

# THREE P's IN A POD

Every other day a pregnant or recently pregnant woman dies in the UK.

$\frac{2}{3}$  of maternal mortality is due to a medical or mental health condition, not pregnancy itself.

Remember it's ok to ask...

Working as a team will improve women's care and save lives.

Pick up the phone, pick up the problem and let's prevent maternal morbidity and mortality.

## PREGNANCY "THINK CHEST"

23% maternal mortality caused by **CARDIAC** conditions

14% maternal mortality caused by **PNEUMONIA** or **INFLUENZA**

11% maternal mortality caused by **VENOUS THROMBO-EMBOLISM**

## POST NATAL "THINK HEAD"

11% maternal mortality caused by **NEUROLOGICAL** conditions

9% maternal mortality caused by **MENTAL HEALTH** disorders

## PICK IT UP "THINK HIGH RISK"

Pick up the phone  
Pick up the problem

For Further information:

#threepsinapod

<http://rcp.sg/maternalhealth>

[www.e-lfh.org.uk/programmes/medical-problems-in-pregnancy/](http://www.e-lfh.org.uk/programmes/medical-problems-in-pregnancy/)