a free membership benefit."

If you are interested in the mentorship programme please contact mentorship@rcpsg.ac.uk or call Lorraine Hannah on 0141 2216072



PHYSICIANS

Multimorbidity

People with multimorbidity (two or more conditions) are increasingly the norm in NHS Scotland, especially in elderly and deprived populations. Yet, most services, many policies and most research and evidence-based guidelines are based on single conditions. Many patients with multimorbidity experience fragmented and poorly coordinated care.

We are holding a symposium on multimorbidity in May which will draw on leading research evidence from home and abroad, and describe the impact of

multimorbidity on individuals, professionals and clinical services. Patients and professionals working in many areas of NHS Scotland will compare their experience of the challenges posed by multimorbidity and consider the implications for how services should develop in the future.

For further information including full programme and registration details, please visit <http://rcp.sg/multimorbidity>

Multimorbidity symposium
27 May 2014

PACES launched in Myanmar

MRCP(UK) Part 2 Clinical Examination (PACES) was held in Myanmar for the first time in 2013. A pathfinder and training event took place in Yangon, Myanmar in mid-September. This was followed by the first live examination in November.

In 2014 and subsequent years, the New Yangon General Hospital will host PACES for three days during the first and third assessment period, accommodating a complement of 90 candidates. PACES chair, Dr Kenneth Dagg said: "Our newest centre in Myanmar is a welcome addition to our international exam capacity and will provide more candidates with the opportunity to sit PACES without the need to travel to the UK."



Nobel prize winner, Aung San Su Kyi, attended the Federation dinner in Myanmar

New Medical Director for MRCP(UK)

Dr Andrew Elder took up post as MRCP(UK) Medical Director on 1 January 2014 replacing Professor Jane Dacre who demitted in December.

Dr Elder is a consultant Geriatrician based at the Western General Hospital in Edinburgh and brings extensive experience of working with MRCP(UK). He was Chair of the Clinical Examining Board from 2004 to 2013. As Chair of the Clinical Examining Board that oversees the development of PACES, the clinical component of the MRCP(UK) Diploma, he introduced major changes to improve reliability, validity and fairness in this important assessment of a doctor's ability to treat patients safely and competently. His early involvement in MRCP(UK) also extended to the written examinations with roles in the Specialty Question Groups, Part 2 Written Board and Specialty Certificate Examination Standard Setting Groups.



Event Calendar

All events listed are being held in the College unless otherwise indicated.

Events and examinations

March:

5 March

Acute NIV for Physicians

6 March

Advanced ECG interpretation

7 March

Glasgow Liver Update

11-12 March

IMPACT

20 March

Case reports in medical receiving – headaches in acute medicine

20 March

Joint symposium in psychiatry

28 March

Critical issues in medical high dependency

April:

5-6 April

MRCP Part 1 training course

7 April

Closing date for MRCP PACES exam
Exam period 2 June – 20 July

16 April

Closing date for Specialty Certificate - Neurology
Exam date 21 May

24 April

Case reports in medical receiving – fever on a Saturday night

May:

6-7 May

IMPACT

7 May

Closing date for Specialty Certificate – Diabetes and Endocrinology
Exam date 11 June

16 May

Closing date for MRCP Part 2 exam
Exam date 9-10 July

Event information and booking
<http://rcp.sg/physicians>

Exam information and booking:
<http://rcp.sg/physicianexams> or email
exams@rcpsg.ac.uk

First JSCFE exams take place

John R McGregor FRCS(Glasg)

In October 2011, at a meeting in our College, the Presidents of the four Surgical Royal Colleges of the United Kingdom and Ireland, signed an agreement to develop an International Specialty Fellowship Examination that subsequently became known as the Joint Surgical Colleges' Fellowship Examination (JSCFE). The JSCFE Board in General Surgery, chaired by RCPSPG Fellow Mr Graham Sunderland, was established in late 2011 and was tasked with the design of a new examination that was equivalent in standard to the domestic FRCS but which was fit for purpose in the international arena. The latter involved a huge amount of work to refine the Intercollegiate Surgical Syllabus.

These efforts came to fruition in 2013 with the first Section 1 examination (computer based testing) taking place in May followed by a second diet in September. One hundred and forty seven candidates entered the examination of whom 38 achieved the required standard

to progress to Section 2 (oral and clinical examinations). Twenty eight of these candidates entered the inaugural Section 2 examination that took place in Al Ain, United Arab Emirates in November 2013, established after scoping visits by the two Surgical Vice Presidents of our College, John McGregor and Ian Colquhoun. The examining team (pictured below with JCIE and JSCFE personnel, exam assessors, and international examiners in training) comprised 16 senior domestic FRCS examiners (three of whom were College Vice Presidents) with equal contributions from all four Colleges. Fourteen candidates passed the examination and became eligible for Fellowship of their College of choice.

Plans are now advanced to launch similar Intercollegiate International Specialty Fellowship Examinations in Urology, Trauma and Orthopaedics, and Neurosurgery with other surgical specialties to follow.



ISCP report – next steps

An evaluation report of the Intercollegiate Surgical Curriculum (ISCP) was published in January 2013 and was subsequently open for comments until April 2013. The ISCP team also presented and discussed the paper widely, across all UK surgical colleges, trainee groups and others.

The responses and the outcomes of the discussions have now been collated and a series of themes identified. William Allum, Surgical Director of ISCP has written a detailed report, which is available to download here: http://rcp.sg/CNS14_ISCP



Event Calendar

All events listed are being held in the College unless otherwise indicated.

March:

5 March

Spring Ophthalmology Symposium

6 March – CASC

Essential plastic surgery – nose, perioral and ear reconstruction

14 March

Coloproctology symposium

15 March

Foundation skills in surgery course

25 May

Critical care webinar series – haemostasis and coagulation

April:

2 April – CASC

Essential plastic surgery – parotid and neck surgery/reconstruction

29 April

Critical care webinar series – post-operative complications

30 April-2 May

MRCS OSCE Part B preparation course

May:

2 May – CASC

Essential plastic surgery – axillary nodal surgery and regional flaps/breast surgery

15-16 May

Basic Surgical Skills Course

17-18 May – CASC

BaSiCS course

19-20 May

Basic Surgical Skills Course

28 May

Surgical Anastomosis Techniques

June:

13 June

Closing date for DOHNS (MCQ)
Exam date 1 September

20 June

Closing date for IMRCS Part A Written
Exam date 9 September

CASC events <http://rcp.sg/casc>

Event information and booking
<http://rcp.sg/surgeons>

Exam information and booking:
<http://rcp.sg/surgeonexams> or email
exams@rcpsg.ac.uk

Dental Update App

Members of our dental faculty can now access the Dental Update App free of charge. This offer is exclusive to Fellows, Members and Introductory Members (trainees only). Fellows and Members will also continue to receive a printed copy of the Dental Update journal and online access to Orthodontic Update.

Access to Dental Update and the App represents savings of over £100 per year and provides up to 40 hours of CPD every year.

If you have any questions about these great membership benefits, please contact the dental team on dental@rcpsg.ac.uk



Event Calendar

All events listed are being held in the College unless otherwise indicated.

March:

7 March

Inaugural Scottish Orthodontic Symposium

21-23 March

MFDS Part 1 revision course

May:

1-2 May

MFDS Part 2 revision course

16 May

Closing date for ISFE Oral Medicine exam

Exam date 4-5 September

16 May

Closing date for ISFE Orthodontics exam

Exam date 8-10 September

June:

20 June

Closing date for ISFE Dental Public Health exam

Exam date 16-17 October

September:

4 September

Francis report and the dental team

Event information and booking

<http://rcp.sg/dentists>

Exam information and booking:

<http://rcp.sg/dentalexams> or email exams@rcpsg.ac.uk

Temporomandibular Disorders (TMD) Symposium

Dundee Dental Education Centre – Thursday 9th January 2014

As part of our strategy to engage, inform and recruit fifth year undergraduate students, we hosted a very successful TMD Symposium on Thursday 9 January 2014 at Dundee Dental Education Centre, attended by both Aberdeen and Dundee students. The programme included lectures on:

- Anatomy and Physiology of the Masticatory System by Dr Andrew Mason
- Medical and Surgical Management of TMD by Dr Elizabeth Theaker
- The TMJ Occlusion and Management of Toothware by Dr Andy Hall
- The Royal College of Physicians and Surgeons of Glasgow and its role in postgraduate education by Professor Richard Welbury

The Faculty had an exhibition stand where students were able to obtain information on our various membership benefits and where we recruited 43 Introductory Members (Undergraduate). In addition, we also ran a prize draw – congratulations to Hayley Pirie who won a College teddy bear and an iTunes vouchers.

It is our intention later on this year to invite the next cohort of 5th year undergraduate Aberdeen and Dundee dental students to spend a day in College to attend a symposium and see our rich history as well as finding out more about how our Faculty can support dentists throughout their careers.

TC White Oral Cancer Symposium: Review

On 29 November 2013, 175 dental surgeons, dental nurses, general dental practitioners, orthodontists, hygienists and students gathered in our College for the annual TC White Symposium.

The theme of the symposium focused on a topic of increasing importance to the profession: Oral Cancer.

The symposium provided an update on the aetiology, early detection, investigation and management of oral cancer, following Continuing Professional Development recommendations made by the General Dental Council.

We would like to extend a thank you to all of the faculty and delegates who made the event an overwhelming success and

a note of congratulations to Dr Clement Seeballuck, the winner of the poster competition.

Please view our online review of the TC White Oral Cancer Symposium by Dean of the Faculty of Dental Surgery, Professor Richard Welbury at: <http://rcp.sg/tcwhite>

A review of 2013

Mike Jones FTM RCPS(Glasg), Dean of the Faculty of Travel Medicine, reflects on a busy year for the Faculty.

Symposia

We had the privilege of being involved in the David Livingstone Bicentenary Symposium in the College on 19 March. A wide range of Fellows and Members from across the College attended to hear an excellent line up of speakers introduce a varied and entertaining programme.

Our Faculty was also involved in organising a joint meeting with the Royal Pharmaceutical Society in London on 12 March which attracted over 100 pharmacists. The meeting was very well evaluated and it is hoped will lead to a further collaboration in the future.

Our annual symposium, "The Travel Health Continuum: Protecting the Traveller from Departure to Return" and Annual General Meeting, drew an attendance of 80 and included individuals from Hawaii, Italy, Nigeria and Australia.

If you would like to suggest topics for inclusion in the next annual symposium, please email your suggestions to the current education convenor and secretary to the board margaret.umeed@nhs.net

Changes on the FTM Board

We extend thanks to Gerard Flaherty, Education Convener and Alex Grieve, now a College Council Member, for their enthusiastic and tireless service on the Faculty Executive Board. We welcomed in their stead, Caroline Driver, Jim Bond and Jennifer Anderson.

International Symposia and FTM Courses

Our Faculty was represented at the International Society of Travel Medicine Conference in Maastricht in May with several speakers, and a stand which saw much interest in the Diploma and Foundation courses and in the FTM membership exam. These courses continue to be extremely popular with 26 students completing the Diploma in Travel Medicine and now a very strong set of applications for the March 2014 intake. The Foundation Course attracted 27 students over the two courses and the Nordic Foundation Course was completed by 21 out of 27 enrolled

students. We hope that our Nordic course will run again in 2014, but in the meantime welcome two Norwegian students to the Glasgow Foundation course which commenced in November.

Membership

We welcome eight new Fellows and eight new Members, including six from the recent Part 2 Membership Examination held in November. We particularly thank Angus Menzies, Honorary Clinical Registrar for the MFTM examination, and Lorna Boyne, Honorary Clinical Registrar for the Diploma in Travel Medicine, for a superb job in organising the OSCE examination.

Looking ahead

2014 promises to be an equally busy year. Our Faculty hopes to have representation at a number of forthcoming meetings including:

- the joint BGTHA/Medsin/SIGHTNet conference in Edinburgh on Saturday 29 March
- the Scottish Practice Nurse Association Annual Conference in May
- NECTM 5 in Bergen in June and
- Advancing Excellence in Healthcare 2014 on 20 June

Advancing Excellence in Healthcare 2014

Preceding the Commonwealth Games, the international triennial conference, Advancing Excellence in Healthcare 2014 has a Sport and Exercise Medicine theme. Topics for the Friday Travel Medicine symposium include:

- travel at high altitude,
- divers who shouldn't dive,
- 'Know Before you Go',
- the Indian Commonwealth Games and
- extreme endurance events.

During the day we will welcome Jane Chiodini, our Triennial Scholarship Winner, and Patricia Schlagenhauf-Lawlor, the Editor-in-Chief of our journal, Travel Medicine and Infectious Disease.

A detailed programme can be found on the conference website at



Event Calendar

All events listed are being held in the College unless otherwise indicated.

March:

17-20 March

Diploma in Travel Medicine – residential week

May:

12-13 May

Foundation in Travel Medicine

Event information and booking

<http://rcp.sg/travelmedicine>

Exam information and booking:

<http://rcp.sg/tmexams> or email exams@rcpsg.ac.uk

<http://aeh2014.rcp.sg>.

We look forward to welcoming as many of you as possible to Glasgow. Social activities include the Admission Ceremony for new members, a 5K "Clinicians on the Clyde" charity fun run for which, at the age of 66, I am already in training, a social event in the Glasgow Science Centre and a Triennial Ball in the City's Kelvingrove Art Galleries. We hope there will be a Faculty table at the Ball. Ladies should bring dancing shoes since Scottish Country dancing and high heels do not go well together. The injury rate for male partners is too high!



Students on the Foundation course.

My College

**Joanne McCardle FC PodMed FFPM
RCPS(Glasg)** is the Faculty of Podiatric
Medicine Director for Education

My role within NHS Lothian is as a clinical research podiatrist in the area of diabetes. I am based in the Royal Infirmary of Edinburgh and feel very fortunate to work in one of the leading multidisciplinary diabetes foot clinics in the UK. My clinical role is a mix of patient care and clinical research that aims to drive forward best care for this complex group of patients.

My role also extends out with the day to day clinical practice and I have always been fully engaged with driving forward the podiatry profession. This includes highlighting the key role that podiatrists have within specialist areas such as diabetes, musculoskeletal and Rheumatoid Arthritis. This is not an exhaustive list but we want to ensure recognition of practice within all areas and embrace future advancements. I led on the TRIEPodD-UK document 'Podiatry Career and Competency Framework for Integrated Diabetic Foot Care'. This project continues to drive forward standards in diabetes foot care and integrating clinical opportunities into practice and the model is transferrable to other specialties. For diabetes education, I work with other organisations to create free educational events for clinicians to gain some of the underpinning education required to achieve these competencies.

Over the last decade, I have been involved in a number of educational projects and committees. I was Chair of the QIS Podiatry Professional Practice Group. I have been course lead and lecturer for MSc projects for podiatry and other professions. I continue to teach and lecture regularly across the UK and abroad. My passion for both podiatry and diabetes has led me to this role within the college and to have the opportunity to be actively involved in a number of UK groups. I am currently Vice-Chair on the group 'Foot in Diabetes UK' and a board member of the Faculty of Podiatric Medicine within the 'College of Podiatry'. As a member of the editorial board for the 'Diabetic Foot Journal', this enables me to again be part of the planning committee for the associated annual conference. I represent the podiatry profession within Diabetes UK and I regularly provide consultancy



services for commercial organisations in a research and expert capacity.

Locally in Scotland, I am a member of the Scottish Diabetes Foot Action Group and the NES AHP forum. I strongly believe in life long learning and I am on my own personal educational journey. I study part-time at Glasgow Caledonian University for a Professional Doctorate. Therefore, I fully understand many of the challenges of full-time working, family life and continuing education and I can transfer my own experiences into creating education provision for busy health professionals.

It is an honour and a privilege to have been asked to be a founding member of the new Faculty of Podiatric Medicine and to have the opportunity to work with such eminent people within the profession. My goal as educational director is to oversee the development of equitable educational opportunities for podiatrists that are accessible and relevant, regardless of where you sit on the career ladder and where you work in the world. In addition to the established symposia a new online portal is our ultimate goal providing online e-learning for all Fellows. Quite a challenge I know, but with a collaborative approach, I believe we can achieve this.



Event Calendar:

All events listed are being held in the College unless otherwise indicated.

March:

28 March

Student evening

19-20 June

Advancing Excellence in Healthcare 2014

**For further information and bookings
visit <http://rcp.sg/podiatricmedicine>**

Exam development

The Faculty examination development group met in London at the end of January.

Professor Baird, Vice Dean of the Faculty, chaired the meeting and recorded his thanks to Dr Alan Borthwick and Dr Cathy Bowen whom unfortunately have had to step down from their lead role in steering the exam development process. Their role has been taken over by Christine Skinner who is very familiar with the academic and examination process and is looking forward to this new and challenging role.

The Membership examination process is divided into 2 distinct components:

- Part 1, a written multiple choice paper, will comprise of up to one hundred and eighty questions and will be subdivided into three distinct sections, Podiatric Medicine (50%), Diagnostics (25%), and Pharmacology (25%). The Podiatric Medicine component will comprise of questions relating to the sub specialities in this area while the diagnostic component will centre on imaging and lab based tests.
- Part 2 of the examination process will require candidates to complete a clinical portfolio and in addition be examined on 2 clinical based scenarios.

It is anticipated the first candidates will be examined in the Summer/Autumn of 2015 however the examination syllabus will be published in September 2014 to allow candidates a minimum of nine months for exam preparation.

500th Anniversary of the birth of Vesalius

*This year marks the five hundredth anniversary of the birth of the father of modern anatomy, Andreas Vesalius (1514-1564). The College is very fortunate in possessing a first edition of Vesalius' ground-breaking work *De Humani Corporis Fabrica* (On the Fabric of the Human Body) which was published in Basel, Switzerland, in 1543. We know that the work was acquired in the 1890s but nothing is known about its provenance.*



Vesalius was born in Brussels and studied medicine in Louvain and Paris, gradually gaining a name for himself in anatomy and dissection. He was appointed a lecturer in surgery and anatomy at the University of Padua in 1537. Taking a different approach to anatomy than the majority of his contemporaries, he insisted on dissecting

human bodies himself. To our modern minds this seems quite normal. However, until Vesalius, most anatomy teachers taught by reading from the great ancient author Galen while a demonstrator carried out the dissection. Galen had only dissected animals and Vesalius, with his hands-on technique, realised that many of Galen's assertions were incorrect. Vesalius' work heralded the beginnings of observation-based anatomy and a more critical attitude towards long established texts and teaching.

The printed work gains immeasurably from the beautiful woodcuts where cadavers – the famous muscle men – are 'brought to life' amidst an Italian landscape. The woodcuts are masterful and a true reflection of the extremely high standard of art and craftsmanship of the time. The muscular cadavers strongly reflect the interest in the shape and form of the human body by the artists of that period who often helped with dissections in order to more faithfully represent the human body.

Throughout the College's copy of the work are annotations in a humanist Italic hand

and it is important to remember that this work, now seen as a beautiful object was, at one time, a working text book.

The volume still retains its original very fine 16th century binding, itself a work of art.



Training to improve search skills

Do you wish to get to grips with the online resources available via the Knowledge Network? Don't know where to start? Help is at hand through the College library. We offer training sessions for all Members and Fellows wishing to improve their search skills.

Members and Fellows of the College are entitled to free access to a range of journals, ebooks and other online resources through the Knowledge Network (<http://rcp.sg/TKN>). All you need is an Athens account – contact the library for more information.

The Knowledge Network can be used to access a wide variety of online resources, but the sheer amount of available resources and information can be a bit daunting.

That's why the library now offers training sessions to any Members or Fellows who would love to unravel the world of databases, learn how to use a citation manager, or simply brush up on their information skills.

Students on the Foundation in Travel Medicine and Diploma in Travel Medicine visit the library during the residential portion of their course for an introduction session. These sessions provide an overview of the materials available through the Knowledge Network, as well as a look at some more advanced techniques for searching databases.

Library staff are also available to deliver training sessions to Members or Fellows on request. We can work with individuals

or small groups, and we can tailor these sessions to suit all levels of ability. We can also help you to improve your IT skills and we provide basic training in using Microsoft Office, including Powerpoint.

In the coming year we plan to expand the types of training we offer, beginning with online video tutorials for international Members and Fellows.

Contact us if you would like to book an individual training session or have suggestions for further group sessions at library@rcpsg.ac.uk.

You can also get in touch with the library on Twitter. Follow us [@rcpsglibrary](https://twitter.com/rcpsglibrary)



Scottish Opera to transform Theatre Royal Glasgow

2014 is a special year for Scottish Opera as the Company completes a major transformation of its home, Theatre Royal Glasgow, with the aim of making a visit to the theatre even more enjoyable.

The theatre has remained open during construction, but will be closed for a short period from February, re-opening in May 2014 for performances of Scottish Opera's *Madama Butterfly*. The new foyers will be complete in time for Glasgow's hosting of the Commonwealth Games in 2014.

The project has already raised over £12 million towards its target of £12.45 million, through support from the Scottish Government, Creative Scotland, Glasgow City Council, The Heritage Lottery Fund and an array of Scottish and UK trusts and foundations, as well as support from individual donors.

To find out how you can support the transformation of Theatre Royal Glasgow, email Campaign@scottishopera.org.uk or phone **0141 242 0593**.

A photograph of a woman in a dark green, strapless, floor-length gown with a large bow at the waist, leaning against a dark wooden grand piano. She is wearing a decorative headpiece. The setting is an ornate room with wood paneling, a large portrait of a man in a suit on the wall, and a clock on a side table.

Musical Notes

Scottish Opera in the College Hall

21 March 2014, 19.00

Royal College of Physicians and Surgeons of Glasgow
232-242 St Vincent Street, Glasgow G2 5RJ

Tickets £35
Booking: 0141 221 6072
luciana.markey@rcpsg.ac.uk



FIFTEEN NINETY NINE

events • weddings • dining



50% discount on room hire for **Fellows and Members**

Join us to meet, to greet and to celebrate

*For more information, please visit www.fifteenninety-nine.co.uk,
t: 0845 388 1599 or email us at bookings@fifteenninety-nine.co.uk*

232–242 St Vincent Street
Glasgow, G2 5RJ, UK

T: + 44 (0)141 221 6072
E: publications@rcpsg.ac.uk
www.rcpsg.ac.uk

Royal College of Physicians and Surgeons of Glasgow is a Charity
Registered in Scotland Registered Charity: SC000847 | 02.14



ROYAL COLLEGE OF
PHYSICIANS AND
SURGEONS OF GLASGOW