



SCHOLARSHIP REPORT

This report should be completed by recipients of awards and scholarships from the Royal College of Physicians and Surgeons of Glasgow on completion of the activity for which they received their award or scholarship. Please complete all sections of the report form.

Please return your completed report via email to: **scholarships@rcpsg.ac.uk**

Or via mail to: **Scholarships Committee Administrator, Royal College of Physicians and Surgeons of Glasgow, 232-242 St Vincent Street, Glasgow G2 5RJ, UK**

Please use typeface when completing this form.

SECTION 1 PERSONAL AND AWARD DETAILS			
Title	Miss	PID	
Surname	Lovegrove	Forename(s)	Catherine Elizabeth
Scholarship/award awarded	Medical Elective Award	Amount awarded	

SECTION 2 PROJECT/VISIT DETAILS	
Name/Title	Urology Sub-Internship
Location	Brady Urological Institute, Johns Hopkins Hospital, Baltimore, Maryland, USA
Aims and objectives	<ol style="list-style-type: none">Enhance my understanding and practice in surgery especially urologyDevelop my clinical and communication skills to:<ul style="list-style-type: none">- be able confidently assess and manage common surgical and urological problems to the standard of an F1- be able to confidently interact with the various members of surgical, medical, nursing and auxiliary teams involved in patient careDevelop technical skills useful for future practice and gain a more detailed understanding of the role of consultant urologistBuild upon existing research skills to perform further research in surgical educationCompare and contrast medical and surgical care in the UK and abroad

<p>Summary <i>Include methodology, results and conclusions if applicable</i></p>	<p>I looked forward to my four weeks at Johns' Hopkins Hospital in the Brady Institute of Urology with great anticipation. Having had a keen interest in urology for several years I was excited to spend a month dedicating my time to the specialty however I was apprehensive about the hours that a surgical specialty in the USA might demand. My fear was also that my knowledge and practical skills would be inadequate for my "sub-internship". While I was correct that American surgeons work very hard I relished the opportunity to spend my time learning in such a renowned institution.</p>
<p>Learning outcomes <i>Detail here how the aims and objectives were met</i></p>	<p>Days began at 5:54am by preparing for the ward round which was followed by a short conference or teaching session before starting the day's operating list. Weekly grand-rounds were an excellent opportunity for peer-assisted learning where cases were presented and research papers discussed within the department. I was warmly welcomed from the beginning, assisting daily in a wide range of procedures. I learned a lot from attending surgeons and their residents and fellows concerning the management of bladder, prostate and renal pathologies as well as the differences in healthcare and surgical training between the UK and the USA. After two weeks on adult urology at the main hospital where I participated in fascinating cases I spent a week at the Bayview Clinic on the outskirts of the city. Outpatient clinics here demonstrated how far patients travelled for treatment under the private healthcare system and it was satisfying to see how grateful they were to surgeons at follow-up consultations.</p>
<p>Evaluation <i>How has this scholarship/award impacted on your clinical/NHS practice or equivalent?</i></p>	<p>By far, the highlight of my time at Johns Hopkins was the week I spent in paediatric urology. In addition to my interest in urology I have considered incorporating paediatric practice within my future career and this week was highly motivating. Particularly fascinating was the diversity in pathologies and the vast age range included within the sub-specialty. I especially recall the team operating on a 19 year old and then a 10 week old in one day. Of note were the anatomical knowledge and creativity required by surgeons in reconstructing birth defects. Finally, ward rounds and outpatient clinics were a wonderful chance to interact with patients and their families. While this week was the one where I worked the hardest it was also the most motivating and affirming of my desire to pursue this sub-specialty and I am so grateful for that.</p> <p>In conclusion, my medical school elective was an exceptional opportunity to learn clinical knowledge and skills but also to reflect on the practice of other individuals and healthcare systems. I must express thanks to those who helped in funding this and also to all of the clinicians who I encountered and allowed me to immerse myself in their work for four weeks. Our experiences shape who we are as individuals and doctors and my time reaffirmed my desire to pursue research and academic surgery.</p>

SECTION 3 | IMAGES



Behind the scenes

SECTION 4 | EXPENDITURE

Breakdown of expenditures

Please demonstrate how the scholarship/award funding was used to support your project/visit

SECTION 5 | PUBLICATION

Scholarship/award reports may be published in College News. Please tick here if you

I give permission for my report to be published in College News

If your report is selected for publishing, the editor of College News will be in touch to

agree to your report being published. *discuss this with you.*

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