ADVANCING EXCELLENCE IN HEALTH

Annual Review **2015**





ROYAL COLLEGE OF Physicians and Surgeons of glasgow

Royal College of Physicians and Surgeons of Glasgow

2





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ROYAL COLLEGE OF Physicians and SURGEONS OF GLASGOW

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I had expected my final year as President to be one of consolidation. I was way off the mark. This has been a year of acceleration.

President's reflections

Considerable credit for this must go to our Chief Operating Officer, John Cooper, and the dedicated and talented staff at the College.

Office Bearers, Council, Fellows, Members and a variety of lay advisers, have also played key roles. A special thanks goes to those demitting from Council and especially Mr Paul Rogers, who has served with distinction for two terms as Honorary Treasurer, and has been for me, an ever-present source of candid and valuable advice. This year has seen a number of outstanding educational symposia.

Our strategic move to flagship events is now paying off. Events such as the Glasgow Emergency Surgery and Trauma Symposium (GESTS), the Interactive Cardiology Symposium and Medicine24 have become permanent fixtures. Medicine24 attracted over 400 delegates, who were accommodated in a variety of locations, including three hospitals within the Glasgow area. I was especially pleased that medical students within the hospitals benefitted from this meeting at no charge.

In December 2014, the College purchased a new property in Blythswood Square in Glasgow to support our growth and ease congestion in our current building. The building project is moving into a challenging phase and we are working to ensure that the core work of College continues during the necessary alterations. The move to open plan in the basement and second floor of our building on St Vincent Street will increase the functionality of the building as well as providing a potential cafe facility. The cafe will I believe be to the benefit of staff, Members, Fellows and the public. It will also allow us to build on the outstanding success of Fifteen Ninety Nine and will include an educational feature building on our recently acquired Museums Accreditation Status. This was achieved through the outstanding work of our recently retired library and heritage manager, Carol Parry.

Our role in promoting health is part of our mission and we have been proactive in regard to physical activity and healthy eating. We are delighted that Scottish Government-funded Obesity Action Scotland is located within College.

Our engagement with trainees continues to develop as evidenced by our active trainees committee. Honorary Secretary, Professor Hazel Scott, in parternship with the Scotland Deanery (West Region), has set up a buddy scheme between senior and junior trainees, an innovation which I wholeheartedly support.

Our College was instrumental in bringing the Association of Surgeons in Training (ASiT) to Glasgow for the first time in their 40 year history and we were delighted to host both educational and social events for many of the 700 attendees.

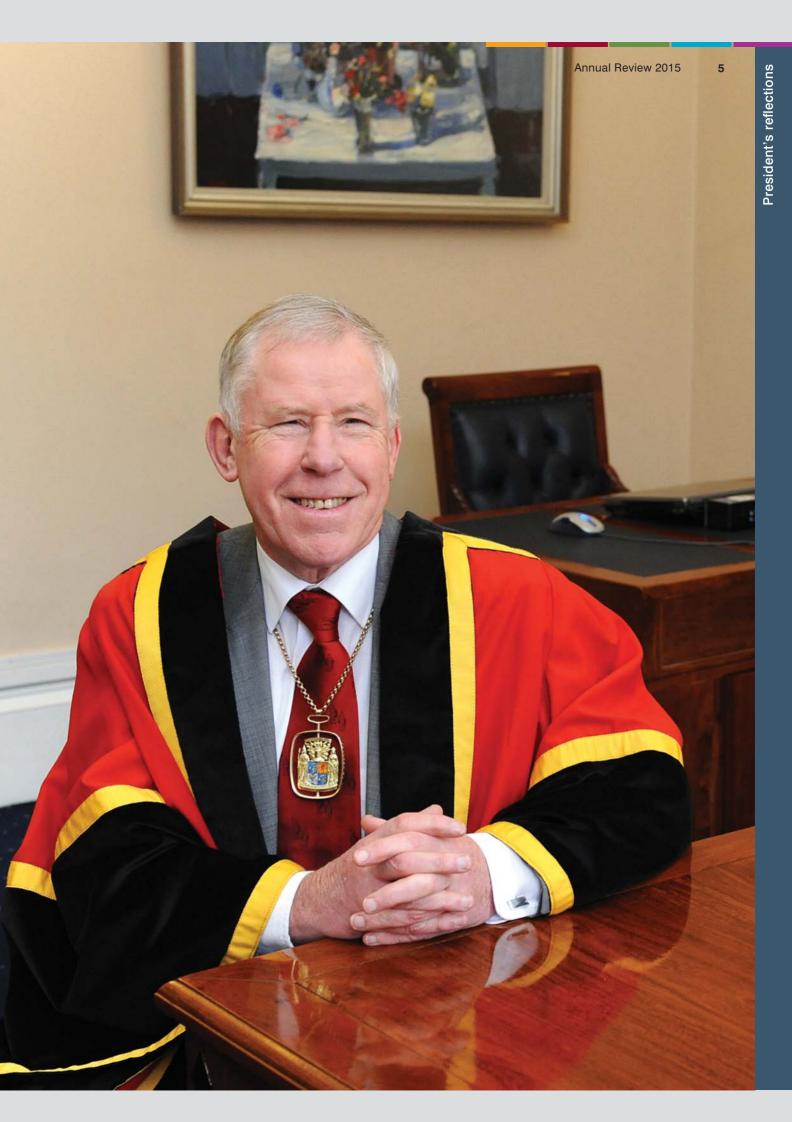
Much progress has been made with regard to regional advisor and tutor networks locally, across the UK and internationally. The appointments of an international director and international manager will help in ensuring that we serve the needs of our international Fellows and Members as well as increase our visibility. "There will always be challenges and room for further improvement."

I have been struck by the ongoing interest in and enthusiasm about our College during my international visits.

As I come to the end of my presidency, there is much to reflect on. This Annual Review records a number of success stories, and these are a great source of satisfaction to the whole College family. There will always be challenges and room for further improvement.

I am greatly reassured as I leave that my successor, Professor David Galloway, will address these issues with his considerable drive, commitment and leadership skills. It has been a pleasure to work closely with him over the last year. Presidents come and go, but the College endures.

Not only has it been a privilege to serve as your President, it has been one of the most enjoyable and fulfilling periods of my life.



College Council (As at 1 October 2015)

Office Bearers

President

President Elect Vice-President (Medical) Vice-President (Medical) Vice-President (Surgical) Vice-President (Surgical) Vice-President (Dental) Honorary Secretary Honorary Treasurer Honorary Librarian Registrar Professor Frank Dunn Professor David Galloway Dr Jackie Taylor Dr lain Findlay Mr Mike McKirdy Mr Kevin Baird Professor Richard Welbury Professor Hazel Scott Mr Paul Rogers Mr Roy Miller Dr Robin Northcote

Group Captain Andy Green

Professor Stuart Baird

Mrs Laura Mitchell

Regional Councillors

Clyde area of GGC, Argyll area of H&I, Ayrshire & Arran, Lanarkshire SE Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian Grampian, H & I (excl Argyll), Tayside (Physician) outwith Scotland (Physician) outwith Scotland (Surgeon) outwith Scotland (Surgeon) outwith Scotland Dr Hany Eteiba

Vacant Vacant Dr Asif Naqvi Dr Alex Grieve Professor David Richens Professor Abhay Rane

Advisory Co-optees

Faculty of Public Health Faculty of Pharmaceutical Medicine

Acting Chair of Lay Advisory Board Chair of Trainees Committee Dr Emilia Crighton Professor Matthew Walters Mr Richard Sullivan Dr Stacy Smith



Photograph Below. Members of College Council at the June 2015 Admission Ceremony. Pictured front row from left: Professor Stuart Baird, Dean of the Faculty of Podiatric Medicine; Dr Mike Jones, Dean of the Faculty of Travel Medicine; Dr Jackie Taylor, Vice President (Medical); Professor Frank Dunn, President; Mr Mike McKirdy, Vice President (Surgical); Professor Richard Welbury, Vice President (Dental).

Dean of the Faculty of Podiatric Medicine

Faculty Deans / Representatives

Honorary Secretary of the Faculty of Dental Surgery

Ordinary Councillors

Dean of the Faculty of Travel Medicine

Physician Physician Physician Physician < 10 years Surgeon Surgeon Surgeon Surgeon Surgeon < 10 years Dr Kenneth Dagg Dr Colin Perry Dr Roderick Neilson Dr Adrian Stanley Dr Selina Tsim Mr Andrew Henry Mr Ian Graeme Conn Mrs Alison Lannigan Mr Sanjeev Chitnis Mr Alex Vesey

> This Annual Review records a number of success stories, and these are a great source of satisfaction to the whole College family.

The main focus for the College for the past five years has been to grow the membership.

Chief Operating Officer's report

Happily, we continue to expand our membership and hit our targets for doing so. At the end of October this year, our total membership across all categories was 12,854 of which 11,124 were core members. Where membership is active and strong, delivering all College core activities becomes much easier for all. The President pays tribute to the enhanced education and training outputs of the College. Our Training Needs Analysis carried out at the end of last year, made it clear that our membership looks to us for relevant and accessible education and training and we shall continue to analyse and expand this activity.

Equally, examinations and assessment continue to perform well both within the intercollegiate medical and surgical arenas, as well as within those exams we run ourselves such as FRCS(Ophthalmology). Furthermore, 2015 has seen the launch of the new Membership of the Faculty of Podiatric Medicine examination and the MFDS Part 1 exam was delivered in India.

One very welcome trend in recent years, has been the development of the public face of the College which remains fully engaged in media and digital activities; there is seldom a day when our name or logo is not in the news somewhere.

Our Plan 2015-18 tasks us to achieve many things and as will be clear from this Annual Review, targets are being achieved. In addition to those topics covered above, our international strategy has been re-launched and the building project involving 19 Blythswood Square is well under way. Financially, we remain soundly based and solvent.

Fifteen Ninety Nine is now three years old and growing into its role. Culinary standards are consistently high and every event run by Fifteen Ninety Nine receives universal praise for the standard of service and food. Weddings, dinners, lunches, receptions and conferences are now delivered routinely and well. This performance assists the College in reputational and financial terms, as well as offering an outstanding service to Fellows and Members.

As we turn to the future, the coming year promises continued growth and development. The building project will be completed and will place the College on a sound operational footing for years to come. The College will continue to embrace change where it is necessary to develop our activities, but I understand that managing change is not easy and that it impacts upon people. I thank all the College staff who give so much of themselves each year and who have coped so well with a lot of change; they really do encapsulate the phrase "our most valuable asset is our people". Finally I thank Professor Frank Dunn CBE for being such a professional and engaging President with whom to work for the past three years and I look forward to working in a similar vein with Professor David Galloway as he takes up the reins of this august and prestigious College.





"As we turn to the future, the coming year promises continued growth and development." 7

Excellence in education

IN NUMBERS /

symposia

courses

leadership lecture

4,641

delegates attending educational events in the College

15,016

CPD points awarded

numbers including actual data January-October and projected data November-December 2015. We are committed to delivering cutting edge, high quality and relevant educational events for healthcare professionals working across medicine, surgery, dentistry, travel medicine and podiatric medicine. In 2015, we introduced a quality framework to benchmark standards of excellence for the range of educational symposia and courses we offer.

Flagship events: High profile events, such as *"Medicine24"* and *"GESTS"*, with a proven track record and demonstrable sector-leading educational provision. Our flagship events have broad appeal and relevance and attract a large number of international speakers and expertise.

Core events: Focused on the needs of a key area or topic that has established significance, such as *"Managing Stroke"* and *"Respiratory symposium"*. These events provide a focussed educational provision for defined learning requirements and draw on national and international expertise to ensure the highest quality content and input.

Specialist events: Held in response to specific current topical issues, such as *"Ebola"* and *"Palliative care."*

In 2015, we launched our first prospectus which showcases the wide range of educational opportunities available at the College and helps our members and others to plan their educational activities well in advance.

We have also invested time in the development of our e-learning platform. My College Online will enable health professionals to access high-quality CPDaccredited education at their own convenience. Key sessions from our symposia, keynote lectures, webinars and podcasts are recorded and will be available through MyCollege Online.

Symposia

Our symposia cover a wide range of relevant topics across a range of disciplines and feedback was excellent.

A new milestone in the College's surgical education agenda was reached with the inaugural *International Orthopaedic and Trauma Symposium*, part of a commitment and vision to widen training in orthopaedics both in surgical courses and in event provision. Feedback was unanimously positive, noting the "good variety in presentations", "excellent speakers, good spectrum of topics" and relevance to both trainees and consultants. The event is on the educational calendar again in May 2016 and looking to build on its success alongside the inclusion of a two-day *Hip Fragility Fracture symposium*.



Multidisciplinary

- Challenges in remote and rural healthcare
- Surgical site infections: an update
- Practical advice for new consultants
- Learning lessons, leading change
- CV bootcamp invaluable advice in non-clinical skills for core and registrar level trainees
- Managing risk

Dental

- Top Tips for GDPs
- Top Tips for VDPs
- Top Tips for DCPs
- TC White symposium: the management of oro-facial deformities: past, present and future
- Dental careers evening

Travel Medicine

- Beyond vaccines: a joint conference with the Royal Pharmaceutical Society
- The adventurous traveller: a joint conference with the British Global and Travel Health Association (BGTHA)
- Why travel health matters
- Annual symposium : Its a disaster -Ebola and other emergencies

Podiatric Medicine

- High risk lower limb symposium
- Lower limb pain and its clinical implications

Medical

- · Endocrinology and diabetes day
- Joint interactive cardiology symposium
- Saving mothers' lives
- Acute medicine symposium
- Medical undergraduate conference
- Yorkhill celebratory symposium: celebrating a century of paediatric care at the Royal Hospital for Sick Children, Yorkhill
- Sport and exercise medicine symposium
- Thrombiotic microangiopathies: tomorrow's answers today
- Medicine24: Optimal management of the acutely ill patient within the first 24 hours
- Medicine24: Live and interactive broadcast
- Respiratory symposium
- Managing stroke in 2015
- Palliative care symposium

Surgical

- Glasgow Emergency Surgery and Trauma Symposium (GESTS)
- International orthopaedic and trauma symposium
- Global health symposium
- Assessment symposium (run in conjunction with AMEE)
- John Hopkins neurosurgery
- Multidisciplinary breast symposium



The year started well with a flagship highlight of the surgical events calendar, GESTS 2015 (Glasgow Emergency Surgery and Trauma Symposium) attained predictably sell out numbers. The event has grown in reputation and with the previous year's success the bar was pushed even higher indicating that the momentum and enthusiasm for the event has evidently grown.

Feedback such as: *"Plain guidance for the average surgeon"*, and positive reception for the quick fire interactive sessions captures the ethos of the event: relevant, useful, and insightful. The programme benefits from a powerful partnership between



Programme Director, Mr Euan Dickson, Consultant Hepatobiliary and Pancreatic Surgeon, Glasgow Royal Infirmary, and Event Convener, Mr John McGregor, Consultant General and Colorectal Surgeon, NHS Ayrshire and Arran and past Vice President (Surgical).

The structure is well considered and effective: covering a lot of ground quickly and providing the most useful, informative and engaging topic content. GESTS invests heavily in bringing together world renowned expertise and creating a focused platform from which to showcase it effectively; this powerful blend of style and content is strongly featured in delegate feedback:

"The topics covered were very useful for anyone who takes part in emergency surgical receiving. The short lectures were also an excellent feature meaning a large number of topics were covered, but in enough detail to be useful. The speakers without exception were outstanding."



Courses, workshops and series

Many of our courses and workshops run a number of times throughout the year. A complete list of the range of courses we ran in 2015 is provided below:

Non-clinical skills

- Postgraduate diploma in clinical education
- Mentor training
- CPD management training day for faculty
- Educational supervision update

Medica

- IMPACT
- MRCP PACES training evenings
- · How to do it
- FICE (Focused Intensive Care Echo)

Surgical

- Basic surgical skills
- Foundation skills in surgery
- MRCS Part B preparation course

Dental

- MFDS Part 1 revision course
- MFDS Part 2 revision course
- · Dental mock interviews

Travel Medicine

- Diploma in travel medicine
- · Foundation in travel medicine

Cardiology

Another well established flagship event success was the Joint Interactive Cardiology Symposium which was held on 6 March 2015, and run in partnership with the British Cardiovascular Society.

The event provided an opportunity to hear from national and internationally recognised leaders in their fields. The conference has wide-ranging appeal to cardiologists and trainees, physicians, nurse practitioners and allied health professionals. It offered a worthwhile CPD opportunity to stay abreast of key advances in cardiology, review the latest evidence shaping cardiovascular medicine and to hear from expert international speakers.

The 2015 one-day symposium included four comprehensive sessions and talks from keynote speaker, Dr Marc A Pfeffer, Dzau Professor, Harvard Medical School. The programme format included sessions on modern day hypertension, sudden cardiac death in the young, IHD: The interventional approach and pathways in heart failure. It was an outstanding success for event director, Dr Hany Eteiba, with feedback praising the event for its "Excellent overview of up to date guidance on common cardiovascular issues relevant to specialist and generalist alike." It was also highly praised because "The variety of topics made it really enjoyable" and for "the interesting debates between the panels."

Next year's event is scheduled for Friday 4 March 2016 and is anticipated to sell out.





The Clinical Skills Anatomy Centre has developed a regular programme of courses which are now part of its staple provision, these include:

- Basic Surgery Cadaver Skills (BaSiCS) Course
- Advanced Surgery Cadaver Skills in GI Surgery (ASiCS)
- Basic Fracture Fixation Day
- Renal Biopsy Course
- Core Endoscopic Peno-Scrotal Surgery
- Emergency Urology Surgery
- Endoscopic Ear Surgery
- Clinical Anatomy of the Mitral Valve
- Breast Reconstruction Training Day
- Laparoscopic Colorectal Course
- Essential Plastic Surgery Series

The key objective going forward is to support the surgical curriculum by growing annual provision in core topic areas and for these courses to become an established feature of the College Prospectus.

"It was the best course I have been on and will truly change my practice." Additionally, there is a growing range of College and commercial courses which have run this year and are likely to be repeated going forward:

- Facial Dissection (Plastic and Dermatological Surgery)
- Stryker Hip Replacement Course
- Bluebelt Technology Knee Navigation
- EBUS Bronchoscopy Course
- GORE Advanced Vascular Access Course
- Galderma Facial Dissection Course
- Facial Anatomy Teaching Day
- GRI Breast Association Course
- Local Anaesthesia Course
- Braun Training Day

Feedback has been unanimously positive with the quality of training being bolstered with a high level education support media in terms of high definition filming and e-learning materials.

We are also indebted to our industry partners for their course support through the provision of specialist equipment. New courses scheduled for 2016 include Dental Implant and Trauma and Orthopaedics.

Medical and surgical training

The JRCPTB is responsible for developing medical curricula, for providing external advice on quality of training and for monitoring trainee progress and making recommendations about the award of specialty certification.

In August 2014, Professor David Black became the new Chair of the Board. Under his chairmanship, our College now has the opportunity to play an integral role operationally through bi-weekly meetings. Ongoing areas of work include developing quality indicators for Core Medical Trainee posts, and influencing the impact that the Shape of Training review may have on medical specialty training.

We continue to oversee all aspects of surgical training, in partnership with the other three Royal Colleges of Surgeons of the UK and Ireland, through the Joint Committee for Surgical Training (JCST). The JCST is the parent body of the Specialty Advisory Committees (SACs) and Training Interface Groups. Further information about this important advisory body is at **www.jcst.org**



Physicians CPD diary

Our members have free access to the online CPD diary of the Federation of Royal Colleges of Physicians of the UK as part of their membership benefits package. The CPD diary delivers the requirements for revalidation and stores information for annual appraisal.

Some new CPD enhancements include:

- · the ability to add attachments
- the ability to edit entries instead of having to delete them and start again
- enhanced annual appraisal report
- the summary page is now more visual

Comparisons are also underway between the GDC app and the CPD diary, it is likely that a CPD diary will be available in the future.

Surgeons portfolio

Our members have free access to the surgeons portfolio which enables them to record all aspects of clinical training and practice, professional development activities, peer analysis and audit tools which are tailored to specialty requirements and will deliver the requirements for revalidation. The surgeons portfolio has been created in partnership with the surgical Royal Colleges in Edinburgh and London.

Dentists portfolio

All dentists must maintain their own CPD records and must submit an annual statement of CPD hours completed to the General Dental Council. We offer a free online CPD portfolio for members of our Dental Faculty. Some updates to Dental CPD guidelines are anticipated in 2016.









The biggest flagship event of year was Medicine24: Optimal management of the acutely ill patient within the first 24 hours, held on Thursday 10 and Friday 11 September 2015.

This interactive event was planned and organised by event director Dr Jackie Taylor, Vice President (Medical), and the event organising commitee. The event offered a comprehensive programme on the latest thinking and key advances across a wide range of medical specialties. The programme included dedicated sessions on respiratory, oncology, cardiovascular, gastro-intenstinal and neurological emergencies, nightmare scenarios at 2am and infectious diseases.



It was described as *"a truly outstanding event"* which attracted an audience of 455 people participating and viewing at multiple sites, with 38 presenters and chairs over the two days.

The event attracted more than double the standard College audience. As a result of this high demand, two core sites were created with 134 attending in College, and a further 131 individuals at neighbouring 200 St Vincent Street who watched via web streaming and participated in question sessions by video-conferencing.

There was also additional access offered to undergraduates to view the entire event via web streaming and participated in their own chaired discussions: 83 undergraduates attended at Queen Elizabeth University Hospital's Teaching and Learning Centre, 47 at the New Lister Building, Glasgow Royal Infirmary and a further 14 at the Medical Education Lecture Theatre, Royal Alexandra Hospital in Paisley, Renfrewshire.



IN NUMBERS /

different examinations delivered annually

3,502

exam candidates in 2015

centres hosted exams around the world

10/4 examiners on our examiner panels

62.08%

the average pass rate* of exam candidates across all examinations

figures based on average pass rates available at the time of print adhering to standard DPA convention.

Members of our College participate in all aspects of assessment, providing trainees at generalist and specialist levels with a robust, high quality and fair test of knowledge, skills and attributes to support their career journey.

From development of question bank content, ensuring curriculum compliance, face-to-face examining, to quality assurance of exam performance and review, our examiners ensure that patient care is delivered only by those who are best qualified to do so through meeting the standards set. Members of the public contribute to our work, participating in either consultative or lay examiner roles. Successful completion of the membership examinations confirms the clinician's ability to provide the highest level of clinical care, thereby improving the standards of patient care.

As one of only five multidisciplinary Colleges in the world, and unique in the UK, our panels of examiners provide assessment at Membership, Specialty Membership (dentistry) and Fellowship level (Specialty Certificate level for MRCP(UK)), collaborating with other UK Royal Colleges spanning dental, medical and surgical disciplines.

In 2015:

- Review of quality assurance processes provided reassurance that the methods utilised remain valid, reliable and robust, providing internationally-recognised benchmarks of achievement
- Two dedicated MRCP(UK) PACES examination centres were established at Glasgow Royal Infirmary and Queen Elizabeth University Hospital, Glasgow
- Review of the MRCP(UK) examiner panel was undertaken to ensure compliance with UK standards
- MFDS exam centres were launched in London and Bangalore in response to candidate demand; planning for an international OSCE centre is well advanced; there has been a marked increase in OSCE candidate numbers, which in turn has increased Faculty membership
- The Faculty of Podiatric Medicine offered its inaugural written examination in UK and international centres

Working with other Royal Colleges to maintain standards

For MRCP(UK) and MRCS respectively, examiner-specific training programmes were commissioned and designed in order to enhance awareness of equality and diversity issues to mitigate risk of any unintended bias within exams. These supplement training in the workplace and will be delivered in online format.

A major review of the MRCS question banks was completed, ensuring closer mapping to the surgical curriculum and identification of scenario development needs. The MRCS OSCE exam experience was enhanced through introduction of the use of tablets for showing images, mirroring practice in the workplace. We have been working towards international delivery of the OSCE, which supersedes the Part B OCC in 2016, recruiting OSCE examiners to our panel both in the UK and internationally to facilitate this development. We have also contributed examiners to the rollout of the Joint Surgical Colleges Fellowship Examination (JSCFE) in the current "live" specialties at several international candidates to increased examination opportunities through intercollegiate collaboration and sharing of examination centres.

The key focus for MRCP(UK) has been on systematic quality review, fairness of examinations and the relevance of their content. This has included external scrutiny by key stakeholders of quality management of the examination and the pass standards required. MFDS exam regulations were enhanced to provide additional advice and recommendations to candidates.



"Venue was excellent. Good that every station was in separate rooms."

MFDS Part 2 exam candidate

Exams held in 2015



Fellowship

Surgical

- FRCS Ophthalmology Part 1
- FRCS Ophthalmology Part 2FRCS Ophthalmology Part 3

On behalf of the four dental faculties in the UK and Ireland, the Examinations and Assessment Unit manages and delivers Intercollegiate Specialty Fellowship Examinations in Dental Public Health, Paediatric Dentistry, Restorative Dentistry, Orthodontics, Oral Surgery and Oral Medicine.

Membership

Medica

- MRCP(UK) Part 1
- MRCP(UK) Part 2
- MRCP(UK) PACES

Surgical

- MRCS Part A
- MRCS Part B OSCE
- MRCS Part B OCC

Dental

- MFDS Part 1
- MFDS Part 2

Travel Medicine

MFTM Part 2

Podiatric

MFPM Part 1

On behalf of the Dental Faculties in the UK, we deliver the Tricollegiate Specialty Membership examination in Special Care Dentistry and collaborate in the governance and development of Oral Surgery and Paediatric Dentistry examinations.

Medical

Diploma in Dermatology

Surgical

- Diploma Head & Neck Surgery Part 1
- Diploma Head & Neck Surgery Part 2

Associate membership

Travel Medicine

• Diploma in Travel Medicine

Diploma Modical

Supporting our members

IN NUMBERS /

12,8

members

843

new Fellows and Members admitted in 2015*

402 verification requests delivered

34

scholarships & grants awarded

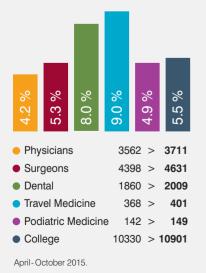
£101,148

awarded in scholarships and grants

November-December 2015.

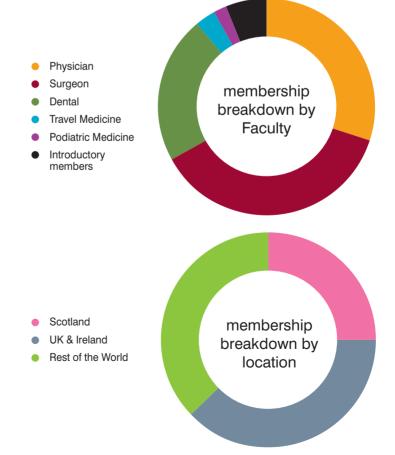
* Data includes actual figures January-October 2015 and projected figures for

% Increase in Core Membership



Membership of the College has continued to grow over the last 12 months. Total membership is now 12,854 across 82 countries worldwide. This represents a positive growth across both physicians and surgeons and each of the Faculties (as detailed in the graph below). The Membership Services team has recently expanded to meet the needs of our members and continues to deliver a wide range of advice, guidance and support services including promoting the College at over 40 external events and conferences worldwide.

This College is committed to supporting our members, wherever they are geographically based. Our networks of 51 UK based Regional Advisors and 14 International Advisors based in the UK and the Middle East has extended to include a new network of College Tutors in the West of Scotland. Our 28 College Tutors are key to the College's activity in local hospital sites. The College Tutor network will bring clinicians and trainees closer together. In a similar way to the Regional Advisors, the College Tutors will facilitate the organisation of locally based educational activities and increase awareness of College-wide activities and opportunities. Being involved in our networks is a great opportunity to make a difference to our members' experience locally, support trainees, network with like-minded clinicians and support new consultants gain Fellowship of the College.





Admission Ceremonies

Almost 300 new Fellows and Members were welcomed to the College at six admission ceremonies held throughout 2015. Our two main ceremonies were held in our usual venue at the University of Glasgow in June and November. We were also delighted to welcome new Fellows at smaller ceremonies held during international events including the cardiology symposium in Cairo, GESTS and Medicine24 at the College and the annual AMEE conference in Glasgow.

Six honorary fellowships were awarded this year to:

- Professor Selwyn Michael Griffin OBE Hon FRCS (Glasg) Professor of Gastro-Intestinal Surgery and Consultant Oesophago-Gastric Surgeon, Royal Victoria Infirmary, Newcastle-Upon-Tyne, President, European Society of Diseases of the Oesophagus, Chairman of Intercollegiate Board of General Surgery
- **Professor Sir Lewis Duthrie Ritchie OBE Hon FRCP (Glasg)** James Mackenzie Professor of General Practice, University of Aberdeen, Honorary Professor of Primary Care and Public Health, University of the Highlands and Islands
- Professor Khursheed Francis Moos Hon FDS RCPS (Glasg) Honorary Professor of Oral and Maxillofacial Surgery, Glasgow University (1992-), Consultant Oral and Maxillofacial Surgeon, West of Scotland Plastic and Maxillofacial Unit, Canniesburn Hospital, Glasgow (1974-1999), Civilian Consultant to the Royal Navy (1974-2009)
- Professor Frank Murray Hon FRCS (Glasg) President, Royal College of Physicians of Ireland; Associate Professor of Medicine, Royal College of Surgeons of Ireland; Consultant gastroenterologist/hepatologist, Beaumont Hospital, Dublin
- Miss Clare Lucy Marx Hon FRCS (Glasg)
 President, Royal College of Surgeons of England; Associate Medical
 Director, Ipswich Hospital NHS Trust
- Sally Magnusson Hon FRCPSG Journalist, broadcaster and writer. Founder of Playlist for Life.

New membership benefits

We are continually seeking to enhance the membership benefits offered to our members. Benefits added in 2015 include:

- SCONUL a reciprocal agreement which allows access to space and resources in libraries in the UK and Ireland. Members of the College will be able to apply, via the College Library, to access university libraries (and certain other HEI libraries), for study purposes.
- UPTODATE up to 20% discounted subscription to this online clinical decision support resource featuring over 10,500 clinical topics designed to give immediate answers to clinical questions at the point of care.
- Wisepress 15% discount on medical books from Wisepress.com plus free UK delivery.

"It is very special to be a member of the only multidisciplinary college in the UK."

Bringing the College to you

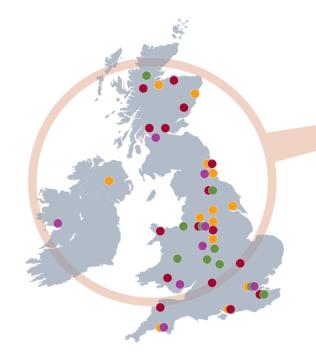
Regional and international advisors

Our network of regional and international advisors act as a local point of contact for our members in different parts of the world. They play an important role in local networking, education and training, providing information on examinations held by the College; and general advice on College membership and benefits.

Following a detailed review of the College's international activity, College Council recently approved the creation of a new international strategy which over the next three years aims "to deliver College core activities in defined international areas, increasing the College profile and growing the membership in order to set the highest possible standards of healthcare.'

An international office within Membership Services has been established. The International Director, Dr Roderick Neilson and International Manager, Ms Lisa McManus, have now been recruited. Their key priority will be to establish a defined College presence in India to provide direct support to our Fellows and Members in the area. In addition, increasing the number of international advisors, identifying international symposia and events that the college should attend and increasing our activity through the Medical Training Initiative are also key priorities.

A full list of our regional and international advisors is provided below.



United Kingdom and Ireland

Adewale O. Adebaio Satinder Bal Abhiiit Chaudhuri James Fulton **Richard Hull** Riaz Kakkuzhi Mappilakkandy Mary Joan MacLeod Arshad Maiid Asif Abbas Naqvi Jean-Pierre Ng Ping Cheung Janice O'Connell Peter Winocour

Surgical

John Camilleri-Brennan

Andrew David Henry Muhammed Dalvi Humzah Bruce Jaffrav Sharat Ajit Jain

Roy Nicol Lawrence Sanjiv Manjure

Robert McIntyre Eng Kwee Ong Kanak Patel David Richens Dean Williams Haussam Flenin

Jim Khan

Sheffield Inverness London Plymouth Portsmouth East Midlands Aberdeen Salford Hull/Grimsby Barnsley Sunderland East of England

Stirling/ Forth Vallev

Manchester

Newcastle

South East

Swindon

East of

Elgin

England

Yorkshire

Bangor

Ireland

Northern

South of

England

Nottingham

Portsmouth/

North Devon

(Kent)

West Midlands

Dental

Alexander Baxter Andrew Edwards Norah Flannigan (Andrew) Graham Gilmour

Neil Mackenzie Giles McCracken Dominic Stewardson Anthony Vaughan

Mhairi Walker Sophie Watkins Halla Zaitoun

Fiona Irving

Alex Crighton Michael Alexander Lewis Graham Orr

Podiatric

Robert Ashford Emma Cowley Sarah Curran Michael Harrison-Blount Catherine Hayes Julian Livingstone Ian Mathieson Sangeeta Misra

Martin McGeough Nichola McLarnon

Allan Thomson David Watterson

East England Manchester Mersevside Kent/Surrey/ Sussex Oxford/Wessex North East West Midlands South West England Grampian London South Yorkshire/

East of Scotland

Aravll

Wales

Scottish

highlands

Birmingham

Manchester

West/North

Yorkshire

Northern

Glasgow

Glasgow

Galway

Ireland

Plymouth

Cardiff

Durham

London

Cardiff

East Midlands Dental

Colin Murray Stuart Hislop Raman Bedi

New Delhi, India Hong Kong Chennai & South, India New Delhi, India

New Delhi, India Bangalore, India United Arab Emirates Saudi Arabia and Egypt

Vineet Datta

Lam Tai Pong

Ajit Mullasari

Surgical

Vijay Arora

Hanan Said

Subash Gautam

Vasu Rao

Anupam Sibal

Mahesh Verma I al Madathil

New Delhi, India Mangalore, India United Arab Emirates UK

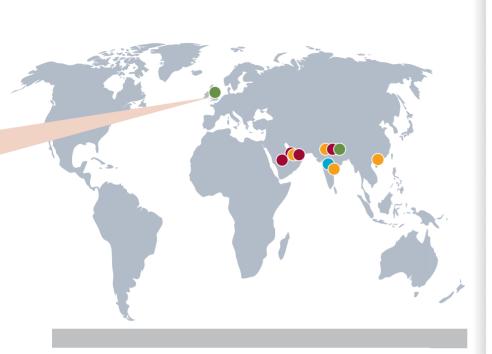
Travel Medicine

International

Santanu Chatterjee

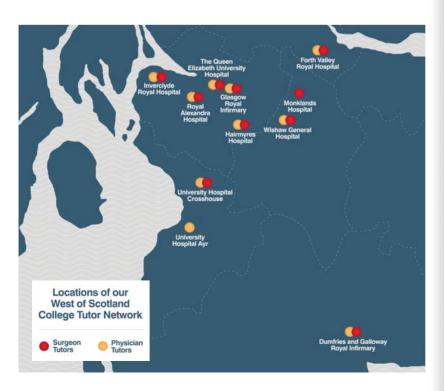
Kolkata, India

UK



College Tutor Network

A new College Tutor Network was established in 2015. This network, established initially in all acute sites in the West of Scotland, will foster closer relations between clinicians, their trainees and the College and will enable the College to become more aware of challenges faced in local hospital sites. Our tutors will facilitate the organisation of locally based educational activities and promote awareness of training and social events, exam dates and the benefits of College membership. Their work within sites will support a positive culture of learning and professional development and active clinical engagement with the College.





Mentorship Support Advice

The Core Trainee Buddy scheme is a new partnership initiative between the Royal College of Physicians and Surgeons of Glasgow and the Scotland Deanery (West Region).

Drawing on earlier work by Mr Nathan Stephen with core surgical trainees, the aim of the core medical and surgical Buddy Schemes is to provide West of Scotland trainees with higher trainee support and informal guidance.

This is a great opportunity for CMTs and CSTs to have an *'older sibling'* who they can meet periodically for advice that will help them develop their careers. In addition it aims to support a sense of belonging within the large West of Scotland training cohorts.

For established higher trainees, this provides the opportunity to develop coaching, leadership and management skills and an introduction to some of the aspects of the role of an educational supervisor. There is also the potential opportunity to involve an enthusiastic CMT in research and audit projects, along with the personal satisfaction of helping to enhance the development and career progression of the next generation of West of Scotland trainees.

The scheme launched in August 2015 following coaching skills training of many of the ST trainees, from the College mentorship lead Dr Grahame Macphee. 32 CMT and 20 CST trainees have enrolled and have been matched to 22 medical and 19 surgical specialty trainees. Further buddy scheme network events are planned in the coming months.



Scholarships and Awards

Our College offers a wide range of scholarships and awards to support members in progressing their research, improving knowledge and skills, and widening experience. In 2015, a total of £101,148 was awarded to 34 individuals.

College Travelling Fellows	ship
Vincent Yip	To support the travel to an international institute for hepato-pancreato-biliary (HPB) surgery and live-related liver transplantation
Mr Neil John Cahoon	An 11 month fellowship in upper limb and extremity reconstruction at the Dalhousie University Department of Plastic Surgery
Dr Mansur Murtaza Halai	5 week intensive attachment in orthopaedic trauma at the Tygerberg Orthopaedic Trauma Unit, University of Stellenbosch Cape Town South Africa
Dr Rebecca Ruth Acquah	4 month visit to East Africa to study the Diploma of Tropical Medicine and Hygiene
Dr Niall John James	2 month visit to London at a super specialist MS unit
Dr Michael Joseph Lavery	A year of dermatology research in Philadelphia, USA
Mr Zhi Yang Ng	Research fellowship at the Centre for Transplantation Science for the Massachusetts General Hospital and Harvard Medical School in the USA
Davies Foundation Trust T	Travelling Fellowship
Sanjay Gupta	One year musculoskeletal oncology fellowship at Mount Sinai Hospital, Toronto
Patricia Roxburgh	10 month visit to Roche Innovation Centre, New York, to gain an insight into the development of new cancer therapeutics
Ritchie Trust Research Fe	llowship
Dr Angela Evans	An investigation of the relationship between footprint, foot strength, joint flexibility, vitamin D and iron levels in children with and without leg pain aged three to 12 years
Lachlan McNeill Scholars	hip in Ophthalmology Award
Dr Mohamed Elhanan	Cornea observership, Queen Victoria Hospital, West Sussex
Walker Trust Fellowship	
Dr Jagtar Singh Niijar	Integrated analysis of the CD4 and CD14 transcriptome of patients with drug resistant rheumatoid arthritis
Aileen Lynn Bequest Fund	
Miss Emma Claire Wright	To develop a technique that detects bowel anastomotic leaks during patient's post-operative course
Miss Katrina Anne Knight	To purchase a cycle ergometer compatible for use during cardiopulmonary exercise tests
Ethicon Travelling Fellows	
	·
James Gillespie	One month visit to Tygerberg Hospital (Trauma Centre) University of Stellenbosch, Tygerberg, South Africa
Dr Mansur Murtaza Halai	5 week intensive attachment in orthopaedic trauma at the Tygerberg Orthopaedic Trauma Unit, University of Stellenbosch Cape Town South Africa
Medical Elective Awards	
Rose Bakazs	To conduct a lab-based project entitled "Development of Cytosponge" at University of Aberdeen
Caroline Elizabeth Elliot	To gain critical care and surgical experience in a busy burns unit for a period of 2 months - Johns Hopkins Burn Center, Johns Hopkins University School of Medicine, Baltimore, Maryland
Caroline Elizabeth Elliot Iyare Nehihare	To gain critical care and surgical experience in a busy burns unit for a period of 2 months - Johns Hopkins Burn Center, Johns Hopkins University School of Medicine, Baltimore, Maryland To develop experience in global health by practicing medicine in a sub-Saharan country with a contrasting healthcare system and a greater and varied disease burden to that of the UK - Charlotte Maxeke Johannesburg Academic Hospital, Johannesburg, South Africa
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Library and Heritage

In addition to an extensive range of online resources available to members via the Knowledge Network, SHELCAT online library catalogue, media review e-newsletters (daily for UK and weekly for

international members) and a podiatric e-newsletter the College Library also now offers:

- an e-learning module on library resources
- membership of the SCONUL Access scheme allowing members access their local university library.



The library also continues to offer both group and one-to-one resources training.

Museums Accreditation Status

After a great deal of dedicated hard work the College was awarded Museums Accreditation status in 2015.

The Accreditation Scheme sets nationally agreed standards for museums in the UK covering all aspects of collection care, management, visitor experience and also demonstration of organisational health.

Working towards the standard enabled us to thoroughly review our procedures, policies and forward planning, while also recognising areas for improvement and development.

We hope that gaining accreditation status will strengthen any future funding application for the historical collections as well as being a very visible sign of the College's commitment to its heritage.



IN NUMBERS /



Doors Open Day

The College opened its doors to the public during the annual Glasgow Doors Open Day in September. Fellows and College staff welcomed more than 850 visitors, setting a new record for attendance.

Highlights of this year's event included an exhibition of 19th century surgical instruments manufactured in Glasgow, a video tour describing the history of the College, a children's quiz and an interactive display to accompany Audubon's Birds of America.

Feedback from the event was overwhelmingly positive, with many visitors praising our beautiful historic building and welcoming atmosphere.

Members of the public are welcome to visit the College throughout the year. Crush Hall and the Library Reading Room are open on Monday afternoons and at other times by appointment.

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Lay Advisory Board

Over 2014-15, under the chairmanship of Reverend John Matthews and subsequently acting chairmanship of Richard Sullivan, members of the Lay Advisory Board have provided invaluable lay involvement to the College's committees and boards. Members' breadth of personal and professional experience and impartial views have added tremendously to discussion and debate across the College and we have appreciated greatly their contribution to the transparency of our processes.

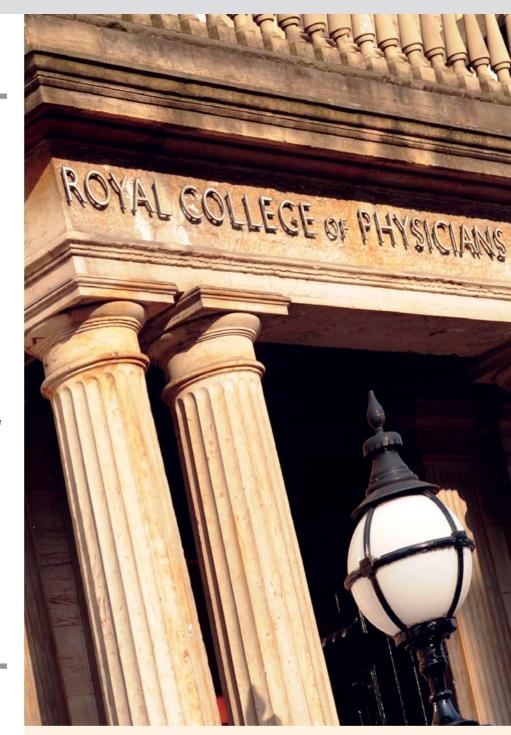
Members of the Lay Advisory Board have also contributed to a number of important consultations over the past year including;

- General Medical Council: Checking that doctors have appropriate insurance and indemnity cover
- General Medical Council: Doctors, nurses and midwives being open and honest when things go wrong
- General Medical Council: Confidentiality Guidance Review
- Scottish Government: Proposals to introduce a statutory duty of candour for health and social care services
- General Medical Council: Changes to improve our fitness to practise investigations and hearings
- Scottish Government: Transplantation (Authorisation of Removal of Organs) Scotland Bill

William and Elizabeth Davies Fund

The William and Elizabeth Davies fund has been transferred to an independent Scottish charity trust which will work closely with College to fulfil the wishes of the late William and Elizabeth Davies to support a wide range of projects and initiatives related to cancer. The College will review all applications and submit to the Trust for a final decision.

The members of the Trust shall comprise principally Fellows of the College. The College recognises that this outstanding achievement was brought about through the application and excellence of Mr Francis McCrossin, a Fellow of this College, Past President Mr Ian Anderson, and Mr Douglas Kinnaird and is extremely grateful.



Senior Fellows Club

Our Senior Fellows Club held seven meetings in the 2014/15 session. At three of these events, the lectures were preceded by lunch. All of the talks were interesting and well attended.

The titles and speakers were are follows:

- Dickens, Doctors and Diseases by Professor Ian Bone
- Clydebank 1941 Medical Services in the Blitz by Mr David Hamilton
 James Clerk Maxwell; The man who changed everything...
- and was then forgotten by Dr Francis Toolis

 Distinction Mark Highlights of the Burrell Collection by Dr Alan
- Distinction Mark Highlights of the Burrell Collection by Dr Alan McDonald
 The Demonse of the Atlantic Plue Piblich by Demony Vallance
- The Romance of the Atlantic Blue Ribbon by Ramsey Vallence
 Bird Migration by Professor David Lawson
- Innovation by Professor Gordon Peterkin

Enhancing our communications

Ongoing enhancements to our communications were implemented following feedback from our members in the 2014 annual communications survey.



Email continues to be the preferred route for receiving communications from the College – with 92-98% of members reporting email as their preferred choice.

We have modernised the look of and introduced new content to our quarterly magazine, College News, and have continued production of the twice-yearly travel medicine magazine, Emporiatrics. These publications provide an important route for our members and other people interested in our College to keep up to date with our activities and the broader impact of workforce contract changes and public health issues affecting healthcare. In the last year we have introduced monthly What's On e-newsletters for each faculty, which are sent to members and others interested in the College. Newsletters have also been developed to support the College Tutor Network and the Core Trainees Buddy Scheme.

In December 2014, the website was integrated with our new membership database. This allows users to visit their personalised dashboard, update their personal details, pay their subscriptions online and book events. Throughout 2015, we have continually made improvements to the website's usability and functions. This work is ongoing. **IN NUMBERS /**

5.57% increase in website visits 1,000,000+ website page views

percentage of members who read College News

You said, we did...

You asked us to target our communications better. We established cross College working groups to determine specific communications needs so that we can continue to improve email targeting in the future.

Members in the 18-34 age group asked us to increase communication with them on social media. We responded to this demand by integrating digital communications into all strategic marketing activities aimed at people within this age group

Our international members asked us to send information specifically relevant to them. We are currently developing an international newsletter for members to highlight opportunities and activities most relevant to them



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Influencing policy and practice

IN NUMBERS /

policy statements and press releases issued

8,000+

followers on Facebook (21% increase since 1 Jan 2015)

2,225

followers on Twitter (121% increase since 1 Jan 2015)



Speaking out about issues impacting on our Fellows and Members and leading and influencing positive change for the benefit of patients are cornerstones of our role as a Royal College.

The communications strategy agreed by College Council in January 2015 set out the schedule of proactive engagement to influence policy and practice throughout the year. Regular meetings between Office Bearers and the Scottish Health Secretary have been established. We have responded to a number of consultations, with input from Fellows and Members across the College, the Trainees Committee and the Lay Advisory Board.

A new position of Publications, Press and Policy Officer was introduced to resource our growing activities and impact in public affairs and policy. A dedicated area of the website has also been developed to ensure our activities are visible and accessible to all.

In 2015, issues surrounding healthcare policy and employment contracts have been at the forefront of political debate and discussion in the UK. We have been quick to lead to calls for support and action by speaking out on issues that directly affect our members and the patients they treat. This has included development of position statements, interaction with the mainstream media, engagement on social media, responses to consultations, and direct conversations with government ministers and other stakeholders.

A summary of some of the activities we have led in 2015 is provided over the next few pages.

Influencing policy and practice

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A list of consultations to which we have contributed to in 2015 is provided below. A working understanding of the implementation of clinical services has shaped our response to numerous national consultations in respect to planned changes to health service provision and guidance on treatment. Fellows and Members, the trainees committee and the Lay Advisory Board have contributed to College responses.

AHA	European commission consultation on excise duty on alcoholic beverages
AHA	The impact of alcohol on the emergency services
Scottish Government	Transplantation (Authorisation of Removal of Organs etc) Scotland Bill
NICE	Healthcare associated infections quality standard
NICE	Draft Scope Consultation: Guideline on Abdominal aortic aneurysm
HIS	SIGN CHD Acute coronary syndromes guideline
GMC	Credentialing
GMC	Generic Professional Capabilities
HIS	Draft standards for Complex Nutritional Care
HIS	Building a comprehensive approach to reviewing the quality of care
HIS	Management of Chronic Heart Failure
NICE	Draft guideline consultation - Oral Health Promotion approaches for the dental teams
RCSEng	Standards for the non-specialist emergency surgical care of children
GDC	Patient Expectations and Awareness of the Standards Survey
GMC	Changes to improve our fitness to practise investigations and hearings
SDCEP	Management of Patients who are taking Anticoagulants or Antiplatelet Drugs and require Treatment
GMC	Standards for Medical Education and Training - Consultation on Draft Standards
British Thoracic Society	Pulmonary Nodule Guideline
British Thoracic Society	Joint BTS/ITS guideline for the ventilatory management of acute hyperapnic respiratory failure in adults
RCSEng	Cosmetic Surgical Interspecialty Committee (CSIC) - cosmetic surgery standards
NICE	Promoting physical activity for children
DoH via AoMRC	The Prevent Duty
Scottish Government	Proposals to Introduce a Statutory Duty of Candour for Health and Social Care Services
HIS	Draft Standards for Bowel Screening
HIS	Draft Standards for Care of Older People in Hospital
GDC	GDC Consultation on Fitness to Practice Processes
GMC	Confidentiality Guidance Review
DoH	Consultation on Language Controls for Health Care Professionals
GMC	Doctors, nurses and midwives being open and honest when things go wrong
HIS	Draft Healthcare Improvement Scotland Strategic Delivery Plan for Medicines
Faculty of Medical Leadership	Professional Standards of Medical Leadership and Management
GMC	Checking that doctors have appropriate insurance and indemnity cover
AoMRC	Report on Child Exploitation, improving recognition and response in health settings
Health and Care Professions Council	Standards for Podiatric Surgery
NICE	Preventing excess winter deaths and morbidity
UK NSC	Bowel cancer screening programme
UK NSC	Screening for stomach cancer

Abbreviations: AHA = Alcohol Health Alliance; AoMRC = Academy of Medical Royal Colleges and Faculties; GMC = General Medical Council; HIS = Health Improvement Scotland; NICE = National Institute for Health and Care Excellence; GDC = General Dental Council; DoH = Department of Health (UK); RCSEng = Royal College of Surgeons of England; SDCEP = Scottish Dental Clinical Effectiveness Programme; UK NSC = UK National Screening Committee

Leading change

Physical activity

Dr Andrew Murray was employed as a Clinical Leadership Fellow, supported by the Cruden Foundation,with the College for 12 months during 2014 and 2015. While working with the College he led a project to enhance knowledge of the importance of physical activity for patient care and sickness prevention. This work generated significant interest and coverage in print, broadcast and digital media. It also led to improved access to facilities to enable health workers in Scotland to be more physically active – commencing with our own College.

As well as our own position statement on physical activity, we jointly issued guidance and recommendations as a partner in both the Scottish Academy of Medical Royal Colleges and the UK Academy of Medical Royal Colleges and Faculties. The Chief Medical Officer for Scotland launched physical activity infographics at our College in September.

How do we increase physical activity?



Position statements on physical activity can be downloaded via the following links:

- Royal College of Physicians and Surgeons of Glasgow http://rcp.sg/physicalactivity
- Scottish Academy of Medical Royal Colleges http://rcp.sg/physicalactivitySCOT
- Academy of Medical Royal Colleges and Faculties
 http://rcp.sg/physicalactivityUK



Walk the World

In Spring 2015 we launched a challenge to walk 80 million steps around the world in partnership with World Walking. 150 people signed up to the challenge and we completed the challenge ahead of schedule in October.







Obesity Action Scotland was established in the College in August 2015. Funded by the Scottish Government, the group will provide clinical leadership and independent advocacy on preventing and reducing overweight and obesity in Scotland. The steering group is chaired by Dr Andrew Fraser, Director of Public Health Science, NHS Health Scotland, and the programme lead is Lorraine Tulloch. Once fully established, Obesity Action Scotland will be calling for significant action to be taken to tackle the obesogenic environment.

In October, Obesity Action Scotland and our College partnered with the Royal College of Paediatrics and Child Health to run a fringe event at the SNP party conference. The event was chaired by BBC Health Correspondent Eleanor Bradford and featured a panel discussion with our President Professor Frank Dunn, Chair of Obesity Action Scotland Dr Andrew Fraser, Paediatric consultant Adrian Crofton, and the Scotlish Cabinet Secretary for Health, Wellbeing and Sport Shona Robison. The event attracted excellent discussion and debate and will we expect to lead more of these types of fringe meetings at future conferences across different political parties.



Concussion

New guidance on how to manage concussion sustained during grassroots sport was launched at our Scottish sports and exercise medicine symposium at Hampden Park in Glasgow in May 2015. The guidance was developed in partnership with our College, the Chief Medical Officer for Scotland, the Universities of Edinburgh and Glasgow, Scottish Football Association, Scottish Rugby Union, and the Sportscotland Institute of Sport. The overriding message is that all concussions are serious and if in doubt, sit them out.



Medical supplies for Namibia

Following a call for donations of medical supplies for Namibia, we were extremely grateful to all those who contributed. The vital supplies were graciously received by Chief Kooitjie, the Mayor of Walvis Bay, the divisional health minister and parliament.





an immediate risk to the provision of healthcare throughout the UK."

Junior doctor contracts

Proposed changes to contracts for junior doctors working in NHS England were announced by the UK Secretary of State for Health, with proposals to impose the new employment contract on all doctors in training in England in 2016. The proposed changes were rejected by trainees and led to calls for further negotiations from the Royal Colleges and others. Discussion and debate on junior doctor contracts included:

- An open letter from the trainees committees of the Academy of Royal Colleges Trainee Doctors Group to the Secretary of State for Health expressing their concerns about the proposed contracts. They claimed that imposition of the contract presents an immediate risk to the provision of healthcare throughout the UK and would negatively impact the recruitment and retention of doctors in the UK.
- Our College issued a statement acknowledging the concern about proposed changes to junior doctors contracts and calling for all those engaged in negotiations to work together to yield a positive outcome
- The surgical college presidents wrote to the Association of Surgeons in Training and the British Orthopaedic Trainees Association encouraging all parties to return to the negotiating table
- The three Scottish medical and surgical Royal Colleges wrote to the Secretary of State for Health expressing their concerns over the junior doctor contract proposals. This letter supported an additional letter sent by the nine England-based Royal Colleges and Faculties. A letter from the Royal College of General Practitioners was also issued.

Seven day NHS

In July, the Secretary of State for Health announced plans to reform consultant contracts to ensure the majority of hospital doctors working in NHS England are on seven day contracts by 2020.

Many of our members and others working in the NHS rightly pointed out that the NHS is already a 24 hour a day, seven day a week service.

We believe that optimum delivery of emergency care should be the priority of any extension in hospital services and that extension of election work over the weekends could direct vital resources away from the key area of primary care. The President wrote to the Prime Minister to stress this point. He also wrote to Fellows and Members and welcomed the many emails of response from our members.

The 2014 UK census of physicians was published in June. 68% of consultants surveyed said they supported a plan for seven day NHS services in principal, however there needs to be more discussion around how such a plan is implemented.

"Take politics out of healthcare and ensure our health service is driven solely by delivering excellence in healthcare for our patients."

Professor Frank Dunn, CBE President, Royal College of Physicians and Surgeons of Glasgow

Health of travellers

In February 2015, our Faculty of Travel Medicine led calls for better regulation of travel medicine doctors.

A report submitted to the Scottish and UK governments called for compulsory qualifications and training for all health professionals offering travel health advice and care. Currently in the UK there is no requirement for education of those who deliver travel health care and we would like to see this change.

The health of travellers report can be downloaded at http://rcp.sg/healthoftravellers

A podcast recorded with the Faculty dean can be downloaded at http://rcp.sg/travelpodcast





Trainees' Committee

The College trainees' committee remains strong and proactive with a motivated membership drawn from all grades across the specialty spectrum. We have had a busy year with several major developments to contend with. The outstanding two issues have been the recent and on-going crisis concerning the new junior doctors' contract and the proposals made following the Shape of Training review. The committee continues to work hard to engage with a multitude of bodies, committees and individuals in order to promote trainees' interests across a wide range of issues and domains.

Contracts and Shape of Training reforms

With respect to the failure of contract negotiations between the BMA and the Department of Health we, as a College and committee, have made clear our grave concerns about the Department of Health's threat to impose a settlement that clearly does not have the confidence of doctors across the UK. We are concerned about the prospect of industrial action and hope the two parties can return to the negotiating table as soon as possible. We will continue to represent trainees' views and concerns regarding the proposed changes to the junior doctor contract.

On Shape of Training, through working with the Scottish and UK Academies and the other Colleges, the committee has produced and published statements setting out our concerns about the proposals and stating our core priorities that training not be shortened, that a focus on quality in training be central to any changes and that future holders of a certificate of specialty training (CST) have access to the same training and experience of current holders of a certificate of completion of training (CCT). The role of credentialing also requires further detailed consideration and planning prior to implementation.

On the surgical side, in collaboration with the Association of Surgeons in Training and the British Orthopaedic Trainees Association we have coauthored statements detailing our concerns about the potential impact on surgical training that the Shape proposals may have. We are also corresponding and engaged with the Improving Surgical Training work group led by Mr David Large that has been tasked with proposing a new model of surgical training in light of Professor Greenaway's report. We are closely scrutinising this work and in collaboration with ASiT and BOTA, will ensure that any new model accords with our shared priorities for high quality training aimed at producing a fully-fledged consultant surgeon.

In related work streams, the group has contributed significantly to the General Internal Medicine Curriculum review run by David Black (Medical Director, JRCPTB). The Trainees' Committee has helped develop and deliver a national survey to canvas opinion from trainees at all levels and is continuing to feed into the process of refining the final form that the curriculum will take.

Wider engagement

We have, as a committee, contributed to multiple important consultations including the Duty of Candour proposals from the GMC and Scottish Government and most recently, the debate over the Scottish proposals for an opt-out system for organ donation.

As a group, we also have input and provide trainee representation to other boards within the Glasgow College encompassing Education, Events, Awards and Scolarships and College Council. As well of this we have ongoing engagement with the BMA Scottish Junior Doctors' Committee and the Scottish, and UK, Academy of Trainee Doctors' Group.

Education and Events

The committee has been heavily involved with several national educational events, most notably the START Alliance careers fair and the Academy of Medical Royal Colleges and Faculties in Scotland Professionalism and Excellence Symposium. The latter was held at the Royal College of Surgeons of Edinburgh in 2015 and will be hosted by our College in 2016. Work from this symposium led to us delivering a well-received interactive parallel session at the 5th National Scottish Medical Education Conference. This was focused on identifying

and developing practical ways to maximise professionalism and excellence in training.

The City of Glasgow also hosted the 2015 ASiT conference. This was a large and successful event and central to this was support from the College and specifically the interventions of our President, Professor Frank Dunn.

As well as continuing previously successful events based in the College itself such as the CV Bootcamp, successfully run this year by Stacy Smith and Andraay Hon-Chi Leung, we are planning new traineeled educational events including an "Assisted Landing" course for international doctors starting work in the NHS and, following feedback from student members, a "Surviving The Foundation Program" event.

One particular development of note this year has been the introduction of the Buddy Scheme for core trainees. This initiative, originally conceived by Nathan Stephens (former Scottish Clinical Leadership Fellow), came about as a direct result of feedback that made it clear that for many, the core trainee experience needed to be significantly improved. It was felt that much of this was due to the loss of the traditional "firm" model, with its natural family-like support structure. By offering an informal mentoring program - the Buddy Scheme - we have aimed to contribute to and improve upon the support and advice available to core trainees. The College trainees' committee has been central in developing and launching the initiative. Several events have now taken place with excellent feedback.

Going forward

It is of utmost importance to us as a committee that we continue to actively consult and engage on issues that affect trainees, and our profession as a whole. We aim to continue to ardently represent College trainees' views and endeavor to engage with trainees' through new and existing educational events, meetings and social media.

If you are interested in participating in the activities of the UK's only crossspecialty college, whatever your level of training, there is always extra space around the committee table.



FIFTEEN NINETY NINE

events · weddings · dining

Fifteen Ninety Nine is delighted to report another successful year of events, weddings and conferences.



With respect to weddings, a quiet start has quickly moved into a busy Autumn / Winter season with six weddings confirmed. We have four weddings already booked in for the summer of 2016. Feedback from bridal parties and guests has been overwhelming and we are delighted that so many happy memories are being created in our beautiful building.

It has been a specially successful year with corporate clients joining from around the UK for key events. Autumn is fully booked with receptions and dining for Santander, Tourism Australia and Maclay Murray Spens LLP.

We have been delighted to host a large number of large medical dinners, including the Royal College of Surgeons in Ireland, MRCP(UK) and PCMA Global Medical.

In July, we successfully launched our pop up restaurant experience "The Gold Marque" - an exclusive opportunity to dine in one of our historic rooms within the College. Guests experienced a three course meal from our award winning head chef, Richie Holmes, with such tempting dishes as maple glazed slice of duck breast and oven roasted masala spiced cod. We look forward to the return of "The Gold Marque" in 2016 with an exciting new tasting menu.

We have also successfully established our in-house bar service. Stocking a premium range of spirits and liquors and offering a wide selection of specially selected wines from around the world, this allows us to increase our offering to all clients.

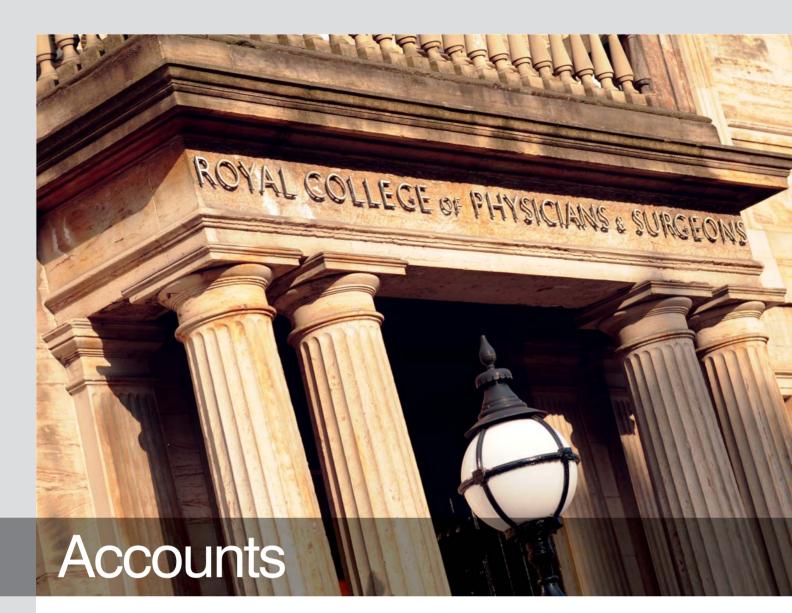
It is an exciting time for Fifteen Ninety Nine, with enquiries increasing and new projects set for 2016 in the pipeline. The team strive to continue to provide an unrivalled service and allowing guests to enjoy the enthralling character and timeless charm our incredible building offers.





Fifteen Ninety Nine

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The financial fundamentals of the College remain sound. Elsewhere in this report you can read details of the membership growth and increased activity in the College.

These changes are reflected in the accounts which show that annual turnover has gone up once again, now to £5.5 million. Our core activities all performed satisfactorily. Every unit continues to be aware of the need for cost control and efficiency and conducts matters accordingly.

However, we undoubtedly have some interesting times ahead. Development of our new property at 19 Blythswood Square, together with rationalisation of the accommodation in St Vincent Street will be a major investment. It will be important to control costs during and after these works and the new Honorary Treasurer will need to give this much attention. In this and other tasks I wish him well.

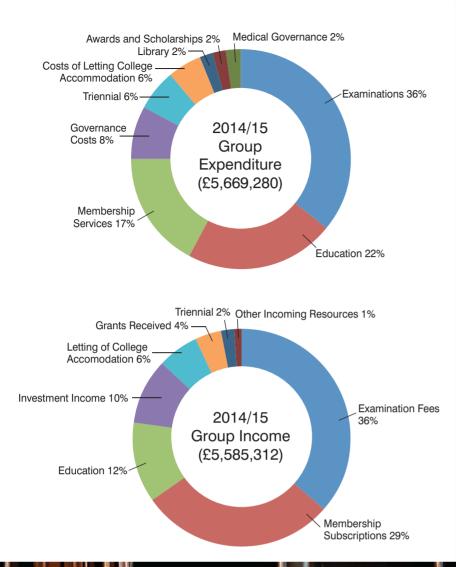
In its second full year of operation, 1599 Limited (Fifteen Ninety Nine), our wholly-owned subsidiary, performed strongly, again donating all of its profits (this time almost £108,000) to the College. This success is testament to the quality of catering now available in the College. I urge all Fellows and Members who have not already done so, to take advantage of the opportunities offered to them to host events – professional or private – in the magnificent surroundings of the College.

The performance of the investment portfolio, buoyed by an advancing stock market, continues to support our activities. The purchase of the Blythswood Square building has been a major development in our strategy. This building will provide additional accommodation for College activities while simultaneously diversifying our investments by allowing direct participation in the property market. We expect it to provide an income stream from rental of the unused office suites and also some capital growth as the property market continues to recover.

As in previous years, the finance department was strongly supported by the Audit and Remuneration Committee chaired by Mark Allison. Jenny Simpson of Wylie & Bisset led the audit, which happily yielded no surprises. Our portfolio of bonds, consolidated funds and equities continues to be managed by the Investment Committee advised by Michael Wilson of Speirs and Jeffrey. We are grateful to them all. The Honorary Treasurer would also like to record his personal thanks to the finance department as a whole and in particular to the Head of Unit, Heather Ferguson, for her advice and forbearance.

"annual turnover has gone up once again, now to £5.5 million."





Group Expenditure

Examinations	2,033,501	36%
Education	1,255,155	22%
Membership Services	939,240	17%
Governance Costs	443,426	8%
Triennial	336,235	6%
Costs of Letting College Accommodation	291,792	5%
Library	139,224	2%
Awards and Scholarships	111,500	2%
Medical Governance	119,207	2%

Group Income

Examination Fees	2,042,490	36%
Membership Subscriptions	1,623,446	29%
Education	650,633	12%
Investment Income	585,225	10%
Letting of College Accommodation	319,551	6%
Grants Received	204,899	4%
Triennial	103,740	2%
Other Incoming Resources	55,328	1%







Faculty of Pharmaceutical Medicine

The Faculty of Pharmaceutical Medicine's (FPM) mission is to advance the science and practice of pharmaceutical medicine for the benefit of the public. The FPM currently has over 1500 members, based in 40 countries around the world. On the 18th November 2015, Dr Keith Bragman completed his term of office as President of the Faculty. Dr Bragman was succeeded by Professor Alan Boyd who was elected earlier in the year.

The FPM published Good Pharmaceutical Medical Practice (GPMP) at the end of 2014. Based on the GMC's Good Medical Practice, the document provides guidance for all those involved in pharmaceutical medicine around the world on expected standards, conduct and behaviour. The FPM is currently developing a '*Support Network*', intended to uphold and champion adherence to GPMP principles and provide advice to pharmaceutical physicians who face ethical or medical dilemmas in their practice.

The FPM continues to act as the designated body to over 500 pharmaceutical physicians for the purposes of revalidation. On the 15th June, the FPM organised a networking meeting in Washington DC, to further engage with members and other pharmaceutical physicians in North America. *'Exploring the Learning Cycle'* – the FPM Education Day on the 16th June – provided valuable interactive learning opportunities for members. In September the FPM organised a thought-provoking debate on the continuing use of TQT studies in clinical research.

Find out more at the FPM website **www.fpm.org.uk**. Follow the FPM on Twitter **@FacultyPharmMed**

ADVANCING Excellenceln HEAL

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