

Annual Report **2016** 





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Our cover image features Christine Wan-May Ang FRCS(Glasg) at our June 2016 Admission Ceremony. Image: Success Photography

### President's Reflections

Royal College of Physicians and Surgeons of Glasgow

This has been a very busy and productive year. It is such a privilege to lead an organisation characterised by diligence, commitment, vibrant enthusiasm and a readiness to develop new ideas and projects. My priorities have been to develop and deliver our core activities in education and assessment and to ensure that the College profile is heightened and that we seize the opportunities to design a joint MSc with the University of Glasgow and deliver the refurbishment and reconfiguration of our physical footprint in the centre of Glasgow.

I should not have been surprised that there were some unexpected challenges along the way. The two major issues have been quite different; one resolved and, as I write this, the other still under negotiation. The first of these was the retirement of our popular COO John Cooper. It was a pleasure to work with John and I was sad that the time came for him to leave. He left the College in August after six years during which he made an outstanding contribution in a time of significant growth and development. He left with the warm good wishes of all the Council and staff. There was tremendous interest in the advertised post and after a rigorous process I was delighted to welcome our new Chief Executive Officer, Dr Steve Graham. He comes with a background which prepares him very well for this role and he has settled in quickly and is beginning to develop some innovative ideas.



As Steve arrived in early October he was immediately thrown into some difficult negotiations with our colleagues in the other two Colleges, which, with us, form the Federation of Medical Royal Colleges. This second challenge has been difficult and time consuming and I hope will be concluded satisfactorily.

In these areas, as in virtually every aspect of College life, I have been grateful for the support of Council Members, Office Bearers and Fellows and Members. They have been essential in assisting with these unexpected challenges, as well as maintaining the consistent delivery and development of our educational content and examinations. They are also central to shaping the direction of our membership services and benefits. Thank you to all who have contributed.

In October we said farewell to Professor Richard Welbury, Vice President (Dental). He was highly effective and increased the strength and reach of the Dental Faculty particularly well during his term. A number of Office Bearers will demit office at the Annual General Meeting in December. Special thanks go to Vice President (Medical), lackie Taylor; Vice President (Surgical). Mike McKirdy and to our long-serving Registrar, Robin Northcote. All have fulfilled their roles with distinction and with an unwavering commitment to delivering our mission to ensure the highest standards of patient-

Our buildings are being radically reconfigured and, in the course of the next year, you will see the benefits very clearly. Some of the plans have had to change, but we are at a very exciting stage of redeveloping our facilities to provide a modern and functional hase.

We recently launched our Academy of Clinical Educators (ACE), recognising the increasing need for clinical trainers to provide evidence of their preparedness and credibility in medical education. Members of ACE will benefit from access

to CPD opportunities to enhance both clinical and educational skills. Our eLearning store was launched providing access to high quality educational content. Access to recorded content from events held in the College, as well as tailor-made modules, such as MRCP PACES revision modules for specific learning requirements is available.

Exam activity continues to grow. A new centre for our FRCS Ophthalmology exam was launched in Amman, Jordan to meet the high demand for this examination. The number of dentists sitting our dental membership exams has increased and this has been reflected in a significant growth in Dental Faculty membership numbers. Our membership now exceeds 12,000 physicians, surgeons, dentists, travel medicine specialists and podiatrists and continues to grow. We awarded more than £60,000 in scholarships and awards, expanded our outreach capacity with the recruitment of College Tutors, Regional Advisors and International Advisors, and increased our investment in international development and support for international doctors.

The dispute around junior doctors' contracts was high on our agenda. Although not directly involved in the negotiations, we were vocal in our support of our trainees and in the essential and valuable role they play. Recruitment and retention of the medical workforce in the UK is a critical issue and we must do all we can to attract doctors to work in the NHS. Sometimes it seems difficult to avoid the conclusion that politically driven decisions tend to drive colleagues away. We welcome the open opportunity to meet senior ministers in government to discuss these matters.

We have run proactive and high profile awareness raising campaigns in podiatric health, maternal health, and antibiotic resistance. We have a deepening interest in global health delivery and have been focusing on Malawi to support medical training and system strengthening. Our specific fundraising initiative to support this was launched and part of that involved the memorable and enjoyable Five Ferry Challenge. Together with a number of Council Members and other clinicians, I joined the gruelling 51 mile cycle. It was not so much the miles as the hills that provided the challenge! We will continue our fundraising over the year ahead and more events are planned.

Our communications continue to develop. Our new, improved website was launched with the technical work now being completed in house rather than dependent on external providers. My blog provides a space for me to air my personal views on issues of interest and I have enjoyed getting to grips with Twitter and the new levels of engagement it

On a personal level, I have travelled to seven different countries to support and develop our College activity and I have had the opportunity of retaining a most rewarding opportunity to keep my clinical skills sharp by helping to provide surgical services in a mission hospital in the remote Zambian bush.

I already see many of the challenges and opportunities that will face us in the year ahead and I look forward to working with the new members of Council to be elected and welcomed at the Annual General Meeting. The stimulating hybrid nature of our College, bringing together clinical faculty with our dedicated staff, provides an excellent platform for the year ahead. In parallel, and supporting us with great style and imagination, is our remarkable catering team. I do hope you have been able to experience the culinary excellence for which our College is rapidly becoming known. Let's keep in mind the importance of care, communication and commitment - the reasons we do what we do.



**Professor David Galloway** President



presidentsblog.rcpsg.ac.uk



@davidgallowaymd

### College Council (As at 1 November 2016)

Office Bearers		
President	Professor David Galloway	
Vice President (Medical)	Dr Jackie Taylor	
Vice President (Medical)	Dr Iain Findlay Mr Mike McKirdy	
Vice President (Surgical)		
Vice President (Surgical)	Mr Kevin Baird	
Vice President (Dental)	Professor Graham Ogden	
Honorary Secretary	Professor Hazel Scott	
Honorary Treasurer	Dr Rajan Madhok	
Honorary Librarian	Mr Roy Miller	
Registrar	Dr Robin Northcote	
Faculty Deans/Representatives		
Dean of the Faculty of Travel Medicine	Gp Capt Andy Green	
Dean of the Faculty of Podiatric Medicine	Professor Stuart Baird	
Honorary Secretary of the Faculty of	Dr Helen Patterson	
Dental Surgery	DI HEIEH FALLEISUH	
Ordinary Councillors		
Physician	Dr Stuart Hood	
Physician	Dr Colin Perry	
Physician	Dr Roderick Neilson	
Physician	Dr Adrian Stanley	
Physician < 10 years	Dr Selina Tsim	
Surgeon	Mr Andrew Henry	
Surgeon	Mr Stephen Mannion	
Surgeon	Mr Drummond Mansbridg	
Surgeon	Mr Sanjeev Chitnis	
Surgeon < 10 years	Mr Alex Vesey	
Regional Councillors		
Clyde area of Greater Glasgow and Clyde,	D 11 5: 1	
Argyll area of Highlands and Islands, Ayrshire and Arran, Lanarkshire	Dr Hany Eteiba	
	Vacant	
South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and	·	
Ayrshire and Arran, Lanarkshire  South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian  Grampian, Highlands and Islands	Vacant	
Ayrshire and Arran, Lanarkshire  South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian  Grampian, Highlands and Islands (excluding Argyll), Tayside	Vacant Professor Stuart Pringle	
Ayrshire and Arran, Lanarkshire  South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian  Grampian, Highlands and Islands (excluding Argyll), Tayside  Physician outwith Scotland	Vacant  Professor Stuart Pringle  Dr Douglas Thorburn	
Ayrshire and Arran, Lanarkshire  South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian  Grampian, Highlands and Islands (excluding Argyll), Tayside  Physician outwith Scotland  Physician outwith Scotland	Vacant  Professor Stuart Pringle  Dr Douglas Thorburn  Dr Alex Grieve	
Ayrshire and Arran, Lanarkshire  South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian  Grampian, Highlands and Islands (excluding Argyll), Tayside  Physician outwith Scotland  Physician outwith Scotland  Surgeon outwith Scotland	Vacant  Professor Stuart Pringle  Dr Douglas Thorburn  Dr Alex Grieve  Professor David Richens	
Ayrshire and Arran, Lanarkshire  South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian  Grampian, Highlands and Islands (excluding Argyll), Tayside  Physician outwith Scotland Physician outwith Scotland Surgeon outwith Scotland Surgeon outwith Scotland	Vacant  Professor Stuart Pringle  Dr Douglas Thorburn  Dr Alex Grieve  Professor David Richens	
Ayrshire and Arran, Lanarkshire  South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian  Grampian, Highlands and Islands (excluding Argyll), Tayside  Physician outwith Scotland Physician outwith Scotland Surgeon outwith Scotland Surgeon outwith Scotland Advisory Co-optees Faculty of Public Health	Vacant  Professor Stuart Pringle  Dr Douglas Thorburn  Dr Alex Grieve  Professor David Richens  Professor Abhay Rane  Dr Emilia Crighton	
Ayrshire and Arran, Lanarkshire  South East Scotland + Dumfries and Galloway, Forth Valley, Borders, Fife and Lothian  Grampian, Highlands and Islands (excluding Argyll), Tayside  Physician outwith Scotland Physician outwith Scotland Surgeon outwith Scotland Surgeon outwith Scotland Advisory Co-optees	Vacant  Professor Stuart Pringle  Dr Douglas Thorburn  Dr Alex Grieve  Professor David Richens  Professor Abhay Rane	



### Chief Executive Officer's Report

I am absolutely delighted and honoured to join the College as your new Chief Executive Officer. I have been very warmly welcomed to the College by all of the staff, Officer Bearers and Fellows and Members I have encountered since joining in October.

I have been immensely impressed with the hard work, talent, dedication and commitment from everyone associated with the College both locally and internationally. My predecessor, Mr John Cooper, left the College in August following six years in the role during which time the College established a new Faculty of Podiatric Medicine, launched Fifteen Ninety Nine, and developed a state of the art Clinical Anatomy Skills Centre in partnership with the University of Glasgow.

This has seen our membership numbers increase by a third from around 9,000 in 2011 to 12,000 in 2016. Our growth is a reflection of the strategic investments the College has made to deliver excellence and relevance in education, examinations and membership support. Working with and on behalf of our clinicians, our influence and authority as a leading voice on policy and education matters also continues to grow at a national and international level.

In the past year, we have delivered 30 educational conferences and 61 courses to more than 4,000 people. We have examined more than 3,500 physicians, surgeons, dentists, travel medicine specialists, and podiatrists in 43 exam centres around the world. Our core membership (Fellows and Members) has exceeded 12,000

healthcare professionals in 88 countries. I am also delighted to see the excellent progress being made in establishing our new Academy of Clinical Educators (ACE), the successful launch of our international strategy and the strides we have taken to realise our charitable status by supporting our Global Health programmes in Malawi. All of these are outstanding achievements.

Growth in our membership and service has been complemented by an expansion in our College operational staff. We have outgrown the office space available in St Vincent Street in Glasgow and purchased a building on Blythswood Square to accommodate our growing team.

The associated building and renovation work, movement of staff, educational conferences, courses and examinations, protection of our heritage collections, and financial implications are a major project which I look forward to overseeing in the months ahead. All of our staff have moved into 19 Blythswood Square; some will remain there permanently, others will return to the building on St Vincent Street once the building work has been completed. These are incredibly exciting investments which will bring a new, fresh and modern face of the College to our members.

As we look to the year ahead, there are a number of specific areas that I hope to develop.

It is essential that we, as a College, understand and act on the needs of our Fellows and Members and make the journey through our services as straightforward and helpful as possible. We will focus intensely on this "customer journey" and work to streamline our processes and internal communications to ensure we build relevance and value to our members.

Innovation will be key. Digital technology has transformed the way we communicate, receive content and access information. As a College, we need to adapt to the changing needs

and expectations of our members with innovative solutions. This is something I am passionate about and look forward to exploring opportunities in the months and years ahead.

Working with and on behalf of our clinicians, it is critical we also continue to position the College as a leading and influential voice on health policy and education matters both nationally and internationally.

People want to work with the College and working in partnership strategically with stakeholders across the health sectors and the wider public, private and third sectors will be increasingly important to meeting the charitable aims of the College. I will be seeking to build and grow our networks locally and internationally to raise our visibility.

Locally, our College is a hidden jewel in the heart of Glasgow. We must continue to raise our profile and tell the story of our heritage and the important role we have played in improving healthcare, not only in Glasgow but across the world.

Finally, financial stability provides security in a competitive market and in economically uncertain times. Recognising the need for investment in services and facilities to ensure we keep pace with the demands of our members, we will balance our ambitions against the need for ensuring our financial security in this changing world.

I look forward to working with all of you on these challenges.

**Dr Steve Graham** Chief Executive Officer

### **Trainees' Committee**

The trainees' committee has had another busy year, with the junior doctor contract dispute and Shape of Training reforms continuing to dominate the agenda.

The multidisciplinary nature of the College is reflected in the makeup of the committee, with representatives from medical students to senior specialty registrars bringing the trainee voice to College. We strongly believe that our broad range of expertise is our greatest strength and gives us wider insight into what is important to doctors in training.

There has been a change in leadership, as Mr Alex Vesey and Dr Stacy Smith reached the end of their terms as Chair and Vice Chair respectively in May and have been replaced by Dr Arrianne Laws and Mr Andraay Leung. We would like to take this opportunity to thank them both for their excellent leadership and great contributions to the work of this committee and wish them both well in their future endeavours.



### **Junior doctor contracts and** Shape of Training reforms

The controversial junior doctor contract was introduced for certain trainee groups in England in October, against the background of suspension of escalated industrial action by the BMA. We are well aware of trainees' ongoing concerns regarding the contract and the nature of its introduction, and we added our signature to the Academy Trainee Doctors' Group (ATDG) letter at the announcement of escalated industrial action in September which called for the Department of Health and the BMA to reconsider their entrenched positions and return to negotiations.

While the College does not have a role in contract negotiations, a way forward must be found. Junior doctors felt strongly enough that the proposed contract was unacceptable that they went on strike for the first time in forty years; now that this same contract is to be introduced across England we must ensure that those assurances that were given regarding rota guardians and so forth are honoured and that any concerns regarding unsafe working patterns are highlighted appropriately. We have also given our support to the use of the Patient Categorisation Tool (PCAT) tool to ensure the encouragement of professionalism within medical rotas.

The Shape of Training (ShoT) reforms continue apace – a major JRCPTB report into the development of a new Internal Medicine curriculum is due, and the 'Competencies in Practice' assessment tools are being evaluated. Alex Vesey contributed to a recently published article What shape do UK trainees want their training to be? Results of a cross-sectional study which demonstrated broad agreement with some proposals but significant concerns around any reduction in specialisation at CCT. Members of the committee sit on boards involved in the development of the ShoT proposals and curricula.

We also continue to have representation on numerous committees including College Council, the UK and Scottish Academy of Trainee Doctors' Groups (ATDG and SATDG) and the BMA Scottish Junior Doctors'

We are well aware of trainees' ongoing concerns regarding the junior doctors' contract and the nature of its introduction

Arrianne Laws



**Arrianne Laws** Chair of Trainees' Committee

### **HAVE YOUR** SAY...

The Royal College of Physicians and Surgeons of Glasgow Trainees' Committee is recruiting for new committe members at every level of training.

Our trainees' committee advises the College on key issues affecting trainees in medicine and surgery.

Joining a committee is also a great way to develop your leadership and teamwork skills.

For more information visit

rcp.sg/traineescommittee or email

traineecommittee@rcpsg.ac.uk

### **Education and Events**

We have contributed to various College events such as GESTS, Medicine24 and IMPACT. Committee members are also working on trainee sessions for the Excellence in Healthcare 2017 triennial conference and the Medical Undergraduate conference. There has been committee input to the MyCollege Online e-learning modules. We have also supported and developed the College medical and surgical buddy schemes, in which more senior trainees are paired with junior colleagues to provide advice and support with associated training on coaching and teaching skills. We welcome ideas for new conferences and courses to meet the needs of trainees and invite trainees to check out the College's e-learning provision. All feedback is welcome.

### Looking to the future

As a committee we are keen to hear from other doctors in training about the issues that you think we should be tackling. We are all trainees ourselves, so are aware of the difficulties that can be faced, but engagement with those outside of the committee is essential to ensure that we remain relevant to those we represent please contact us on traineecommittee@rcpsg. **ac.uk** with any comments or for information on future meetings and keep an eye out for #rcpsgtrainees on the College Twitter account @rcpsglasgow.



### **Excellence in Education**

There have been a number of new developments within the Education, Training and Professional Development Unit this year. Particular highlights include the launch of our online, eLearning store and our Academy of Clinical Educators (ACE). It is anticipated that both of these new initiatives will generate more educational provision, choice and support.

eLearning will provide an enhanced range of options and flexibility with a breadth of downloadable material available for maximum choice and convenience. The MRCP PACES online revision modules have been enthusiastically received and are being followed by a new blended learning surgical exam preparation course, comprising online modules with face-to-face tuition and a mock MRCS OSCE day. We have also widened our use of Moodle for wider blended learning course programmes, such as the International Diploma of Expedition and Wilderness Medicine and the Royal College Advanced Certificate of Clinical Education.

Our Academy of Clinical Educators has been established to recognise the activities of our clinical educators, to offer them more options, support, acknowledgement and choice; additionally it will oversee our training provision and have a particular

role in enhancing the development of non-technical skills provision within College. It is hoped that the profile and structure of the Academy will reach out to all Fellows and Members both nationally and internationally and enable them to contribute and develop College educational initiatives and provision.

Innovation and expansion have been high on our agenda. GESTS 2016 was web streamed to both New Delhi and Bangalore; Medicine24 reached a disparate audience, interactively making full simultaneous usage of both the Maurice Bloch and Peter Lowe lecture theatres, as well as being web streamed to undergraduate audiences at hospital sites.

Good education needs to be current, flexible and relevant; as such it requires a continual process of review and updating.

We have several new and anticipated additions to our programmes: Orthopaedic provision has expanded; our Surgical Anastomosis course has been revised into a two-day programme, split between vascular and GI, to enhance the level of detail covered. Our nontechnical skills programmes have been both extended and updated. These are just a few examples of the continuing development and innovation which is taking place.

# IN NUMBERS 30 Conferences 61 Courses 4,090 Delegates 1,610 CPD Points Awarded

### Conferences

### Multidisciplinary

SAS Development Day

Practical Advice for New Consultants

Whistleblowing: Freedom to Speak Out

Multidisciplinary Breast Symposium

Leadership Lecture

### Medical

Interactive Cardiology

Improving Treatment of Kidney Disease

Sports and Exercise Medicine

Medicine24

Palliative Care

Managing Stroke

St Andrew's Paediatric Symposium

### Surgical

Glasgow Emergency Surgery and Trauma Symposium (GESTS)

Hip Fracture

Scottish Undergraduate Surgical Coloproctology

Complications of Bariatric Surgery

International Orthopaedic and Trauma

Thyroid

### Dental

 $In augural\ Scottish\ Orthodontic\ Symposium$ 

Top Tips for VDPs

Management of Caries in Young People

TC White Symposium

Northern Cleft Consortium Audit Day

Top Tips for DCPs

**Dental Careers Evening** 

**Dental Mock Interviews** 

### **Travel Medicine**

Joint Conference with the Royal Pharmaceutical Society

Faculty of Travel Medicine Annual Symposium

Scottish Practice Nurse

### **Podiatric Medicine**

Bringing Legs to Life

Download the prospectus at rcp.sg/prospectus



The Glasgow Emergency Surgery and Trauma Symposium will run for the fourth time on 23 and 24 February 2017. This conference has a proven pedigree behind it as a flagship surgical success for three consecutive years. The programme has gone from strength to strength, maintaining its energy and character and enabling it to exceed expectations by combining tried and tested keynote features with an innovative approach. Topicality and relevance of a well-constructed programme are typically balanced with plenty of opportunities for interactive debate in a highly conducive atmosphere. The choice of faculty has always been a crucial element of GESTS, which maintains a broad international profile and a wide spectrum of expertise.

It remains an outstanding programme for those seeking experienced perspectives on approaches to challenging trauma cases and how to handle difficult emergency situations. It has also developed popular features such as the opportunity for question time and putting faculty on the spot with lively debate. GESTS 2016 received positive feedback for its excellent range of topics, knowledgeable faculty and case based discussions.

Delegate feedback has included praise for the "punchy, actionable presentations, and interactivity", the "quality of faculty giving their interpretation on difficult clinical scenarios" and its unique style, described as "high impact velocity for information/opinion giving."



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### Courses

### Multidisciplinary

**Clinical Trainer Development** 

Postgraduate Diploma in Clinical Education

**Mentor Training** 

**CPD Management Day** 

An Introduction to Leadership and Management

An Introduction to Human Factors

### Medica

**IMPACT** 

How To Do It

Renal Biopsy Cadaver

Focused Intensive Care Echocardiography (FICE)

### Surgical

MRCS OSCE Part B Preparation

**Basic Surgical Skills** 

Surgical Anastomosis Techniques

BaSiCs

Foundation Skills in Surgery

**Faculty Development Simulation** 

West of Scotland Surgical Teaching

Plastering

Basic Orthopaedic Procedural Skills

### Dental

MFDS Part 1 Revision Course

Advanced Cadaveric Hard and Soft Tissue Grafting for Dental Implants

MFDS Part 2 Revision Course

Scottish Dental CT2 Education Day

### **Travel Medicine**

Diploma in Expedition and Wilderness Medicine

Diploma in Travel Medicine

Foundation in Travel Medicine

### Podiatric Medicine

Introductory Student Membership Day

Many of our courses are run multiple times per year. Please check the prospectus for details.



This two-day interactive flagship conference became an instant success at its first launch in 2015 and maintained its large audience and content credibility in 2016. The conference provides a comprehensive update on general internal medicine, focusing on the optimal management of acute care conditions within the first 24 hours of admission and beyond.

Topics covered in 2016 included current and safe practices in acute care, challenges in frontline care, and evidence-based treatment approaches. It is particularly useful to consultant, trainee and SAS physicians. Due to its success and wide appeal, the conference will be part of the College's Excellence in Healthcare triennial conference in 2017.

Numbers in 2016 reached a total of 325, although this was a capped figure due to limitations of space and the event had a considerable waiting list. The 2016 contingent presented a first for College in the simultaneous interactive use of both the Maurice Bloch Lecture theatre (132 delegates) and the Peter Lowe Lecture theatre (69 delegates); further undergraduate audiences were located in the New Lister Building at Glasgow Royal Infirmary: 24 (only streamed on day 1); the Teaching and Learning Centre, Queen Elizabeth University Hospital: 38 (over 2 days) and the PBL Room at Royal Alexandra Hospital, with an audience of 12. The conference boasted an impressive range of 40 speakers over the two-day programme.

Delegate feedback praised the "excellent variety of topics with good depth covered for all grades" and commented that it was an "exceptionally well organised event on all levels with highly relevant clinical information".



Our eLearning online store was officially launched in May 2016 and has had an enthusiastic uptake with a broad range of modules, usually of approximately one hour's duration with knowledge checks and downloadable CPD certification.

An outstanding success has been the specially developed MRCP PACES Revision Modules which have been consistently in demand since their launch. Other popular downloads have included Sports Medicine and Acute Care Medicine, as well as Orthopaedic Surgery, Emergency and Trauma Surgery, Global Health, Management of Stroke and Clinical Leadership and Management.

The site is a useful way to top up CPD, catch up on topics at times when day-delegate attendance has not been possible and to explore areas of interest which are either directly related to specialty areas. eLearning also provides an opportunity to engage with areas of interest not directly related to specialist areas.

It is likely that longer programmes of study will be increasingly added to our online access module framework. This has already been seen with the launch of our International Diploma of Expedition and Wilderness Medicine, delivered partly through faceto-face residential components, together with online learning modules.

A similar blended learning format has also been developed for our Advanced Certificate of Clinical Education, which enables delegates to access online materials prior to attending the two-day course, followed by the online submission of assessment material. Our objective is to keep our online learning provision as compressive and flexible as possible to enhance the user experience.



The Clinical Skills Anatomy Centre has successfully refined its course framework over the last year in a defining objective to make a balanced contribution to the surgical curriculum a strategic priority. The Basic Surgical Cadaver Skills (BaSiCS) Course and Advanced Surgery Cadaver Skills in GI Surgery (ASiCS) course remain stalwarts of the CASC course programme, but they are also accompanied within a framework which includes: Breast Reconstruction, Emergency Head and Neck Surgery, Endoscopic Ear Surgery, Urological Surgery, Laparoscopic Colorectal Course, Renal Biopsy, Basic Fracture Fixation and Clinical Anatomy of the Mitral Valve.

There is also a range of industry courses including Rib Fixation, Facial Dissection, Stryker Shoulder Arthroscopy and GORE Advanced Vascular Access and there has been repeated course delivery each academic year from those such as Olympus and Galderma. The College is firmly committed to remaining at the forefront of surgical simulation training, supporting trainees and consultants alike in best practice procedural training in a well-equipped clinical and technical learning environment.

This is an exciting time for surgical simulation training. It is a priority for our College to be at the forefront of developing and defining targeted surgical educational delivery. We aim to provide support to facilitate the most relevant core training and procedural developments for consultant-focused continuing development.



ng standards; Developing healthcare leaders; Delivering excellence



ACE was launched on 22 August 2016.
The concept was born out of a commitment to ensure and foster the College's own high standard of educational delivery and good practice by supporting, mentoring, and ensuring full trainer recognition for those involved in the delivery of our academic programmes, in addition to extending trainer development opportunities.

This commitment is underpinned by an increasing sector-wide emphasis on the importance of trainer recognition, in light of the GMC trainer competency framework and new guidelines for clinical trainers. ACE will enable us to recruit, develop, support and recognise our trainers. It provides a quality framework and a formalised, clear and recognised process by which to construct effective working relationships with our trainers so that their trainer input is appropriately certificated and professionally rewarding.

ACE will distinguish our trainers as a group and enable them to access the benefits and recognition that being part of such a group involves.

The College will support and mentor its trainers and educators to build a centre of excellence in current clinical teaching practice. Becoming part of ACE will enable our trainers to access complimentary and reduced fee CPD sessions exclusively available to ACE members, participate in CPD opportunities related to delivering good training practice, access updates on new trainer educational developments and social and networking opportunities for enhanced reflective practice. For those who become part of our Academy, we intend to offer useful and recognised, certificated trainer experience and support, so that they are able to develop and build upon their portfolio of current teaching practice.

Applications thus far have been growing steadily. The majority have been surgical, followed by medical and then dental. There are, in addition, some applications from both podiatric medicine and travel medicine, which are currently being processed.

Find out more: rcp.sg/ACE



### Medical and surgical training

### Physicians CPD diary

Fellows and members have free access to the online CPD diary of the Federation of Royal Colleges of Physicians of the UK as part of their membership benefits package. The CPD diary delivers the requirements for revalidation and stores information for annual appraisal.

### The diary now has the functionality to:

add attachments
edit entries
enhance the annual appraisal report
access a more visual summary page

It is anticipated that a CPD diary mobile app will be available by May 2017.

The JRCPTB is responsible for developing curricula, for providing external advice on quality of training and for monitoring trainee progress and making recommendations about the award of specialty certification.

### Surgeons portfolio

Our members have free access to the surgeons portfolio which enables them to record all aspects of clinical training and practice, professional development activities, peer analysis and audit tools which are tailored to specialty requirements and will deliver the requirements for revalidation.

The surgeons portfolio has been created in partnership with the surgical Royal Colleges in Edinburgh and London. We continue to oversee all aspects of surgical training, in partnership with the other three Royal Colleges of Surgeons in the UK and in Ireland, through the Joint Committee for Surgical Training (ICST).

The JCST is the parent body of the Specialty Advisory Committees (SACs) and Training Interface Groups. Further information about this important advisory body is at www.jcst.org

### Dentists portfolio

All dentists must maintain their own CPD records and submit an annual statement of CPD hours completed to the General Dental Council. Members of our Dental Faculty gain free access to the CPD programmes in Dental Update, Orthodontic Update and DCP Update.

### Maintaining Standards

Royal College of Physicians and Surgeons of Glasgow



IN NUMBERS

16

Different examinations delivered annually

3,561

Exam candidates in 2016

43

Centres hosted exams around the world

922

Examiners on our examiner panels

58%\*

Average pass rate of exam candidates across all exam

\*Figures based on average pass rates available at time of print



Your support and help on the day and in the lead-up to the exam were really appreciated and made hosting almost enjoyable!!!

MRCP(UK) PACES host (dedicated exam centre)

Participating in all aspects of assessment, Fellows and Members continue to ensure provision of robust, valid and fair tests of knowledge and skills for trainee physicians, surgeons and dentists in support of their career aspirations. All assessment formats are quality assured by sectoral specialists, with delivery being overseen by specifically trained assessors, ensuring that relevant regulatory body standards are attained and contributions made to continuing enhancement in order to maintain the highest standards of patient care.

Unique in the UK, and one of only five multidisciplinary Colleges in the world, our panels of examiners provide assessment at Membership, Specialty Membership (dentistry) and Fellowship level (Specialty Certificate level for MRCP(UK)), collaborating with partner Colleges in the UK spanning dental, medical and surgical disciplines.

### In 2016

Growth in dental numbers continued, with expansion of provision of MFDS Part 1 centres

MFDS Part 1 candidates were able to access a combined revision course/examination/membership package in four different centres across India.

Candidate numbers in the MFDS Part 2 OSCE held in the UK continued to increase, with excellent feedback received from them and educationalists on quality of delivery and candidate experience

International MFDS Part 2 OSCE candidates were able to apply to sit in Chennai, India: at the time of writing an encouragingly high level of interest is evident

MRCP(UK) examiners continue to contribute to ongoing activities, including support for an ever-increasing number of international PACES centres

FRCS Ophthalmology demand currently exceeds capacity for the Part 3 examination: to address this, the College introduced a new examination centre in Amman, Jordan with additional centres being actively pursued

In Podiatric Medicine and Travel Medicine respectively, examination regulations were enhanced to facilitate access to and participation in assessments for a wider group of candidates

### Intercollegiate activities

**Dr Stuart Hood**, the College's Director of Medical Examinations, was appointed as Medical Secretary of the Intercollegiate MRCP(UK) Clinical Examinations Board

**Mr Andy Malyon**, Director of Surgical Examinations, was appointed as Chair of the Intercollegiate MRCS OSCE Subgroup

**MFDS Part 1 Convenors** have reviewed the multiple choice question bank to ensure quality and currency of questions, as well as curriculum/syllabus coverage

The Tri-Collegiate Specialty Membership Examinations (dental) continue to be developed, with work currently ongoing to reformat the Special Care Dentistry regulations in alignment with Oral Surgery and Paediatric Dentistry formats

**A comprehensive review** of the Specialty Fellowship Examinations (dental) is in progress, undertaken against current published criteria for quality assuring examinations

**For MRCP(UK)**, key focus remains in the arenas of quality and fairness, evident in terms of ensuring examiners comply with GMC criteria, introduction of a candidate code of conduct and both the freezing of and reduction in exam fees

An MRCP(UK) PACES short-life working group met, aimed at producing a vision for future development, addressing the outcome of national reports that anticipate significant changes in postgraduate education and training to ensure the exam remains relevant, fair, fit for purpose and of the highest quality

Surgical Fellows of the College continue to support JCIE in development and delivery of the intercollegiate Specialty Fellowship examinations in the UK: similarly, JSCFE Fellowship exams, initiated five years ago for international candidates, are now firmly established in a number of specialties, with others still under development

**MRCS OSCE examiners** have participated in regular question writing sessions to populate the ICBSE question bank

In the DO-HNS OSCE, quality assurance has been enhanced through introduction of Assessors and Lay Examiners, as well as through roll-out of Equality and Diversity training for all ICBSE examiners

The experience of this examination was very positive for candidates and examiners. The venue is a regular site for these examinations and has excellent facilities. A well conducted and supervised examination with good briefings and attentive examinations staff.

MRCS Assessor comments

### Exams held in 2016

### Fellowship

### Surgical

FRCS Ophthalmology Part 1

FRCS Ophthalmology Part 2

FRCS Ophthalmology Part 3

In collaboration with the Malaysian Board of Urology, conjoint exam M.Med/FRCS Urology

### Membership

### Medical

MRCP(UK) Part 1

MRCP(UK) Part 2

MRCP(UK) Part 2 PACES

### Surgical

MRCS Part A

MRCS Part B OSCE\*
\*including award of MRCS(ENT)

### Dental

MFDS Part 1

MFDS Part 2 OSCE

### **Travel Medicine**

MFTM Part 2

### **Podiatric Medicine**

MFPM Part 1

### **Diploma**

### Medical

Diploma in Dermatology

### Surgical

Diploma in Otolaryngology – Head and Neck Surgery Part 1

Diploma in Otolaryngology – Head and Neck Surgery Part 2

### **Associate Membership**

### **Travel Medicine**

Diploma in Travel Medicine

On behalf of the four dental faculties in the UK and in Ireland, the Examinations and Assessment Unit manages and delivers Intercollegiate Specialty Fellowship Examinations in Dental Public Health, Paediatric Dentistry, Restorative Dentistry, Orthodontics, Oral Surgery and Oral Medicine.

On behalf of the dental faculties in the UK, we deliver the Tricollegiate Specialty Membership examination in Special Care Dentistry and collaborate in the governance and development of Oral Surgery and Paediatric Dentistry examinations.

Supporting our Members

### Supporting our Members

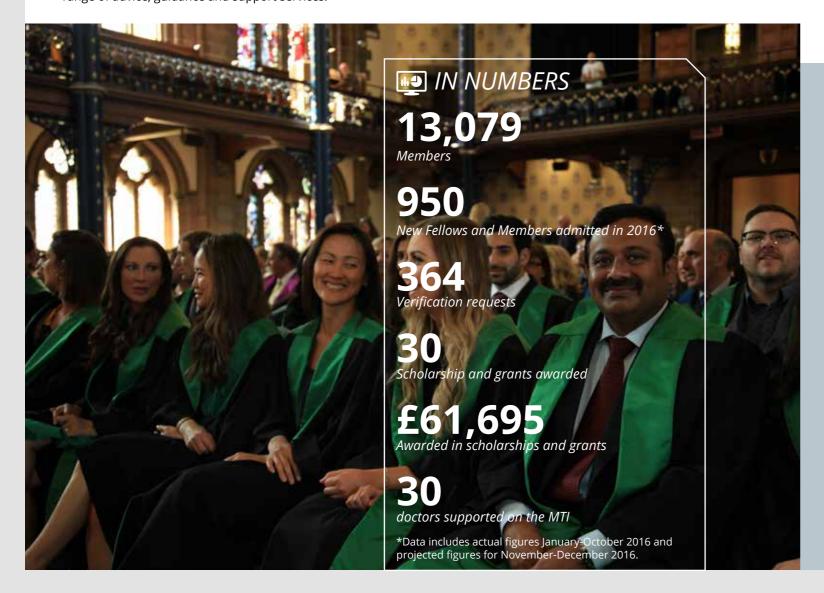
The spread and depth of the Fellowship and Membership of the College continues to grow year on year. Our global membership community of healthcare professionals now totals 13,079, with over 94% of members renewing their membership and impressive increases in the number of physicians, surgeons, dental practitioners and specialists in travel medicine and podiatric medicine joining the College (see details below).

Engaging and enhancing our relationship with our members across the world has been a key focus of our activity over the last 12 months and, as such, we have attended a record number of events and conferences outwith Glasgow and expanded our local networks of volunteer College ambassadors.

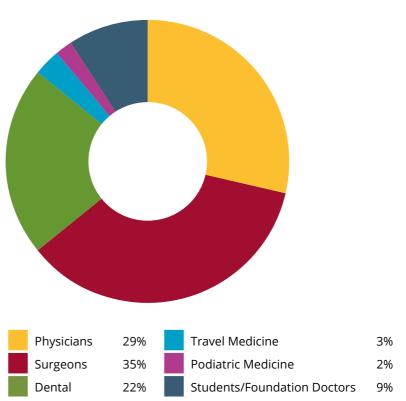
With 34 College Tutors in Scotland, 44 Regional Advisors across the UK and 23 International Advisors increasing awareness of College-wide activity, we are working hard to ensure we fully understand the local needs of our members and can respond appropriately by providing a range of advice, guidance and support services.

Over the last 12 months the Membership and Communications team have continued to implement the recommendations from the 2015 membership communications survey. Thank you again to everyone who responded: your feedback is very much appreciated and has shaped our thinking. We hope that our more targeted, relevant and scheduled communications, improved website, e-services and increased profile on social media platforms including Facebook and Twitter meet your expectations and help you connect more easily with your College.

In the months ahead we will continue to focus on building and strengthening our relationships with and between our members, creating communities of members with common interests and goals. We will continue to influence healthcare policy and practice and be a leading voice on issues that matter to you. We will continue to enhance our use of technology, providing innovative solutions to meet your needs.

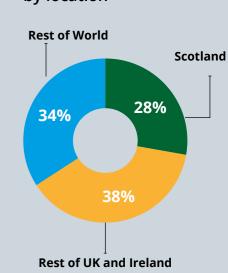


### Membership breakdown by discipline



### Membership breakdown by location

Annual Report 2016



### Senior Fellows Club

Our Senior Fellows Club held seven meetings in the 2015/16 session. At three of these events, the lectures were preceded by lunch. All of the talks were interesting and well attended. Dr Douglas Briggs retired from his role as Honorary Secretary in the summer. This position was subsequently been taken up by Dr Andrew Tannahill. We thank Dr Briggs for all his work and effort over the years.

### The titles and speakers of Senior Fellows Club lectures

The last of doctors in opera by Dr Ian Robertson

Scottish ecclesiastical stained glass by Mr Martyn Webster

The quest for Glasgow's radium - from Pollock Estate to the Bonnie Bonnie Banks by Mr David Smith

Islands and stories by Mr Julian Goldring

Not more postal history by Dr Ian Evans

The strange case of Dr Chandra by Professor Alan Shenkin

Obstetrics: a very Scottish specialty by Professor Andrew Calder

### **Admission Ceremonies**

Almost 300 Fellows and Members were welcomed to the College at four admission ceremonies held throughout the year, including two at the University of Glasgow, one during GESTS and one during the International Orthopaedic and Trauma Symposium

### Five Honorary Fellowships were awarded to:

Mr Declan J Magee Hon FRCS(Glasg)

President of the Royal College of Surgeons in Ireland

Reverend Dr Laurence Arthur Brown Whitley CBE Hon FRCPSG Minister, Glasgow Cathedral

Professor Karen Heather Vousden CBE Hon FRCP(Glasg) Chief Scientist, Cancer Research UK

Professor Nairn Hutchison Fulton Wilson CBE Hon FDS RCPS(Glasg) Honorary Professor of Dentistry, King's College London Professor, Strategic Executive, European Federation of Periodontology Governor and Director, University of Portsmouth Dental Academy

**Dr Eric Walker** Hon FFTM RCPS(Glasg) Honorary Associate Clinical Professor, Department of General Practice and Primary Care, University of Glasgow

### **Library Services**

The Library offers a dedicated, responsive service to meet the information needs of our Fellows, Members and researchers.

### This includes

Access to online journals

eBooks and mobile apps

Inter-library loans and document supply service

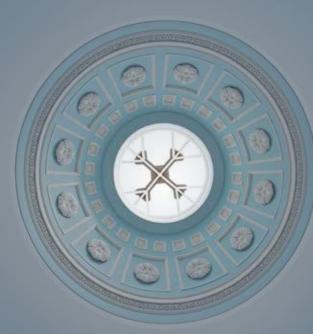
Literature searches

Book loans (UK only)

SCONUL access, allowing members access to their local university library

Information skills training

Current awareness bulletins



IN NUMBERS

1,300+

Enquiries answered

1,000+

Visitors to the library

1.3 Days

Average enquiry response time

### Outreach

Following the success of the pilot West of Scotland College Tutor network, we have now extended our network into the rest of Scotland. Five new College Tutors were recruited in 2016, bringing the total number to 34. College Tutors have played a key role in sponsoring meetings and facilitating talks by the President to staff at different hospitals. An induction evening for new tutors was held in Perth in November and a CPD-accredited social media training session for College Tutors was held in the College in March.

Our Regional Advisor network is also expanding. We currently have 44 Regional Advisors and are in the process of recruiting two in surgery, four in dental and ten in Travel Medicine. Our annual Regional Advisor workshop was held in April.

Our buddy scheme for core medical and surgical trainees has been very successful. Fifteen core surgical trainees and 32 core medical trainees have been paired with specialty trainee buddies. Our training session for core and specialty trainees involved in the programme will be held in December.



### Lav Advisory Board

The Lay Advisory Board provides a breadth of personal and professional experience and impartial views which offer a lay perspective on many issues across the College, including contribution to consultations.

Members of the Lay Advisory Board are:		
Mr Richard Sullivan	Management Consultant	
Mr John Blackie	Emeritus Professor of Law, University of Strathclyde	
Mr Dennis Cawte	Retired from Watts Water Technologies	
Rev John Campbell	Retired Church of Scotland minister	
Ms Elizabeth Condie	Retired Reader at the National Centre for Prosthetics and Orthotics, University of Strathclyde	
Dr Alex Grieve	Occupational Physician with an interest in Travel Medicine	
Ms Ashleigh Watson	PhD Student in Philosophy, University of Edinburgh	

### College Tutor Network

### Physicians

Alan MacDonald Aberdeen Royal Infirmary
Graeme William Tait Dumfries & Galloway Royal Infirmary
Jeyakumar Selwyn Forth Valley Royal Hospital

Shona Jenkins Glasgow Royal Infirmary
Hilary Wilson Glasgow Royal Infirmary
Karen Hogg Glasgow Royal Infirmary
Stuart Watkins Golden Jubilee National

Hospital

Claire McDougall Hairmyres Hospital
Helen Inverclyde Royal Hospital

Papaconstantinou

Iqbal MalikNinewells HospitalSantinder BalRaigmore HospitalStuart HughRoyal Alexandra Hospital

Stuart Hugh Macpherson Hood

Brian Patrick Murphy Queen Elizabeth University

Hospital Glasgow
David Alexander Queen Elizabeth University

Raeside Hospital Glasgow

Colin Graham Perry Queen Elizabeth University

Hospital Glasgow
University Hospital Ayr

Derek Baxter University Hospital Ayr
Amir Shah University Hospital Crosshouse
Lesley Hall Wishaw General Hospital

### Surgeons

Stuart Whitelaw Dumfries & Galloway Royal Infirmary
John Camilleri- Forth Valley Royal Hospital

Brennan

Graham MacKay Glasgow Royal Infirmary
Balakrishnan Golden Jubilee National
Mahesh Hospital

Kumar Periasamy Hairmyres Hospital
Alistair John Brown Hairmyres Hospital
Sylvia Brown Inverclyde Royal Hospital
Arunachalam Monklands Hospital

Perumkulam lyer

Stephen Justin McNally

Mark Vella Royal Alexandra Hospital
Vipin Zamvar Royal Infirmary of Edinburgh
Jose Enrique Murio Queen Elizabeth University
Pujol Hospital Glasgow

Pujol David McGregor Wynne

Muhammad Naeem Akhtar

Catherine Sharp Olusegun Oluwole Segun Komolafe Queen Elizabeth University Hospital Glasgow n Queen Elizabeth University

Raigmore Hospital

Hospital Glasgow
University Hospital Crosshouse

Wishaw General Hospital

### **Regional Advisors**

### Physicians

Adewale O Adebajo Sheffield
Dominique Chan-Lam Barnsley
Abhijit Chaudhuri London
James Fulton Plymouth
Richard Hull Portsmouth
Riaz Kakkuzhi East Midlands
Mappilakkandy
Arshad Majid Salford

Janice O'Connell
Peter Winocour

Surgeons

Andrew David Henry

Asif Abbas Naqvi

Manchester

Hull/Grimsby

Sunderland

East of England

Muhammed Dalvi Humzah Sharat Ajit Jain

Sharat Ajit Jain Jim Khan

Roy Nicol Lawrence Sanjiv Manjure Eng Kwee Ong

Kanak Patel
David Richens
Shanmugasundaram
Rajkumar

West Midlands

South East England (Kent)

Annual Report 2016

Portsmouth Swindon Luton/Dunstable

Luton/Dunstable
North Devon
Yorkshire
Nottingham
Northern Ireland

Dental

Alex Crighton Argyll
Andrew Edwards Manchester
Marie-Therese Hosey Kent/Surrey/Sussex
Fiona Irving East Scotland
Thomas Leonard East Scotland
Michael Alexander Lewis Wales

Neil Mackenzie Oxford/Wessex
Sangeeta Misra North/West Yorkshire
Giles McCracken North East England
Sarah Jael McKaig West Midlands
Graham Orr Scottish Highlands
Kalpesh Patel London

Mhairi Walker Grampian
Lewis Winning Northern Ireland

### Podiatric Medicine

Robert Ashford Birmingham Plymouth Emma Cowley Sarah Curran Cardiff Michael Harrison-Blount Manchester Julian Livingstone London Ian Mathieson Cardiff Nichola McLarnon Glasgow Glasgow Allan Thomson **David Watterson** Galway Northern Ireland Martin Mc Geough

## International Development



India has been the focus of our international strategy this year. Key to our success in India is learning more about the needs and desires of our current and future members and responding appropriately.

Working with a Scottish Government support grant from Scottish Development International (SDI), the College has contracted a specialist market entry company to strengthen this work. This will enable us to more effectively engage and build closer relationships with healthcare professionals in order to increase accessibility to our core educational activities and grow our Indian membership.

Our network of international advisors has expanded to 23 with a total of 10 in India. This network has helped us connect with the Indian national associations of surgeons and physicians as well as major public and private healthcare providers such as the All Indian Institute of Medical Sciences. Our clinicians participated in state, national and international events including the 3rd World Trauma Congress in Delhi.

Looking to the future we will expand activity in the Middle East, particularly UAE. We joined an SDI mission to research the opportunities for the College to deliver education and CPD in this region.

We are also exploring ways of responding to the passion and enthusiasm from our Fellows and Members in Pakistan. We have appointed seven international advisors for Pakistan following a well subscribed recruitment call mid-year.

We supported 30 international doctors from 12 countries under the Medical Training Initiative. We will continue to build this service and develop relationships with NHS Trusts to identify training vacancies open to doctors from outside the UK.

### **International Advisors**

Tilysicians	
Vineet Datta	New Delhi, India
Amjad Shuja Khan	Lahore, Pakistan
Khalid Mahmood	Karachi, Pakistan
Ajit Mullasari	Chennai, India
Lam Tai Pong	Hong Kong
Anupam Sibal	New Delhi, India
Muhammad Umar	Islamabad, Pakistan

Surgeons	
Vijay Arora	New Delhi, India
Vasu Rao	Bangalore, India
Ashwin Rammohan	Chennai, India
Subash Gautam	United Arab Emirates
Hanan Said	Saudi Arabia and Egypt
Abdul Majeed	Lahore, Pakistan
Mah Muneer	Peshawar, Pakistan
Tabish Umer Chawla	Karachi, Pakistan

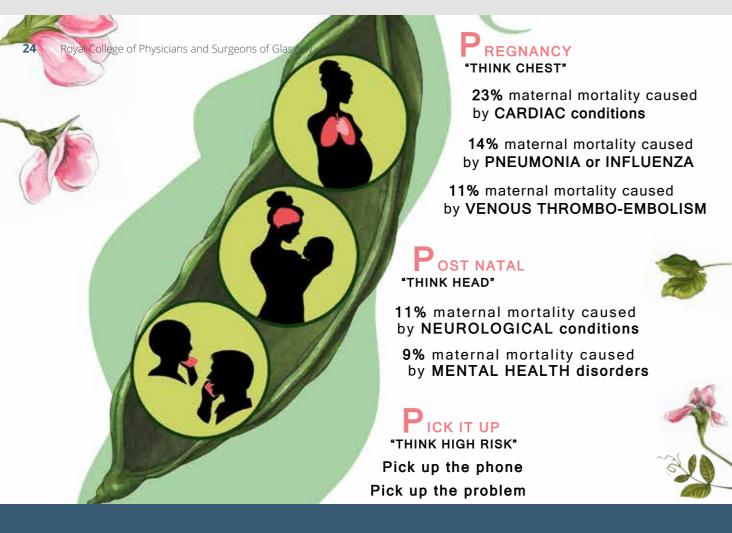
Dental	
Mahesh Verma	New Delhi, India
Lal Madathil	Bangalore, India
Deivanayagam Kandaswamy	Chennai, India
Colin Murray	United Arab Emirates
Stuart Hislop	United Kingdom
Raman Bedi	United Kingdom
Fazal Ghani	Peshawar, Pakistan

### Santanu Chatterjee Kolkata, India

**Travel Medicine** 









### Maternal Health

Dr Rebecca Northridge worked with the College on a Scottish Clinical Leadership Fellowship funded by the Cruden Foundation, until August 2016. During this time, Rebecca led a collaborative project with the Royal College of Obstetricians and Gynaecologists aimed at reducing the rate of maternal mortality from indirect causes.

This work included the development of:

Information flyers and posters to support women with epilepsy who may be pregnant or planning a pregnancy

A poster highlighting the main causes of maternal death with advice for pregnant and post-partum women which was distributed to all A&E departments and medical assessment units

An animated video titled "It's better to ask: working together to prevent maternal mortality" highlighting the main indirect causes of maternal mortality with guidance for clinicians on the assessment of unwell pregnant and post-partum women. This animated video has been very well received and widely distributed for teaching in a number of institutions.

Find out more: rcp.sg/maternalhealth

### Influencing healthcare

Our College plays a key role in setting quality standards in healthcare, advising on government policy and acting as a leading voice on healthcare issues. We communicate our views, concerns and related activities to our members and other stakeholders through our website, consultation responses, the media and digital communication channels.

In 2016, our proactive corporate communications strategy was focused on speaking out in key areas that impact on public health, global health, patient safety and workforce contracts. A President's blog was launched to enable the President to share his views on key topical issues and to support College activities. The blog can be accessed at http://presidentsblog. rcpsg.ac.uk

The dispute around junior doctors' contracts has been high on the political agenda with significant implications for many of our members and patients. We have maintained a fair and balanced view throughout the process that doctors in training are essential for the delivery of safe, high-quality care and to detract young doctors away from the NHS risks permanently damaging the future of the medical workforce. We do believe agreement can be reached and have consistently advised both sides to return to the

negotiating table when talks have broken down. Action taken by our College has included a direct appeal from the President to the Secretary of State for Health, joint statements and communications with other Royal Colleges and engagement via digital communications channels.

We continue to support doctors in training. They represent a generation of clinical excellence and expertise and we can ill afford to lose such talent at a time when recruitment and rentention is a major

A summary of the impact of our strategic campaigns and a list of our consultation responses is provided on the following pages.

> ...our proactive corporate communications strategy was focused on speaking out in key areas that impact on public health, global health, patient safety and workforce contracts.

### Feet for Life

In the Spring we ran a campaign to both raise awareness among the public about the importance of foot care and to increase our profile among podiatrists as a leading voice in this area.

Using the previously established, widely used, hashtag #feetforlife, our campaign ran for three months in the lead up and immediately after the London marathon. Spearheaded by our Faculty of Podiatric Medicine, the campaign was supported by a number of partner institutions and colleagues, including the Chief Medical Officer for Scotland, The College of Podiatry, London and celebrities including Dame Kelly Holmes.

### THANK YOU FEET!

et are the first step to happy running

r check-ups with a podiatrist can help to ir feet healthy so that you can keep on running



Between 1 March and 1 August 2016 #feetforlife:

**3,403,628** impressions

2,044 tweets

**725** participants

@rcpsglasgow was the no.1 #feetforlife influencer on Twitter

rcp.sg/feetforlife

Find out more:

@rcpsqlasqow

Influencing Healthcare



### Supporting medical training in Malawi

Safe and effective access to primary and secondary care is needed in the developing world. Approximately 30% of the global burden of disease can be attributed to surgically treatable conditions, yet more than five billion people in low and middle income countries do not have access to safe and affordable care. Our Global Health Strategy Group is creating a cohesive, sustainable programme of work including medical education and practice to enhance the provision of healthcare in the developing world.

Royal College of Physicians and Surgeons of Glasgow

One initiative was a fundraising campaign to support medical training in Malawi which was launched during the summer. Working in partnership with health professionals in Malawi, we have identified clinical training needs and are working to help by both delivering training in Malawi and supporting young Malawian doctors to complete periods of clinical training in the UK.

In order to support our fundraising campaign, a number of Fellows and Members including the President and Vice Presidents, completed the 51 mile Five Ferry Challenge cycle in August. More than £4,000 was raised over the course of the day and the total raised is currently over £16,000. Donations were also received at the Musical Notes event in the College in August. Further events are planned for the year ahead, including a Burns Supper in January 2017 and fundraising dinner at our triennial ball following the Excellence in Healthcare 2017 conference.

Find out more: rcp.sg/globalhealth Donate online: rcp.sg/5ferry4malawi



**69** people talking about #5ferry4malawi on Twitter **£16,070** raised

**8** newspaper articles in national and regional press

### Consultations

A working understanding of the implementation of clinical services has shaped our response to several consultations in respect to planned changes to health service provision and guidance on treatment. We thank all Fellows and Members, the trainees committee, and the Lay Advisory Board for their contributions to College

responses.	A list of some the consultations to which we have contributed in 2016 is pro-	ovided below.	
NICE	Oral health for adults in care homes		
HIS	Publication of draft standards for the prevention and management of pressure ulcers		
NICE	Draft diabetes in children and young people quality standard		
NICE	Draft motor neurone disease quality standard		
ScotGov	Scottish Government's International Development Policy		
NICE	Draft skin cancer quality standard		
HIS	Management of Hospital Post-mortem Examinations		
SIGN	Management of cutaneous melanoma		
NICE	Diabetes in Adults consultation		
NICE	Chest pain of recent onset: assessment and diagnosis		
NICE	Draft tuberculosis quality standard		
NICE	Healthy workplaces: improving employee mental and physical health and wellbeing		
GMC	Standards for postgraduate curricula and regulated credentials		
NICE	Head and neck cancer quality standard		
NICE	Draft care of dying adults in the last days of life quality standard		
SDCEP	Oral Health Management of Patients Prescribed Anti-resorptive or Anti-angiogenic Drugs'		
NICE	Oral health for adults in care homes		
Abbreviatio	ns: NICE = National Institute for Health and Care Excellence; HIS = Health Improvement	ent Scotland; ScotGov =	

Scottish Government; SIGN = Scottish Intercollegiate Guidelines Network; SDCEP = Scottish Dental Clinical Effectiveness

ProgrammeSDCEP = Scottish Dental Clinical Effectiveness Programme

### **Choosing Wisely**

In September, world leaders at the United Nations signalled an unprecedented level of attention to curb the spread of infections that are resistant to antimicrobial medicines. The issue of antibiotic resistance is a grave threat to healthcare and one our College is committed to lead on proactively. In his blog, the President has outlined the threat and called for action across seven key areas. We have developed infographics and are working with stakeholders to ensure the voice of the medical profession is heard in this important area.

As a member of the Academy of Medical Royal Colleges and Faculties, we are a partner in the national Choosing Wisely initiative to improve conversations between patients and their doctors, dentists and nurses.

This campaign is focused on ensuring that patients are fully informed. It empowers people to ask questions of their health carers to ensure they are knowledgeable and aware of the treatments and procedures available to them along with the benefits and risks associated with them. We will be building on this important area in 2017.

### **SEVEN STEPS**

for tackling the grave threat of antibiotic resistance



Educating people about the risks of overuse of antibiotics



Improving diagnosis to ensure correct drugs deployed at the right time



Clamping down on antibiotics being sold over the counter and on online



Investing in research into combination therapies and best use of available



Encouraging drug companies to actively develop new agents



Reducing use of antibiotics in agriculture



Reviewing use of antibiotics in animal husbandry and human clinical practice

presidentsblog.rcpsg.ac.uk



### Other PR activity

As well as the proactive campaigns already mentioned, we have spoken out and supported campaigns in other areas as required and necessary over the course of the year.

### This includes:

### Alcohol



Supported the Chief Medical Officer for Scotland's #right2know campaign highlighting the links between alcohol and cancer

Signatory to a letter published in The Times calling for the drink drive limit to be reduced in England and

Supported campaigns by the Alcohol Health Alliance, of which we are a member, to increase duty on

Wrote to the Secretary of State for Transport calling for the drink drive limit to be reduced in England and

College News cover story and digital support for new alcohol guidelines issued by the four Chief Medical Officers of the UK

Welcomed the verdict on the introduction of minimum alcohol pricing

### **Blood donation**



Supported a viral #missingtype Twitter campaign to promote blood donation

### Patient safety



Held a conference on Whistleblowing: Freedom to Speak Out

President's blog on the perception of risk and the importance of team work

President's blog on standing up to unprofessional

College News cover story on whistleblowing: freedom to speak out

### **Physical Activity**



Hosted the Chief Medical Officer for Scotland's launch of infographics to promote physical activity

Supported and promoted physical activity for health in College News and digital channels

Top 10 influencer on Twitter using #sitlessmovemore

# Influencing Healthcal

# tting standards; Developing healthcare leaders; Delivering excellen

### **Communications**

We keep our members and others with an interest in our College informed about activities through a range of communication channels.

### **Brand development**

Our brand guidelines were updated to ensure consistency in the way our College is represented. All of our communications aspire to reflect the five key attributes of our College:

**Professional** 

Quality

Credible

Modern

Leading

In 2017 we will continue to review and modernise our communications to adapt to the needs of our stakeholders and to ensure we are consistently represented in a manner reflective of our core values.

### **Publications**

Our members' newsletter, College News, is published four times per year; Emporiatrics, which is primarily focused on travel medicine, is published twice a year and our discipline-specific electronic What's On newsletters are distributed monthly.



### Website

Our updated website launched in May and uses modern web technology to make it easier for visitors to browse on both desktop and mobile devices. We have refined and improved the core functions of the website throughout 2016 and we will continue to do so

Our new web platform is extremely flexible and equips our development team with the tools necessary to deploy new features, updates and integrations much faster than in the past. We continue to develop and unify our online presence and brand. Mobile traffic accounts for 33% of all traffic to the website. This increased by 15% on the previous year.

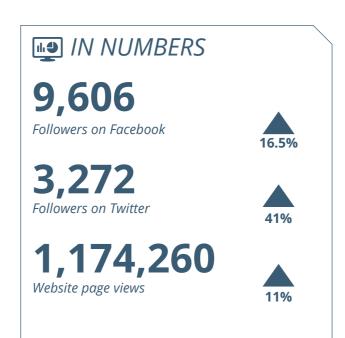
### Digital

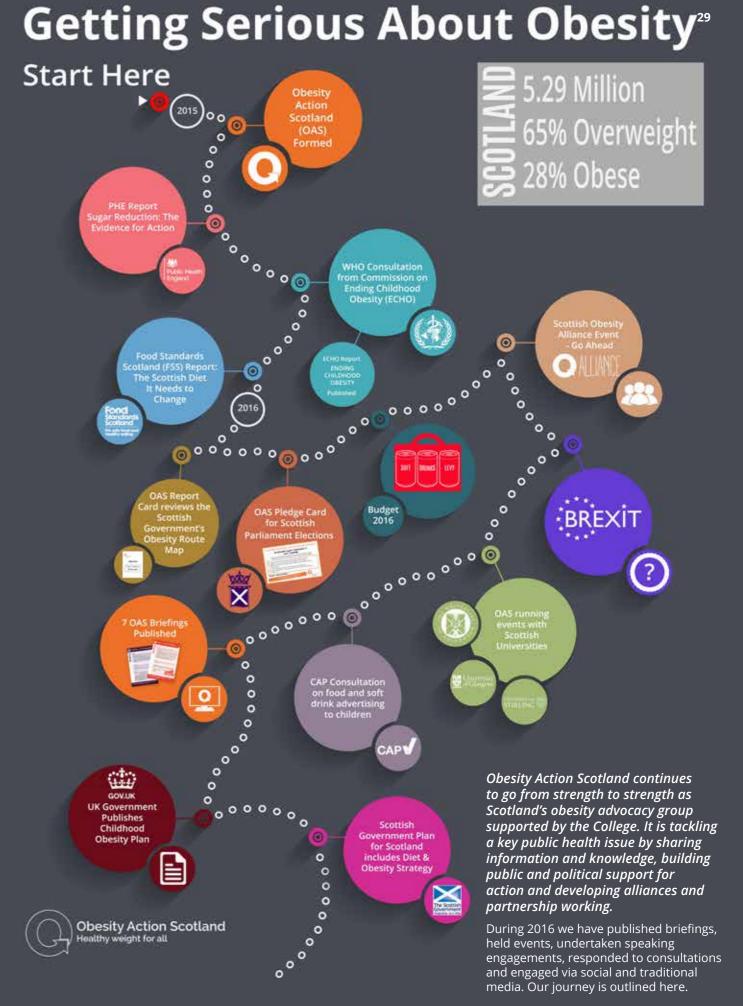
The IT and Security Strategy Document published in 2016 highlighted the need for improved control over our digital communications channels. Our digital strategy was subsequently reviewed and updated. The impact of this is now being implemented and will result in more controlled, effective and efficient use of our digital channels.

E-mail, Facebook and Twitter are our three most important digital communications channels. In 2016, we are coordinating a switch to a new e-mail marketing platform which will enable us to provide a better service to our members and other stakeholders.

Our Facebook page continues to be extremely popular, particularly among our international membership, and is approaching 10,000 followers.

By comparison, we have almost double the number of followers on Facebook as the Royal College of Physicians of Edinburgh and only 2,000 less than the Royal College of Surgeons of Edinburgh (which has a total membership of 23,000 compared to our 13,000). Our Twitter following is primarily UK-based and has recently exceeded 3,200 followers, an increase of 54% since November 2015.









### FIFTEEN NINETY NINE

events · weddings · dining

Fifteen Ninety Nine is delighted to report another successful year of events, dinners, weddings and conferences. It has been a particularly successful year for large weddings, allowing brides and grooms and their families to enjoy the full exclusive experience of reception, dinner and dancing in our fabulous building. The feedback from guests has been fantastic and it's a pleasure for us to be part of their special day.

As always, Fifteen Ninety Nine has welcomed many high profile medical events to the building including The HIV Conference dinner, Scottish Medical Schools dinner and Pancreas 2016, with more to follow into 2017. We pride ourselves on being able to add more to an event by offering relevant medical displays and tours provided by the Heritage team, allowing guests to learn more about our building.

On the corporate front, our state-of-the-art lecture theatres and new day delegate rate have continued to attract many clients to the potential of conferencing, business shows and networking events. Many clients also took advantage of our

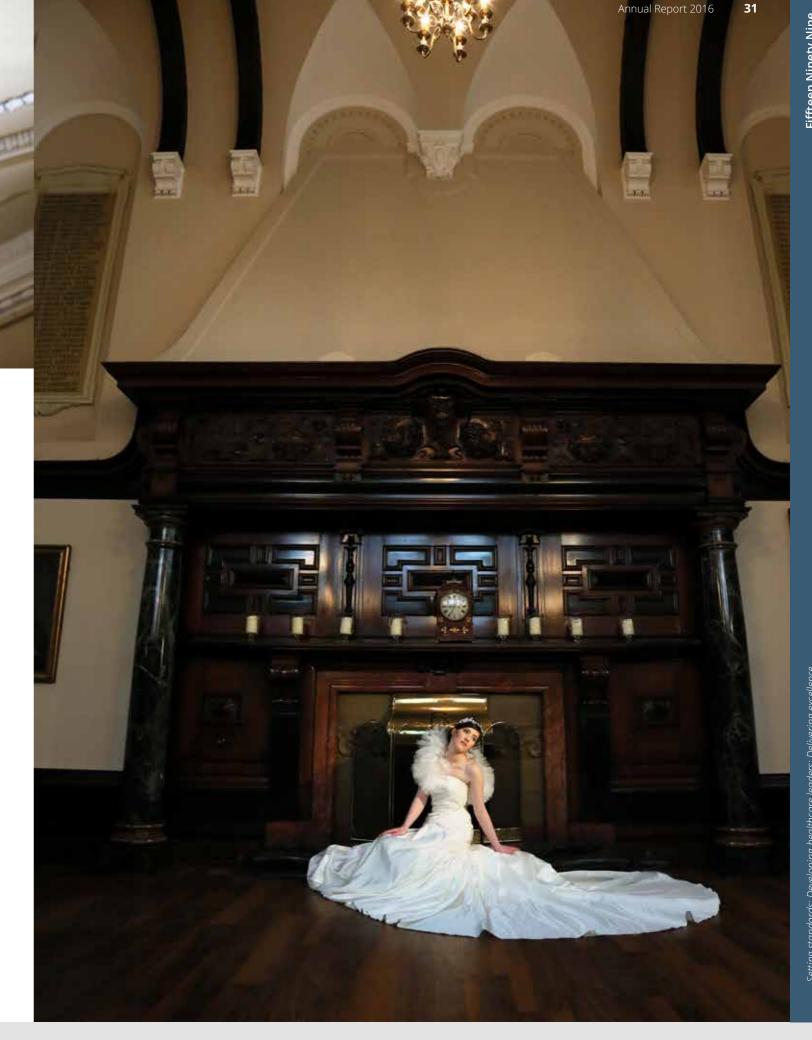
fine dining rooms and hosted dinners with us: JLL Limited, Toshiba and executives from the British Open to name but a few.

The Musical Notes event launched in 2013 is still going strong. An evening of "Supper, spirit and song" is a favourite with Fellows and Members and their friends and family, when they can enjoy a two course meal from our award winning head chef Richie Holmes, wine and music from a variety of artists and genres, including artists from The Royal Conservatoire of Scotland.

The creative and tantalising dishes are still one of our most notable highlights and we look forward to the creation of the exciting new menus in early 2017.

Looking to the future, the new developments in the College building project should bring new opportunities for Fifteen Ninety Nine to further service the ever growing events industry in Scotland and we relish the opportunity to maximise our wonderful buildings.

Find out more: **fifteenninetynine.co.uk** 



### Heritage

### Connecting with our Heritage

During 2016 we have reached out to diverse audiences, connecting our rich heritage to the modern, vibrant city of Glasgow.

In May we transformed our College Hall into a living museum space, creating a pop-up exhibition of Glasgow's Marvellous Medicine. Actors playing key figures from the city's medical heritage mingled with families in an event that was part of the national Festival of Museums.

Focusing on our colourful foundation story, Maister Peter Lowe and our Royal Charter of 1599, we invited comic artist Adam Murphy to lead a creative workshop exploring this story and the impact of improved standards of surgical and medical care in this early modern period.

Our Goodall Symposium was part of the Glasgow Science Festival and celebrated the 200th anniversary of Laennec's stethoscope with an event that encompassed 200 years of technological innovation to help us listen to the heart.

Find out more: rcp.sg/library



### **Uncovering our Medical Instruments**

This Museums Galleries Scotland-funded project allowed us to digitise over 200 of our historical medical instruments, most of which are rarely seen. We now have thousands of high quality images of these instruments, which can be accessed on our website and social media channels.



# Glasgow's A Comics Workshop Inspired by the 16th with Adam Murphy

Surgeons of

Glasgow.

century foundations of the Royal College of Physicians and



### Accounts

The College's Balance Sheet remains sound, despite fluctuations in the stock market reducing the value of our portfolio at the financial year end. We have increased the value of our tangible assets by embarking on a plan to refurbish our properties, and have spent approximately £600,000 upgrading our Blythswood Square building, enhancing the working space for our staff and installing a state-ofthe-art archiving area to house some of the valuable works of art and historical items owned by the College.

Further expenditure is planned for the refurbishment of our St Vincent Street property, providing a more modern, better equipped training opportunity for our members, enhanced office space for staff and the opportunity to increase activity within 1599 Limited.

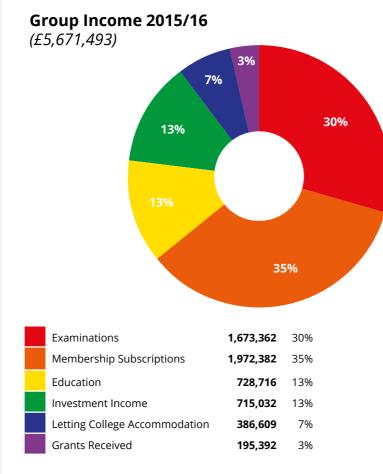
The Trustees have decided to utilise a portion of the reserves in the coming financial year in order to modernise the College facilities. Otherwise, the Trustees have determined that the current level of reserves requires to be maintained in real terms and the investment strategy reflects

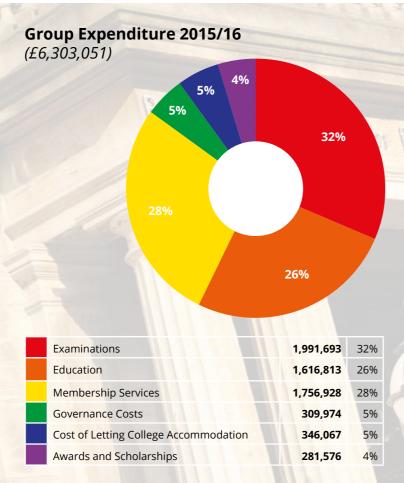
Some costs, such as staff costs, have risen as the College has expanded its activities. The Trustees have invested in the development of potential overseas markets and during the year an International Manager was recruited to explore opportunities. Further investment will be made towards the establishment of a presence in India.

Trading has not been as buoyant for our subsidiary, 1599 Limited, however the Trustees are confident that it remains an asset to the College and the current year's trading has already seen an upturn, with bookings for weddings already eclipsing those of the previous year.

The College has a three year budget in place, along with a business plan which aims to reduce the overall College deficit.

The Honorary Treasurer would like to thank the Chair of the Audit and Remuneration Committee, Mark Allison, for his support, along with that of our investments advisor, Michael Wilson of Speirs and Jeffrey. Special thanks is given to Jenny Simpson of Wylie & Bisset for guiding us through many clean audits.







Setting standards; Developing healthcare leaders; Delivering excellence **ROYAL COLLEGE OF PHYSICIANS** 

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