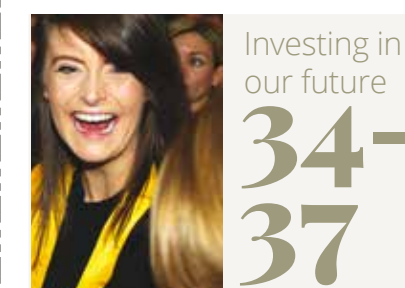
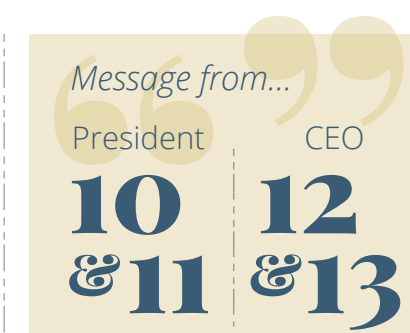


Annual Report 20 17



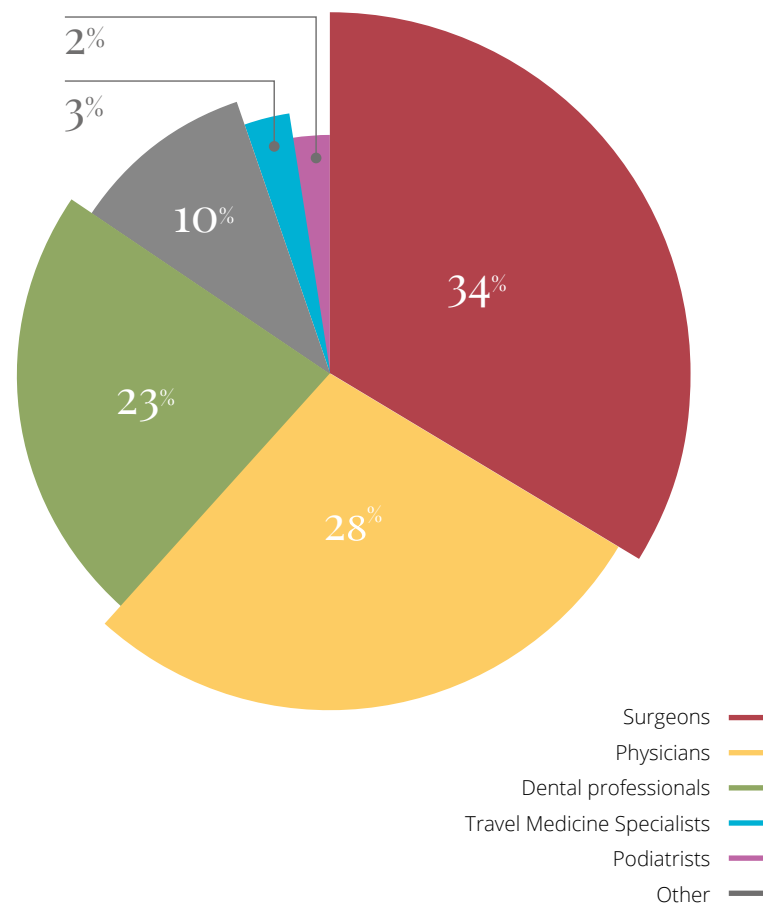
ROYAL COLLEGE OF
PHYSICIANS AND
SURGEONS OF GLASGOW

Contents



4

This is who we are ...



14,034

healthcare
professionals in

84

countries
around the world

788

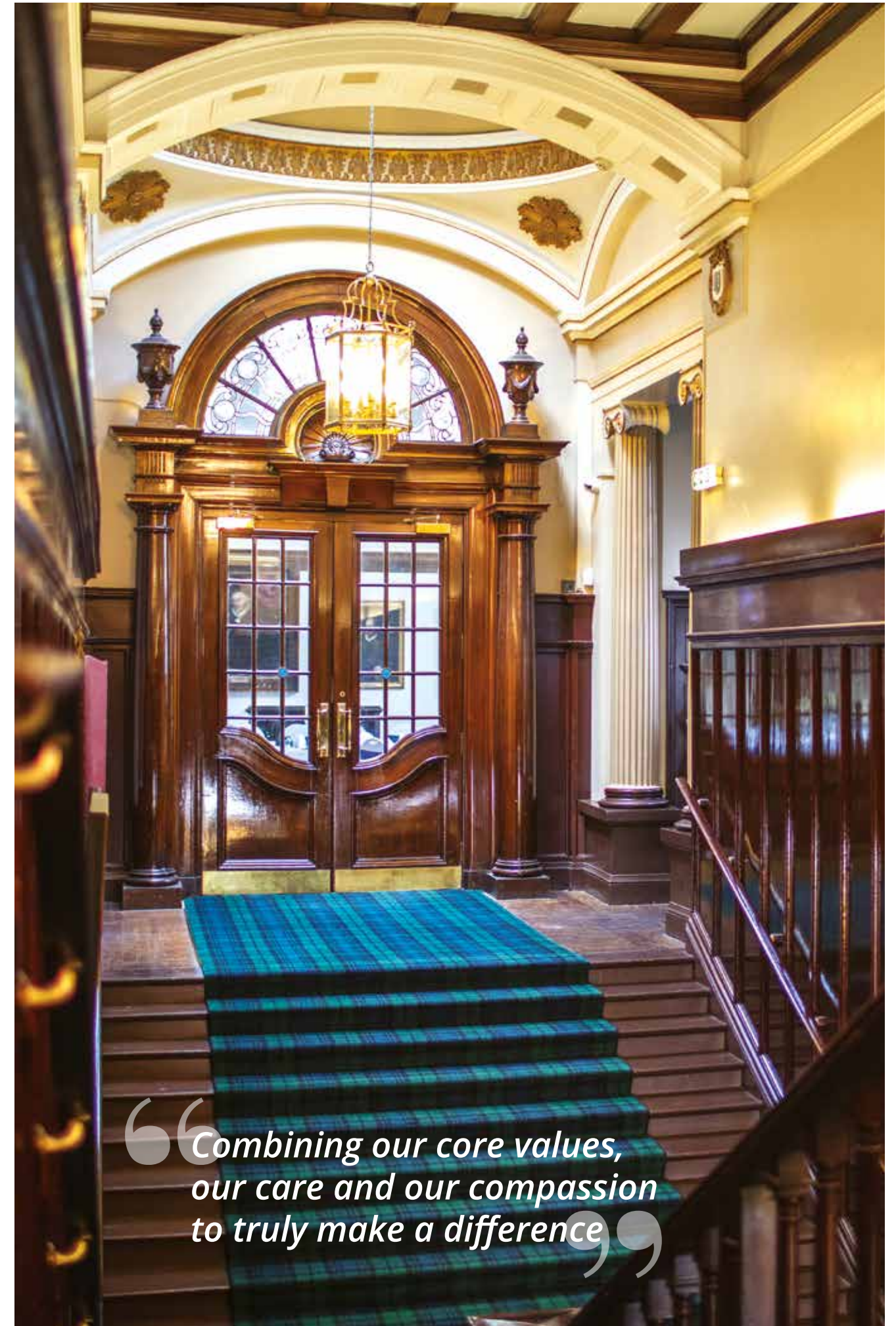
new **Fellows &
Members** in

2017

welcomed into our
College community

an increase of

7.3%



“Combining our core values,
our care and our compassion
to truly make a difference”



Our members

Our members helped us to **shape the future** of the profession by...



We **empowered** our members ...

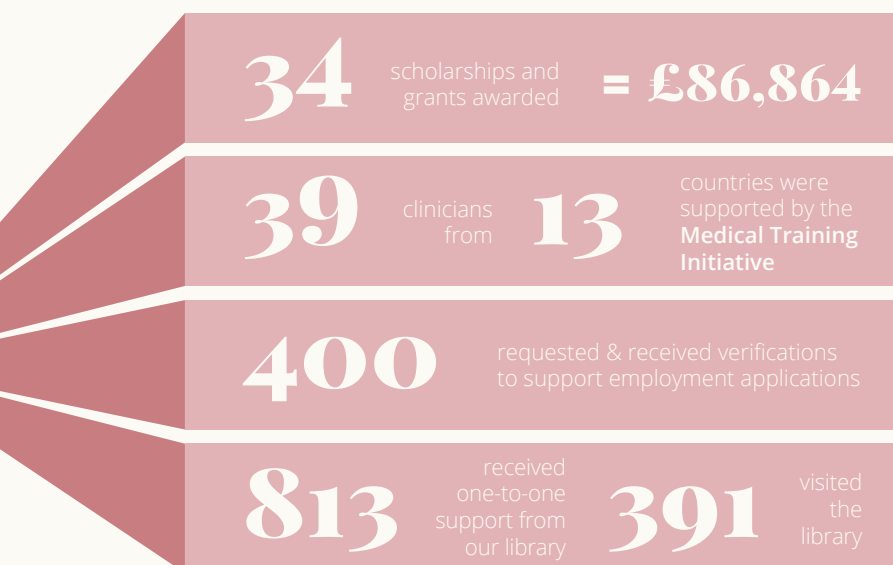


366 celebrated their achievements at admission ceremonies

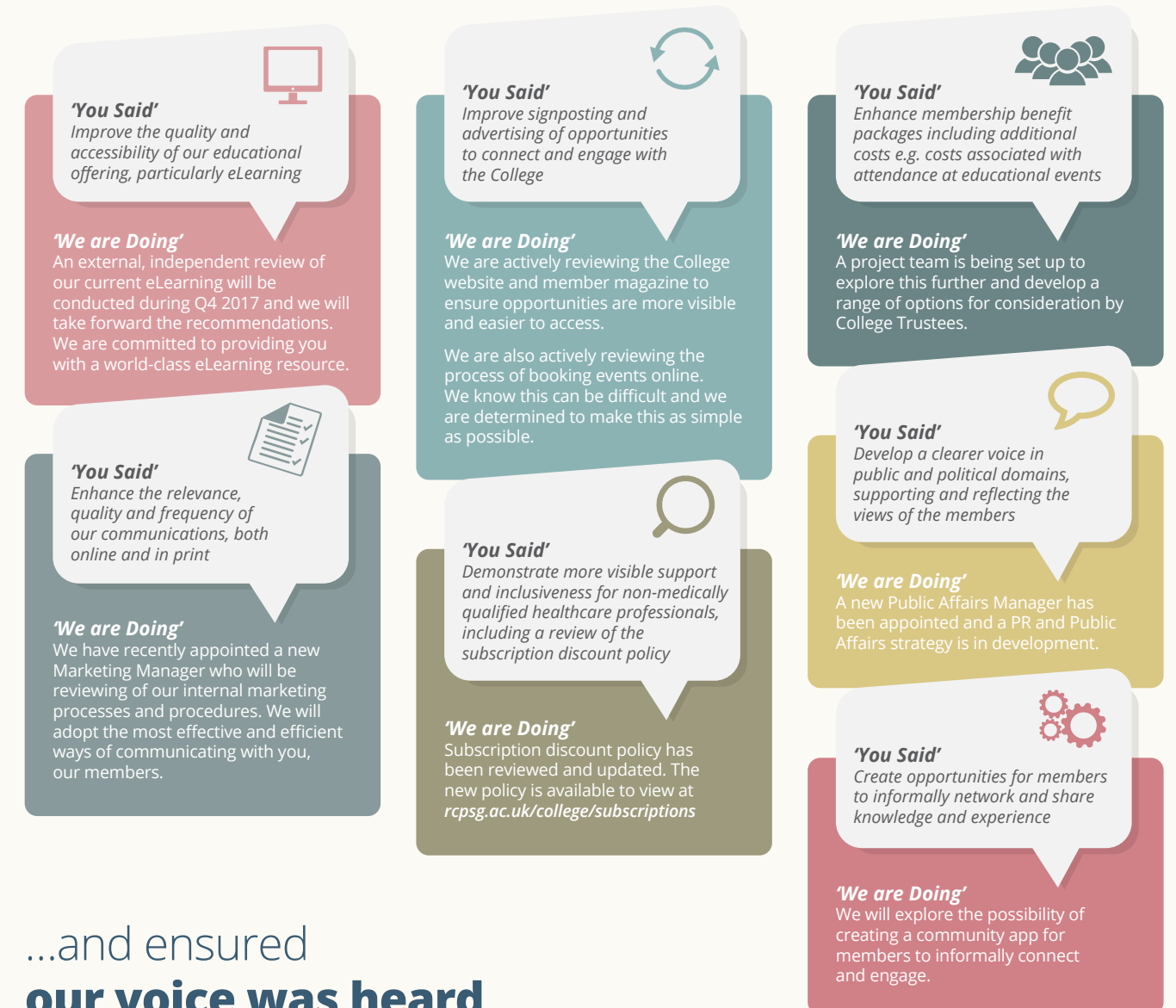
180 educators are members of our Academy of Clinical Educators

1000+ eLearning modules completed

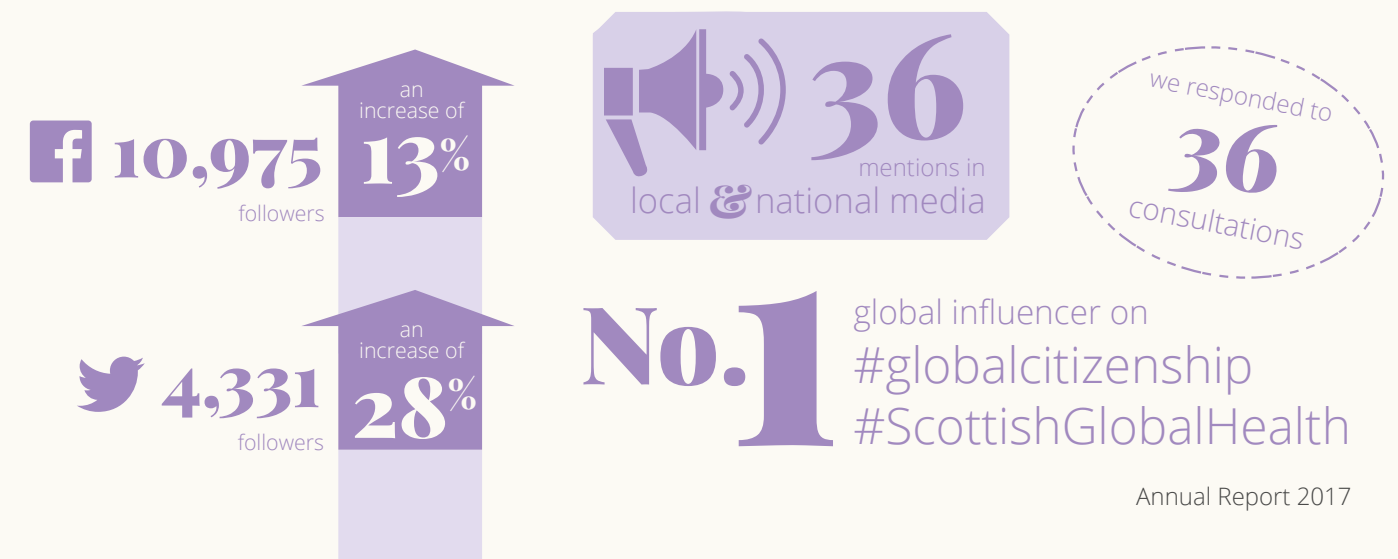
18,843 CPD points awarded



We **listened**...



...and ensured **our voice was heard**





Message from the President

Professor David Galloway
President

“It has been a year characterised by intense activity, growth and consolidation and many new opportunities.”

This year has realised significant expansion and growth across several elements of our College activity. It has been a year characterised by intense activity, growth and consolidation and many new opportunities. To be realistic – some of our plans have not yet come to fruition but our sense of purpose is undimmed.

There have been many highlights during 2017 but the event which stands out was our Excellence in Healthcare Triennial Conference which took place in June. We were again delighted to welcome the Princess Royal; not only was her contribution well informed and insightful, her interest and support were also encouraging and memorable.

This year has involved something of an upheaval as far as our Glasgow base is concerned. As we plan to reopen our refurbished facilities, I am excited and pleased with the outcome of the significant investment involved and I hope as many of our Fellows and Members as possible will have the opportunity to visit, appreciate and use the improved resources. Despite the

financial challenge of reconfiguring both our Blythswood Square and St Vincent Street properties we have seen our total charitable fund holdings increase by over £2M during the year. Do make a point of seeing the new Macewen Clinical Skills Suite and the Davies eLearning centre. I am pleased to record our thanks to the William and Elizabeth Davies Fund for their ongoing support for our ambitious programme. This equips us well to meet the increasing demand for high-quality educational output.

I am particularly pleased with the breadth and depth of our education prospectus. We need to revisit the accessibility and cost of the high-quality offerings which are now available. The Academy of Clinical Educators is gaining momentum and we look forward to the inaugural ACE conference in March 2018. Our Clinical Anatomy Skills Centre, which we share with the University of Glasgow, has been particularly busy this year. We are well positioned to continue to develop the technology-rich and high fidelity simulation which has proved to be such an important component of surgical training.



Our examination portfolio remains strong overall. In particular, our suite of dental examinations, the FRCS in Ophthalmology and of course the MRCP(UK) have been highlights again this year. I do have some concerns in relation to our core surgical examinations – some of these will be subject to review and revision in the coming months. The assessment activity remains a global enterprise and the College contribution to the development and maintenance of international healthcare standards continues to be a priority.

In the course of this year I have been keen to professionalise and coordinate our international activity. With our respective Directors of Global Health (Mike McKirdy) and International Affairs (David Richens) we have revised our strategic approach to our charitable objectives. We have strengthened our activities in India, Pakistan, Sri Lanka, the Middle East and sub-Saharan Africa, particularly Malawi. We have also supported the young College of Surgeons of East, Central and South Africa by supporting delivery of their examination programme. It is always encouraging to recognise the appreciation there is for our input in various ways and in different locations around the world.

We continue to refine our relationship with our partner Colleges across the disciplines and we have several new arrangements with the Colleges in the UK and Ireland as well as in Malaysia and Sri Lanka.

We have enjoyed increased exposure in the media in the last few months and our interests and advocacy in areas of patient safety, alcohol, obesity, maternal health, and more recently our involvement in the provision of support for remote and rural healthcare have all been significant highlights. We continue to invest in the Scottish Clinical Leadership Programme and have seen the particular success of the

Global Citizenship initiative driven by Mr Stuart Fergusson. As a result, our work in this area was widely recognised and we have been seen as a significant contributor to the global health agenda. In many ways 2018 will provide an impetus to re-launch our brand and purpose. Look out for evidence of our continuing activity in advocacy, the restyled 1599 at the Royal College and the further development of our heritage activity.

This year we have already said farewell to Professor Stuart Baird who was so effective as Dean of the Faculty of Podiatric Medicine. While Professor Robert Ashford has taken over this role, I am delighted that Stuart remains active in the innovative and successful educational work that we have developed in India. We will also be losing the services of Mr Kevin Baird and Dr Iain Findlay whose terms of office in their respective Vice President roles will come to an end. I am most grateful to both of them for their support and wish them well in their future endeavours. As I recognise and acknowledge the support of retiring Office Bearers and Council Members, in all of this I am more conscious than ever of the role and responsibility taken on by our Fellows and Members. You provide the energy and impetus to sustain our many and varied activities and I am most grateful for the countless colleagues who contribute time and expertise on a voluntary basis to enable us to have the reach and influence that we have developed. Do review the contents of this Annual Report – the breadth and depth of our College's influence is impressive indeed.

The hard reality is that current healthcare delivery faces particular pressures resulting from a combination of financial, demographic and political factors. However, as a College we are in good heart and now also in good shape to meet the challenges of another exciting year.



Message from the Chief Executive Officer

Dr Stephen Graham
Chief Executive Officer

The past 12 months have certainly flown by since I joined the College in October last year. Reflecting on the year that was, there are a number of significant highlights.

Clinician volunteers remain the life and soul of our College and throughout our annual report, we have set out just how much time and commitment clinicians across all our Faculties dedicate to the development and delivery of the College. We owe an enormous debt of gratitude all our clinical volunteers who commit their time so willingly and freely towards the enduring success of our College.

Membership numbers recently pushed through 14,000 for the first time ever and we are confident we will retain almost all of these as we have done in previous years. The number of candidates sitting our suite of Examinations and the number of attendees at our Education events are both at their all time highest. Our College continues to grow and flourish and this is a direct reflection of the recent investments made towards delivering excellence and relevance in education, examinations and membership support.

At the start of the year, we undertook a strategic review through College Council, Executive Board and Faculty Boards to gain a better understanding of the opportunities and challenges facing each Faculty within our College. Through these conversations, we have refreshed our College strategic priorities and financial plans, and prioritised where we should invest for sustainable growth.

In support of this strategy, in April College Council approved a financial plan to invest in new infrastructure, new digital systems and additional staff resource over the next 4 years. The refreshed strategy is backed up with Faculty-specific development plans, which will now have the infrastructure and resources to deliver these.

In terms of affordability, the College remains in a strong financial position through prudent investment of its strategic reserves. By using the strength of our balance sheet and the steps set out within our revised financial plans, we will see a balanced budget position delivered within the next 4 years, without choking off growth in our core College activities.

We also carried out a comprehensive membership survey over the summer which gave us a detailed and rich insight into the views and needs of our Fellows and Members. As a progressive College, we are already acting on this feedback. By adopting a more rigorous "One College" approach, we will focus on partnership with our membership in support of their "lifelong learning journeys". A key part of this plan is to take a more integrated approach with our education and eLearning offer, something we have set as an immediate priority.

Our College staff are our greatest asset and by the end of 2017, we will have recruited over 20 additional staff members and grown our staffing to 121 employees, all in pursuit of our strategic ambitions. In the first half of the year, we also carried out a detailed staff survey and have developed an organisational development plan based on this feedback.

We have worked hard to gain a stronger footing on all Intercollegiate matters with our sister Royal Colleges and we are starting to make some inroads through new ways of working.

International development has been high among our College priorities for some time, and over the past year we have revised our International Development strategy and how this is delivered in the College.

Innovation will be key and this comes out as a strong message from our membership survey. Digital technology will continue to transform the way we interact and add value to our membership. We have developed an "Innovation" strategy and project pipeline to

overhaul how our membership can effortlessly interact and gain value from the College.

We have completed the £2.75M refurbishment project to the College buildings along 232 – 242 St Vincent Street. As well as modernising our facilities, this project will provide us with the physical and digital infrastructure to expand and grow our education, clinical skills and eLearning capabilities through developments in the Macewen Clinical Skills Suite and the Davies eLearning Centre.

Through rebranding and repositioning, 1599 Ltd will also flourish from this investment and will target significant growth over the coming years.

Continuing on the success of the College's Global Health programme to support surgical training in Malawi, the College's HOPE Foundation will be launched at the December AGM. I am particularly excited by HOPE because it will provide much needed funding in support of our local, national and international charitable objectives. Locally, our College is a hidden jewel in the heart of Glasgow.

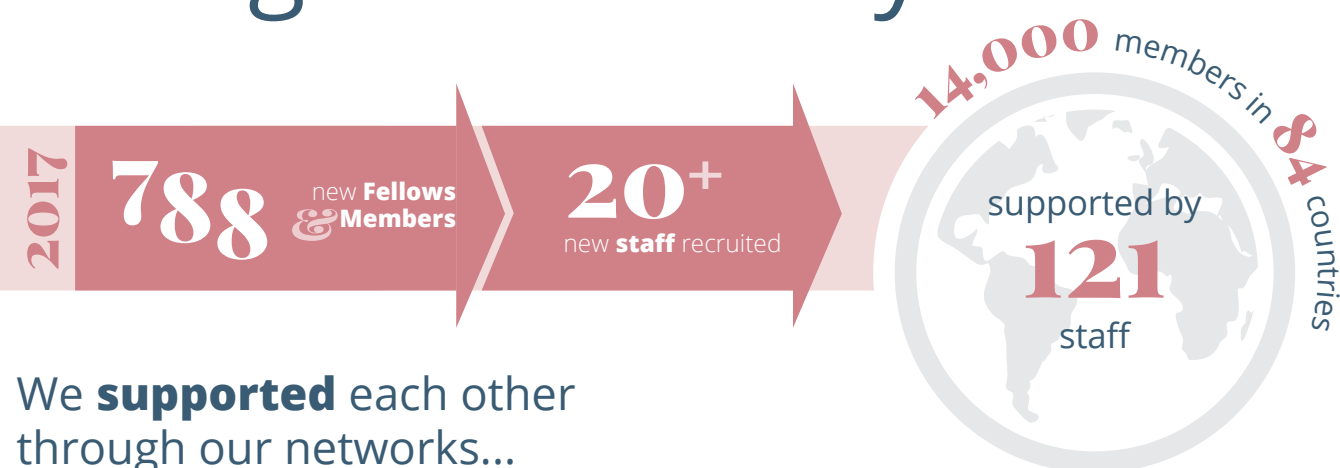
Local, National and International partnerships will be important in helping us to reach out and raise our profile, and to tell the story of our heritage and the important role we continue to play in improving healthcare, not only in Glasgow but across the world.

We have set out a bold and ambitious strategy in pursuit of our College's charitable mission. I look forward to working with all of you to seize the opportunities which lie ahead.



“By adopting a more rigorous "One College" approach, we will focus on partnership with our membership in support of their life-long learning journeys”

College community

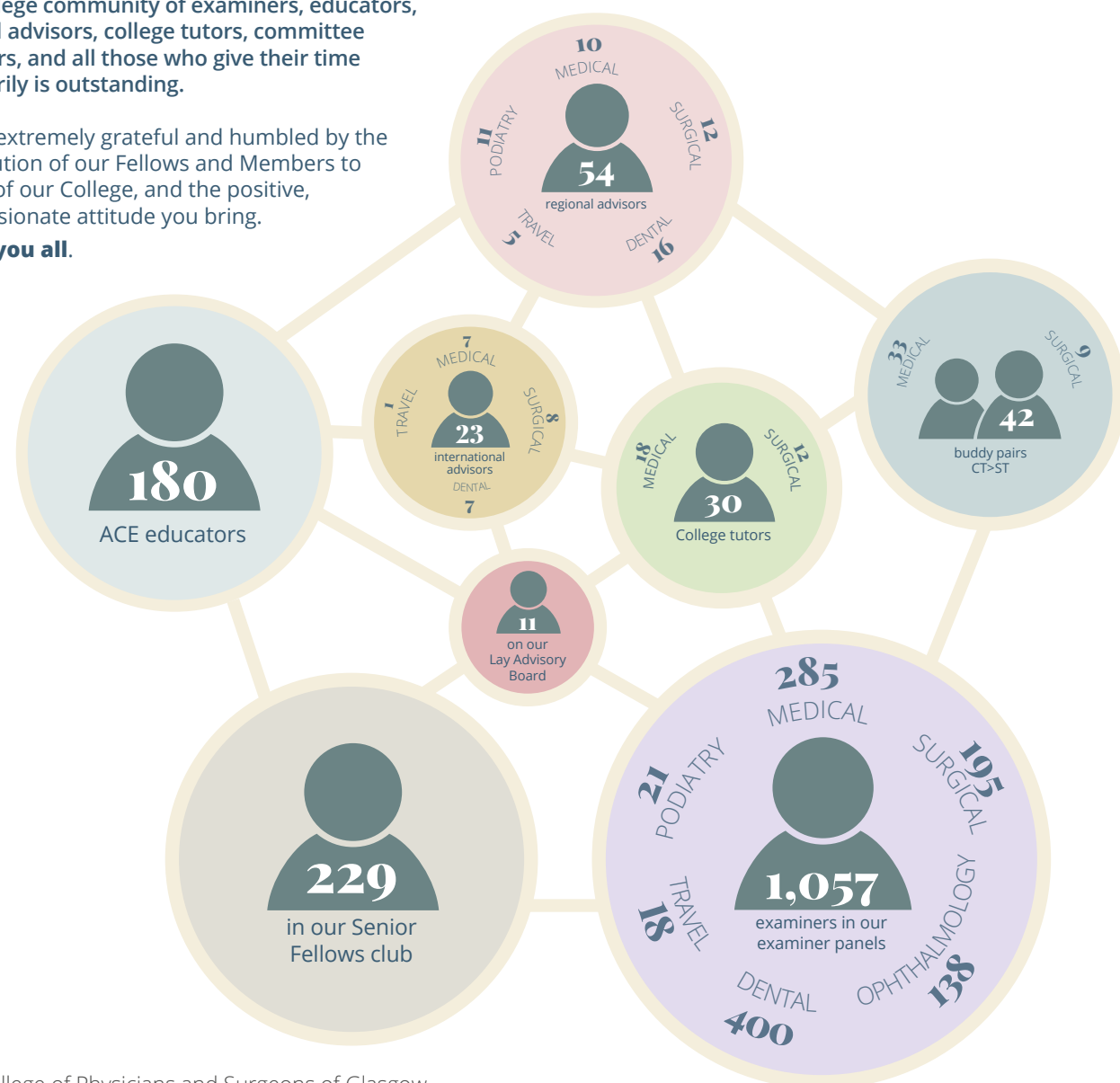


We **supported** each other through our networks...

Our College community of examiners, educators, regional advisors, college tutors, committee members, and all those who give their time voluntarily is outstanding.

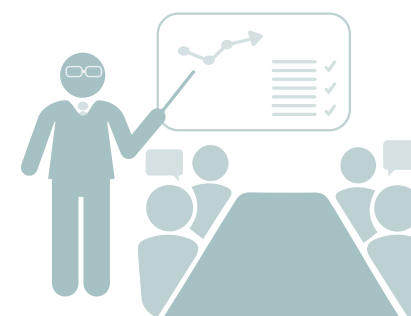
We are extremely grateful and humbled by the contribution of our Fellows and Members to the life of our College, and the positive, compassionate attitude you bring.

Thank you all.



And worked **together** to help shape the direction of the College...

11 strategic planning workshops with senior clinicians



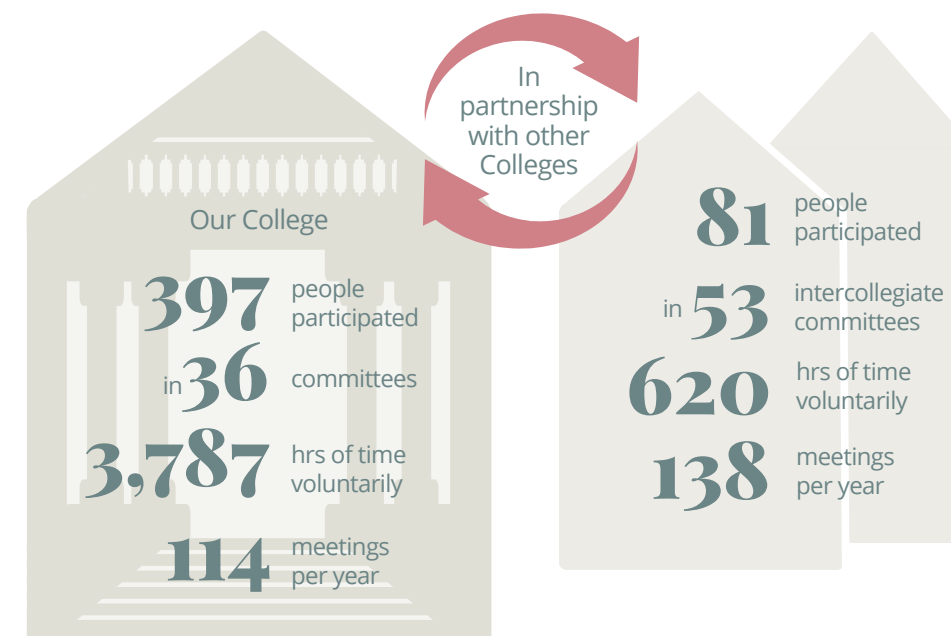
1,806

told us what they think in our membership survey



11 people from all different walks of life on our Lay Advisory Board

So many gave their time voluntarily to help us **deliver excellence**...



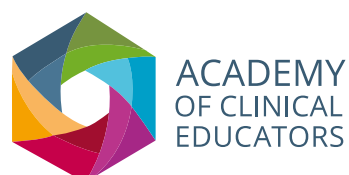
Unique in the UK and one of only five multidisciplinary Colleges in the world

Our panels of examiners provide assessment at Membership, Specialty Membership (dentistry) and Fellowship level (Specialty Certificate level for MRCP(UK)), collaborating with partner Colleges in the UK and Ireland.

Across disciplines

Healthcare professionals across disciplines share a common need to develop non-technical skills in leadership and management, mentorship, teaching and examining, CV building, and preparing for new employment opportunities.

Our College is uniquely positioned to bring together physicians, surgeons, dental professionals, travel medicine specialists, podiatrists, and others working in healthcare, to share knowledge and learning in important areas of professional development.



Our Academy of Clinical Educators has led in the development and provision of non-technical skills courses, which have been very well attended:

- Royal College Advanced Certificate in Clinical Education (8)
- Doctors in difficulty (3)
- Mentor training (2)
- Clinical Trainer Development
- ACE trainer updates
- Practical advice for new consultants
- TEAM: Trauma Evaluation and Management

17 non-technical skills courses

6 multidisciplinary conferences and courses

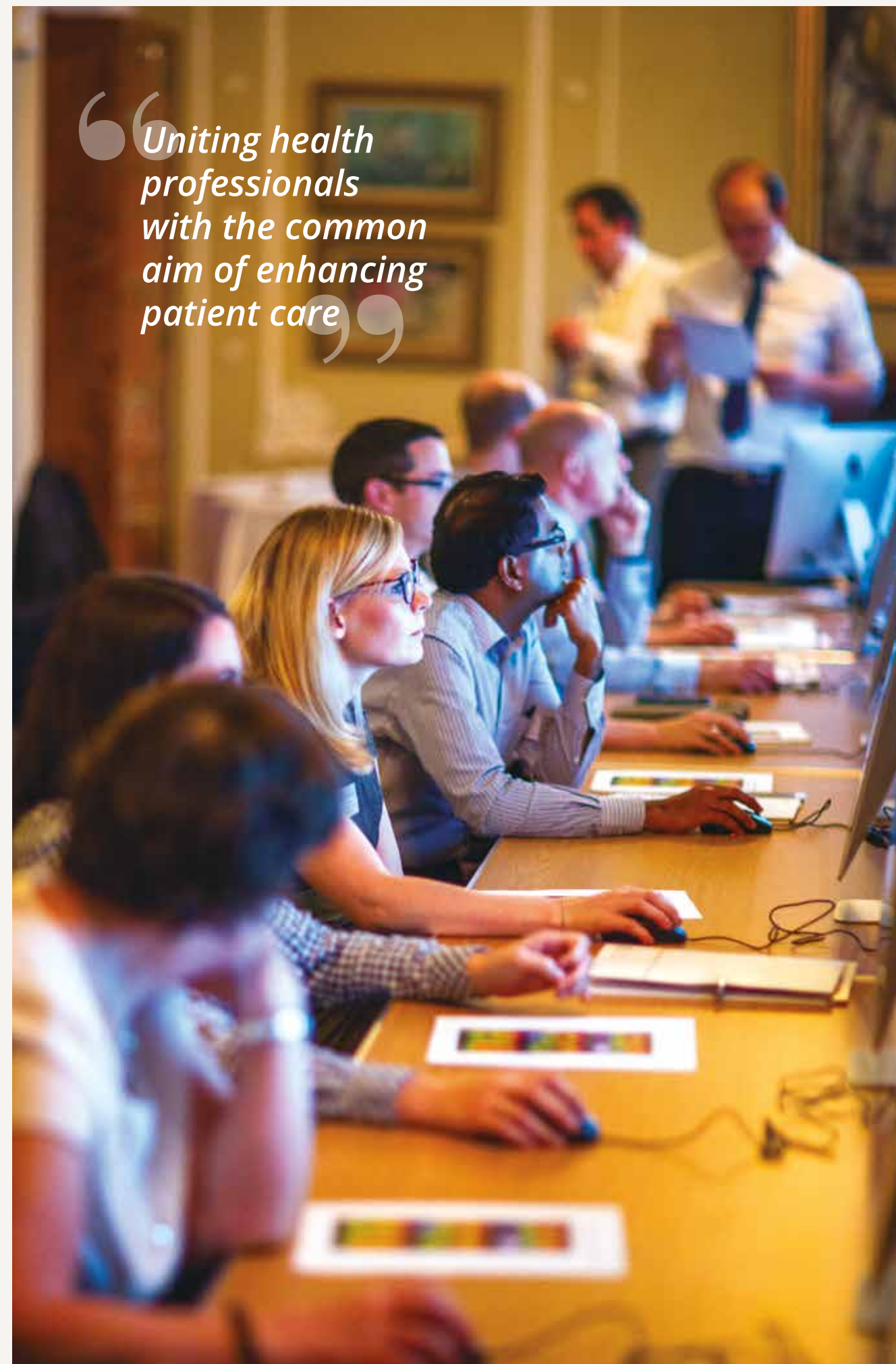
We also ran a number of conferences and courses of interest to professionals from different disciplines:

- Sports and Exercise Medicine
- Breast Cancer
- Global Citizenship
- Human Factors
- Cardiology
- International Diploma in Expedition and Wilderness Medicine

New examiners on our examiner panels are provided with CPD-approved training to support their development in this role.

Fellows and Members are encouraged and welcomed to join our wide range of committees, each one working to ensure the best standard of delivery for our College community, whether that be in the delivery of educational content, examinations and assessment, setting the policy agenda, or enhanced membership benefits. Opportunities to participate in these committees, and help to shape the future direction of our College, offer wonderful benefits in the development of leadership and negotiating skills – vital in all healthcare professions.

“Uniting health professionals with the common aim of enhancing patient care”



18

Physicians



We ran the MRCP(UK) exams:

- MRCP(UK) Part 1
- MRCP(UK) Part 2
- MRCP(UK) PACES

We delivered 8 medical conferences covering:

- Neurology – a practical guide
- Cardiology
- Undergraduate conference in clinical medicine
- Medicine24
- Stroke 2017
- Infection and medical education
- Palliative care
- Respiratory

And 10 courses:

- IMPACT (5)
- Advanced ECG interpretation
- How to do it (3)
- FICE



2 additional PACES centres in the UK

Increasing number of international centres

MRCP(UK) fees frozen

Review of MRCP(UK) PACES to ensure continued relevance, fairness and fitness for purpose; proof of concept studies of revised encounters demonstrated benefits of changes to duration and content of scenarios and maintenance of skills coverage.



Our members were supported through our networks

33

Core Medical Trainees buddied with Specialty Trainees

10

Regional Advisors

18

College Tutors

7

International Advisors



Delivered by outstanding people

285

medical examiners

231

speakers and teachers delivering education

893

people attended medical conferences and courses

4,810

total CPD points awarded



20

Surgeons



A review of **MRCS** content, format, delivery and reporting was initiated:

In the **MRCS OSCE**, remote monitoring of examiner performance for quality assurance purposes was **successfully piloted** and welcomed by candidates and examiners.

Workplace practice was emulated through display of clinical images on iPads during the examination.

Collaborative agreements were reached with partner colleges to offer **increased opportunities** to enter **Part B OSCE** in international centres.

We ran a number of surgical exams:

- MRCS Part A
- MRCS Part B OSCE*
**including award of MRCS(ENT)*
- FRCS Ophthalmology Part 1
- FRCS Ophthalmology Part 2
- FRCS Ophthalmology Part 3

And we delivered the:

- Diploma in Otolaryngology, Head and Neck Surgery Part 1
- Diploma in Otolaryngology, Head and Neck Surgery Part 2

We collaborated with the Malaysian Board of Urology to deliver the conjoint exam M.Med/FRCS Urology

We delivered 5 surgical conferences:

- Glasgow Emergency Surgery and Trauma Symposium (GESTS)
- International orthopaedic and trauma conference
- Surgery365
- Breast cancer
- Safety and sustainability in rural surgery (Vikings) conference

And 41 surgical courses

- Basic Surgical Skills (4)
- GI Anastomosis Techniques (3)
- Foundation Skills in Surgery (2)
- Basic Orthopaedic Procedural Skills (5)
- MRCS Part B OSCE preparation
- Principles of Casting (3)
- Vascular Anastomosis Techniques (2)
- CCrISP

Including 20 cadaveric skills courses at the Clinical Anatomy Skills Centre (CASC):

- GORE advanced vascular access (2)
- Clinical anatomy of the mitral valve
- Stryker upper limb
- Laparoscopic colorectal surgery
- Upper limb
- Advanced Surgery Cadaver Skills in GI Surgery (ASiCS) (2)
- Renal biopsy
- Basic fracture fixation
- Advanced fractures around the knee
- Lower limb reconstruction
- Atricle AV ablation
- Endoscopic ear surgery
- Emergency head and neck surgery
- Advanced nasal tip rhinoplasty
- Breast reconstruction
- Surgical approaches to the upper limb for trauma
- Galderma facial training
- Basic Surgery Cadaver Skills (BaSiCS)



Delivered by outstanding people

138 ophthalmology examiners

195 MRCS/DOHNS examiners

15 lay examiners

305 speakers and teachers delivering education

1,210 people attended surgical conferences and courses

6,628 total CPD points awarded



Our members were supported through our networks

12 Regional Advisors

16 College Tutors

8 International Advisors

11 Core Surgical Trainees buddied with 9 Specialty Trainees



Dental Surgery



MFDS Part 1 was offered for the first time in **Hong Kong** due to candidate demand.

Capacity for UK delivery of the **Part 2 OSCE** was expanded to accommodate growing numbers.

Arrangements for the delivery of a further **Part 2 OSCE** in **Chennai** in 2018 were concluded.

Planning for delivery in **Hong Kong** of the **Part 2 OSCE** in Spring 2018 is well advanced.

The outcome of the academic review of the **six specialty fellowship examinations** will be reported in **December 2017**: these assessments have been evaluated against current standards and quality assurance criteria.

We ran a number of dental exams:

- MFDS Part 1
- MFDS Part 2 OSCE

We supported and delivered the Intercollegiate Specialty Fellowship Examinations on behalf of the dental faculties in the UK and Ireland in:

- Dental Public Health
- Oral Medicine
- Oral Surgery
- Orthodontics
- Paediatric Dentistry
- Restorative Dentistry

We delivered 8 dental conferences:

- Scottish orthodontic symposium
- Top Tips for VDPs
- Top Tips for GDPs
- Top Tips for DCPs
- TC White symposium
- Mouth cancer
- Dental careers
- Mock interviews

And 4 dental courses:

- MFDS Part 2 preparation course (3)
- Endodontics



We delivered the tri-collegiate specialty membership examination in **Special Care Dentistry** on behalf of the UK dental faculties.

We collaborated in the governance and development of **Oral Surgery** and **Paediatric Dentistry** examinations.

And we launched a virtual dental network.



Our members were supported through our networks

16 Regional Advisors

7 International Advisors



Delivered by outstanding people

400 dental examiners

90 speakers and teachers delivering education

675 people attended dental conferences and courses

3,958 total CPD points awarded



50

Fifty years of Fellowship

This year is 50 years since the formation of the Dental Council and the establishment of the Fellowship of Dental Surgery examination in 1967.

Travel Medicine



We ran membership exams:

- MFTM Part A
- MFTM Part B

And 2 courses:

- Foundation in Travel Medicine
- Diploma in Travel Medicine

We delivered 3 travel medicine conferences:

- Providing a travel medicine service in 2017
In partnership with the Royal Pharmaceutical Society
- Travel Medicine – The Big Picture
- Faculty Annual Symposium



Our members were supported through our networks

5

Regional Advisors

1

International Advisor



Delivered by outstanding people

18

travel medicine examiners

34

speakers and teachers delivering education

179

people attended conferences and courses

864

total CPD points awarded



We launched the **Royal College Membership Diploma in Travel Medicine** incorporating Affiliate Membership, exam preparation course and MFTM exam

Podiatric Medicine



We ran a membership exam:

- MFPM Part 2

We delivered 4 podiatric medicine conferences:

- Journey of human movement
- Beginning your career in podiatric medicine (2)
- Making the most of medicines



Our members were supported through our networks

11

Regional Advisors



Delivered by outstanding people

21

podiatric medicine examiners

44

speakers and teachers delivering education

291

people attended conferences and courses

816

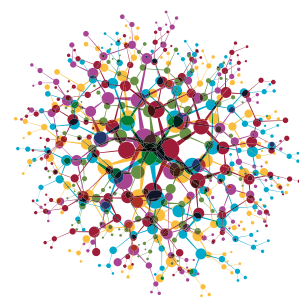
total CPD points awarded



Launched **new eLearning modules** for podiatrists

26

Excellence in Healthcare



Our flagship international triennial conference, Excellence in Healthcare 2017, was held in June.



4

Conference strands

Medicine24
Surgery365
Travel Medicine - the big picture
Podiatry: A journey of human movement

“

The variety of speakers and range of topics covered was excellent. The overall theme and discussion of Global Citizenship also really came through.

Loved that the conferences ran simultaneously giving a greater range of lectures.

This conference has updated my knowledge in the management of key clinical areas including neurology, cardiology and diabetes. I will take this forward in my ongoing practice. In addition, the concept of “realistic medicine” and how we continue to practice into the future will be something that stays with me in my day to day practice.

”



- 20** Medicine24 speakers
- 17** Surgery365 speakers
- 7** Travel Medicine speakers
- 9** Podiatric Medicine speakers

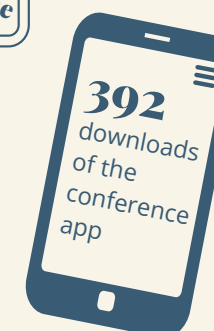
2 Days of learning and sharing knowledge across disciplines



53 Total speakers

58 Topics covered

1 Fire alarm evacuation



2 million impressions on Twitter
253 people tweeting about #EIH2017

4,734 CPD points awarded

467 delegates



4 Plenary sessions:
Greig Trout, Catherine Calderwood,
James Logan, John Meara



1
Royal visit



1 Triennial ball

Global Citizenship

One of the highlights of 2017 was the launch of a report, Global Citizenship: Volunteering in the NHS.

The report and recommendations were the result of work by Scottish Clinical Leadership Fellow, Stuart Fergusson, and the College's Director of Global Health, Mike McKirdy.

Testimonials and personal accounts of volunteering experience were received from individuals, and discussions were held with colleagues across healthcare and government to inform the outcomes of the report.

The launch event was attended by Scottish Government Minister for International Development and Europe Alasdair Allan MSP, and Health Minister Maureen Watt MSP, while follow up events at Holyrood and Westminster are planned to showcase the report to MPs and MSPs over the coming months. The College is continuing its work with the Scottish Government to promote the recommendations in the report.

#globalcitizenship
(1 June-27 September)

121,800 impressions

No.1 by mentions

No.1 by tweets

242 participants

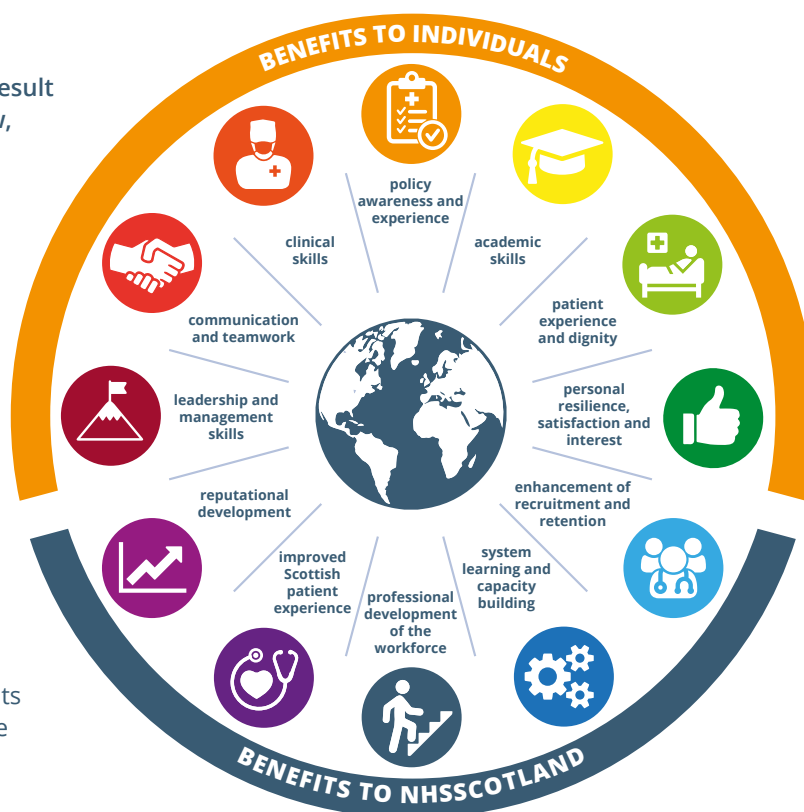
#ScottishGlobalHealth
(1 June-27 September)

169,700 impressions

No.1 by mentions

No.1 by tweets

148 participants



Informed by a survey conducted by the Scottish Global Health Collaborative:

455 responses from all sectors

391 NHS Scotland employees

105 had undertaken global health work in the last 5 years

With input from:

Individuals

Health Board senior management teams

Scottish Government policy teams

Academic, professional and charitable organisations



From left: Alasdair Allan MSP, Mike McKirdy, Stuart Fergusson and Maureen Watt MSP



Recommendations

Developing a strategic approach

Professionalising coordination and support

Maximising benefit

Ensuring effectiveness

Valuing collaboration

Expressing local commitment

Defining support mechanisms

Setting expectations



To be taken forward with support from the Scottish Government

30

Enhancing our facilities

During 2017, our buildings on St Vincent Street have undergone extensive refurbishment.

Our growing membership, extended provision of education and services, and our expanding team of staff have prompted significant investment in our facilities in Glasgow.

The new facilities will enable us to:

- tell the story about who we are and what we stand for
- expand our clinical and non-clinical skills teaching provision
- generate increased business for 1599
- increase awareness about our wonderful heritage

Modernised office space and a pleasant working environment for our staff



Creation of the Davies eLearning Centre to enable recording for eLearning

We are committed to offering advances in training and education through online and interactive learning. The studio will enable production of the best quality audio and visual recording opportunities to capture lectures, interviews, discussions, podcasts, and video casts, which will be combined with effective editing and post production software. The studio will contain high definition cameras, LED lights and a range of studio quality mics. We will have the ability to stream and broadcast live from the College, enabling our Fellows and Members to access a wide range of live and recorded content, and providing users both nationally and internationally with access to an impressive range of teaching materials and activities. The studio will form the ultimate addition to a highly upgraded, multi-purpose learning environment, and provide a comprehensive, and accessible library of training modules, accessible from any device (computer, tablet or phone) for maximum user flexibility.



Supported by the
**WILLIAM & ELIZABETH
DAVIES TRUST**

Modernised lecture theatre space and technology to support better learning

The lecture theatres have been upgraded to full HD video capability. There are now two new plasma monitors and a new 16:9 projector. In addition, we have installed a matrix system that will link up the Maurice Bloch Lecture Theatre with the Peter Lowe Lecture Theatre and also the Macewen Clinical Skills Suite and conference centre areas located in the basement, as well as with the Davies eLearning Recording Centre on the first floor. A new interface and tablet have also been installed at the lectern in addition to new audio wiring to resolve earth issues, so that both the live and recorded user experience is considerably enhanced.



Development of a state of the art clinical skills suite

A substantial part of our basement area has been transformed into a modern, upgraded clinical skills and practical training area, offering two wet labs, directly situated beside a multipurpose conference and teaching area. This offers considerable space and scope for a wide range of simulation teaching. The technical capacity will enable both filming and web streaming and the teaching possibilities are varied and considerable. It is anticipated that the new clinical area will facilitate a range of new course provision. This will range from orthopaedic and plastering courses, to basic surgical skills and cadaveric training opportunities. The possibilities are further multiplied with the increased technical functionality linking the teaching areas and the proximity of the lecture theatres directly above this area.

Additional meeting room space with the development of new conferencing rooms

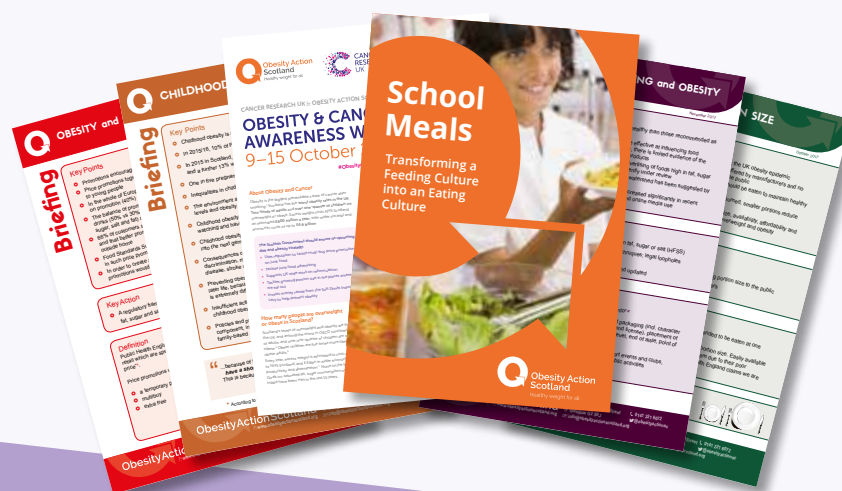


Installation of graphics and display cases to improve access to our heritage and collections

Creating a central display space at the heart of the College is a fantastic opportunity for us to tell the stories of the physicians and surgeons of Glasgow, of medical and surgical innovation, and of how the College connects to the city and its people. The new display cases and the use of bold new graphics throughout the ground floor, allow us to both celebrate our past and enliven our present. The museum-quality display cases, funded with support from Museums Galleries Scotland, allow us to display far more of our amazing heritage collections. New screen-based display will also allow us to showcase our digitised collections, and the work of our Visualising Medical Heritage project.

Obesity Action Scotland

Hosted and supported by the College, Obesity Action Scotland is Scotland's leading obesity advocacy group.



Reports Published

School Meals: Transforming a Feeding Culture into an Eating Culture

Childhood Obesity Briefing

Tackling Obesity Briefing

Obesity and Price Promotions
updated

Advertising, Marketing and Obesity
updated

Obesity and Portion Size
updated

Campaigns

Make the Healthy Choice the Easy Choice

A campaign to ensure the Scottish Government's new Diet and Obesity Strategy includes **bold** and **ambitious action** to change the food environment around us, including:



Regulation to tackle price promotions on unhealthy foods



Restricting advertising and sponsorship associated with unhealthy food



Regulations to control portion size

Eating not Feeding (#EatingnotFeeding)

A campaign calling on national and local governments to place **greater value on school meals** and create an eating culture by **following our...**

4 recommendations for action...

Use **unprocessed** or minimally processed **foods** wherever possible

Prioritise vegetables, soup and salads over puddings

The free sugar content of school meals should move towards the new **Scottish Dietary Goals**

Create a **positive physical and social environment** for school meals

Voices on Obesity (#VoicesonObesity)

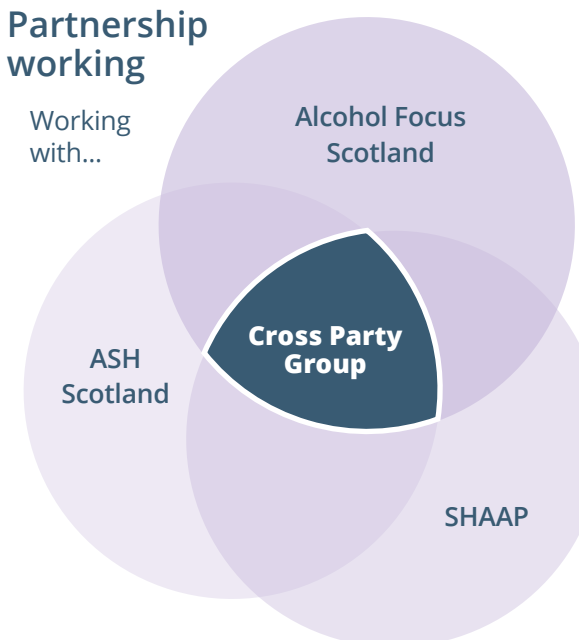
A **social media campaign** across Twitter and Facebook. Videos containing insight and opinion on an aspect of obesity from members of our Steering Group and staff were posted and input from others encouraged.

Obesity and Cancer Awareness Week 9-15 October 2017 (#ObesityCancerScotland)

A new joint initiative led by **CRUK** and **Obesity Action Scotland**. The aim was to raise **awareness** of the link between cancer and obesity and build **support** for a strong and ambitious Diet and Obesity Strategy from the Scottish Government.

Partnership working

Working with...



...Improving Scotland's Health: 2021 and Beyond within the **Scottish Parliament** and **Scottish Food Coalition** to influence Good Food Nation Bill

International Engagement

Obesity Action Scotland hosted its first parliamentary event in June 2017...

Food: a solution to a health crisis

Our main speaker **Mads Frederik Fischer-Moller** who is a Senior Advisor on Food, provided illuminating views on **Nordic food culture, nutrition policy and the impact of food programmes and activities in the Nordic Countries**

Amsterdam is successfully tackling the growing obesity crisis - **reporting a...**

Obesity Action Scotland visited Amsterdam to speak to the people involved in the programme. We have shared that learning via our **website, conference presentations** and a **3 part STV news special**.

12% drop in **childhood overweight and obesity** within **3 yrs** of their **Healthy Weight for all Children programme**

11 conference presentations

17 newsletters issued to **230+** subscribers

>25,000 page views on website

61 video clips posted on **you tube** channel

>1600 followers

45,000 impressions per month

Investing in our future



We have made great strides over the past year and have made significant progress in income growth, cost efficiency, cash management and strengthening our balance sheet.

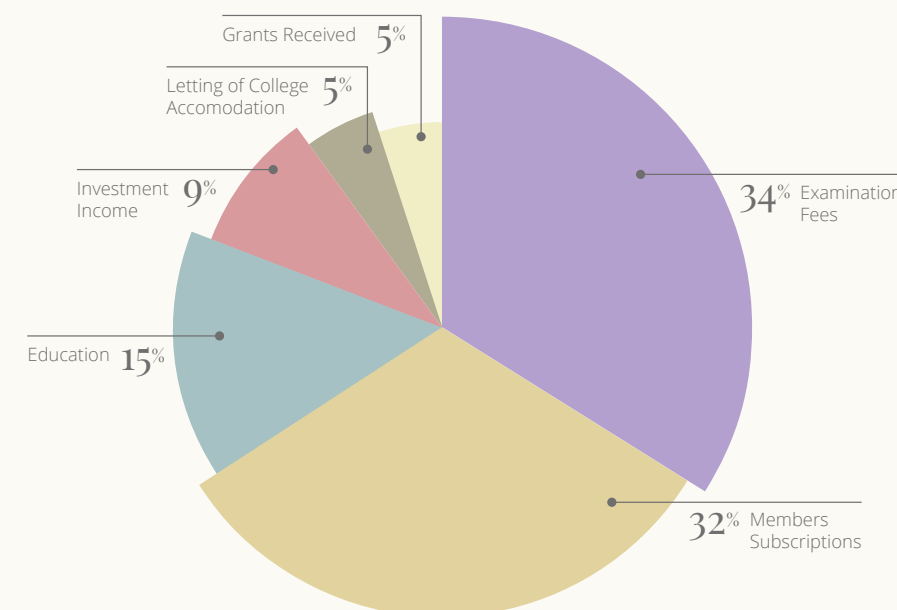
The College financial statements for the 2016/17 financial year were approved through our auditors, Scott-Moncrieff, our Audit Committee and finally our College Council in October 2017.

The College remains in a strong financial position and has made significant gains over the past 12 months. We will continue to use the relative strength of our balance sheet prudently to invest in our future; that is to support our College and allow it to flourish and grow in pursuit of its charitable mission and to promote its Fellowship and Membership.

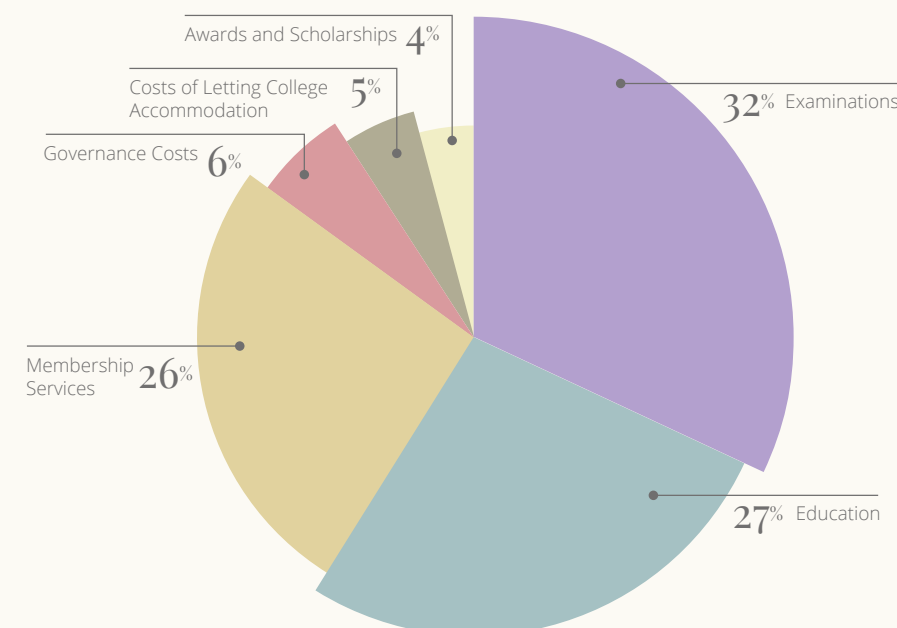
As Honorary Treasurer, here are some of the notable highlights from the annual accounts I think are worth noting:

- Income from all our College activities has risen to **£6.15M**, an improvement of +£402K (+7%) on the previous year from growth across membership, education and examination activities in all five of our disciplines/faculties.
- Total charitable funds on the College balance sheet grew to **£24.427M** (+£2.362M on the previous year), mainly from unrealised gains from the increased market value of the College capital reserves sitting on our balance sheet.

2016/17 Group Income
(£6,151,208)



2016/17 Group Expenditure
(£6,748,973)





- Through prudent investment and decision taking, our capital reserves have grown by **£6.639M** over the past five years or so, with an average annualised rate of capital growth ranging between 10% and 13% over that time period. Our dividend returns were £596K for the year and these were used across the College in support of our charitable mission.
- Excluding one-off exceptional items, direct expenditure for the year grew in line with income. There was £350K in exceptional expenditure items incurred during the year, mainly from increased legal costs to cover the RCP Federation dispute, and external venue hire to cover the 232 SVS refurbishment and the Excellence in Healthcare triennial conference. Throughout the year, we have targeted more cost-effective spend in travel, ICT and marketing which will realise £250K in recurring annual savings.
- Overall, the College reported an operating deficit of **-£598K (-9.7%)**, which is a marginal improvement on the previous year. The College has **£17.887M** in unrestricted capital funds to offset any short term operating deficit position.
- The five year financial plan approved through Council in April targeted elimination of this structural deficit within four years. For the first time, the College now has its management reports and five year financial plans presented and split across our five faculties to allow Council and the Executive Board to make more informed decisions on resource investments.
- Through the Audit and Remuneration Committee (ARC), we have an updated and more rigorous risk register and risk management processes, and much greater transparency from our improved management account reports.
- Capital expenditure for the year was **£710K** which should be seen in the context of the College's five year strategic plan to invest £6.5M to refurbish and upgrade its physical and digital infrastructure.
- The College Balance Sheet has been further strengthened over the past 12 months, with our fixed asset base now sitting at **£5.131M** net of depreciation. Our fixed asset base has almost doubled over the past five years and has arisen from our approved capital investment plans

- £1.65M in the purchase and refurbishment of 19 Blythswood Square
- £2.75M in the refurbishment and upgrade of 232 – 242 St Vincent Street
- £2.00M in the proposed overhaul of our ICT and digital capability
- Seeing the remainder of these plans through will continue to strengthen and put value on our balance sheet and support the vision and growth plans laid out in the strategic plan for our College.
- Finally, our combined working capital and operating cash position improved by a net **£1M** over the past year, indicating we are working our cash harder and reducing our reliance on our invested cash reserves towards our financial year-end.
- In closing, we have made great strides over the past year and have made significant progress in income growth, cost efficiency, cash management and strengthening our balance sheet. Our invested capital gains have been significant and we will continue to prudently invest and manage our invested capital reserves. We have improved our management reporting, transparency and strategic decision taking. And we have a transparent financial plan setting out how we will invest in our future at acceptable risk in pursuit of our College's charitable mission.



38

Governance

College Council

(as at 1 November 2017)

Office bearers	
President	Professor David Galloway
Vice President (<i>Medical</i>)	Dr Iain Findlay
Vice President (<i>Medical</i>)	Professor Hazel Scott
Vice President (<i>Surgical</i>)	Mr Kevin Baird
Vice President (<i>Surgical</i>)	Mr Andrew Henry
Vice President (<i>Dental</i>)	Professor Graham Ogden
Honorary Secretary	Dr Richard Hull
Honorary Treasurer	Dr Rajan Madhok
Honorary Librarian	Mr Roy Miller
Registrar	Dr Roderick Neilson
Faculty Deans/Representatives	
Dean of the Faculty of Travel Medicine	Group Captain Andy Green
Dean of the Faculty of Podiatric Medicine	Professor Robert Ashford
Honorary Secretary of the Faculty of Dental Surgery	Dr Helen Patterson
Ordinary Councillors	
Physician	Dr Stuart Hood Dr Graeme Tait Dr Adrian Stanley Dr Arianne Laws (<i>< 10 years GMC registration</i>)
Surgeon	Mr Sanjeev Chitnis Mr Stephen Mannion Mr Drummond Mansbridge Mr Alex Vesey (<i>< 10 years GMC registration</i>)
Regional Councillors	
Scotland North (<i>Grampian, Highland, Shetland, Orkney, Western Isles</i>)	Professor Stuart Pringle
Scotland East (<i>Tayside, Forth Valley, Fife, Lothian, Borders</i>)	Mr John Camilleri-Brennan
Scotland West (<i>GGC, Lanarkshire, Ayrshire & Arran, Dumfries & Galloway</i>)	Dr Hany Eteiba
Physician working outwith Scotland	Dr Asif Naqvi Dr Douglas Thorburn
Surgeon working outwith Scotland	Professor David Richens Professor Abhay Rane

Advisory Co-optees	
Faculty of Public Health representative	Dr Emilia Crighton
Faculty of Pharmaceutical Medicine representative	Professor Matthew Walters
Chair, Lay Advisory Board	Mrs Elizabeth Condie
Chair, Audit & Remuneration Committee	Mr Mark Allison
Global Health Director	Mr Mike McKirdy
Dental Council	
Dean / Vice President (<i>Dental</i>)	Professor Graham Ogden
Vice Dean	Professor Jeremy Bagg
Vice Dean	Dr Christine Goodall
Secretary	Dr Helen Patterson
Ordinary Councillors	Mrs Beth Burns Dr Colwyn Jones Dr Heather MacRitchie Dr Donald McNicol Ms Vicki Greig (10 years GDC registration)
Regional Councillors outside Scotland	Ms Norah Flannigan Mr Nathan Lee Brown
Regional Councillor Scotland North (<i>Grampian, Highland, Shetland, Orkney, Western Isles</i>)	Mr Graham Orr
Regional Councillor Scotland East (<i>Tayside, Forth Valley, Fife, Lothian, Borders</i>)	Mrs Antoniella Busuttil Naudi
Regional Councillor Scotland West (<i>GGC, Lanarkshire, Ayrshire & Arran, Dumfries & Galloway</i>)	Dr Andrew Forgie
Director, Dental Education, Training and Professional Development Board	Mr James Boyle
Director, Dental Examinations Board	Mr Andy Edwards
Interim Director, Dental Membership Services Board	Dr Andrew Forgie
International Advisor	Prof Raman Bedi
Lay Advisor	Ms Veena Soni
Co-opted Member	Dr Gautham Sivamurthy

Faculty of Travel Medicine Executive Board	
Dean	Group Captain Andrew D Green
Dean Elect	Mrs Jane Chiodini
Secretary	Mrs Margaret Umeed
Ordinary Members	Mrs Jennifer Anderson Dr Sundeep Dhillon Dr Kathryn Geary Mrs Ann Bevan
Associate Members	Dr Fiona Taylor Dawn Alldridge
Co-opted Members	
Hon Clinical Registrar (MFTM)	Dr Angus Menzies
Hon Clinical Registrar (DTM)	Mrs Carole Tracey
Director, FTM Education Board	Dr David Ross
Lay Representative	Mr Alan MacDermid
NaTHNaC	Miss Lynda Bramham
Faculty of Podiatric Medicine Executive Board	
Dean	Professor Robert Ashford
Vice Dean	Mrs Christine Skinner
Secretary	Dr Sarah Curran
Ordinary Members	Mr Julian Livingstone Mr David Wylie Mr David Dunning Mr Allan Thomson
Co-opted Members	
Associate Honorary Clinical Registrar	Ms Pamela Price
Director of Communications	Mr Matthew Fitzpatrick
Affiliate Representative	Mr Ciaran Canney
Lay Representative	Ms Lorraine McAvoy

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