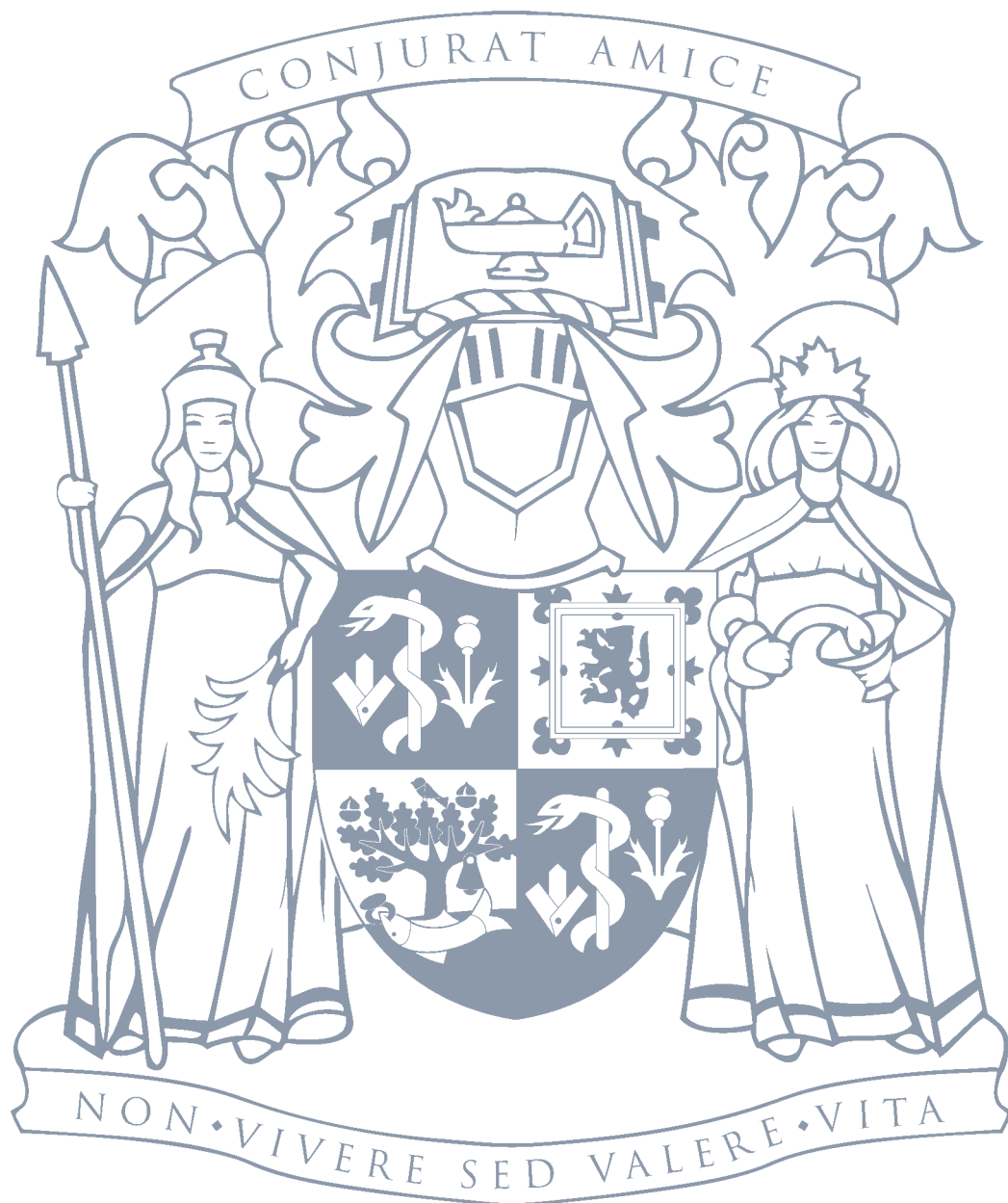


EXCELLENCE  
MAINTAINING STANDARDS  
FUTURE  
VISION  
IN EDUCATION  
REACHING OUT INTERNATIONAL  
WELCOMING



ROYAL COLLEGE OF  
PHYSICIANS AND  
SURGEONS OF GLASGOW



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ROYAL COLLEGE OF  
PHYSICIANS AND  
SURGEONS OF GLASGOW

Produced by the Office of the Chief Operating Officer  
and Membership Services

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# President's reflections



## I never cease to be aware of the privileged position I find myself in as your President.

I express my thanks to our Chief Operating Officer, John Cooper, and our cohesive and committed staff. I also greatly value the considerable number of Fellows and Members in all five Faculties, who selflessly commit their time and expertise to our Royal College.

An example of this was our flagship international triennial conference, Advancing Excellence in Healthcare. We were delighted to have HRH The Princess Royal attend the event and her interest was evident. The theme of sports medicine and physical activity was particularly appropriate and we are now building on our commitment to this important aspect of healthcare with our recently appointed leadership fellow, Andrew Murray, who has been funded by a generous grant from the Cruden Foundation.

The triennial conference was challenging from a financial perspective and we are therefore in the process of reflecting on the best model for future educational events. There is a sense that more specific one or two day meetings within the College may be the way forward both educationally and financially.

This year we have made a determined effort to engage with our constituencies both within and beyond the UK. Meetings in the Middle East, Singapore, Auckland, Harrogate, Portsmouth and Inverness are all testimony to that. My attendance at the Association of Surgeons in Training meeting in Belfast subsequently led to plans for this meeting to come to Glasgow in 2015 for the first time. We also launched our very successful live-linked 5-day dental course to India without a hitch. It is gratifying to see these initiatives reflected by a progressive increase in numbers of Fellows and Members.

We have continued to contribute to the key issues facing our health service. This includes input to the implementation of the Greenaway Shape of Training Report, lobbying for a reversal of the current move to

only one SPA session, addressing the challenges of EWTD and advancing a sustainable plan for unscheduled care.

We have also recently published the outcome of our symposium and survey on 7 day working.

We are doing everything to maximise use of our building through regular review of how we use the facilities. However, it has become clear that office and storage space are at their maximum. We have recently been looking at properties which will enhance our mission statement.

Any purchase would also have to fit in with the current building and be suitably located. We have recently identified such a building and have been successful in purchasing it. We believe it will give us that vital additional space for expansion while also broadening our investment portfolio.

I am confident that 2015 will see continued growth in all our key areas of activities, as well as progressing our commitment to strategically supporting our charitable objectives.



## Members of College Council

### Office Bearers

President  
Vice-President (Medical)  
Vice-President (Medical)  
Vice-President (Surgical)  
Vice-President (Surgical)  
Vice-President (Dental)  
Honorary Secretary  
Honorary Treasurer  
Honorary Librarian  
Registrar

**Dr Frank Dunn**  
**Dr Jackie Taylor**  
**Professor Miles Fisher**  
**Mr Mike McKirdy**  
**Mr Ian Colquhoun**  
**Prof Richard Welbury**  
**Prof Hazel Scott**  
**Mr Paul Rogers**  
**Mr Roy Miller**  
**Dr Robin Northcote**

### Regional Councillors

Clyde area of GGC, Argyll area of  
Highlands & Islands, Ayrshire &  
Arran, Lanarkshire  
SE Scotland + Dumfries and Galloway,  
Forth Valley, Borders, Fife and Lothian  
Grampian, H&I (excl Argyll), Tayside  
(Physician) outwith Scotland  
(Physician) outwith Scotland  
(Surgeon) outwith Scotland  
(Surgeon) outwith Scotland

**Dr Hany Eteiba**

**Mr James Watson**

**Mr Kevin Baird**  
**Dr Asif Naqvi**  
**Dr Alex Grieve**  
**Prof David Richens**  
**Surg Rear Adm**  
**Alasdair Walker**

### Faculty Deans / Representatives

Dean of the Faculty of  
Travel Medicine  
Dean of the Faculty of  
Podiatric Medicine  
Honorary Secretary of the Faculty of  
Dental Surgery

**Dr Michael Jones**  
**Professor Stuart Baird**  
**Mrs Laura Mitchell**

### Advisory Co-optees

Faculty of Public Health  
Faculty of Pharmaceutical Medicine  
Chair of Lay Advisory Board  
Individual with Skill, Knowledge  
or Expertise (not M or F of College)

**Dr Linda De Caestecker**  
**Prof Matthew Walters**  
**Rev John Matthews**  
**Mr Alex Vesey** (Chair,  
Trainees Committee)

### Ordinary Councillors

Physician  
Physician  
Physician  
Physician  
Physician < 10 years  
Surgeon  
Surgeon  
Surgeon  
Surgeon

**Dr Kenneth Dagg**  
**Dr Colin Perry**  
**Dr Roderick Neilson**  
**Dr Adrian Stanley**  
**Dr Selina Tsim**  
**Mr David Koppel**  
**Mr Ian Graeme Conn**  
**Mrs Alison Lannigan**  
**Mr Sanjeev Chitnis**



**Photograph Above.** Back row from left: John Cooper (Chief Operating Officer), Stuart Baird, Ken Dagg, Richard Welbury, Paul Rogers, David Richens, Alex Vesey. Second row from left: Roy Miller, Heather Ferguson (Head of Finance and Support Services), Mike McKirdy, Kevin Baird, Valerie Hogg (Head of Examinations and Assessment), Colin Perry, Alex Grieve. Third row from left: Hazel Hynd (Head of Education, Training and Professional Development), Sanjeev Chitnis, Linda de Caestecker, Miles Fisher, Linda Irvine (Head of Membership Services). Fourth row from left: John Matthews, Hany Eteiba, Mike Jones, Hazel Scott. Front row: Jackie Taylor, Frank Dunn, Robin Northcote.

# Excellence in education



## IN NUMBERS /

1  
conference

39  
symposia

62  
courses

3,693  
delegates attending educational  
events in the College

9.14  
the average rating out of 10 that  
attendees give our events

12,314  
CPD points awarded

numbers including actual data January-  
October and projected data November-  
December 2014.

**Our events remain topical and varied across all faculties to ensure a well-balanced programme comprising both large-scale specialist events and smaller, focused symposia for key areas of interest.**

We also run a number of multi-disciplinary events that cross specialties and levels of training. International video conferencing and web-streaming are becoming a valuable resource for developing world wide training and educational support from the College and we look forward to building our My College Online e-learning platform over the coming months.

In 2014 we ran 114 conferences, symposia, courses and workshops covering a mix of both clinical and non-clinical education, training and professional development.

 **ADVANCING  
EXCELLENCE IN  
HEALTHCARE 2014**

*The Third International Triennial Conference  
of the Royal College of Physicians and Surgeons of Glasgow*



Our third international triennial conference was held at the SECC in Glasgow in June 2014. More than 550 health professionals, students, academics and leaders from the worlds of medicine and sport attended the flagship conference which included excellent interactive debates and inspirational presentations. The Albert Bartlett Health Zone and Clinicians on the Clyde 5k fun run added an interactive and engaging element to the conference and were both very well received.

“The Education, Training and Professional Development Unit provides a comprehensive range of relevant and stimulating training.”

## Symposia

Our symposia covered a wide range of relevant topics across a range of disciplines (detailed below). Excellent speakers and cutting edge topics are the standard of relevance and value which continues to be set in all areas. Feedback across all our events was exceptional.

### Multidisciplinary

- Spring ophthalmology symposium
- Practical advice for new consultants: before and after appointment
- Meeting the challenges of multimorbidity
- Robert Burns and medicine: exploring links between physical illness, mental disorder and creativity
- Clinical negligence and fitness to practice
- Challenges in remote and rural healthcare
- Injury in conflict
- Breast cancer
- An update on osteoporosis: a multidisciplinary approach

### Dental

- Trainees in paediatric dentistry masterclass
- National study day for vocational and foundation dental practitioners
- The head and neck cancer pathway
- The Francis Report and the dental team – what it means for you
- The bidirectional relationship between oral and systemic disease
- Top tips for dental care professionals
- TC White endodontic symposium

### Travel Medicine

- Travel health in a global community

### Podiatric Medicine

- Final year undergraduate careers day

### Medical

- Neurology for non specialists
- Diabetes for the generalist
- Maternal health 2014: update on the management of current issues in pregnancy
- Patient safety
- Acute infections in the medical admissions unit
- St Valentine's Day interactive cardiology symposium
- Cancer genetics
- Glasgow liver update
- Physical health for those with major illnesses: integrating care, empowering patients and informing policy
- Critical issues in medical high dependency
- State of the art medicine
- Managing stroke
- Rheumatology for the general physician
- St Andrew's Day paediatric symposium
- Delirium
- Haematology for non specialists
- Medical undergraduate symposium

### Surgical

- The VII colorectal symposium
- Glasgow Emergency Surgery and Trauma Symposium (GESTS)
- 6th annual Glasgow undergraduate surgical conference



The Glasgow Emergency Surgery and Trauma Symposium (GESTS) held in February 2014 was one of the College's most notable larger, two-day events, with an outstanding programme of topics and an international cohort of key speakers. Feedback from the symposium was excellent and highlighted the outstanding quality of speakers and the success of equipping delegates with as much useful and relevant information as possible in a stimulating and productive format. This highly successful event will also be a prospective highlight in the College's 2015 calendar.



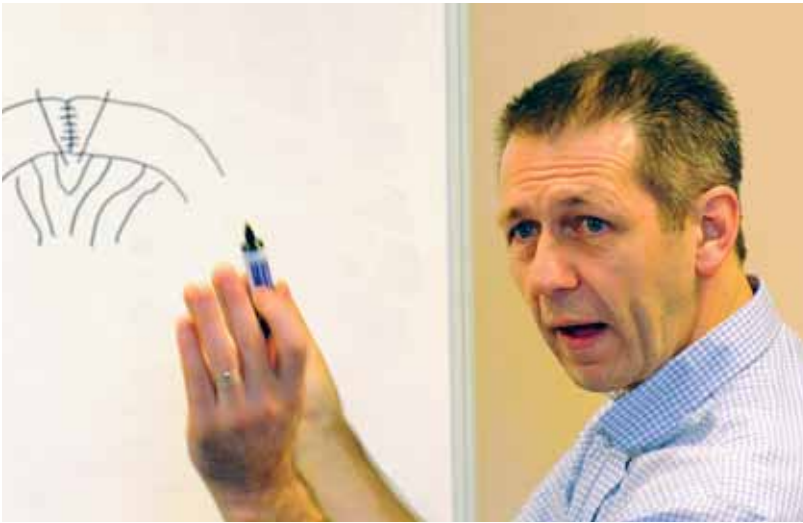
A significant highlight in the event calendar for 2014, in terms of the consolidation of expertise into an impressive one-day programme, was the St Valentine's Day Interactive Cardiology Symposium, appropriately held on 14 February 2014. A follow up to this event will take place in February 2015.



Managing Stroke was a highlight of the autumn event calendar and the programme received considerable favourable comment:

“presentations covering the current challenges in stroke rehabilitation were very good and with a lot of ideas to take away.”

## Courses, workshops and series



Cadaveric skills training at our Clinical Anatomy Skills Centre (CASC) has enabled us to raise the bar on the delivery of excellence. Our state-of-the-art centre is one of only a handful cadaveric skills centres in the UK and we are proud to be leading the way in developing and delivering courses for clinicians across medicine, surgery and dentistry.

Many of our courses and workshops run a number of times throughout the year. Below is a list of the courses, workshops and series we delivered in 2014.

### Multidisciplinary

- Advanced ECG interpretation

### Medical

- How to do it – clinical skills workshop for core medical trainees
- MRCP Part 1 preparatory course
- MRCP PACES preparatory course
- IMPACT
- Case reports in medical receiving

### Surgical

- Basic knee arthroscopy
- Surgical anastomosis techniques
- Foundation skills in surgery
- Basic surgical skills
- MRCS OSCE preparatory course
- Anatomy programme

### Dental

- MFDS Part 1 preparatory course
- MFDS Part 2 preparatory course

### Travel Medicine

- Foundation in travel medicine
- Diploma in travel medicine

### CASC Courses

- Facial local anaesthesia, fillers and botox for medical practitioners
- Essential plastic surgery – nose, perioral and ear reconstruction
- BaSiCS course
- Renal biopsy
- Essential plastic surgery – axillary nodal surgery and regional flaps/ breast surgery
- ASiCS course
- Basic fracture fixation
- Advanced vascular access
- Urology bootcamp
- Emergency urology surgery
- Laparoscopic colorectal surgery
- Oncoplastic breast surgery
- Endoscopic ear surgery

## MFDS Revision Course in India

We were delighted to run our first live-linked MFDS Part 1 revision course in India this year.

The course was delivered from our College in Glasgow to the Maulana Azad Institute of Dental Sciences (MAIDS) in New Delhi ahead of the MFDS Part 1 exam being held at the same centre.

Delivery of the course was supported by the director and principal of MAIDS, Dr Mahesh Verma, and our Director of Dental Education, Mr Iain Buchanan.



*Image courtesy of Glasgow Dental School*



## Non-clinical skills

“We continue to deliver first class revision and skills courses focused on enhancing techniques and ensuring the highest standard of care for patients.”



**We remain committed to developing clinical leaders and supporting the ongoing professional development needs of our members.**

This year we have delivered a number of highly successful non-clinical courses and events which have motivated, inspired, and supported our members in their personal and professional development as leaders in the clinical sphere. In addition, Sir Tom Hunter presented the Glasgow Leadership Lecture.

### Courses and workshops delivered include:

- Postgraduate diploma in clinical education
- Non-clinical skills workshops
- Mentor training and mentorship pairing
- Legal workshops: understanding consent, medicine and the law





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## JRCPTB

The JRCPTB is responsible for developing curricula, for providing external advice on quality of training and for monitoring trainee progress and making recommendations about the award of specialty certification.

In August 2014 Professor David Black became the new Chair of the Board. Under his chairmanship, our College now has the opportunity to play an integral role operationally through bi-weekly meetings.

Ongoing areas of work include developing quality indicators for CMT posts, and influencing the impact that Shape of Training review may have on medical specialty training.

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## JCST

We continue to oversee all aspects of surgical training, in partnership with the other three Royal Colleges of Surgery of the UK, through the Joint Committee for Surgical Training (JCST).

The JCST is the parent body of the Specialty Advisor Committees (SACs) and Training Interface Groups. Further information about this important advisory body is at [www.jcst.org](http://www.jcst.org)

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## Managing CPD

### Physicians CPD diary

Our members have free access to the online CPD diary of the Federation of Royal Colleges of Physicians of the UK as part of their membership benefits package. The CPD diary delivers the requirements for revalidation and stores information for annual appraisal.

### Surgeons portfolio

Our members have free access to the surgeons portfolio which enables them to record all aspects of clinical training and practice, professional development activities, peer analysis and audit tools which are tailored to specialty requirements and will deliver the requirements for revalidation. The surgeons portfolio has been created in partnership with the surgical Royal Colleges in Edinburgh and London.

### Dentists portfolio

All dentists must maintain their own CPD records and must submit an annual statement of CPD hours completed to the General Dental Council. We offer a free online CPD portfolio for members of our Dental Faculty.

# Maintaining standards



## IN NUMBERS /

15

different examinations  
delivered annually

2.35

the average number of times  
each exam is run annually

3,393

exam candidates in 2014

36

Exams held in 36 centres  
around the world

781

examiners on our examiner panels

68.32%

the average pass rate\* of exam  
candidates across all examinations

**As one of only five multidisciplinary Colleges in the world, and unique in the UK, we participate in several intercollegiate collaborations spanning dental, medical and surgical disciplines providing assessment services at Membership, Specialty Membership (dentistry) and Fellowship level (Specialty Certificate level for MRCP(UK)).**

Through regular participation in assessment activity, examination development and contributions to intercollegiate committees and examination boards, we can ensure high standards are maintained through the application of rigorous standard setting and quality assurance processes in compliance with national regulatory body requirements. Membership of key executive committees enables participation of College Office Bearers in key debates relating to quality standards, governance and due diligence.

Performance in our examinations is monitored through the support of assessment specialists and statistical analysis is utilised to validate the robustness, fairness and equity of examination outcomes. Intercollegiate working produces a sufficiently large body of evidence to substantiate methods or, indeed, prompt consideration of change. In addition, development of specific assessments is progressed as the need is identified and statistical monitoring ensures worldwide parity of standards.

Candidates rely on success in these assessments at key stages in their training for career progression in Great Britain and Ireland. Further, our examinations are recognised around the world as providing quality benchmarks of achievement, building on a long tradition of acknowledged excellence.



\* Figures based on average pass rates available at the time of print adhering to standard DPA convention.

## Exams held in 2014

### Membership

#### Medical

- MRCP(UK) Part 1
- MRCP(UK) Part 2
- MRCP(UK) PACES

#### Surgical

- MRCS Part A
- MRCS Part B OSCE
- MRCS Part B OCC

#### Dental

- MFDS Part 1
- MFDS Part 2

We also deliver the Tricollegiate Specialty Membership examination in Special Care Dentistry on behalf of the Dental Faculties in the UK and collaborate in the governance and development of Oral Surgery and Paediatric Dentistry examinations.

### Fellowship

#### Surgical

- FRCS Ophthalmology Part 1
- FRCS Ophthalmology Part 2
- FRCS Ophthalmology Part 3

The Examinations Unit supports and delivers Intercollegiate Specialty Fellowship Examinations on behalf of the four Dental Faculties in the UK and Ireland. This includes ISFEs in Dental Public Health, Paediatric Dentistry, Restorative Dentistry, Orthodontics, Oral Surgery and Oral Medicine.

### Associate membership

#### Travel Medicine

- Diploma in Travel Medicine

### Diploma

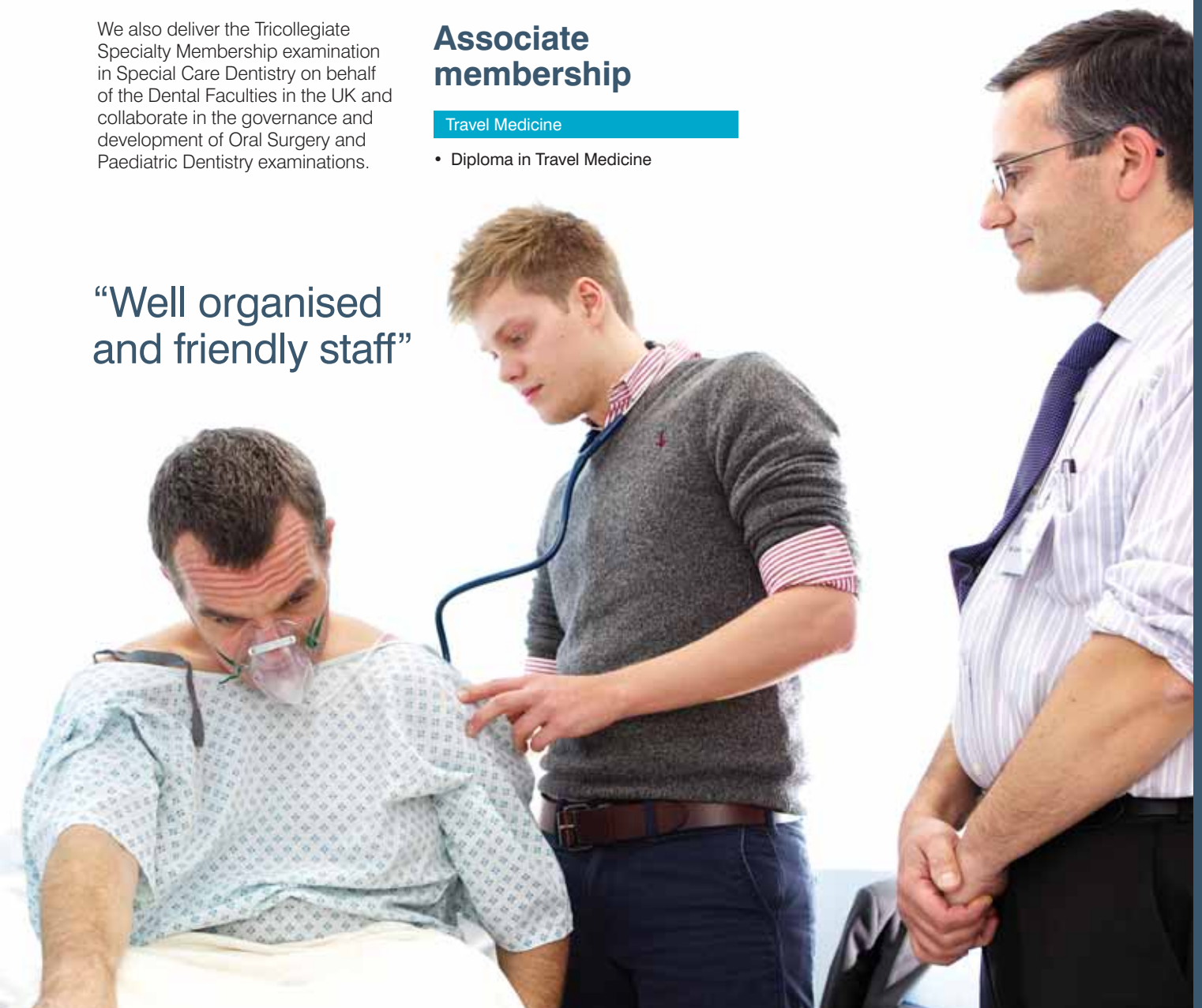
#### Medical

- Diploma in Dermatology

#### Surgical

- Diploma - Head & Neck Surgery Part 1
- Diploma - Head & Neck Surgery Part 2

“Well organised and friendly staff”



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## MFDS

The MFDS OSCE examination is now firmly embedded in our centre in the north-west of England attracting a high number of candidates.

To address growing demand, an extra diet will be held in Manchester in February 2015. We look forward very much to welcoming our new Members to the College in the near future.

Internationally, in collaboration with the Maulana Azad Institute of Dental Sciences in New Delhi, we offered the MFDS Part 1 exam, preceded by attendance at our preparatory course streamed live from Glasgow. This has generated much interest from other areas of India and further expansion is planned.



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## MRCP(UK)

The Federation of Royal Colleges of Physicians of the United Kingdom continues to offer examinations that set internationally acknowledged standards in medicine. The Specialty Certificate Examinations are now embedded as a requirement for specialist physicians in the UK, also providing an international benchmark for postgraduate medical education.

Increasing demand from international candidates has led to expansion of the number of international centres hosting PACES, the clinical component of the MRCP(UK) Diploma, most recently in Brunei, Myanmar and Qatar. Stakeholder consultation and funded research continue to inform developments, ensuring MRCP(UK) examinations remain relevant to the modern workplace and fit for purpose.



## MRCS

Following the introduction of the MRCS OSCE examination for the UK in 2008, the exam has been progressively refined to achieve the highest standards of assessment, recognised by the General Medical Council.

The international version (MRCS OCC) is now in a final withdrawal phase and will cease from January 2016. We have collaborated with the other surgical Royal Colleges and been involved in examiner training to the new OSCE format in Dubai, Fujairah, Muscat and New Delhi.

In the future, only one examination will exist, achieving the highest standards of quality and assessment.



## JSCFE

The international version of the FRCS examination – the Joint Surgical Colleges Fellowship Examination (JSCFE) – continues to flourish. Following successful worldwide online testing via Pearson Vue for General Surgery, the first clinical section was held in Al Ain, UAE last year and a second diet held in Colombo, Sri Lanka in Autumn 2014.

There has been progress from the other specialties with neurosurgery, urology, trauma and orthopaedics and cardiothoracic surgery now beginning to offer examinations via the JSCFE website.

**“Well organised exam; highly professional team and very helpful.”**

**MRCS exam candidate**



# College in action



## IN NUMBERS /

34

consultations completed

23

policy statements and  
press releases issued

6,120

followers on Facebook

1,025

followers on Twitter

45

people with type 2 diabetes enrolled  
in Beat Diabetes Challenge

507

people attended public  
lectures and events

Promoting the best standards of patient care and clinical practice is key to our work.

**Our College is a living organisation of clinicians who have first-hand experience of the issues affecting today's clinical services and whose work within the College reflects this.**

The appreciation that quality clinical care also requires quality of training, teaching, research and audit, and contribution to service development and management has underpinned our strong support for the true recognition of this work as part of consultant contracts.

Recognition of a need to better fit clinical services around patients has prompted our call for a practical approach to the adoption of seven day services, tailored to what is needed to optimise clinical decision making and thereby treatment and discharge throughout the week.

## Consultation

A working understanding of the implementation of clinical services has shaped our response to numerous national consultations in respect of planned changes to health service provision and guidance on treatment. A list of consultations completed in 2014 is provided below.

Subject of consultation	Requested by
Draft standards of healthcare associated infection	Healthcare Improvement Scotland (HIS)
Promoting physical activity in the workplace	National Institute for Health and Care Excellence (NICE)
Preventing the uptake of smoking by children and young people	NICE
Draft physical activity quality standard	NICE
European commission survey on working time directive	Department of Health / Scottish Academy
Drink driving statistics	Alcohol Health Alliance
Foundation programme curriculum revision 2016	Academy of Medical Royal Colleges (AoMRC)
Quality standards for flexible bronchoscopy in adults	British Thoracic Society (BTS)
Guidelines for home oxygen use in adults	BTS
Obesity (update) guidelines	NICE
Quality standard consultation for obesity: prevention and lifestyle	NICE
Preventing type 2 diabetes: population and community-level interventions	NICE
Excess winter deaths and illnesses	NICE
Oral health in nursing and residential care	NICE
Workplace interventions to promote smoking cessation	NICE
Implementing vitamin D guidance	NICE
GDC standards of specialty education	General Dental Council
Setting a time limit for provisional registration	General Medical Council
Exercise referral schemes	NICE
Familial breast cancer	HIS
Review of the GDC's regulation of the dental specialties	GDC
Oral health: local authority oral health improvement strategies	NICE
Oral health promotion: approaches for dental health practitioners	NICE
Medical Innovation Bill	AoMRC
Alcohol use disorders	NICE
Physical activity and the environment	NICE
Improving dental care and oral health: a call to action	NHS England
Vision for an enhanced BNF from NICE and changes to the BNF distribution process	NICE
Continuing professional development	GDC
Prevention and treatment of periodontal diseases in primary care	Scottish Dental Clinical Effectiveness Programme (SDCEP)
Healthcare improvement strategy	HIS / Scottish Academy
Health and social care in Scotland: integration or transformation?	Scottish Academy
The implementation of the working time directive and its impact on the NHS and health professionals	Working Time Directive Taskforce (WTDt)
Assisted Suicide (Scotland) Bill	Scottish Government

## Assisted Suicide

Members of College Council and the Lay Advisory Board gave careful consideration to the Assisted Suicide Bill 2014.

The Bill raises complex ethical, moral and personal issues and the College, like any other body, is not able to represent institutionally the individual views of all our Fellows and Members.

The overwhelming view of our College Council, submitted both orally and in writing was one of opposition to the Bill.



## European Working Time Directive

We have responded to several consultations on the impact and implementation of the European Working Time Directive on the NHS.

Among the issues highlighted, the College:

- expresses concern that effective quality training cannot be delivered within the time currently allocated for training
- stresses the importance of continuity of contact between a trainee and both their supervisor and patients
- believes that the number of staff required to meet EWTd restrictions could impact on care, particularly in district general hospitals

The trainees' committee consensus also expressed concerns around some issues. These include:

- separating training time from working time
- encouraging trainees to opt out of the EWTd

## Media engagement

The first PR strategy and action plan was approved by the Executive Board in August 2013. In the first year of strategic engagement with the media, the College has:

- issued 23 media statements/media releases
- been mentioned or the focus of 16 articles in mainstream media
- seen a 30% increase in Facebook followers (currently at 6,160) and a 101% increase in Twitter followers (currently at 1,025) since January 2014
- supported media training for eight individuals
- joined communications planning groups at Academy and Federation level

Key topics on which we have actively spoken out on include:

- shortage of hospital beds
- supporting the acute take
- time for Scotland to lose the sick man image
- cigarette packaging
- shape of Training
- the working week – seven day working and consultant contracts



## Lay Advisory Board

The College holds lay involvement as being tremendously valuable and is committed to there being a clear lay presence across its work.

With the President's support, the College has introduced Lay involvement across its Committee and Board structure. Lay Advisory Board Members support the College by bringing impartial views to committee business and an assurance of transparency.

The Lay Advisory Board continues to look forward to an increasingly active role in College by contributing to exam and education development by bringing the experience of its non-medical members to the discussions and enabling transparency and involvement on the College's Boards and Committees.

The Lay Advisory Board has also contributed to a number of consultations in the past year including:



- Academy of Medical Royal Colleges: Medical Innovation Bill
- Alcohol Health Alliance: Consultation on drink driving statistics
- Scottish Government: Proposed Organ and Tissue Donation (Scotland) Bill
- General Medical Council: Sanctions guidance, apologies and warnings of its non-medical members to the discussions and enabling transparency and involvement on the College's Boards and Committees



## Beat Diabetes Challenge

Forty five people with type 2 diabetes in the existing NHS Greater Glasgow and Clyde "Live Active" programme, which is an individualised intervention to encourage increased participation in physical activity, were enrolled in the Beat Diabetes challenge. Unique to Beat Diabetes, all 45 participants started at the same time, and additional facilities were provided, including three motivational meetings, tokens to help purchase sportswear, and the ability to try out some sporting activities including cycling and running.

Five of the Beat Diabetes participants took part in the 5K run as part of our Advancing Excellence in Healthcare 2014 triennial conference.

All five completed the run, which is a phenomenal achievement, as some of these participants had previously undertaken no physical activity.

As part of "Live Active", participants return to see what changes they have made in physical activity, and how this has affected weight, heart rate and blood pressure. Additionally, as part of Beat Diabetes, the participants are being followed through the Scottish Care Information-Diabetes Collaboration (SCI-DC) database to document changes in glycaemic control, drug usage, and lipids.

By publicising Beat Diabetes we will spread the message that all people with type 2 diabetes can increase their physical activity to the benefit of their health and well being.

# My College

## IN NUMBERS /

12,247

members

1,038

new Fellows and Members  
admitted in 2014\*

81

members elevated to Fellowship\*

626

new introductory members\*

475

verification requests delivered

26

scholarships & grants awarded

£54,500

awarded in scholarships  
and grants

28

non-UK doctors sponsored  
through the Medical Training  
Initiative

1,540

library enquiries from January-  
August 2014

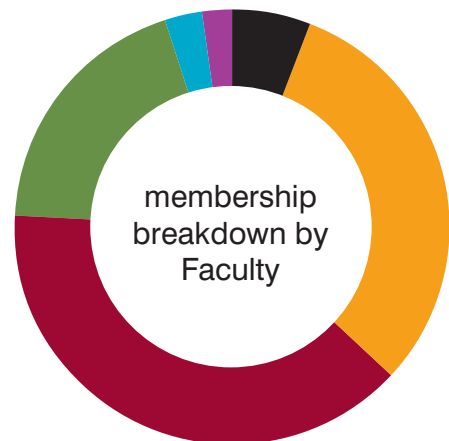
1

new database launched

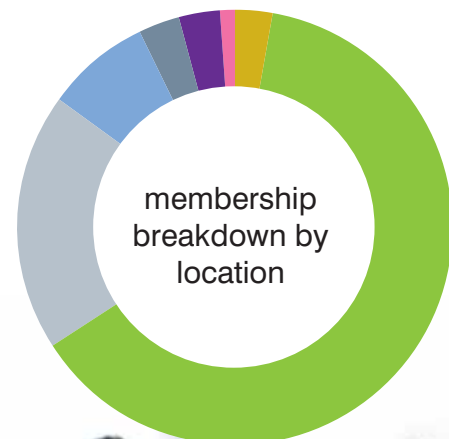
Growth of our membership has continued throughout 2014. We now have 12,247 members in 86 countries. The Membership Services team provides a range of support services to our members while also continually seeking to enhance the package of membership benefits available. We support a network of regional and international advisors who ensure that the College is aware of the issues affecting clinical training and practice so that we can respond appropriately.

Through the enhanced use of web-based and digital media channels, we are working to promote awareness of key issues affecting clinical care and the support that is available to clinicians at all stages of their career. We also promote and encourage engagement of clinicians in work to develop and support standards of training and care through links with our College.

- Physician
- Surgeon
- Dental
- Travel Medicine
- Podiatric Medicine
- Medical and surgical trainees



- UK
- Asia
- Middle East
- Americas
- Europe
- Australia
- Africa



Data includes actual figures January-October 2014 and projected figures for November-December 2014.



## Admission Ceremonies

More than 300 new Fellows and Members were welcomed to the College at admission ceremonies held in June, October and November 2014.

The October ceremony was a special celebration for 22 urology Fellows, many of whom had passed the specialty examination of the Malaysian Board of Urology, to which the College provides external examiners.

Five honorary fellowships were awarded this year to:

- **Dr LD Britt Hon FRCS(Glasg)** - Professor of Surgery and Chair of the Department of Surgery at Eastern Virginia Medical School, USA
- **Dr Thomas Clanton Hon FRCS(Glasg)** - Director of Foot and Ankle Sports Medicine at the Steadman Clinic, USA
- **Prof John Vincent Forrester Hon FRCP(Glasg)** - Professor of Ocular Immunology at the University of Western Australia
- **Rt Hon Lord Smith of Kelvin Hon FRCPSG** - Chairman of the Glasgow 2014 Commonwealth Games Organising Committee
- **Prof Jens-Uwe Stolzenburg Hon FRCS(Glasg)** - Professor and Chairman, Department of Urology, University of Leipzig, Germany

“It is the attention to detail and the hard work of all the staff to make us feel welcome which makes the day so special.”



**Photograph Left.** The President (centre) with Honorary Fellows (from left) LD Britt, Thomas Clanton, John Vincent Forrester, and Lord Smith of Kelvin.

## Regional and international advisors

Our network of regional and international advisors act as a local point of contact for our members in different parts of the world. They play an important role in local networking, education and training; providing information on examinations held by the College; and general advice on membership and benefits.

### United Kingdom & Ireland

#### Medical

Adewale O. Adebajo	Sheffield
Satinder Bal	Inverness
Abhijit Chaudhuri	London
David Craig	Northern Ireland
James Fulton	Plymouth
Jennifer Hamilton	Newcastle
Richard Hull	Portsmouth
Riaz Kakkuzhi Mappilakkandy	East Midlands
Mary Joan MacLeod	Aberdeen
Arshad Majid	Salford
Asif Abbas Naqvi	Hull/Grimsby
Jean-Pierre Ng Ping Cheung	Barnsley
Janice O'Connell	Sunderland
Peter Winocour	East of England

#### Surgical

John Camilleri-Brennan	Stirling/ Forth Valley
Andrew David Henry	Manchester
Muhammed Dalvi Humzah	West Midlands
Bruce Jaffray	Newcastle
Sharat Ajit Jain	South East (Kent)
Roy Nicol Lawrence	Swindon
Sanjiv Manjure	Luton/ Dunstable
Robert McIntyre	Elgin
Eng Kwee Ong	North Devon
Kanak Patel	Yorkshire
David Richens	Nottingham
Dean Williams	Bangor

#### Dental

Philip Atkin	Wales
Alexander Baxter	East England
Andrew Edwards	Manchester
Norah Flannigan	Merseyside
(Andrew) Graham Gilmour	Kent/Surrey/ Sussex
Neil Mackenzie	Oxford/Wessex
Lorna McCaul	North Yorkshire
Giles McCracken	North East
Kenneth Scoular	Highland
Dominic Stewardson	West Midlands
Anthony Vaughan	South West England
Mhairi Walker	Grampian
Sophie Watkins	London
Halla Zaitoun	South Yorkshire/ East Midlands

#### Podiatric

Robert Ashford	Birmingham
Emma Cowley	Plymouth
Sarah Curran	Cardiff
Michael Harrison-Blount	Manchester
Catherine Hayes	Durham
Julian Livingstone	London
Ian Mathieson	Cardiff
Nichola McLarnon	Glasgow
Allan Thomson	Glasgow
David Watterson	Galway

### International

#### Medical

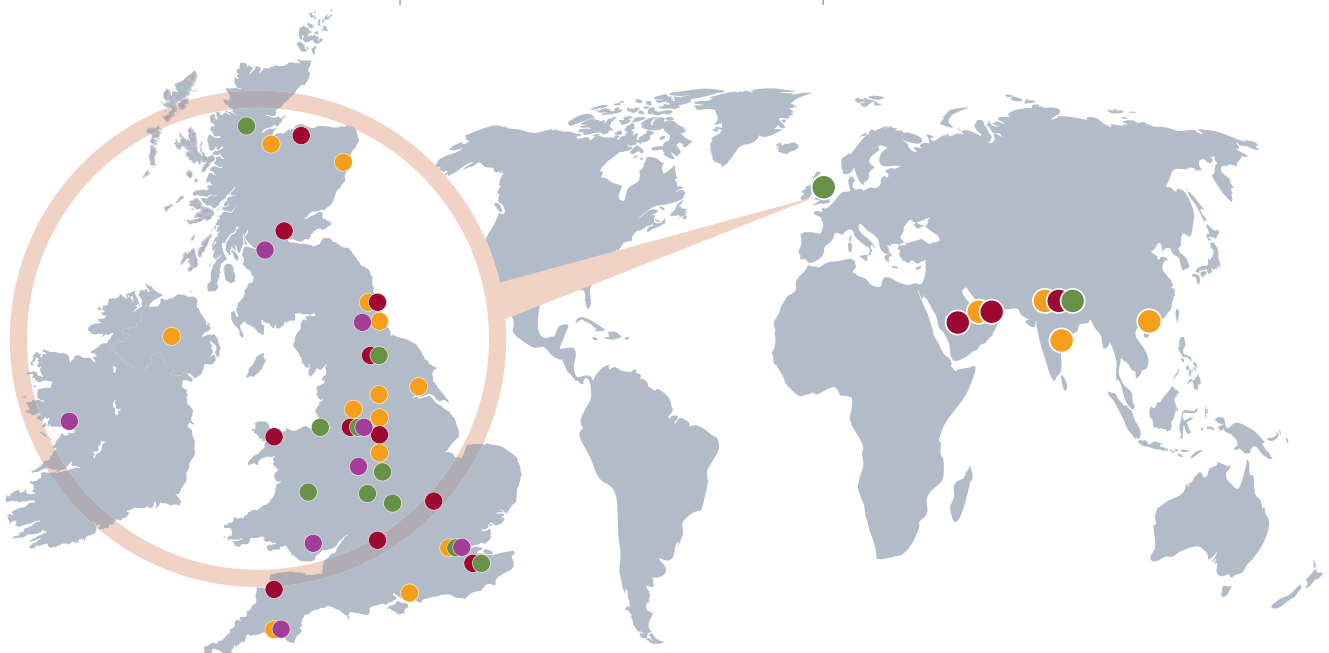
Vineet Datta	New Delhi, India
Lam Tai Pong	Hong Kong
Ajit Mulasari	Chennai & South, India
Anupam Sibal	New Delhi, India
Faisal Asad	United Arab Emirates

#### Surgical

Vijay Arora	New Delhi, India
Subash Gautam	United Arab Emirates
Hanan Said	Saudi Arabia

#### Dental

Mahesh Verma	New Delhi, India
Lal Madathil	India
Stuart Hislop	UK
Raman Bedi	UK



## Trainees' Committee

The Trainees' Committee is in the process of formalising its structure and now has documented terms of reference. It is aiming to eventually have all positions filled by an electoral process.

Throughout 2014, the committee continued its commitment to help develop the College's online learning modules. It also contributed to the latest iteration of the foundation programme curriculum and is planning to recapitulate the success of the 2014 CV building event by repeating it in March 2015.

The committee is currently helping to implement an informal "buddying" system where senior surgical trainees are partnered up with core colleagues. This is to provide support, guidance and encouragement without the formality of formal mentorship. The scheme is also set to be rolled out to our medical colleagues.

The committee interfaces with the Colleges' and NES leadership fellows and feeds into various initiatives, including significant contributions to the professionalism and excellence symposium, which is being run by Rachael Swann.

**"Throughout 2014, the committee continued its commitment to help develop the College's online learning modules."**



# Scholarships and Awards

Our College offers a wide range of scholarships and awards to support members in progressing their research, improving knowledge and skills, and widening experience by visiting other countries or specialist centres.

In 2014, 27 awards were offered with a total value of £54,500.



College Travelling Fellowship	
Miss Emily Baird	Fellowship on neonatal brachial plexus palsy and paediatric hip conditions at Texas Scottish Rite and Boston Children's Hospital
Dr Samira Bell	Research project: Risk factors for acute kidney injury for patients undergoing orthopaedic surgery at the Department of Clinical Epidemiology, Leiden University Medical Centre
Dr Sanjay Gupta	Orthopaedic Oncology fellowship to Tata Memorial Centre, Mumbai
Mr Thomas Handley	Fellowship on screening and treatment of cleft deformities at a small mission hospital in Nagpur, at Mure Memorial Hospital, Nagpur, India
Mr Jibu Joseph	Fellowship on complex trauma and care of multiply injured patients at Tygerberg Hospital, Stellenbosch University, Cape Town, South Africa
Mr Andrew Bowey	Three month travelling fellowship on the management of complex adult and paediatric spinal deformity surgery at Princess Alexandra Hospital and Royal Brisbane Children's Hospital, Australia
Mr Andrew Marsh	Two week visiting fellowship to the adult lower limb reconstruction unit at Vancouver General Hospital
Davies Foundation Trust Travelling Fellowship	
Dr Vishalkumar Shelat	Robotic surgery fellowship at Pancreatic Cancer Centre at University of Pittsburgh Medical Centre, Pittsburgh, USA
Ethicon Foundation Travelling Fellowship	
Miss Emily Baird	Fellowship on neonatal brachial plexus palsy and paediatric hip conditions at Texas Scottish Rite and Boston Children's Hospital
Dr Sanjay Gupta	Orthopaedic Oncology fellowship to Tata Memorial Centre, Mumbai
Dr Muammar Abu-Seriah	Head and Neck Oncology fellowship at head and neck oncology Tumour Stream, Melbourne, Australia
Miss Sameena Hassan	Trauma fellowship at Ganga Hospital, Coimbatore, India
David Murdoch Memorial Fund	
Dr Paul Rocchiccioli	Fellowship on complex coronary intervention techniques at Aarhus University Hospital, Denmark
Medical Elective Awards	
Mr Cameron Alexander	Paediatric Urology elective to the James Buchanan Brady Urological Institute, John Hopkins Hospital, USA
Miss Mhari Brown	To gain experience in a poor resource setting, increasing knowledge of infectious and tropical diseases and further research skills at St Francis Hospital, Zambia
Ms Clare Connelly	Paediatric orthopaedics elective to Maitland College Home and the Red Cross Children's Hospital, Cape Town, South Africa
Mr Yan Ning Neo	Ophthalmology research – Evaluation of zonule weakness in pseudoexfoliation eyes undergoing cataract surgery at Shingleton Eye Care Research Office, Massachusetts Eye and Ear Infirmary, Boston, USA
Mr Christopher Smith	Research project: Testing the efficacy of a novel therapeutic for inflammatory bowel disease: does intra-luminal delivery of interleukin-27 protect against colitis induction? At the Laboratory of Molecular Immunoregulation, National Cancer Institute, National Institutes of Health, Frederick, Maryland, USA
TC White Young Researcher Grant	
Jennifer Louise Graham	Exploring the possibility of a TP53 mutation detection in oral brushings and saliva samples as a clinically applicable predictor of early malignant change in patients with oral epithelial dysplasia.
Susan Jane Carson	Exploring links between epidemiological and routinely collected data.
TC White Lecture Award	
Dr Francesco D'Aiuto	Lecture - A mouth full of disease
TC White Travel Grant	
Mr Gareth Calvert	To attend an Implant dentistry master course in UK and sinus grafting in Bern
Mr Alex S Kotak	To gain clinical OMFS experience in Christchurch Hospital NZ
Professor Mahesh Verma	To experience various approaches in dental rehabilitation through fixed, removable and implant supported prostheses at Glasgow Dental Hospital
Dr Muammar Abu Seriah	To visit the head and neck oncology tumour stream at the Royal Melbourne Hospital, Australia
TC White Observership Award	
Dr Fazil Ghani	Observe all aspects of oral disease and delivery of care among the elderly, terminally ill cancer patients and patients with haematology malignancy. Glasgow Dental Hospital
Professor Dr Arvid Muthukrishnan	To observe in the Department of Oral Medicine at Glasgow Dental Hospital

## The College Library

The College Library has maintained a high level of customer service, replying to all enquiries within two working days. From January to August 2014, the library had responded to 1,540 enquiries and welcomed 1,063 visitors. Highlights from the library this year include:

- The launch of an oral history project with retired Fellow Mr David Smith recording interviews with former College presidents and senior practitioners. Transcriptions are being carried out by University of Glasgow students under its Club 21 scheme
- Development of a video guide of the College building and treasures
- New semi-permanent display in the Lower Library on the history of the College
- Book cleaning by a group from Milngavie and Bearsden Decorative and Fine Arts Society and the creation of phase boxes to protect early works by volunteers
- Tours of the College in support of Fifteen Ninety Nine
- Library blog highlighting aspects of our collections and events ([libraryblog.rcpsg.ac.uk](http://libraryblog.rcpsg.ac.uk))
- 619 followers of our library twitter [@rcpsglibrary](https://twitter.com/rcpsglibrary)
- Lively conversations meetings on Wednesday mornings

## Revalidation

In the UK, it is estimated that 224,000 doctors will need to complete revalidation. Since the introduction of the new system in December 2012, the General Medical Council has received approximately 41,000 revalidation recommendations and 8,500 deferral recommendations.

Our revalidation helpdesk continues to support our Fellows and Members with any enquiries they have in relation to revalidation. The most common enquiries are:

- How can locum or "orphan" doctors identify a designated body and Responsible Officer?
- Do doctors practising outside the UK need to revalidate?
- Is there a minimum amount of clinical/ward time necessary to meet revalidation requirements?
- How much supporting information do I need to take to my appraisal?
- Do retired doctors involved in medico-legal work need to revalidate?
- How can doctors access revalidation e-portfolios?

Any information or advice is provided through the revalidation helpdesk [revalidation@rcpsg.ac.uk](mailto:revalidation@rcpsg.ac.uk)

**REVALIDATION  
HELP DESK**  
[revalidation@rcpsg.ac.uk](mailto:revalidation@rcpsg.ac.uk)  
<http://rcp.sg/revalidation>

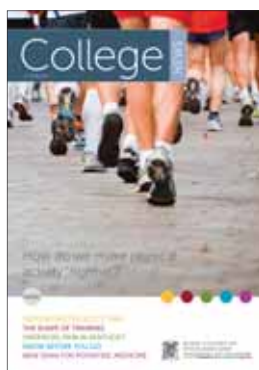




## Enhancing our communications

The ongoing enhancement of communications with our members has resulted in three key achievements in 2014:

- A refreshed design of *College News* launched in Autumn 2014. The modernised magazine has more pages and includes more in depth features, a comprehensive events calendar and discipline-specific sections.
- In response to feedback from our members (Communications Survey 2013), a monthly faculty-specific electronic communication was launched in June 2014. The *What's On* is sent to all members with email addresses on the first Friday of every month and contains an events listing, exam closing deadlines and important updates on support and services
- Significant resources have been committed to enhancing the electronic services available to our members. A new database and enhanced, tailored log-in area of the College website have been designed to make event booking, online payment and relevant information more accessible and user friendly.



## Medical Training Initiative

The Medical Training Initiative (MTI) is a scheme to enable non-UK based doctors to enter the UK for up to 24 months so that they can benefit from training and development in NHS services before returning to their home countries. Our College has provided sponsorship through the MTI to 28 physicians and surgeons in 15 different specialties from 10 different countries.

## Senior Fellows' Club

Our Senior Fellows' Club currently consists of 142 retired Fellows of the College. Chaired by Professor Sir Roddy MacSween, the Club meets once a month from October to April annually for a lecture on a topic of interest. Three times per year, the Club also enjoys a social lunch in the College Hall.

Topics of talks held during 2014 include:

- Robert Louis Stevenson – travel, health and other ephemera presented by Dr Jon Cossar
- More stories of donors of paintings to Glasgow galleries presented by Dr Frances Dryburgh
- Oxford and Dunblane – the bread on the sandwich presented by Professor David Kirk
- Scotland before the Scots – a shifting pattern of people, land and culture presented by Dr Dermot Kennedy
- Dickens, doctors and diseases presented by Professor Ian Bone
- Clydebank 1941: Medical services in the blitz presented by Mr David Hamilton
- James Clerk Maxwell: the man who changed everything... and was then forgotten presented by Dr Francis Toolis



## New subscription rates

Our subscription rates are regularly reviewed to ensure we retain excellent value for money and remain competitive. New rates for retired Fellows, Members and Associates were introduced in the 2013/14 subscription year. A new Member rate for Members based in Scotland has taken effect in the 2014/15 subscription year. This reduced rate, which now means that every Member in the UK pays the same amount, is to ensure that we maintain a competitive advantage with other UK Royal Colleges.

## Podiatric Medicine Journal Club

The first journal club of the Faculty of Podiatric Medicine was launched in October. The club will meet three to four times a year to debate and discuss scientific papers. This activity is useful for those looking to develop and practice critical appraisal skills. The journal club is held in the College library with a very successful Twitter feed enabling virtual engagement.

## Money matters

A new series of four complimentary seminars for Fellows and Members focusing on financial planning, taxation, retirement planning and pensions was launched in 2013, with three of the seminars taking place in 2014. This series was very well attended and a much appreciated benefit of membership.



**“Clear explanations of different financial interactions and concepts.”**

# Reaching out, welcoming in

Our College is a charity committed to ensuring the highest standards of healthcare are met.

In 2014 we achieved our aims of engaging in charitable activities that will contribute to the improvement of health and the raising of standards in healthcare by supporting the Kenyan Healthcare Outreach Programme, the delivery of surgical skills training in Rwanda by the Association of Surgeons in Training, the Needy Little Hearts project of the KJ Research Foundation, the Beat Diabetes Glasgow 2014 Legacy project, and the South West Scotland RnR project.

Members of the public were welcome to a number of events in the College, including talks organised by our College Library and our annual public lecture series. We were delighted to welcome school children to our annual young people's lecture and our 'So you want to be a doctor?' event. Our events company Fifteen Ninety Nine continues to expand and excel and was the venue for seven weddings in 2014.



## Kenyan Healthcare Outreach Programme



Travel Medicine course manager, Ann McDonald MFTM RCPS(Glasg) was supported by the College's charitable committee for the Kenyan Healthcare Outreach Programme.

In rural Kenya around 70% of people live below the poverty line. Many have limited access to sanitation, clean drinking water, healthcare and

education. Many children live in poor conditions and suffer from debilitating illnesses such as TB, HIV, malaria and intestinal worm infestations causing delayed development and chronic illnesses. Those particularly at risk are children under five years of age.

The Outreach Programme was initiated in 2011 after an approach by Kenyan healthcare professionals for assistance in providing much needed healthcare for rural communities. In response, 19 nurses offered their services through the journal of Nursing in Practice. 2014 was the third opportunity to support this Outreach Programme.

As part of the team Ann and her colleagues provided generic healthcare for the communities with particular focus on treating jiggers - tiny fleas that live in the soil and burrow into the soles of the feet. This can cause ulceration and in extreme circumstances may lead to amputation as a result of severe infections. Last year the team supplied flip flops to cover the children's feet, preventing re-infection.



## Surgical skills in Rwanda

We were delighted to support the Association of Surgeons in Training in running a version of the Foundation Skills in Surgery course in Kigali, Rwanda to local medical students and doctors.

The standard of medical training in Rwanda is not as advanced as the UK, and their medical staff are often called upon to perform procedures beyond their capabilities. The surgical skills course was organised to promote basic surgical skills and practices which will benefit local medics and their patients, and put the medical professionals in a good position for further advanced practice.



## Staff charity

Every year the College staff select a charity to support. In 2013 and 2014, funds were raised and donated to Yorkhill Children's Charity during a number of events which ranged from breakfast rolls in the College to the Clinicians on the Clyde 5k fun run. Glasgow foodbanks have been selected as our new charity for 2014/2015.



## Engaging with young people

We welcomed approximately 200 school children from 71 schools to the College in June at our annual "So you want to be a doctor?" event. A number of speakers explained what life is like as a medical student, trainee doctor, hospital specialist and general practitioner.

Our annual young people's lecture in December attracted fifth and sixth year school children who are considering a career in medicine. General and colorectal surgeon Mr Graham Sunderland presented the lecture to the 200 students who attended and was a wonderful inspiration to the next generation of clinicians.

## Public Engagement

The events listed below were organised by various teams across the College including Education, Training and Professional Development, Library and Archive, and the Lay Advisory Board. Topics covered this year were:

### Public lectures

- Glasgow's war artists through the 20th century
- Conflict, casualties and caring in the First World War
- Scottish surgeons and Indian botanical artists
- Words and Deeds (in association with the Festival of Museums)
- Glasgow history of medicine group meetings (in association with the University of Glasgow)
- Question Time 2014: What are the key challenges to delivering a patient centred approach?
- Die and let live: transplant donation
- Trimming the fat: A discussion on weight loss surgery
- Dementia: A syndrome with many causes
- Physical illness in people with mental disorders
- Skin cancer: the new epidemic



## Public Lecture Series 2014





## FIFTEEN NINETY NINE

*events • weddings • dining*

2014 was a phenomenal year for Glasgow and Fifteen Ninety Nine has revelled in another successful year of events, weddings and conferences. Highlights from this year include welcoming:

- Seven wedding parties
- Commonwealth development ministers from around the world as part of the Trade, Aid and UN Sustainability Energy for All Conference
- Commonwealth Games medics
- Corporate clients including Tilney Best Invest, the Weir Group, and BAFTA Scotland
- 20 medical societies and charities

A new events coordinator and front of house supervisor joined the team in 2014 and our catering staff continue delivering excellent, creative and original menus. We aim to continue to build on the success of last year and strive for Fifteen Ninety Nine to be renowned as a one of Glasgow's most prestigious venues.

### Doors open day

The College opened its doors to the public during the annual Glasgow Doors Open Day in September. We were delighted to welcome more than 600 visitors to the College to explore the treasures of our historic building. Certain areas of the College are also open to the public every Monday afternoon, when visitors are welcome to view our architecture and historic collections.



Wedding images courtesy of Stuart Craig



# Accounts

“Financially the College has had a satisfactory year.”



Turnover has increased to £5.1M from £4.6M. Membership subscription income has risen as the core membership has increased. The drive to contain costs was and is pursued by all College units while each increased its financial contribution to the College.

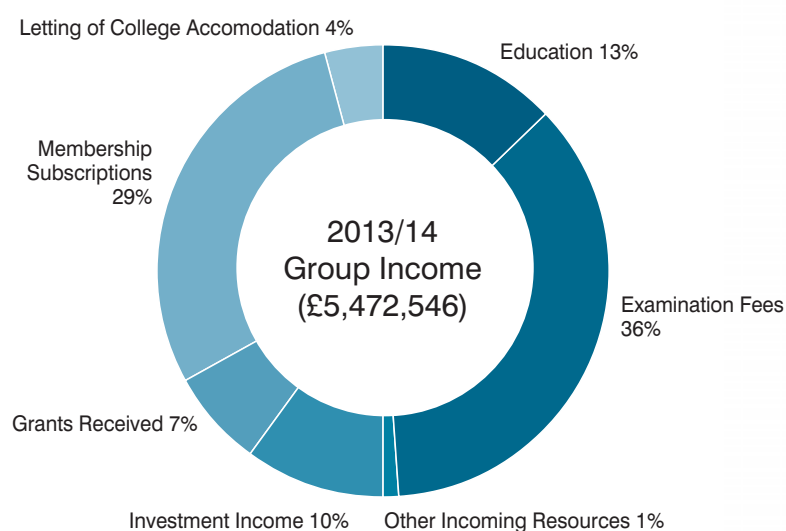
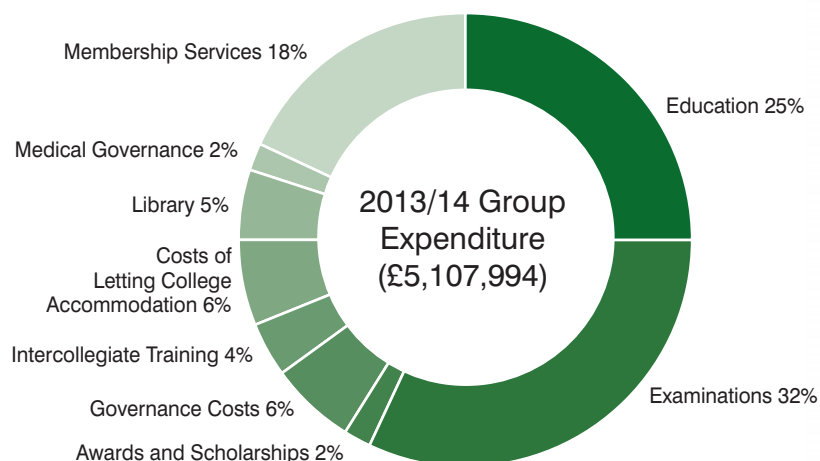
1599 Limited (Fifteen Ninety Nine) had its first full year and produced a modest profit of £40,966, all of which was donated via Gift Aid to the College.

Our investment portfolio continued to perform well under the guiding hand of Mike Wilson from stockbrokers Speirs & Jeffrey and provided an income of £503k.

The Audit and Remuneration Committee led by Mark Allison provided essential oversight and invaluable guidance. Jenny Simpson of Wylie and Bisset conducted the audit and identified no matters of substance of a financial or organisational nature that required correction.

We enter 2015 in excellent financial shape and look to consolidate our strong position further by expanding the College and diversifying our investments.





## Group Expenditure

Education	1,287,803	25%
Examinations	1,612,988	32%
Awards and Scholarships	111,446	2%
Governance Costs	319,825	6%
Intercollegiate Training	214,351	4%
Costs of Letting College Accommodation	290,803	6%
Library	255,294	5%
Medical Governance	103,760	2%
Membership Services	911,724	18%

## Group Income

Education	715,677	13%
Examination Fees	1,982,275	36%
Other Incoming Resources	54,063	1%
Investment Income	532,275	10%
Grants Received	358,242	7%
Membership Subscriptions	1,604,313	29%
Letting of College Accommodation	225,701	4%



# External Faculties



## Faculty of Pharmaceutical Medicine

The Faculty was founded in 1989 with the purpose of advancing the science and practice of pharmaceutical medicine for the benefit of the public. Throughout 2014 we have been celebrating our 25th anniversary with a series of special projects and events designed to reflect on the development of pharmaceutical medicine over the past 25 years and look to the future of medicines development.

The Faculty has been developing Good Pharmaceutical Medical Practice. Based on the GMC's Good Medical Practice, the document provides guidance for all those involved in pharmaceutical medicine around the world on expected standards, conduct and behaviour. The results of a survey of the Faculty's membership showed a very high degree of support for the registration of clinical trials and increased access to trial data, and this has informed our ongoing policy work in this area. The Faculty also continues to act as the designated body to over 500 pharmaceutical physicians undergoing revalidation.

Details of all the past, current and future activities undertaken by the Faculty can be found on the website [www.fpm.org.uk](http://www.fpm.org.uk). Follow the Faculty on Twitter @FacultyPharmMed.



## Faculty of Public Health

The Faculty of Public Health has recently published its manifesto "Start Well, Live Better." The FPH manifesto, Start Well, Live Better, represents what our members believe to be those priority areas that will not only improve people's health and wellbeing, but will save lives, and give our children and young people the best possible chance of achieving a healthy future.

### Give every child a good start in life

- Give all babies the best possible start in life by implementing the recommendations of the 1001 Critical Days cross-party report
- Help children and young people develop essential life skills and make Personal, Social, Health and Economic, and Sex and Relationship Education a statutory duty in all schools
- Promote healthy, active lifestyles in children and young people by reinstating at least two-hours per week of physical activity in all schools

### Introduce good laws to prevent bad health and save lives

- Protect our children and young people by stopping the marketing of foods high in sugar, salt and fat before the 9pm watershed on TV, and tighten the regulations for online marketing
- Introduce a 20% duty (per litre) on sugar sweetened beverages as an important measure to tackle obesity and dental caries – particularly in children and young people
- Tackle alcohol-related harm by introducing a minimum unit price for alcohol of at least 50p per unit of alcohol sold
- Save lives through the rapid implementation of standardised tobacco packaging
- Set 20mph as the maximum speed limit in built-up areas to cut road deaths and injuries, and reduce inequalities

### Help people live healthier lives

- Enable people to achieve a good quality of life, and health and wellbeing – give everyone in paid employment and training a 'living wage'
- Reaffirm commitment to a universal healthcare system free at the point of use, funded by general taxation

### Take national action to tackle a global problem

- Invest in public transport and active transport to promote good health, and reduce our impact on climate change
- Implement a cross-national approach to meet climate change targets, including a rapid move to 100% renewables and a zero-carbon energy system





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